



CHILD HEALTH ADVISORY COMMITTEE

Minutes

June 18, 2020 9:00 a.m. – 10:00 a.m. Zoom Meeting Only

Call to order: 9:05

Zoom: Patrick Casey, Charles Hervey, Michele Brown, Carole Garner, Melinda Kinnison, Debra Head, Tamara Baker, Lucas Harder, Mike Motley, Elaine Prewitt, Loretta Alexander, Jerri Clark **Absent:** Dan Breshears, Cheria McDonald, Mathew Nix, Paula Rawls, Debra Stewart, Rosa Hatch, Dave Oberembt, **Staff by Zoom:** Ashley Williams, Shannon Borchert

Guests by Zoom: Pike Palmer, Pam Hutchins, Tim Clark, Detrich Smith, Jamie Ward, Sarah Brisco

Review of May 2020 Minutes: quorum not present.

Act 1220 & Coordinated School Health Reports

Act 1220 Report (Shannon Borchert and Ashley Williams)

- SWAG is partnering with PPYC in October for a virtual conference
- Foundations of Wellness
 - Part 1 – June 9th, 17th, & 23rd
 - Blended workshop – independent work and virtual
 - Part 2 – Independent work
 - Part 3 – July 14th, 23rd, & 29th
- Conducted Assessing Your School Wellness Training Part II
 - May 22, 2020
 - 7 total participants

CSH Report (Lisa Mundy and Ariel Schaufler)

- CDC received COVID-19 funding through the CARES Act and is making a notice of funding opportunity for states funded under the Healthy Schools grant.
 - Additional funding for states to assist in providing schools with reopening guidance from CDC and technical assistance to districts in need
 - Application is due June 19, 2020 – currently preparing to submit
- Professional development trainings began June 1st
 - Topics
 - Comprehensive school activity plan
 - Essential components of physical education
 - Characteristics of effective health education
 - Cross-walking the Arkansas health standards with healthy behavioral outcomes

Old Business

2019 Nutrition and Physical Activity Rules Update: Public comment period closed June 8th; if no substantive changes, the “Rules” go before the Arkansas State Board of Education during its July meeting and the Arkansas Legislative counsel in August.

New Business

4-Day School Week – Pike Palmer, Superintendent of Kirby School District:

- Interest in 4-day week began with parents; among the benefits gathered from speaking to schools across the nation and independent research of other district outcomes, cost savings was of particular interest. After multiple parent, teacher, and student surveys, measure was taken to the school board and was voted for implementation in 2019/2020 school year.



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- Guidance given in Arkansas Code §6-10-117
- Positives noted from the district:
 - Financial savings, improved attendance by staff and students, teacher and staff retention and higher quality applicants
 - Easier community involvement, better school climate (morale and attitudes)
 - Equal or great amount of student/teacher contact time (no loss of academic hours due to increased time)
 - Less homework, more family time, less discipline issues, lower drop-out rate, increased enrollment
 - Job opportunities for older students
 - Fridays were used for teacher in-services or Trojan Enrichment Program.
 - School is able to be proactive not reactive
 - Non-school clubs/organizations were still able to meet
 - Possible increase in breakfast program and increased free/reduced meal application
 - Includes 4-5 day weekends and may eliminate students missing for family vacations
 - Schedule 4 parent teacher conferences
 - Virtual Arkansas has no issues due to classes being online
 - FACS department was able to certify some teens for babysitting
 - High School physical education increased to 60 minutes due to class time increase
- Negatives noted from the district:
 - Longer days may create attention problems for younger students
 - Later times on bus for students
 - Childcare concerns on off days for working families and fewer meals for students in home of need

New Officer Elections: quorum not present.

Member Updates

Charles Hervey: SHAPE Arkansas Town Hall meeting August 3, 2020 to discuss with all health professions organizations to discuss COVID issues.

Melinda Kinnison: National PTA has opened grant cycle for healthy hydration; National PTA is also offering a 4 webinar series on food insecurity. <https://www.pta.org/home/family-resources/health/Hunger>

Adjourn: 10:00

Next Meeting: Thursday, July 16, 2020 from 9:00 a.m. – 12:00 p.m.
Zoom



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2020 Recommendations Subcommittees Breakout

Counseling, Psychological, & Social Services

Dan Breshears
Loretta Alexander
Paula Rawls

Tamara Baker
Mike Motley
Jerri Clark

Health Education

Michele Brown
Dr. Pat Casey
Dr. Rosa Hatch
Melinda Kinnison

Cheria McDonald
Charles Hervey
Dr. Matthew Nix

Nutrition

Carole Garner
Dave Oberembt
Debie Head

Debra Stewart
Dr. Elaine Prewitt

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