



## CHILD HEALTH ADVISORY COMMITTEE

### Minutes

July 18, 2019 9:05 a.m. – 10:00 a.m. · Freeway Medical Tower, Board Room 906

**Attendee(s):** Carole Garner, Jerri Clark, Debra Head, Melinda Kinnison, Paula Rawls, Rosa Hatch **Zoom:** Charles Hervey, Cheria Lindsey, Elaine Prewitt, Loretta Alexander, Michele Brown, Mike Motley **Absent:** Tamara Baker, Rob Lindley, Matthew Nix, Lucas Harder, Debra Stewart, Dave Oberembt, Dan Breshears  
**Absent Staff:** Ashley Williams, Shannon Borchert  
**Guest(s):** Lisa Mundy, Beverly Wade, Kelli Butcher, Vivian Nicholson

**Meeting Called to order:** 9:05

**Review of May 2019 Minutes:** Due to a lack of quorum, members reviewed minutes but did not vote to approve. No edits were suggested.

#### **Old Business:**

##### **Subcommittees Recommendations**

Recommendations should be sent to CHAC staff and chairs by Friday, August 2, 2019 by 4:30 p.m.

#### **New Business:**

CNU-19-046 –New Food Items: Crediting Foods in the National School Lunch School Breakfast, and Afterschool Snack Programs

<http://adecm.arkansas.gov/ViewApprovedMemo.aspx?Id=4017>

#### **Act 1220 Coordinators & Coordinated School Health Reports:**

##### **Act 1220 Coordinators Reports:**

- On June 6, 2019, Shannon Borchert provided Active Recess Training at Northeast Arkansas Educational Services Cooperative in Walnut Ridge, AR; there were 9 participants.
- On July 15-19, 2019, Shannon Borchert participated in Mental Health First Aid training in Little Rock, AR made available by the AWARE Grant.
- On July 25, 2019, Shannon Borchert will be providing training on Water Policy at the Northeast Arkansas Educational Services Cooperative in Walnut Ridge, AR.
- On July 30, 2019, Shannon Borchert will be providing Active Recess Training at the Dawson Educational Services Cooperative in Arkadelphia, AR.
- On September 21, 2019, Shannon Borchert will represent Healthy Active Arkansas: Sugar-sweetened Beverage Reduction Priority and present at the Healthy Active Arkansas Ambassador Training
- On September 25, 2019, Shannon Borchert will present on Health and Wellness Policy in Childcare Centers
- Ashley Williams completed four additional trainings at Northwest, North Central, Crowley's Ridge, and Southeast educational cooperatives on wellness and the completion of school health index and Indistar reports: 214 school staff and 119 school districts have attended the trainings.
  - 2 additional trainings will be at North Central and Northeast Educational Services Cooperatives
- Ashley Williams attended the JUUL training with the Arkansas Department of Health.

##### **Coordinated School Health Report**

##### Joint Use Agreement Mini-Grants for 1801 Priority Districts

Funding up to \$3,800 to improve opportunities for physical activity during out-of-school-time. The purpose of the grant is to support school districts to continue efforts in developing partnership to support



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student health initiatives. Program activities have enhanced partnerships that improve the overall health status of students by increasing opportunities for physical activity. Magazine, Malvern, Marvell-Elaine, and Springdale purchased equipment and curriculum for their out of school time partners. El Dorado included the Boys and Girls Club staff with the elementary physical education teachers for 2 days of SPARK curriculum and classroom management workshops June 4-5.

#### Summer Professional Development for Physical Education and Health Teachers

Summer professional development workshops were hosted by six education cooperatives and one district during June. At these workshops, teachers were trained how to develop a comprehensive school physical activity plan, given an overview of the essential components of physical education, given resources for classroom physical activity (or kinesthetic learning), and time to discuss the new recess bill, Act 641, and new PE/Health frameworks.

Areas with trainings: Northeast Arkansas Cooperative – Walnut Ridge; County Line Elementary – County Line; Southeast Cooperative – Monticello; Northcentral Cooperative – Melbourne; Ozark Unlimited Resources – Harrison; Northwest Cooperative – Farmington; Wilbur D. Mills Cooperative – Beebe

Subcommittees for 2019 Report will be given in August.

- Nutrition
- Parent Engagement
- Mental Health
- Physical Activity and Physical Education

#### Member Updates

**Melinda Kinnison:** National PTA has opened grant opportunities. Specifically, a Health Hydration grant is available for local PTA's.

**Carole Garner:** Academy of Nutrition and Dietetics met with legislators and committees of jurisdiction in Washington for the Child Nutrition Reauthorization, Farm to School, Fresh Fruits and Vegetable Programs, and WIC.

**Paula Rawls:** Arkansas Association for Supervision and Curriculum Development has a planning retreat scheduled in late July to work on addressing updates to their strategic plan.

**Charles Hervey:** Arkansas Association for Health, Physical Education, Recreation, and Dance (ArkAHPERD) will be changing their name to Arkansas SHAPE (Society of Health and Physical Educators). The Arkansas SHAPE Convention will be on November 9-10, 2019 at UCA.

**Cheria Lindsey:** School Nurse Mental Health Forum was held in Mountain Home, AR. The training had 80 participants. Dr. Kindall and Cheria will be partnering for an additional grant for the purpose of increasing school nurses training in mental health.

**Jerri Clark:** The eSchool Pilot program requiring schools to enter BMI data into eSchool and the ACHI's AHIN has been underway the last year. By the 2019-2020 spring semester schools should be able to enter their BMI data into eSchool.

Adjourn for subcommittee break-out at 10:00 a.m.

**Next Meeting:** Thursday, August 15, 2019 from 9:00 a.m. – 12:00 p.m. Freeway Medical Building, 5800 W. 10<sup>th</sup>, Boardroom 906, Little Rock, AR 72205