



CHILD HEALTH ADVISORY COMMITTEE

Minutes

February 18, 2021 9:00 a.m. – 10:20 p.m. · Zoom Meeting Only

Call to order: 9:05 a.m.

Zoom: Jerri Clark, Charles Hervey, Cheria McDonald, Loretta Alexander, Tamara Baker, Gary Williams, Michele Brown, Dan Breshears, Lucas Harder, Carole Garner, Mike Motley, Melinda Kinnison **Absent:** Rosa Hatch, Elaine Prewitt, Patrick Casey, Matthew Nix, Debra Head, Dave Oberembt, Tammy Works, Paula Rawls
Staff: Ashley Williams, Shannon Borchert
Guest: Kirstin Wooten, Lisa Mundy

Review of January 2021 Minutes: D. Breshears moved to accept the minutes; C. McDonald seconded the motion; the motion passed.

Act 1220 & Coordinated School Health Reports: G. Williams moved to accept reports; C. Hervey seconded the motion; the reports were accepted.

Act 1220 Report (Shannon Borchert and Ashley Williams)

- Nothing to report at this time.

CSH Report (Lisa Mundy and Ariel Schaufler)

- Coordinated School Health (CSH) 2nd quarterly meeting - Zoom
 - February 3, 2021
 - Attending: 212 school personnel representing 141 LEAs, 37 state agency personnel, 3 others
 - Topic: Family and Community Engagement
 - Presented by: Chelsey Moore
 - Objectives:
 - Understand the components of the FACE toolkit and how to use them
 - Utilize the Engagement in Action process to facilitate two-way communication between stakeholders
 - Utilizing the School Health Index to lay the foundation for meaningful FACE and wellness plans

Old Business

Update on 2020 CHAC Recommendations: Recommendations presented to ADH leadership and accepted to be presented to Arkansas Board of Health in April.

- House Bill 1176 in the Senate Public Health Committee awaiting action.

New Business

School Nurse Survey Report & Presentation – Cheria McDonald

- See report

here: https://www.healthy.arkansas.gov/images/uploads/pdf/School_Nurse_Survey_Report-DLS.pdf



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- See included slides

Arkansas BMI Screening Research – Mike Motley

- See research article: <https://www.ajpmonline.org/action/showPdf?pii=S0749-3797%2820%2930513-4>

Review of Maximum Portion Size List

- Reviewed and will be on March agenda for edits and/or adoption. See included Maximum Portion Size List

Member Updates

Charles Hervey: ARSHAPE: “Achieving Success Through Movement” in March (Spring Break week). <http://shapearkansas.com/shape-arkansas-2020-virtual-conference-online-registration/> also, ARSHAPE accepting applications for higher educators to nominate a faculty member who has demonstrated outstanding achievement and leadership in the field of Physical Education, Health Education, or Exercise Science and Dance.

Melinda Kinnison: AR PTA: annual legislation day for AR PTA on March 10, 2021.

Adjourn: 10:20 am

Next Meeting: Thursday, March 18, 2021 from 9:00 a.m. – 12:00 p.m.; Zoom only



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School Nurse Survey Data 2019-2020

Cheria McDonald, BSN, RN, NCSN



School Nurses Reporting

- **808** school nurses
- **996** school campuses
- **993** public/charter schools
- **3** private schools.

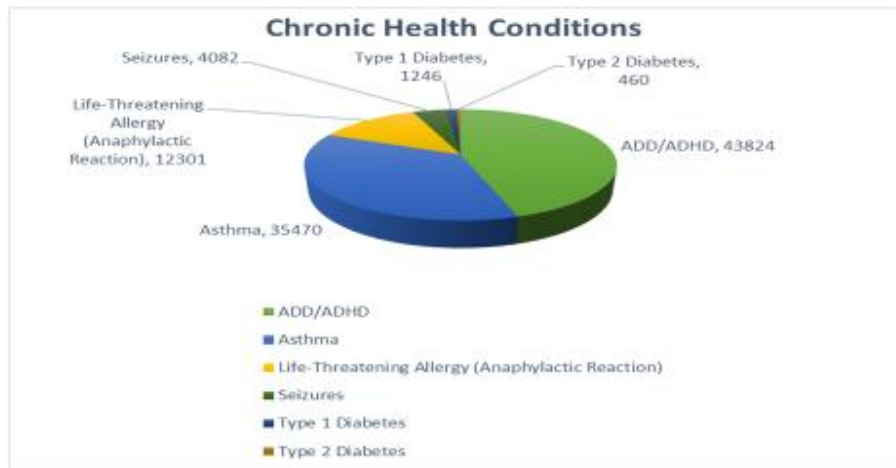


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Chronic Health Conditions



Medications at School

- The number of students that received scheduled medications daily at school on a long-term basis (>3 weeks): **13917**
- The number of students that received medications at school on a short-term basis (<3 weeks): **8163**

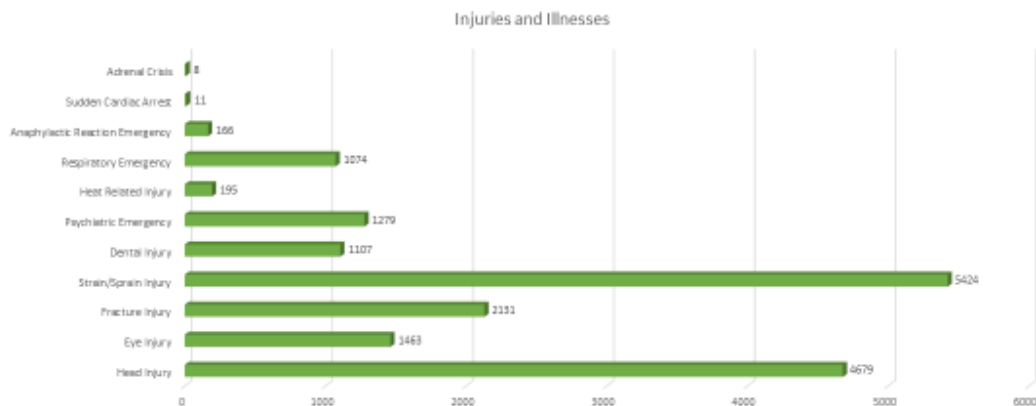


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Injuries and Illnesses at School



Pregnancies at School

- Pregnancies: **732**
- Pregnant adolescents receiving homebound services: **181**
- Pregnant adolescents who dropped out of school permanently: **63**
- Pregnant adolescents diagnosed as high risk (i.e. Gestational DM, Preeclampsia): **83**
- Referral to health care provider for symptoms of STD's: **372**



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Mental Health at School

- The number of students receiving mental health services reported:
 - On campus: **27058**
 - Off campus: **5793**
- The number of times the school nurse and the school counselor provided a team approach to assist a student with a mental health need: **11669**

Emergencies at School

- The number of students on a campus having had an overdose this school year: **79**
- The number of school campuses having an opioid antagonist (i.e. Naloxone, Narcan) available: **709**



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Emergency Medications at School

Emergency Medication	# Prescription Medications at School	# of Individualized Healthcare Plans (IHP's)	# of Emergency Doses Given-Nurse	# of Emergency Doses Given-UAP	# of 911 Follow-ups
Albuterol/Xopenex or Fast acting Beta Agonist	15248	14279	16890	2071	84
Glucagon	1055	1077	11	12	2
Rectal Diazepam	953	962	53	1	31
Intranasal Midazolam	64	67	12	0	1
Sublingual or Buccal Benzodiazepine (i.e. lorazepam, clonazepam, valium)	428	392	93	11	26
Epinephrine	5725	6085	75	10	37

Outcomes for Students in Health Office at School

- Students sent back to class 1,736,756
- Students sent for medical attention 81,982
- Students sent home 164,920
- Students sent to ER 2,356
- Students sent to SBHC 7,338

- The number of students with a Do Not Resuscitate Order (DNR) for school campus/campuses: **5**
- Number of students missing at least 10% or more of the school year including excused and unexcused absences: **38592**



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Community Partners at School

- School nurses who reported utilizing the Community Health Nurse Specialists and Community Health Promotion Specialists (CHNS and CHPS): **509**

Trainings at School

- The number of school nurses assisting the district or campus with Stop the Bleed (STB) training for school personnel or students: **581**

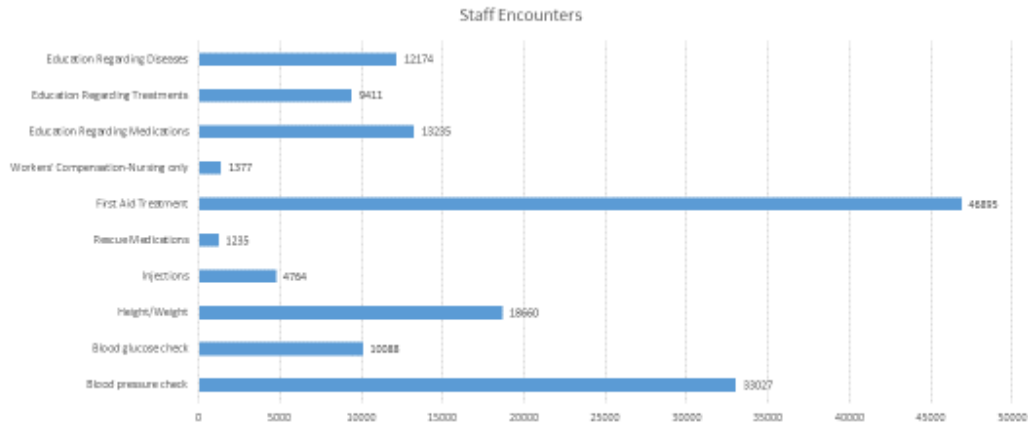


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Staff Encounters at School



For Questions in Regards to the Survey
Cheria McDonald
State School Nurse Consultant
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501-683-3586



DIVISION OF ELEMENTARY
& SECONDARY EDUCATION



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SY 2021-2022

All Schools

Allowable Competitive Foods/Beverages – Maximum Portion Size List

(Not Yet Approved)

Competitive Foods/Beverages sold anywhere on the school campus from midnight until 30 minutes after the end of the school day must meet both these Arkansas Nutrition Standards and the USDA Smart Snacks Regulations as well as not exceeding the product specific Maximum Portion Sizes.

From the beginning of school day until 30 minutes after the last lunch period, no competitive food or beverage may be sold on the school campus outside the cafeteria.

⊕ Vending machines are not allowed for student access at Elementary Schools.

General Nutrition Standards			
<ul style="list-style-type: none"> • Be a grain product that contains 50 percent or more whole grains by weight (have a whole grain as the first ingredient); or • Have as the first ingredient a fruit, a vegetable, a dairy product, or a protein food; or □ Be a combination food that contains at least ¼ cup of fruit and/or vegetable; and • The food must meet the nutrient standards for calories, sodium, sugar, and fats: 			
Calories	200 calories or less	Total Fat	
Sodium	200 mg. or less	Saturated Fat	
Sugar	35% by weight or less	Trans Fat	0 gm
Competitive Beverages			Prepared Ready to Serve Maximum Portion Size
Water – non-carbonated, unflavored, unsweetened			Unlimited
100% Fruit or Vegetable Juice			8 oz. Elementary School 12 oz. Middle & High School
Fat-free Milk, unflavored or flavored or Low-fat Milk, unflavored			8 oz. Elementary School 12 oz. Middle & High School
High School only			
Low and no-calorie, carbonated and non-carbonated beverages, 15 gm or less sugar/12 oz. AND 55 mg or less caffeine /12 oz.			12 ounces

To verify that food and beverage items meet the nutrient standards, check them using the Smart Snack Calculator at <https://foodplanner.healthiergeneration.org/calculator/>.

Portion Restrictions for French Fries/Fried Potato Products for Competitive Foods

School Level	Maximum Serving Size	Frequency Limitations
Elementary School	Determined by Smart Snack Calculator	One (1) time / week
Middle through High School	Determined by Smart Snack Calculator	Per Meal Pattern Guidelines