

MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE  
Quarterly meeting  
Monday, March 11, 2019  
5800 West Tenth Street, Room 801  
Little Rock, AR 9:05 a.m.

MINUTES

Members present: Christopher Lovelace, Alan Anderson,  
Wendy Scott, Susan Gee, Lamar Anderson

Presiding - Chairperson Jessica Tolliver

Called to order at 9:05 a.m.

Call to order

Roll call

Approval of minutes

motion by Anderson, seconded by Lovelace

Hearing for Lindsay Klein -- contained in separate transcript

Continuing Education Applications

Approved:

(listed under old business)

1. Medical massage #1 - Upper Body
2. Medical massage #2 - Lower Body
3. Medical massage #3 - Pain in the neck and cervical area
4. Medical massage #6 - for your athletes

(listed under new business)

1. Tackling Pain - Extremities and Back
2. Shoulder Focus - Deep Tissue Techniques for pain relief
3. Headaches - Deep Tissue Techniques for Pain Relief
4. Iliotibial Bank -IT Band Focus
5. Taxes for Massage Therapist

(listed under 2019 AMTA School Summit)

1. The Science of Attention and Engagement
2. Interdisciplinary Competencies for Massage Therapists in Health Care
3. Teaching Ethics in the 21st Century
4. Teaching Pain Management Panel Session
5. Highlights from The Science of Learning
6. AMTA 2019 Massage Therapy Profession Research Report
7. Grassroots Marketing

(listed under International Massage Therapy Research Conference)

1. Addressing the Opioid Epidemic with Massage Therapy
2. Breast Cancer and Massage Therapy
3. Low Back Pain and Massage Therapy

(Continuing Education Applications - Continued)

4. Arthritis and Massage Therapy
5. Anxiety Disorders and Massage Therapy
6. Pain Management and Massage Therapy Panel
7. Introduction to Ayurveda -- Abhyanga
8. Introduction to Ayurveda - Shirodhara

Other Continuing Education

1. Medical Massage #4 - Oncology and Lymphatic Drainage - Course outline and objectives were resubmitted as requested. Everything that was requested by MTACC was provided. But the new additions now do not conform to the curriculum. Original curriculum was not changed. Course curriculum needs to be based on new science that was provided. Motion by Gee, second by Scott to table and rewrite and resubmit.

2. Medical Massage #5 - Dealing with Painful Conditions in the Back  
Motion by Anderson, second by Lovelace - Tabled for revision to match the current massage therapy rules and regulations regarding cupping

3. Medical Massage #7 - Business - Motion by Anderson, second by Scott -- Tabled, still need written release of proprietary information

Committee agreed that this is the last time the above three will be tabled; next time they will be denied, and resubmission will be required.

1. Introduction to Ayurveda - The Doshic Facial - Motion by Anderson, second by Lovelace - Approved pending updates to wording about oils and drugs

Program Update

Kelli Kersey

All is going well.

Public Comment

Carla Thomas - Discussion on how to protect massage therapists from subjective comments from clients.

(Public Comment - Continued)

Comments from the Committee were to be ethical, keep good notes, record everything.

Question on continuing education course on stretching. 30 hours of experience needed. How to document hours of experience.

JoAnn Jolly - There is a link on the website where all approved classes are listed.

Meeting adjourned at 11:30 a.m.  
Next meeting - June 10, 2019