



CHILD HEALTH ADVISORY COMMITTEE

Minutes

March 21, 2019 9:05 a.m. – 11:14 a.m. · Freeway Medical Tower, Board Room 906

Meeting Called to order: 9:05

Roll Call: Melinda Kinnison, Loretta Alexander, Tamara Baker, Mike Motley, Carole Garner, Cheria Lindsey, Jerri Clark, Debra Head
Zoom: Lucas Harder, Elaine Prewitt, Michele Brown, Rosa Hatch
Absent: Rob Lindley, Dan Breshears, Matthew Nix, Paula Rawls, Charles Hervey, Dave Oberembt, Debra Stewart
Staff: Shannon Borchert, Ashley Williams

Guests: Ariel Schaufler, Lisa Mundy, Brittany Rogers, Pam Hutchinson, Christine Sasse

Review of February 2019 Minutes: A motion to approve the minutes as amended made by Tamara Baker; the motion was seconded by Mike Motley. The motion passed.

Old Business:

Legislative Session: (<https://legiscan.com/AR> or www.congress.gov)

- AR House Bill 1409: Returned by Senate Education Committee with the recommendation that it “Do Pass” <https://legiscan.com/AR/bill/HB1409/2019>
- AR House Bill 1519: Reported correctly engrossed <https://legiscan.com/AR/bill/HB1519/2019>
- AR House Bill 1356: Notification that HB1356 is now Act 428
<https://legiscan.com/AR/bill/HB1356/2019>
- AR House Bill 1518: Notification that HB1518 is now Act 504
<https://legiscan.com/AR/bill/HB1518/2019>
- AR House Bill 1003: Read the first time, rules suspended, read the second time and referred to the House Education Committee <https://legiscan.com/AR/bill/HB1003/2019>
- AR House Bill 1615: Notification that HB1615 is now Act 506
<https://legiscan.com/AR/bill/HB1615/2019>
- AR Senate Bill 304: Referred to the House Education Committee
<https://legiscan.com/AR/bill/SB304/2019>
- AR Senate Bill 347: Read first time, rules suspended, read second time, referred to Senate Revenue and Taxation Committee <https://legiscan.com/AR/bill/SB347/2019>
- AR Senate Bill 349: Returned by the Senate Education Committee with the recommendation that it Do Pass as amended, Amendment #1 <https://legiscan.com/AR/bill/SB349/2019>
- US House Bill 832: Introduced in the House Education and Labor Committee
<https://www.congress.gov/bill/116th-congress/house-bill/832/text>
- AR House Bill 1608: Reported correctly engrossed <https://legiscan.com/AR/bill/HB1608/2019>

Act 1220 and Coordinated School Health Reports

Act 1220 Report

- The monthly SWAG meeting was on March 5, 2019. Ariel Schaufler the ADH Coordinated School Health Director presented on the importance of physical activity and physical education. The April 2, 2019 presentation will be on mental health in schools presented by Nicole Fairchild.
- 2018-2019 School Health Index assessments and plans are under review.



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- *Rethink Your Drink: Choose Water!* applications are in the review process with the winners being announced by the middle of April.
- On March 12, 2019, 90 Star City 10th graders participated in JUUL: The 411.
- On March 14, 2019, 100 Drew Central High School students participated in JUUL: The 411.

Coordinated School Health Report

- Spring Extended Recess Pilot Survey will close March 29, 2019. Currently, the information gathered indicates an initial learning curve for transitioning from class to recess and then back to class; additionally, the information indicates students are more engaged in the classroom and displaying improved social skills.

Subcommittees break-out (9:20 a.m. – 10:50 a.m.)

Subcommittees for 2019 Report (rationale, fiscal impact, resources):

Nutrition (Head, Clark, Garner, Hutchinson):

1. The Child Health Advisory Committee recommends school districts employ a Registered Dietitian/Licensed Dietitian (RD/LD) to provide medical nutrition therapy to students experiencing obesity; consultation to food service personnel for students with special dietary needs and food allergies; consultation to school nurses and food service personnel for diabetes education; support for nutrition education programming in schools; support for students experiencing chronic conditions, such as renal failure and/or PKU, and students' other special needs (i.e. tube feeding).
 - a. Arkansas public schools should be deemed as a provider of services and be eligible to seek Medicaid reimbursement.
 - b. Rationale will rely on the state obesity epidemic, BMI screening protocols for public school students, and access to nutrition counseling services.
2. The Child Health Advisory Committee recommends out of school time programs align with nutrition standards set forth for public school students during the school day.
 - a. Rationale will rely on the State Out of School Time Nutrition Standard and CDCs recommendations for Arkansas through the 1801 program.
3. The Child Health Advisory Committee recommends public schools be deemed providers of the BMI screening portion of the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) and be eligible to seek Medicaid reimbursement.
 - a. Rationale will rely on:
 - i. The current mandate for schools to provide BMI screening
 - ii. Other existing portions of the EPSDT that allow for public school Medicaid reimbursement.
4. Child Health Advisory Committee recommends the Child Nutrition Unit (CNU) report any Act 1220 or 2003 regulatory violation to the Arkansas Department of Education (ADE) Standards Unit to be included in the Standards Unit formal monitoring and evaluations report for school districts.
 - a. Rationale will rely on the number and frequency of Act 1220 of 2003 violations occurring and documentation provided by the CNU.



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Parent Engagement (Motley, Hatch):

1. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education facilitate the development and fielding of a parent engagement survey to gather information from *schools and parents* as to how to best communicate and engage with parents regarding child health.
 - a. Rationale: Evidence for current levels of parent engagement in the state at the school and district level has not been well documented. A baseline assessment of current activities, strategies, and perspectives regarding parent engagement and child health will help inform future parent engagement efforts.
 - b. CDC References/Resources:
 - i. Parents for Healthy Schools
<https://www.cdc.gov/healthyschools/parentengagement/parentsforhealthyschools.htm>
 - ii. Parents for Healthy Schools: A Guide for Getting Parents Involved from K-12
<https://www.cdc.gov/healthyschools/parentengagement/pdf/guide.pdf>
2. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education develop standard guidance for schools and parent teacher organizations to facilitate parent engagement through social media and targeted in-person events. Logistical considerations include staffing, funding, and timing in context of school year calendar and other communications and events.
 - a. Rationale: Since the passage of Act 1220 in 2003, new options for parent engagement have become available, including social media platforms. The use of social media by schools and districts is varied throughout the state but represents a cost-effective and timely method of engaging with parents. Separately, opportunities for in-person parent engagement regarding child health are limited, although in many communities' schools represent the most singular meeting place for parents. Because of this, School-based events geared toward child health education represent a viable option for parent engagement.
3. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education Review current BMI parent letter language and consider updates to the language so that is less a warning and more of an encouraging letter to try and improve acceptance and efficacy. Explore options for including the contents of the letter in an annual child wellness report alongside other health indicators.
 - a. Rationale: Anecdotal reports from school personnel indicate inconsistent practices in proactively distributing the BMI letters to parents. Anecdotal reports also indicate that some parents have reacted negatively to the letter and the original intent is not always well understood. Negative feedback from the letter has contributed to some extent to schools not proactively distributing the letters.
 - b. Resources: Current Letter Examples:
http://bmi.achi.net/BMIContent/Documents/120708_CHR_English-final_for_web.pdf

Mental Health (Lindsey, Baker, Harder):

1. The Child Health Advisory Committee recommends schools provide resources and education which connect chronic disease, including obesity, to adverse childhood experiences for students and staff.



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- a. Rational: “Adverse childhood experiences (ACEs) of abuse, neglect and family dysfunction between birth and age 18 can disrupt brain development and limit social, emotional and cognitive functioning.1 ACEs are the root cause of many serious academic, social and behavioral problems that have the potential to prevent a child from receiving the full benefits of education.2 Experiences of poverty, extreme discrimination and community violence as well as other traumatic experiences can also impair the development of the growing brain and body.” <http://www.hmprg.org/wp-content/themes/HMPRG/backup/ACEs/Education%20Policy%20Brief.pdf>
 - b. Resources:
 - i. Senate Bill 304 <https://legiscan.com/AR/text/SB304/id/1928711/Arkansas-2019-SB304-Draft.pdf>
 - ii. Felitti, V.J., Anda, R. F., Nordenberg, D., Williamson, D. F., Spitz, A. M., Edwards, V., Koss, M. P., Marks, J. S. Relationship of Childhood Abuse and Household Dysfunction to Many of the Leading Causes of Death in Adults: The Adverse Childhood Experiences (ACE) Study. *American Journal of Preventive Medicine*, 14(4), 245-258. [https://doi.org/10.1016/S0749-3797\(98\)00017-8](https://doi.org/10.1016/S0749-3797(98)00017-8)
2. The Child Health Advisory Committee recommends Arkansas Department of Education provide professional development for ACEs for school staff to include, but not limited to, how to teach students and how to identify individuals with sign and symptoms.
- a. Rational: “Adverse childhood experiences (ACEs) of abuse, neglect and family dysfunction between birth and age 18 can disrupt brain development and limit social, emotional and cognitive functioning.1 ACEs are the root cause of many serious academic, social and behavioral problems that have the potential to prevent a child from receiving the full benefits of education.2 Experiences of poverty, extreme discrimination and community violence as well as other traumatic experiences can also impair the development of the growing brain and body.” <http://www.hmprg.org/wp-content/themes/HMPRG/backup/ACEs/Education%20Policy%20Brief.pdf>
 - b. Resources:
 - i. House Bill 1608 <http://www.arkleg.state.ar.us/assembly/2019/2019R/Amendments/HB1608-HI.pdf>
 - ii. Mental health first aid: <https://www.mentalhealthfirstaid.org/>
 1. “Mental Health First Aid teaches how to identify, understand and respond to signs of mental illnesses and substance use disorders.”
 2. “[Youth Mental Health First Aid](#) is designed to teach neighbors, teachers, parents, peers, and caring citizens how to help a youth or teen who is experiencing a mental health or substance use challenge or is in crisis.”
 - iii. Substance Abuse and Mental Health Services Administration: Applying the Strategic Prevention Framework: <https://www.samhsa.gov/capt/applying-strategic-prevention-framework>
 - iv. Education Brief: ACEs for Educators and Stakeholders: <http://www.hmprg.org/wp-content/themes/HMPRG/backup/ACEs/Education%20Policy%20Brief.pdf>



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Physical Activity and Physical Education (Kinnison, Brown, Mundy): No report to give at this time.

New Business: No new business at this time.

Member Updates

Jerri Clark: The Arkansas Department of Education Act 1220 Coordinator position has been filled by Ashley Williams, MSHS; two Commissioner's Memos have been released addressing CHAC Recommendations: LS-19-063 and CNU-19-034.

Carole Garner: National Association of Nutrition and Dietetics are opposed to roll back of Rule and Regulations regarding "Hiring Flexibility Under Professional Standards."

Cheria Lindsey: School Nurse Academy will be at Dawson on April 17, 2019. The training will focus on: Audiology, School Nurse Advocacy and Leadership, and Asthma. The skills based training has a registration limit of 40.

Loretta Alexander: There will be a community forum on Arkansas Works immediately following the announcement of the judgement regarding the current case: Gresham v. Azar: Civil Action No. 1:18cv-01900-JEB, D.D.C.

Guest Update:

Christine Sasse: WIC is working with childcare centers to implement a breastfeeding space. Specifically, the childcare centers associated with public schools that work in close partnership with the Coordinated School Health Program are of interest.

Adjourn: 11:14 a.m.

Next Meeting: Thursday, April 18, 2019 from 9:00 a.m. – 12:00 p.m.
Freeway Medical Building, 5800 W. 10th, Boardroom 906, Little Rock, AR 72205.