

I. Meeting called to order at 9:00 a.m. Roll call. Members present: George Hrenchir, Stephenie Cooke, John Brochu, Christabelle Krajewski, Alan Anderson, Jessica Tolliver, Chris Lovelace.

Chairman Alan Anderson, called meeting to order.

II. Motion and second to approve minutes, motion carried.

III. Rule revision updates - Jessica Tolliver - ad hoc committee on substantive changes needs a future meeting. Meeting will be regarding the 75 percent rule. Otherwise, things are moving along. Rules that are proposed by the ad hoc committee still will go to full board. Once there is a final version, draft goes to full board, then the governor, 30-day public comment. Date for next ad hoc committee meeting - Friday, July 29, 9:00 a.m. Place to be determined.

IV. Approval of hourly conversion table, from massage to aesthetics or cosmetology.

Motion and second to accept four tables -- motion carried.

V. Scope of practice - Much discussion regarding this matter. Many questions and discussion on whether reflexology and cupping are within the scope of practice. Techniques are similar to acupuncture.

Cupping -- To perform cupping requires an acupuncture license. But some types of cupping may fall under the scope of practice of massage therapy. Decision was committee needs additional research on the legalities and need to confer with the Acupuncture Board. Tabled pending further research.

Reflexology -- Discussion on whether reflexology is under the larger definition of massage therapy. To perform reflexology, an acupuncture license is not required. As a specific competency, reflexology is not listed in the statute and rules.

Motion and second that reflexology is within scope of practice of massage therapy. Motion carries; one abstention (Cooke)

VI. Continuing education applications - (See included chart)
All, except two, continuing education applications were unconditionally approved. Two were approved pending receipt of further information:

1. Foundations of Thai Massage, Level I - Approved pending submission of documents showing permission to use copyrighted materials, and a course outline.

2. Reiki, Level One - Approved pending receipt of documentation of additional continuing education hours (12 more hours) to total 30 hours.

VII. Program Update - Kelli Kersey

- * Continuing work on master list, making sure all data is correct in system.
- * Streamlining procedures for continuing education packets.
- * Discussion of AMTA conference approvals - does the application only apply to particular conference, or does approval extend forever. Once course is approved, it is approved.
- * Working on sending scores for IMBLEX to schools.
- * Working with IT Dept. on getting law test on line.
- * Inspections have started and are being scheduled beforehand to make sure someone is there.
- * Technical rules revisions goes before legislative council June 14. Went before Board of Health and was approved. Already had public comment period.
- * emails received on rule revisions -- should be forwarded to ad hoc committee.

VIII. Public comments

* Ms. Thomas, Bryant - Discussion and question about reflexology offered in schools, but not certified. There is no certification in Arkansas, there is a national certification. There is no regulation of minimum amount needed to practice in this area. Discussion about whether massage therapists should or can market themselves as reflexologists. This issue may need to be addressed at ad hoc committee level.

* Ms. McGriff - Further discussion of cupping. She has talked to acupuncture board in the past. Should she continue teaching cupping. Two types of cupping -- stationary versus the other type. According to acupuncture board, this is outside the scope of practice of massage therapy. Work will be done to try to resolve this issue.

* Everyone invited to attend ad hoc meeting on Friday, July 29, place to be determined.

Meeting adjourned at 11:00 A.M.



MASSAGE THERAPY TECHNICAL ADVISORY COMMITTEE

Freeway Medical Building, Room 801

5800 W. 10th Street

Little Rock, AR 72205

AGENDA

Monday, June 6, 2016

9:00 a.m.

- I. Call to Order**
Roll Call
- II. Approval of Minutes**
- III. Rule revision updates**
Jessica Toliver, Ad-Hoc Chairperson
- IV. Approval of Hourly Conversion Table**
- V. Scope of Practice**
- VI. Continuing Education Applications**
- VII. Program Update**
Kelli Kersey, Section Chief
- VIII. Public Comment**
- IX. Adjourn**

Massage Therapy to Aesthetics Conversion					
Massage Therapy Curriculum	Hrs. Required	Aesthetics Curriculum	Hrs. Required	Credit Transferred	Aesthetics hours required after credit
Health and Hygiene (body mechanics, vaccinations, etc.)	25 hours	Bacteriology & Sanitation	35 hours	25 hours	10 hours
Anatomy, Physiology, Pathology, & Kinesiology	175 hours	Physiology	35 hours	35 hours	None
		Intro to skin care (pathology/physiology)	45 hours	10 hours	35 hours
Hydrotherapy, electrotherapy, & heliotherapy	25 hours			None	
Business & Ethics (includes law)	25 hours	Professional & Personality Development Management Salesmanship	20 hours 20 hours 15 hours	25 hours	30 hours
Technical Training	225 hours	Skin Care	150 hours (80 on hands/feet)	80 hours	70 hours
Other approved topics	25 hours	Instructor's Discretion	65 hours	None	65 hours
		Chemistry	40 hours	None	40 hours
		Testing Evaluation	15 hours	None	15 hours
		State Laws & Rules	10 hours	None	10 hours
		Eyebrow & Lashes	40 hours	None	40 hours
		Hair Removal	40 hours	None	40 hours
		Safety Precautions	20 hours	None	20 hours
		Makeup & Corrective Makeup	50 hours	None	50 hours
	500 hours		600 hours	175 hours	425 hours

Massage Therapy to Cosmetology Conversion					
Massage Therapy Curriculum	Hrs. Required	Cosmetology Curriculum	Hrs. Required	Credit Transferred	Cosmetology hours required after credit
Health and Hygiene (body mechanics, vaccinations, etc.)	25 hours	Hygiene & Sanitation	80 hours	25 hours	55 hours
Anatomy, Physiology, Pathology, & Kinesiology	175 hours	Related Science (physiotherapy, cosmetricity, physiology, histology, anatomy, neurology, myology, and osteology)	120 hours	80 hours (80 hours spent on a&p in cosmo)	40 hours
Hydrotherapy, electrotherapy, & heliotherapy	25 hours (discretionary)			None	
Business & Ethics (includes law)	25 hours	Salesmanship & Salon Management	50 hours	25 hours	25 hours
		Professional Ethics	50 hours		50 hours
Technical Training	225 hours (80 hours on hands/feet) (30 hours on face work)	Manicuring	100 hours (40 hours on massage)	40 hours	60 hours
		Aesthetics	100 (40 hours on face work)	30 hours	70 hours
Other approved topics	25 hours			None	
		Hairdressing	1000 hours	None	1000 hours
	500 hours		1500 hours	200 Hours	1300 hours

TITLE	PROVIDER	HOURS	STATUS
Basic Oncology & Lymph	Johnnie Minor	12	approved
Foundation of Thai Massage Level 1	Nathan James	30	Approved pending outline and persission to use copyrighted material.
Addressing Headaches and More	Justine Joann Burton	6	approved
Reiki Level One	William Hall	6	approved pending proof od 12 more hours of continuing education credits
Conditions of Leg and Knee	Gary Jones	6	approved
Sports Massage(SM)- Injury and Recovery	Portia Resnick, Cynthia Ribeiro, and Steve Jurch	5	approved
SM - starting you career	Myrna Traylor, Cynthia Ribeiro, and Steve Jurch	2.5	approved
SM- Ethics in SM	Kathy Paholsky	2.5	approved
SM- the science of athletics	Steve Jurch and Marcella Durand	4	approved
SM- Athlete care and conditions	Steve Jurch and Helen Tosch	3.5	approved
Deminsional Massage therapy for the leg	Nancy Dail	4	approved
Educators Knowledge Forum	Winona Bontrager and Cynthia Ribeiro	1.5	approved
Impact of Massage therapy on the performance of professional para-athletes	Ann Blair Kennedy and Ruth McDonough	2	approved
The Mystery of Pain	Douglas Nelson	4	approved
Muscle-Specific Deep Tissue Techniques for the posterior, lateral and anterior neck	Brian Utting	8	approved
Developing Sustainable Therapeutic Relationships with Clients	Carolyn Tague	4	approved
Bringing home the gold-Olympians + Massage Therapy	Brent Vauer, MD	2	approved
Shiatsu for the Effective Treatment of Migrane	Leisa Bellmore	4	approved
Totally Allowable Expenses	Margo Bowman	2	approved
Sciatic Pain: Advanced Myofascial Techniques	Til Luchau	8	approved
Current Research Massage Therapy	Courtney Boyd and		