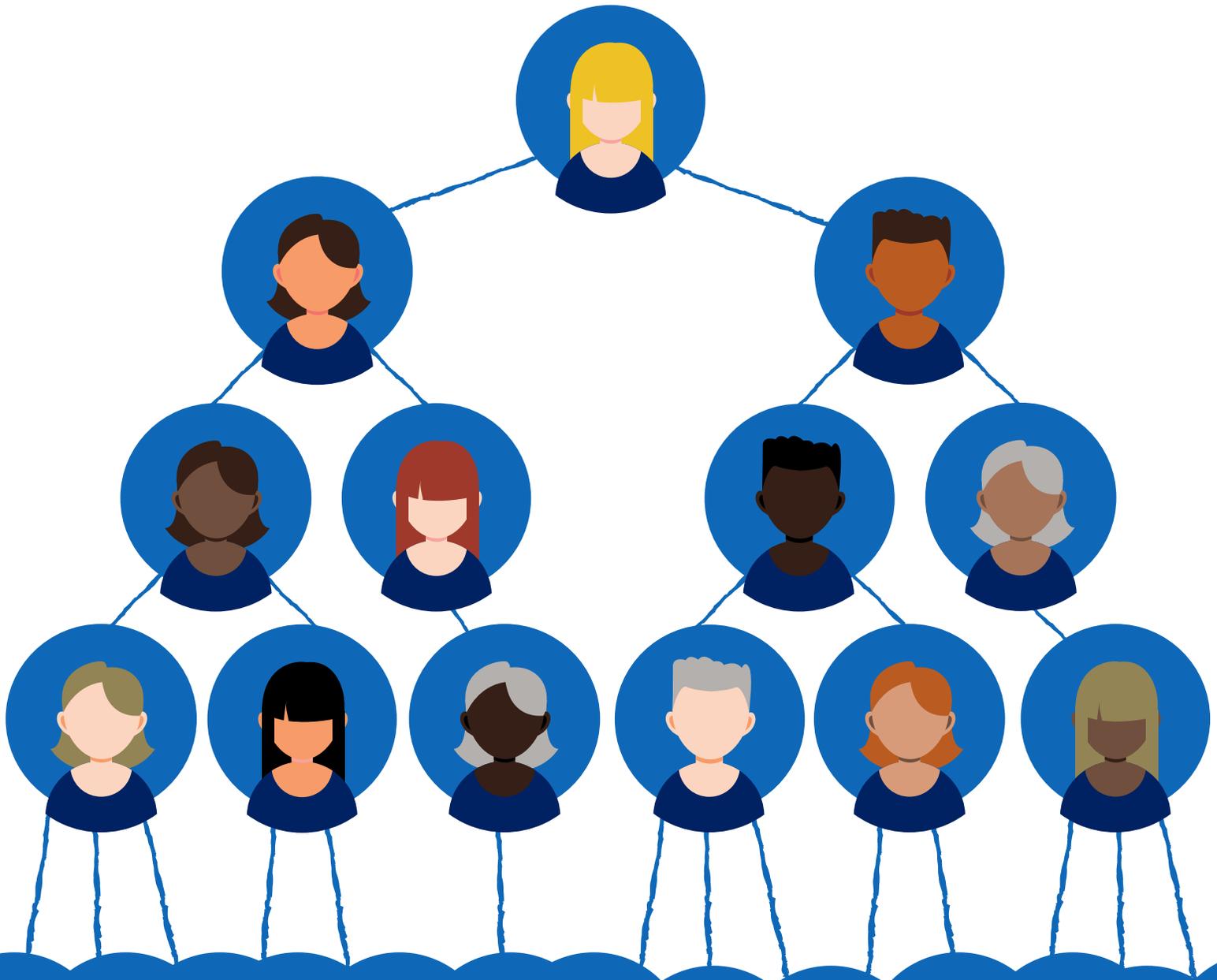# COVID-19 Contact Tracing

Contact Tracing is how public health officials track the spread of an illness. When a patient is confirmed to have an illness they isolate themselves to prevent further spread of COVID-19. Public health staff work with them to recall where they have been and who they had close contact with while they were infectious. People who have been exposed are contacted by public health staff and asked to quarantine themselves to stop further spread of the illness.

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