Paradigm Shift: Faith Community

Partnering with Tennessee’s Faith Community to effectively reimagine the conversation around Recovery:

- Supplementing Organic Strategic Capacity
  - Over 12,000 Congregations/Institutions
  - Over 3.5 million People of Faith
Faith-Based Initiative Goals

The goals of the Faith-Based Initiative are to:

• Connect individuals struggling with addiction to treatment.
• Facilitate understanding of what treatment and recovery are.
• Increase knowledge of what addiction is.
• Spread awareness of the Faith-Based Initiative certification and its requirements.
• Understand the continuum of care and collaborate with it.
• Help groups understand and implement the best practice model.
• Promote and improve effectiveness of the faith-based initiative and how it connects the community with recovery and support services.
Getting Started

Resources to access and leverage across your state might include:

- Community Anti-Drug Coalitions
- Treatment and Recovery Courts
- Addiction Recovery Programs (ARP) Agencies
- Local Health Departments
- Health Educators
- Local Law Enforcement Agencies
- Colleges /Universities

See descriptions of each at:
https://www.tn.gov/content/tn/behavioral-health.html
Build the Capacity

- Certified Peers
- Faith Based Community Coordinators
- Project Lifeline
- Tennessee Recovery Navigators
Network of Certified Peer Recovery Specialists

• Help others on the path to recovery from mental illness or substance abuse.

• They have firsthand experience with mental illness and/or substance abuse and can offer support and understanding.

• Use their personal recovery to help others.

• Promote self-determination, personal responsibility, and empowerment.

For more info:
Certified Peer Recovery Specialists

Team members:

- Each CPRS has a minimum of two years in active recovery
- Each CPRS is willing to share their personal success story
Faith Based Community Coordinator

- A group of individuals with lived experience that will be responsible for recruiting, training, and certifying congregations as Recovery Congregations

- There are three (3) Faith Based Community Coordinators. One (1) in each of Tennessee’s Grand Divisions

- Each one is housed in an established Substance Abuse Prevention Coalition across the state

For more info:
Best Practice Model

- Provide Spiritual/Pastoral Support according to your congregation
- View addiction by its definition - as a treatable disease
- Embrace and support people in recovery and walk with them on their journey
- Disseminate recovery information that the Department will provide
- Host or refer individuals to recovery support groups
  - TN Project Lifeline will help guide, if needed
- Become a Certified Recovery Congregation

https://stateoftennessee.formstack.com/forms/certified_recovery_congregations
Recovery Support is not just 12 Steps:

- Employment services and job training
- Outreach
- Life skills
- Relapse prevention
- Spiritual and faith-based support
- Housing assistance and services
- Education
- Child care
- Substance abuse education
- Family/marriage education
- Case management and individual services coordination, providing linkages with other services
- Self-help and support groups (e.g., 12-step groups, SMART Recovery®, Women for Sobriety)
- Parent education and child development support services
- Transportation to and from treatment, recovery support activities, employment, etc.
- Peer-to-peer services, mentoring, and coaching
Certified 471 faith-based “Recovery Congregations / Organizations”

Faith and Recovery Forums in each of Tennessee's 95 counties

Increased Awareness of Recovery Support Resources Statewide
West Tennessee
Kristen Wilson
(731) 694-0502
kristen.faithbasedcoordinator@gmail.com

Middle Tennessee
Jaime Harper
615-603-9092
jharper@pc4s.org

East Tennessee
Sarah Keel
865-850-6884
skeel@metrodrug.org
What is the Lifeline Peer Project

The Lifeline Peer Project was established to reduce the stigma related to the disease of addiction and increase community support for policies that provide for treatment and recovery services.

Project approaches include:

• Establishment of evidence-based addiction and recovery programs
• Educational presentations for civic groups, faith based organizations, and community leaders to increase understanding of the disease of addiction and support for recovery strategies.
Lifeline Peer Project

• There are 10 Lifeline Peer Project Coordinators

• Each located in Substance Abuse Prevention Coalitions across the state

• Lifeline’s Outcomes:
  Over 4,713 recovery trainings
  Referred over 8,734 people to treatment
  Started over 463 new recovery meetings
Lifeline Coordinator Map

Region 7
Memphis Area Prevention Coalition
Contact: Lincoln Coffman
lincoln@memphisprevention.org
901-259-9790

Region 6 N
Weakley County Alliance for a Safe and Drug Free Tennessee
Contact: Brannon Powell
brannonpowell@yahoo.com
751-223-2755

Region 4
Nashville Prevention Partnership
Contact: Kirk Johnson
kirk@nepn.org
615-715-1017

Region 3 N
Power of Putnam Contact: Nathan Payne
nathanpayne2612@comcast.net
615-255-7764

Region 2
Metropolitan Drug Commission
Contact: Jason Goodman
jgoodman@metrodug.org
615-121-7107

Region 1
Insight Coalition of Washington County
Contact: Jason Abraham
jacob@insightalliance.org
423-304-6130

Region 6 S
Community Anti-Drug Coalition of Jackson-Madison County
Contact: Dianne Sherrod
dsherrad@lifeline.com
731-944-5161

Region 5 N
Community Anti-Drug Coalition of Rutherford County
Contact: Will Taylor
wiltaylor5794@gmail.com
615-203-9066

Region 5 S
Franklin County Prevention Coalition
Contact: Dave Hodges
daveshodges@gmail.com
615-708-1551

Region 4 S
Franklin County Prevention Coalition
Contact: Allen Burnette
allenburnette@gmail.com
615-360-7629

Supervisor
TN Department Mental Health and Substance Abuse Services
Contact: Monty Burks
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615-306-3163

Department of Mental Health & Substance Abuse Services
What are Tennessee Recovery Navigators?

- A network of CPRS’ in long-term recovery who provide access points to treatment and recovery resources.

- Their primary responsibility is to meet patients who have recently overdosed in the ER/ED.

- Inform a patient about the services available to help them enter treatment and eventually long-term recovery.

- **Our goal:** By meeting patients in EDs, break the cycle of overdose and increase the number of individuals who are connected with treatment and recovery resources.

For more info:
Role of the Navigator

- **The Navigator IS:**
  - Certified Peer Recovery Specialist
  - Use lived experience to connect with individuals
  - A resource for ER/ED teams to navigate the treatment & recovery continuum

- **The Navigator ISN’T:**
  - Law enforcement
  - Doctor, therapist, or clinician
  - Counselor
  - Sponsor
Context

- There are 11 TN Recovery Navigators
- Currently serving more than 15 counties directly
- Where are we located? Who employs them?
  - West Tennessee – 2 – Shelby County
    - **Cocaine and Alcohol Awareness Program**
  - Middle Tennessee – 4 – Greater Nashville Area
    - **Buffalo Valley**
  - Southeast Tennessee – 1 – Hamilton County
    - **Council for Alcohol and Drug Abuse Services**
  - East Tennessee – 2 – Knox County area
    - **Cherokee Health**
  - Upper East Tennessee – 2 – Washington and surrounding counties
    - **Frontier Health**
650 patients served

Counties of Residence
- Homeless
- Bradley
- Carter
- Cheatham
- Crockett
- Davidson
- Greene

- Hamblen
- Hamilton
- Hardeman
- Hawkins
- Knox
- Lauderdale
- Loudon

- Madison
- Robertson
- Sevier
- Shelby
- Sullivan
- Sumner
- Tipton

- Unicoi
- Washington
- Wilson

Tennessee Recovery Navigators are peers in long-term recovery who can serve as an access point to treatment and recovery resources. Their responsibility is to meet patients who have recently overdosed in the Emergency Department and connect them with the substance abuse treatment and recovery services they need.
The Connection

- **Faith Based Community Coordinators** recruit and build relationships with congregations willing to follow the best practice model.

- **Project Lifeline** works with the volunteer Recovery Congregations to build recovery support programs.

- **Tennessee Recovery Navigators** work with Project Lifeline to identify Community based resources including, but not limited to, Recovery Congregations.

- All three (3) work to help guide individuals into treatment and support services.
Finishing Pieces

- Connecting the Faith Community to Hospitals and Treatment Programs through Faith Based Community Coordinators, Project Lifeline and Recovery Navigators

- Connecting the Faith Community to Recovery Support Programs and Resources

- Congregations identifying champions to become Peer Recovery Specialist
Additional Information:

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