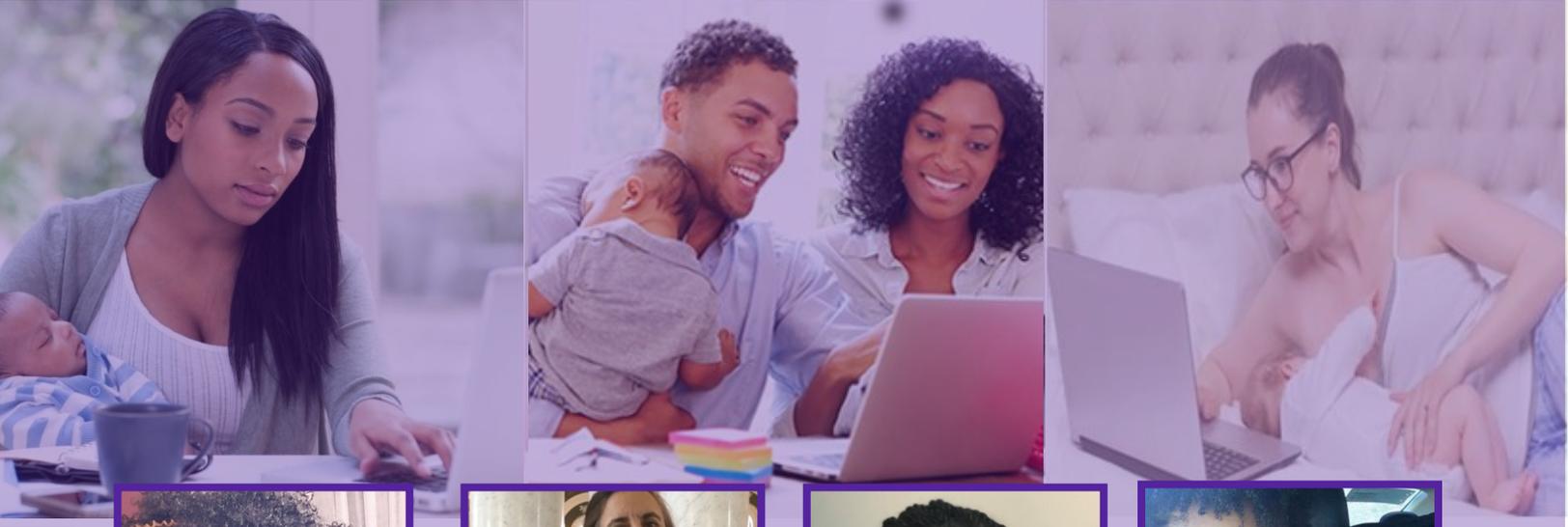


Mocha Café Live: Covid-19 Series

Virtual Breastfeeding Support Group



Shakia Jackson, CLC
ADH HOST



Lucy Towbin,
LCSW, IBCLC



Regina Chaten
Doula



Jada Wright Nichols,
OTR/L, IBCLC

View at 1pm on the **SISTERS UNITED Facebook Page**

Click here to join or watch later: www.facebook.com/arsistersunited

Wednesday, April 8	Lucy Towbin	Stress and Breastfeeding during COVID-19
Thursday, April 9	Regina Chaten	Virtual Doulas in the era of COVID-19
Friday, April 10	Jada Wright Nichols	Virtual Yoga: Breath, Stretch, Shake!

To RSVP go here <https://www.surveymonkey.com/r/MochaCOVID19> or use the QR code

