



Child Health Advisory Committee

Minutes

June 16, 2022 · 9:04 a.m. – 10:02 a.m. · Zoom Only

Call to order: 9:04 am

Zoom: Tammie Works, Lucas Harder, Loretta Alexander, Mike Motley, Rosa Hatch, Elaine Prewitt, Melinda Kinnison, Paula Rawls, Patrick Casey, Bala Simon, Josh Phelps, Sean Engle, Carole Garner

Absent: Gary Williams, Ashley Williams, Jerri Clark, Dave Oberembt, Cheria McDonald, Michelle Brown, Dan Breshears

Staff: Shannon Borchert, Shy Whitley

Guests: Kathryn Motsinger, Lisa Mundy, Sarah Brisco, Tommie Rogers, Chenell Tucker

Review of May minutes: P. Rawls moved to approve the minutes; L. Harder seconded motion. The motion passed.

Act 1220 & Coordinated School Health Reports: L. Alexander moved to accept the reports; C. Garner seconded motion. The motion passed.

Act 1220

- All 2021-2022 Health & Wellness school plans have been submitted.
- Shannon, Lisa and Shy presented a Summer Wellness Workshop in Arkadelphia on Monday June 6, 2022, at Dawson Co-op to 32 participants. Topics included a review of nutrition and physical activity standards, wellness committees and wellness policy, review of suggested timeline for schools, all components of SHI such as creating a measurable objective and lastly, how to complete the School Improvement Plan. There will be another Wellness Workshop hosted via Zoom through Ozark Unlimited Education Cooperative in Harrison, AR on June 20, 2022, from 9:00 am-12:00 pm.

CSH Report

- The CSH coordinators attended the Professional Development for Healthy Schools Institute held June 8-10th in Tucson, AZ. Also in attendance was Cheria McDonald (state school nurse consultant), Kim Hooks (southern CHPS and CHNS supervisor), Libby Seftar (northern CHPS and CHNS supervisor), Ashanti Hart (Marvell-Elaine SBHC-Wellness coordinator), Debbie McAdams (El Dorado SBHC-Wellness coordinator), and Janelle Harp (Springdale elementary counselor). Donna Robinson (Magazine SBHC-Wellness coordinator), Paula Pitts (Blytheville behavior Interventionist), and Tracey Davis (Malvern behavior specialist) attended virtually.

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Next meeting: Thursday, July 21, 2022, from 9:00 a.m. – 11:00 a.m. Zoom Meeting Only

Join Zoom Meeting: <https://zoom.us/j/96682665672>

Meeting ID: 966 8266 5672

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- Crystal Greene-Braswell and Don Porter of the Cloverdale Middle School administrative team (Little Rock SD) facilitated a two-part skill-based session titled Wellness is the Foundation: A Practical Approach for Schools.

Old Business

Recommendation Topics 2023: The committee discussed moving forward with topics of Wellness Training, Physical Activity, Mental Health, and Child Nutrition

Recommendation Subcommittees

1. **Wellness Training:** P. Rawls, *C. Tucker,
2. **Physical Activity:** L. Harder, S. Engle,
3. **Mental Health:** M. Motley, L. Alexander, M. Kinnison
4. **Child Nutrition:** C. Garner, P. Casey, J. Phelps, E. Prewitt, T. Works
*Non-member participants/stakeholder

New Business

Nominations for Chair: C. Garner moved to nominate Mike Motley as Chair; L. Alexander seconded motion; M. Motley accepted nomination. No other nominations were made for Chair. The committee voted by voice and M. Motley will serve as Chair.

Nominations for Vice-Chair: M. Motley nominated Ashley Williams as Vice-Chair; L. Harder seconded nomination. A. Williams accepted nomination by proxy. No other nominations were made for Vice-Chair. The committee voted by voice and A. Williams will serve as Vice-Chair.

Member Updates/Stakeholder Updates

Melinda Kinnison (Arkansas Parent Teacher Association): Arkansas PTA met with Arkansas legislators in Washington D.C. to discuss “meals for all” and waivers.

Carole Garner (Arkansas Academy of Nutrition and Dietetics): Center for Science in the Public Interest (CSPI) has new toolkits: "[Pouring Rights: A toolkit for advocates](#)" and "[Healthy School Meals For All: A toolkit for advocates](#)", “two of several policy-specific toolkits that we've developed over the past year to support our partners. These toolkits are designed as a roadmap to guide your advocacy, with academic research, case studies, model policies, messaging guidance, and other resources you may need for your campaign. Included throughout these living documents are links to additional resources developed by CSPI and by our partners for

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your deeper learning. These toolkits are designed to support your work, whether you're a seasoned pro looking for a collection of the latest research, or you're brand new to this issue and trying to figure out where to begin. To find more about our toolkits, as well as to view our full library of advocacy trainings, we invite you to visit [CSPI's Resource Hub](#)."

Shannon Borchert (Act 1220 Coordinator): DESE Rules Governing Nutrition and Physical Activity Standards and BMI for Age Assessment Protocol in Arkansas Public Schools released for public comment. Please see [COM-22-159](#) for more information.

Adjourn: C. Garner moved to adjourn; P. Rawls seconded motion. Meeting was adjourned at 10:02 a.m.

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