



CHILD HEALTH ADVISORY COMMITTEE

Minutes

March 18, 2021 9:00 a.m. – 10:00 a.m. · Zoom Meeting Only

Call to order: 9:05 a.m.

Zoom: Paula Rawls, Lucas Harder, Elaine Prewitt, Carole Garner, Charles Hervey, Melinda Kinnison, Mike Motley, Dave Oberembt, Gary Williams, Dan Breshears, Jerri Clark, Loretta Alexander
Absent: Rosa Hatch, Cheria McDonald, Patrick Casey, Matthew Nix, Tamara Baker, Tammy Works, Michele Brown

Staff: Ashley Williams, Shannon Borchert

Guests: Melody Rogers, Kristen Wooten, Kiah Ferrell, Shae Martin, Martha Ray Sartor

Review of February 2021 Minutes: C. Hervey moved to adopt the minutes; D. Breshears seconded the motion. The motion passed.

Act 1220 & Coordinated School Health Reports: M. Kinnison moved to accept reports; L. Alexander seconded the motion. The motion passed.

Act 1220 Report (Shannon Borchert and Ashley Williams)

- Indistar Reports Update
 - Districts
 - 92% Full Submission
 - Schools
 - 16% Full Submission
 - 28% Accepted, awaiting full submission
 - 56% Returned for revisions

CSH Report (Lisa Mundy and Ariel Schaufler)

- Three additional sets of stencils purchased:
 - Arch Ford Education Cooperative
 - Crowley's Ridge Education Cooperatives
 - Pulaski County

Old Business

Update on 2020 CHAC Recommendations: no updates at this time.

Legislation

SBI140 - to require school district boards of directors to include in student discipline policies the requirement that schools conduct an assessment of a student's adverse childhood experiences before disciplining a student.

SBI161 - to allow a public school or a public-school district to offer a hunting safety course as part of its curriculum.



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SB532- to require all newly constructed public schools and existing public schools undergoing additions or total renovations to provide for water-bottle filling stations.

HB1063 - to amend the telemedicine act; and to authorize additional reimbursement for telemedicine via telephone.

HB1176 - to ensure that reimbursement in the Arkansas Medicaid program for certain behavioral and mental health services provided via telemedicine continues after the public health emergency caused by coronavirus 2019 (covid-19).

HB1068- to clarify the telemedicine act; to specify that the home of a patient may be an originating site for telemedicine and that group meetings may be performed via telemedicine; to clarify reimbursement of telemedicine services.

HB1546 - to phase out the soft drink tax; and to provide for additional amounts to be distributed to offset the revenue reduction resulting from the phase out of the soft drink tax.

Act 141: to amend the law concerning the distribution of excess food in public schools.

New Business

Review of Maximum Portion Size List: J. Clark moved to adopt; D. Breshears seconded motion. The motion passed. (included)

BMI Report Status Update: ACHI has completed report. It covers data for the 2019-2020 school year. Sample size slightly small due to measures taken at the end of the school year regarding covid-19. This was the first year to use eSchool for data collection. ACHI and UAMS are working together to develop an additional resource to make data more searchable for school and district levels.

BMI Data Capturing: Discussed options on how schools can still collect accurate, usable data during school year that students are on-campus and virtual. Considered options/messaging regarding guidance on how to schedule BMI measurements.

Member Updates

Charles Hervey: ARSHAPE: “Achieving Success Through Movement” March 22-27 Conference. <http://shapearkansas.com/shape-arkansas-2020-virtual-conference-online-registration/>
Melinda Kinnison: On March 10, 2021, Arkansas PTA met with all 6 Arkansas federal legislators as a part of the National PTA Legislative Conference. There was a 5-person delegation. PTA called upon our Members of Congress to:



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- Make meaningful, robust investments in education in the next COVID relief package (Reopening safely, funding for child nutrition programs and remote learning, dedicated IDEA funding)
- Increase funding for the Statewide Family engagement Centers to \$20 million (Arkansas has not been awarded a grant yet)
- Include schools in any comprehensive infrastructure package (Average building is 44 years old, water and air quality)
- Improve the federal school meal program through Child Nutrition Reauthorization (Extend waivers through next school year and beyond, reauthorize Healthy, Hunger Free Kids Act of 2010)
- Support policies which protect all students, including students from historically marginalized populations and communities (ban seclusion, restraint practices, corporal punishment)

Shared follow-up on article from *The New York Times*, *A Covid Mystery*. The article linked obesity and covid-19 death rates. Article can be found here:

<https://www.nytimes.com/2021/03/12/briefing/biden-speech-astrazeneca-vaccine-beeples.html>

Dave Oberembt: AR Heart Association: looking at code of conduct of students. A punitive approach to vaping offenses are not effective; looking to shift to education and treatment.

Martha Ray Sartor: University of Arkansas Cooperative Extension: Launched program called Help Me Catch Your Breath within the 4-H program.

Jerri Clark: Arkansas Department of Education: HB1783 “to allow students in certain grades in-school access to vending machines offering food and beverages that meet the nutrition standards of the federal smart snacks in school program.”



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SY 2021-2022

All Schools

Allowable Competitive Foods/Beverages – Maximum Portion Size List

(Not Yet Approved)

Competitive Foods/Beverages sold anywhere on the school campus from midnight until 30 minutes after the end of the school day must meet both these Arkansas Nutrition Standards and the USDA Smart Snacks Regulations as well as not exceeding the product specific Maximum Portion Sizes.

From the beginning of school day until 30 minutes after the last lunch period, no competitive food or beverage may be sold on the school campus outside the cafeteria.

Vending machines are not allowed for student access at Elementary Schools.

General Nutrition Standards			
<ul style="list-style-type: none"> • Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or • Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or □ Be a combination food that contains at least ¼ cup of fruit and/or vegetable; and • The food must meet the nutrient standards for calories, sodium, sugar, and fats: 			
Calories	200 calories or less	Total Fat	
Sodium	200 mg. or less	Saturated Fat	
Sugar	35% by weight or less	Trans Fat	0 gm
Competitive Beverages			Prepared Ready to Serve Maximum Portion Size
Water – non-carbonated, unflavored, unsweetened			Unlimited
100% Fruit or Vegetable Juice			8 oz. Elementary School 12 oz. Middle & High School
Fat-free Milk, unflavored or flavored or Low-fat Milk, unflavored			8 oz. Elementary School 12 oz. Middle & High School
High School only			
Low and no-calorie, carbonated and non-carbonated beverages, 15 gm or less sugar/12 oz. AND 55 mg or less caffeine /12 oz.			12 ounces

To verify that food and beverage items meet the nutrient standards, check them using the Smart Snack Calculator at <https://foodplanner.healthiergeneration.org/calculator/>.

Portion Restrictions for French Fries/Fried Potato Products for Competitive Foods		
School Level	Maximum Serving Size	Frequency Limitations
Elementary School	Determined by Smart Snack Calculator	One (1) time / week
Middle through High School	Determined by Smart Snack Calculator	Per Meal Pattern Guidelines

Adjourn: 10:08 a.m.