



## **CHILD HEALTH ADVISORY COMMITTEE**

### **Minutes**

December 19, 2019 9:04 a.m. – 9:33 a.m. · Freeway Medical Tower, Board Room 906

#### **Call to order: 9:04**

**Roll call:** Lucas Harder, Jerri Clark, Mike Motley, Rosa Hatch, Paula Rawls, Patrick Casey, Debie Head **Zoom:** Dan Breshears, Elaine Prewitt, Michele Brown, Debra Stewart **Absent:** Matthew Nix, Melinda Kinnison, Tamara Baker, Robert Poole, Carole Garner, Charles Hervey, Cheria McDonald, Dave Oberembt, Loretta Alexander **Staff:** Shannon Borchert, Ashley Williams

**Guests:** Vickie Wingfield, Lisa Mundy, Ariel Schaufler, Chenell Tucker

**Review of November 2019 Minutes:** Paula Rawls motioned to accept minutes; Jerri Clark seconded motion; the motion passed

**Act 1220 & Coordinated School Health Reports:** P. Rawls motioned to accept the report; Debie Head seconded motion; motion passed.

#### **Act 1220 Report (Shannon Borchert and Ashley Williams)**

- Completed 2019 Recommendations for CHAC – Shannon/Ashley
- Student Wellness Advisory Group (SWAG) statewide monthly meeting – Shannon
  - December 3
  - Mental health training presented by Charis Mian, School-Based Mental Health Program Advisor
- Blytheville District Wellness Committee meeting – Shannon
  - December 4
- Marvell-Elaine District Wellness Committee meeting – Ashley
  - December 4
- Working on Child Health Advisory Report for 2016-2020 – Shannon/Ashley
- Indistar report review – Ashley
  - 83% of schools have submitted
  - 75% of submitted schools have been reviewed

#### **CSH Report (Lisa Mundy and Ariel Schaufler)**

- Attended a train the trainer at CDC for the Health Education Curriculum Analysis Tool
  - November 14 – 15
  - HECAT will be used to assess the strength of a school's health education scope and sequence and the characteristics of an effective health education
- Met with the Blytheville wellness chair/1801 grant lead and others to discuss year 2 of the 1801 funding and work plan
  - November 18
- Attended the Magazine school district wellness meeting and toured the school-based health center
  - November 20



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- Presented the new health/PE standards, wellness committee functions, and school health index requirements to the Methods of Elementary Physical Education class at Arkansas Tech University (ATU)
  - December 2
- Attended the Marvell-Elaine wellness committee meeting
  - December 2
- Followed up with Malvern elementary and intermediate PE teachers on their Comprehensive School Physical Activity Plan (CSPAP)

### **Old Business**

- **Review of the Rules Governing Nutrition and Physical Activity standards:** Mary Claire Hyatt, from ADE-DESE, provided responses to member comments and questions with an updated *Rules Governing Nutrition and Physical Activity Standards and Body Mass Index for Age Assessment Protocols in Arkansas Public Schools* draft.
- **2019 Recommendations update:** The Recommendations with accompany letter will be presented to Arkansas Board of Health and Arkansas Board of Education in January.
- **2020 Recommendations Subcommittees:** Subcommittees to meet after adjournment per member availability. (Health Education; Counseling and Psychological Social Services; Nutrition Environment and Services)
- **Electronic Nicotine Delivery System (ENDS) letter:** Lucas Harder awaiting Arkansas Department of Health comment before proceeding with submission to legislative committees.

**New Business:** NA

### **Member Updates:**

**Mike Motley:** ACHI has completed the 2018/2019 BMI report. Reports available on their BMI Database for Reports- 2018-2019 [webpage](#). The link for “BMI Measurement Resources for School Personnel” can be found at the bottom of Arkansas Center for Health Improvement [homepage](#). Additionally, the BMI Project Team has made progress on updating the *BMI Data Entry Training Manual*, *Height and Weight Measurement Training Manual*, and *Child Health Report* for the 2019/2020 transition for BMI recording to transition into eSchool.

**Adjourn:** 9:33 a.m.

**Next Meeting:** Thursday, January 16, 2020 from 9:00 a.m. – 12:00 p.m.  
Freeway Medical Building, 5800 W. 10<sup>th</sup>, Boardroom 906, Little Rock, AR 72205