



## CHILD HEALTH ADVISORY COMMITTEE

### Minutes

February 20, 2020 9:00 a.m. – 12:00 p.m. Freeway Medical Tower, Board Room 906

Call to order: 9:05 a.m.

**Roll call:** Melinda Kinnison, Patrick Casey, Paula Rawls, Cheria McDonald, Dan Breshears, Loretta Alexander, Lucas Harder, **Zoom:** Matthew Nix, Michele Brown, Tamara Baker, Carole Garner, Elaine Prewitt, Jerri Clark, Mike Motley, **Absent:** Rosa Hatch, Robert Poole, Dave Oberembt, Debra Head, Debra Stewart, Charles Hervey

**Staff:** Shannon Borchert, Ashley Williams

**Guests:** Lisa Mundy, Chenell Tucker, **Zoom:** Jamie Ward

**Review of January 2020 Minutes:** P. Rawls moved to adopt minutes as presented; C. McDonald seconded motion; motion passed.

**Act 1220 & Coordinated School Health Reports:** Staff will coordinate with CSH Directors to assess which CHAC recommendations have been adopted by CSH Priority Schools; an overview will be presented at March or April CHAC meeting. C. McDonald moved to accept reports; P. Rawls seconded motion; reports passed.

#### Act 1220 Report (Shannon Borchert and Ashley Williams)

- Student Wellness Advocacy Groups (SWAGs) Monthly Meeting
  - February 4, 2020
  - Leslee Tell provided training for SWAG groups on nutrition.
- Attended wellness committee meeting at North Little Rock school district
  - February 12, 2020
- Attended wellness committee meeting at Malvern school district
  - February 13, 2020
- Attended Ready. Set. Record. Film Festival 2020
  - February 19, 2020
  - Hosted by Project Prevent
- Coordinators work together to complete Act 1220 2016-2020 report and update toolkits used by schools

#### CSH Report (Lisa Mundy and Ariel Schaufler)

- Coordinated School Health Quarterly Meeting
  - February 5, 2020
  - Topic Focus: Self-care and mindfulness for educators
  - Attendance: 118 school personnel
- Priority District Meeting
  - February 6, 2020
  - Topic Focus: Poverty and Homelessness in rural areas & mid-year reports
  - Attendance: 7 school personnel
- Quarterly Statewide School Health Coalition Meeting
  - February 6, 2020
  - Topic Focus: Adult learning theory for professional development trainings
  - Attendance: 22 school personnel

#### Old Business

- **2019 CHAC Recommendations update:** no additional updates since presentation to Arkansas Board of Education and Arkansas Board of Health.



## CHILD HEALTH ADVISORY COMMITTEE

### Minutes

February 20, 2020 9:00 a.m. – 12:00 p.m. Freeway Medical Tower, Board Room 906

- **Maximum Portion Size List:** P. Rawls moved to adopt as presented; D. Breshears seconded motion; motion passed.
- **Arkansas Department of Education Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools:** adopted by the Arkansas Board of Education and will go before the Arkansas Legislative Council in March 2020.

New Business N/A

### Member Updates

Lucas Harder (Arkansas School Boards Association): ASBA released updates to the model policies on tobacco to amend the titles to read “Tobacco, Electronic Nicotine Delivery Systems, and Related Products”.

Paula Rawls (Arkansas ASCD): AR ASCD working with Arkansas Department of Education Division of Elementary and Secondary Education (DESE) on developing summer conference sessions. Additionally, AR ASCD subcommittee on advocacy is working with schools to develop success stories regarding mental health resources available to students.

Cheria McDonald (Arkansas School Nurse Association): School Nurse Academy in Camden on February 11, 2020. Topics included diabetes management, sports medicine, and COACH-Program for Childhood Weight Management (<https://www.archildrens.org/programs-services/a-to-z-services-list/coach-clinic/coach-clinic>). Additional dates include:

- March 10, 2020 in Monticello at Southeast Educational Cooperative
- May 19, 2020 in Branch at Guy-Fenter Educational Cooperative
- July 21, 2020 in Harrisburg at Crowley’s Ridge Educational Cooperative
- November 10, 2020 in Little Rock at Children’s Hospital

Carole Garner (Arkansas Academy of Nutrition and Dietetics): Arkansas Academy of Nutrition and Dietetics is developing comments on USDA school food changes; these comments will be presented to CHAC in March.

Jerri Clark (Arkansas Department of Education): DESE summer conference will host Dr. Victor DeNoble as speaker on June 17, 2020; Dr. Donna Beagle will be a pre-conference speaker on poverty on June 15, 2020. Additional details to follow.

Adjourn: 9:30 a.m.

### 2020 Recommendations Subcommittees Breakout

- Health Education: M. Brown, P. Casey, R. Hatch, M. Kinnison, C. McDonald, C. Hervey
- Counseling, Psychological, and Social Services: D. Breshears, L. Alexander, P. Rawls, T. Baker, M. Motley
- Nutrition Environment and Services: C. Garner, D. Oberembt, R. Poole, D. Head, D. Stewart, E. Prewitt, (P. Barker)

\*J. Clark, M. Nix

\*\*L. Harder

**Next Meeting:** Thursday, March 19, 2020 from 9:00 a.m. – 12:00 p.m. Freeway Medical Building, 5800 W. 10<sup>th</sup>, Boardroom 906, Little Rock, AR 72205