Peer Recovery Support Specialist (PRSS)

What is a Peer Recovery Support Specialist?

Peer Recovery Support Specialists are individuals with lived experience with substance misuse and recovery. Through lived experience, shared understanding, respect, and mutual empowerment, PRSS supports others to stay engaged in the recovery process.

How Does the Arkansas Department of Health use Peer Recovery Support Specialists?

The Arkansas Department of Health (ADH) partners with local providers to place PRSS in unique situations to reach their targeted population. As an example, the Arkansas Lifeline Call Center (ALCC), which answers calls to the National Suicide Prevention Lifeline, has a PRSS to provide peer services to individuals that indicate substance misuse.

Resources

- NAADAC, the Association for Addiction Profession: To apply to become a PRSS in Arkansas. [www.naadac.org/arkansas-peer-specialist-program](http://www.naadac.org/arkansas-peer-specialist-program)
- Substance Abuse and Mental Health Services Administration: [https://www.samhsa.gov/brrs-tacs/recovery-support-tools/peers](https://www.samhsa.gov/brrs-tacs/recovery-support-tools/peers)
- Arkansas Take Back: [www.artakeback.org/wellness/recovery/](http://www.artakeback.org/wellness/recovery/)
- Arkansas Peer Recovery: [https://arpeers.org/](https://arpeers.org/)
- Together Arkansas Opioid Response Initiative: [https://togetherarkansas.com/](https://togetherarkansas.com/)
- Start Your Recovery: [https://startyourrecovery.org/](https://startyourrecovery.org/)

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