



CHILD HEALTH ADVISORY COMMITTEE

Minutes

September 20, 2018 9:10 a.m. – 10:27 a.m. · Freeway Medical Tower, 5800 W 10th St, Board Room 906

Meeting Called to order: 9:10 a.m. (delayed due to internet accessibility)

Roll call: Jerri Clark, Tamara Baker, Cheria Lindsey, Carole Garner, Debbie Stewart, Melinda Kinnison, Elaine Prewitt, Lisa Washburn, Matthew Nix

Zoom: Charles Hervey, Dan Breshears, Lucas Harder, Michele Brown, Rob Lindley,

Absent: Marquita Little, Paula Rawls, Rosa Hatch, Alan Mease, Dave Oberembt,

Staff: Shannon Borchert

Review & Approval of August 2018 Minutes: Dan Breshears motioned to approve as amended with corrections; Rob Lindley second; motion carried.

Act 1220 & Coordinated School Health:

Act 1220:

- Say "YES!" to Recess & Physical Activity training is scheduled for November 8, 2018, in Northwest Arkansas Educational Cooperative. The full-day training incorporates best practices, troubleshooting, data, roles and responsibilities of students and staff, and interactive games.

Coordinated School Health:

- Ariel Schaufler, Lisa Mundy, Cheria Lindsey attended the required the CDC 1801 Healthy Schools training in Atlanta, GA on September 18-19, 2018. Tentative dates for CSH Meetings were sent to wellness coordinators; dates and planning will be updated based on CDC 1801 Healthy Schools training attended by Coordinated School Health Team. February and May meetings will be at Heifer International. CDC 1801 targeted schools will meet the day following the Coordinated School Health quarterly trainings. Coordinated School Health quarterly meeting dates are November 7, 2018; February 6, 2019; May 8, 2019.
- An interest survey was sent to school wellness coordinators to determine priority of topics to cover at quarterly CSH meetings based on the ten components of the Whole School, Whole Community, Whole Child Model (WSCC); coordinators interests were equally distributed across the components.

Old Business:

2018 Recommendations:

Documents sent for approval through Arkansas Department of Health; upon approval, they will be scheduled for Arkansas Board of Health agenda. Recommendations should be on the November 8, 2018, Arkansas Board of Education agenda. Arkansas Board of Education meeting begins at 9:00 a.m. and is live streamed.

Debrief of Strategic Planning Meeting:

- A sustainable school-based nutrition counseling program (Medicaid billable)/Nutritional counseling for all staff and students:
 - EXPLAIN "Medicaid billable": Carole Garner explained some nutrition counseling is currently billable for pregnant teen mothers. Tamara Baker and Dr. Nix explained that students assessed to have concerning BMI can be referred for nutrition counseling, however, there is nowhere to refer those students. Cheria Lindsey explained the need for resources to



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- provide the students and parents when the student is assessed to have the BMI of overweight/obese.
- Reviewed other responses to assess the frequency of nutrition focus and frequency of availability of resources for parents/family. Members have requested more information on what parents/families respond to and looked to Arkansas Advocates for Youth and Families, Healthy Active Arkansas, Arkansas Coalition for Obesity Prevention, and Parent Teacher Association. Melinda Kinnison explained National PTA has released some items for parents recently. Dr. Nix and Tamara Baker explained the need to identify who already has these resources available.
 - Dan Breshears addressed the need to increase the physical activity time to 60 minutes by releasing the time constraints. He addressed the need to not necessarily increase PE but to set guidelines for physical activity. Carole Garner stated that original CHAC recommendations addressed this specifically.
 - Summary of focus for the upcoming year: sustainable nutrition counseling, parent/family resources for increasing their understanding of the nutritional needs of students, and avenues to appropriately increase student physical activity.
 - Rob Lindley addressed the need for increased resources to address the mental health needs of students. ADE receiving a grant to address some mental health needs. Bill Vining recommended as a school-based mental health speaker for CHAC. Contact information: billvining@hscs.us (501) 655-3314.

New Business:

Updated Standards for Accreditation

Standards have been updated, promulgated, and are listed on ADE website.

Act 1220 Rules Revision:

May go before State Board of Education in October to then open for public comment. Possible discrepancies identified in Act 1220 Rules and Standards for Accreditation. Teacher/student ratio is being addressed in section 7 of Act 1220 Rules. The Rules for Accreditation addresses large group instruction. Can find “pending rules” on class size on ADE website. Rules can be found here: http://www.arkansased.gov/public/userfiles/Legal/Legal-Pending%20Rules/2018/FINAL_MARKUP--Class_Size.pdf

Member Updates:

Lisa Washburn: Dr. Washburn will be moving on to a new position and will no longer be the U of A Extension Services representative.

Carole Garner: The Arkansas Academy of Nutrition and Dietetics is closely following the current Farm Bill to ensure that only fresh fruits and vegetables will be included in the FFVP.

Adjourn: 10:27 a.m.

Next Meeting: Thursday, October 18, 2018, 9:00 a.m. – 12:00 p.m., Freeway Medical Building, 5800 W. 10th, Boardroom 906, Little Rock, AR 72205

Guests: Lisa Mundy, Ariel Schaufler, Brittany Rogers