

ADDRESSING THE NEEDS OF THE WHOLE CHILD TO PROMOTE ACADEMIC ACHIEVEMENT

The Arkansas Department of Education (ADE) Division of Elementary and Secondary Education (DESE) is pleased to announce the first Coordinated School Health (CSH) quarterly meeting for the 2023-2024 school year. DESE, in partnership with the Arkansas Department of Health (ADH), provides professional development and resources to assist school personnel with addressing the needs of the whole child in the school setting. The Coordinated School Health program and activities are supported with funding provided to DESE through the *Centers for Disease Control and Prevention (CDC)RFA-DP-23-0002 School-Based Interventions to Promote Equity and Improve Health, Academic Achievement, and Well-Being of Students* grant. This program is designed to develop the capacity for school personnel to utilize a team approach to address today's most relevant public health issues inhibiting academic achievement.

The CSH meetings highlight evidence-based tools and resources to assess and implement health strategies. The first meeting topics will include the following areas:

- Incorporating Student Health into the School Improvement Planning process
- School-based Health Care Services & Resources
- Family Engagement & Community Involvement Resources
- Funding Sources for School Health Initiatives

Participants may expect to gain information and resources from content experts. Each meeting will include hands-on activities to assess and plan for implementing the strategies learned. The CSH meetings are open to all Arkansas public school district personnel. District wellness committee chairs are strongly encouraged to attend.

QUARTERLY MEETING DATES & TOPICS

Date	Location	Topic	Who Should Attend
9/6/2023	Virtual via ZOOM Registration	Improvement Planning for School Health Requirements Please have the district wellness policy, school health index reference numbers, and Indistar login credentials on hand for this meeting.	wellness chairs, SBHC directors, CSH coordinators, school nurses, administrators, federal program coordinators, counselors, and health/pe teachers

QUARTERLY MEETING LOGISTICS

Meeting Times: 8:30 am-12:00 pm.

Registration: Participants must register prior to the event.

Use the following link to register: [September 2023 Registration](#)

Cost: No cost

Participants will receive 3 hours of professional development for virtual meetings through the [ESCWorks](#) professional development platform.

For questions regarding the Arkansas Coordinated School Health program or other school health initiatives, please contact the DESE School Health Services office at 501-683-3604. or other school health initiatives, please contact the DESE School Health Services office at 501-683-3604.



**Coordinated School Health
Quarterly Statewide Meeting**
Virtual

Wednesday, September 6, 2023

Improvement Planning for School Health Requirements

- 8:10 **Meeting Portal Opens**
Participants may begin logging into the virtual meeting. Participants should have the school wellness policy, School Health Index reference number, and Indistar login credentials for today's meeting.
- 8:30 **Welcome**
Introductions of school health staff and school health updates
- 8:40 **Connecting with Arkansas Children's Hospital**
Elizabeth Hayes, Nutrition Studies Recruiting Coordinator, Arkansas Children's Nutrition Center
The Arkansas Children's Nutrition Center (ACNC) is a growing research center focusing on improving child health, exploring the links between food and nutrition and optimizing how the body utilizes nutrients throughout development. The ACNC is one of two National Human Nutrition Centers in the nation focused primarily on pediatric/maternal nutrition and metabolic health. Ms. Hayes's presentation will highlight the resources of the Nutrition Center and the many participation opportunities for families in the state.
- 9:00 **2021-2022 School Health Services Survey Report**
Cheria McDonald, RN, MSN; State School Nurse Consultant
The presenter will review responses from the school health survey data from the 2021-2022 school year with relevant Arkansas-specific student health data based on the School Health Services Survey.
- 9:40 BREAK
- 9:45 **School Wellness Mandates**
Shy Whitley-Smith, DESE Health and Wellness Coordinator
This session will provide an in-depth review of state wellness mandates, including an overview of required wellness activities, policy requirements. The presenter will also discuss a typical timeline of wellness activities throughout a school year to ensure districts meet the mandate for supporting the health needs of students and staff.
- 10:15 **Health and Wellness School Improvement Planning**
Shy Whitley-Smith, DESE Health and Wellness Coordinator
This session will demonstrate the School Health Index (SHI) assessment portal and the improvement planning process using the Indistar platform. The presenter will guide participants through the goal-setting process using the SHI assessment and other student health data.
- 11:00 **Funding to Support Wellness Improvement Plan Activities**
Jerri Clark, DESE School Health Director, Learning Services
This session will focus on the various school-based funding sources that may be utilized to support school health initiatives, as well as outside funding opportunities.
- 11:30 **Legislative Updates**
The School Health Services staff will provide updates on 2023 legislation related to school health mandates.
- 11:45 **Evaluation**
- 12:00 **Adjournment**

Next CSH Meeting:
November 1, 2023, virtual: 8:30 am-12 pm

