



Nursing Management of Patients with Mental Health Conditions

Disciplines:	<ul style="list-style-type: none">• Nursing• Psychiatric Technician
Hours:	<ul style="list-style-type: none">• 15 Contact Hours
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Item#:	<ul style="list-style-type: none">• N1886
Contents:	<ul style="list-style-type: none">• 1 Course Book (226 pages)
Price:	<ul style="list-style-type: none">• \$44.95

Release Date: December 7, 2017

Expiration Date: November 30, 2020

This course is designed as a review of mental health and psychiatric conditions that nurses working in any general practice or nonpsychiatric specialty practice area may encounter. It provides information on common mental health conditions encountered and possible nursing interventions that can help patients cope with their unique situations.

Patients with a current psychiatric illness, or a history of one, may present for treatment of a medical condition. A patient may also require hospitalization because of possible consequences secondary to exacerbation of a psychiatric illness.

This course discusses the importance of establishing and maintaining effective interpersonal communication with patients and the challenges of recognizing and assessing patients with mental health conditions. Specific mental health conditions addressed include anxiety, depressive and bipolar disorders, suicidal ideation, psychosis, substance use disorders, PTSD, eating disorders, potentially aggressive behavior, and confusion.

It is essential for all nurses to maintain and update the skills needed to care for patients with mental health issues or psychiatric symptoms or disorders, in order to provide all patients with the best possible care. This course is designed to enhance the skills required by nonpsychiatric nurses when caring for patients with psychiatric and mental health conditions in general health care settings.

This course is an extract of, and should not be taken in conjunction with, N1758 - Caring for Patients With Mental Health Issues: Strategies for All Nurses, 2nd Edition.

CCMs - This program has been pre-approved by the Commission for Case Manager Certification to provide continuing education credit (12 hours) to Certified Case Managers (CCMs)

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