Quick Facts About

Covid-19

Arkansas Department of Health
Hometown Health Improvement Section

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Outline

LIST OF KEY CONCEPTS

- What is Coronavirus Disease 2019 (COVID-19) and how is it spread?
- Vulnerable Populations
- COVID-19 Exposure: What To Do
- Symptoms & Testing
- Ways To Prevent the Spread of COVID-19
- Stress and Coping
- Additional Resources
What is a novel coronavirus (COVID-19)?

A NEW DISEASE

A new coronavirus that has not been previously identified or seen in humans. This is a disease that is causing the 2019 novel coronavirus outbreak, identified in Wuhan, China. The new name is coronavirus disease 2019, abbreviated COVID-19. CO- Corona, VI- Virus, D- Disease.
How is COVID-19 spread?

PERSON-TO-PERSON

• Through respiratory droplets when someone coughs, sneezes, or talks.
• Between people who are in close contact with another (6 feet).
• Droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.
• Can be spread by people showing no symptoms.
How is COVID-19 spread?

TOUCHING SURFACES OR OBJECTS

• Touching a surface that has the virus and then touching mouth, nose or eyes.
• Small number of pets worldwide reported to be infected after being in close contact with people with COVID-19.
• Please Note: touching surfaces, objects or animals are not thought to be the main ways COVID-19 spreads. Research is still being done to learn more, but it is good to take precaution.
TOTAL CASES AND DEATHS IN THE UNITED STATES

7.89 Million Cases

216k Deaths

Updated October 14, 2020: Click below for current data:
CDC COVID Data Tracker
TOTAL CASES AND DEATHS IN ARKANSAS

95,246 Cases

1,634 Deaths

Updated October 14, 2020.
Click below for current data:
HealthyArkansasCovidNumbers
Vulnerable Populations

- Older Adults
- People with Medical Conditions
- Racial & Ethnic Minority Groups
- People Experiencing Homelessness
- People with Disabilities
- People with Developmental and Behavioral Disorders
What To Do

If you’ve been exposed to someone who tested positive, get tested.

Once you’ve been tested:

• If you have symptoms, isolate yourself at home until your test results come back.

• If you have a known exposure but no symptoms, self-quarantine at home until 14 days have passed since your exposure, even if your results come back negative.

• If you have no known exposures or symptoms, you may resume normal activity while taking precautions like physical distancing, wearing a face covering when you go out, and frequent handwashing.