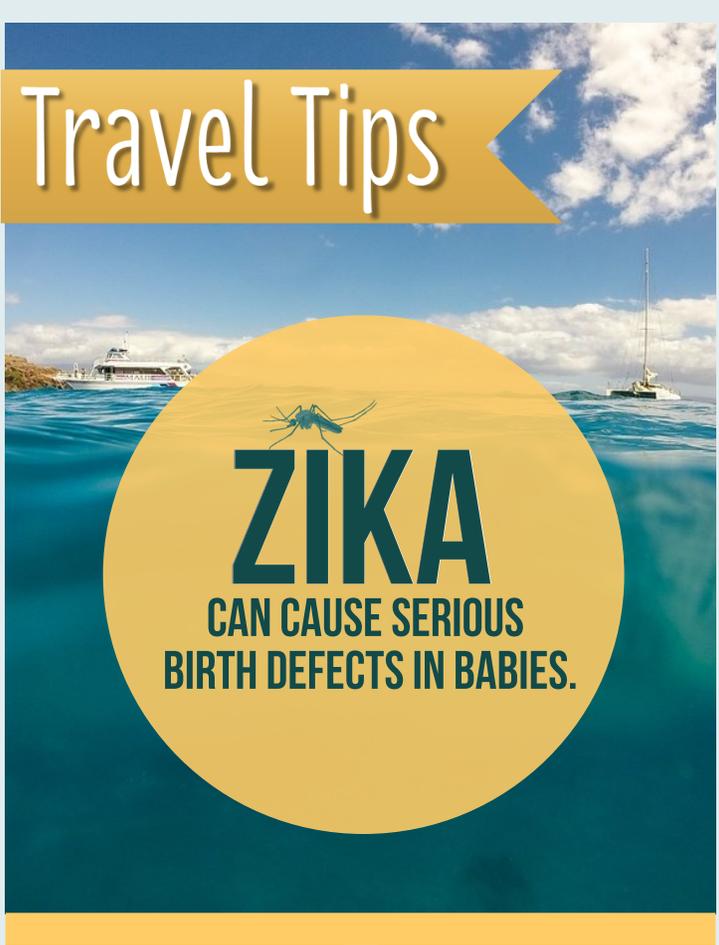
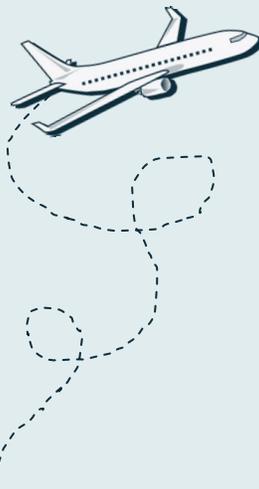


Travel Tips



ZIKA
CAN CAUSE SERIOUS
BIRTH DEFECTS IN BABIES.

**IF YOU ARE PREGNANT,
OR MIGHT BECOME
PREGNANT—
CONSIDER
POSTPONING ANY
TRAVEL TO AFFECTED
AREAS**



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IF TRAVEL IS NECESSARY FOR YOU OR YOUR PARTNER, TAKE PRECAUTIONS TO AVOID INFECTION OR SERIOUS BIRTH DEFECTS.

Take measures to prevent mosquito bites.



To prevent unplanned pregnancy, use effective birth control (IUD, implant).

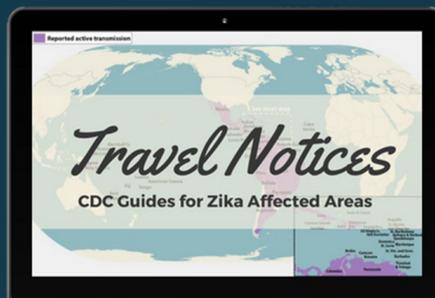


Use condoms to prevent sexual transmission of Zika.



ZIKA CAN BE TRANSMITTED SEXUALLY AFTER INFECTION—EVEN IF YOU HAVE NO SYMPTOMS. AFTER RETURNING FROM AN AFFECTED AREA, WAIT TO GET PREGNANT.

If you have questions talk with your doctor.



IS YOUR TRAVEL DESTINATION AFFECTED BY ZIKA?

<http://wwwnc.cdc.gov/travel/page/zika-information>