Diabetes Self-Management Education (DSME) Programs

**Arkansas County**
**Baptist Health Medical Center**
Satellite of Heber Springs
1703 N Buerkle
Stuttgart, AR 72160
Regina McCormick;
regina.mccormick@baptist-health.org
870-674-6603
Leave voice mail and will receive call back.

**Baxter County**
**Reppell Diabetes Learning Center**
Baxter Regional Medical Center
624 Hospital Drive
Mountain Home, AR 72653-2955
Program Coordinator: Jodi Bodenhamer RN CDE;
jbodenhamer@baxterregional.org
870-508-1765
PCP referral required.

**Benton County**
**Mercy**
3101 SE 14th St
Bentonville, AR 72712
479-986-6085
479-338-2912 (fax)
PCP referral required.
Contact person is Pam.

**Northwest Health System**
NWMC of Benton CO
2900 Medical Center Parkway
Bentonville, AR 72712
479-553-2004
Leave a voice mail.

**Boone County**
**Area Agency on Aging of Northwest Arkansas**
1510 Rock Springs Road
Harrison, AR 72602
870-414-4047
Contact is Debbie Arnold.

**Clark County**
**AllCare Pharmacy**
3002 W. Pine
Arkadelphia, AR 71923
Lori Rogers RN;
Lori.rogers@allcarepharmacy.com
870-246-3044
Classes held Monday, Tuesday, Wednesday.
Call Lori Rogers to schedule Diabetes Class.
Cleburne County
Baptist Health Medical Center
1800 Bypass Rd Heber Springs, AR 72543
Lydia Sartain; lydia.sartain@baptist-health.org
501-887-3255
PCP referral required.

Columbia County
Magnolia Regional Medical
101 Hospital Drive
Magnolia, AR 71753
870-235-3231
Margaret West, RD
mwest@magnoliahospital.org

Craighhead County
ARcare
2816 Fox Meadow Lane
Jonesboro, AR 72404
870-336-1675
Available to current patients only.

St Barnard’s Medical Center
1416 E. Matthews
Jonesboro, AR 72401
870-207-5677

Cross County
ARcare
601 E Julia St
Wynne, AR 72396
870-238-0377

Caldwell Discount Drug Co
804 S Falls Blvd
Wynne, AR 72396
870-238-7085
Lisa Blanton PharmD;
lisa@caldwellmax.com
Sara Massey PharmD;
sara@caldwellmax.com
Jolene Caldwell RD
Referral from PCP required.
10-hour class.
They will bill insurance.

Desha County
Daughters of Charity Services of Arkansas
DePaul Health Center
145 W Waterman St
Dumas, AR 71639
Kathy Norris; Clinic Director;
knorris@dcshark.org; 870-382-3080, ext 201
Jane Pelkke RD; Program coordinator:
eatwell7114@yahoo.com, 870-382-3080

Faulkner County
ARcare
1500 Museum Rd, Suite 104
Conway, AR 72032
501-932-9010
Make appointment to see healthcare provider at this location.
Conway Regional Health System
2302 College Ave
Conway, AR 72034
501-513-5248
Rhonda (Monfee) Tosh;
Rmonfee@conwayregional.org
Janelle Williamson RD CDE
Brenda Turner RN CDE
Ashley Cornett RD (working on CDE)
2-part Diabetes Self-Management Training Program
Offered every other Tuesday and the 1st and 2nd Saturdays of each month.
Physician referral required.

Independence County
ARcare
2450 Batesville Blvd
Southside, AR 72501
870-569-4934
Referral from PCP required for diabetes education.

Education Wellness Center: Contact
Shannon/Hailey
870-347-3461
One-on-one diabetes education classes

Garland County
CHI St Vincent
300 Werner St
Hot Springs, AR 71913-6406
Charlee Kimball RN BSN
Doreen Harris, RN BA CDE
501-622-1750
Referral from PCP or Nurse Practitioner required.
Outpatient diabetes education

Jefferson County
UAMS Regional DP – South Central
UAMS RDP-SC
4010 Mulberry Street
Pine Bluff, AR 71603
Brooke Allison;
Baallison@ahescsc.uams.edu
870-541-0013
Diabetes Classes

Greene County
AR Methodist Medical Center
900 West Kings Highway
Paragould, AR 72450
Allison Fitt
Pat Malone RN CDE,
Pat.malone@arkansasmethodist.org
Debra Vassar, DON
870—239-7016/7014
Referral from PCP required.
Education classes.

Lincoln County
Daughters of Charity Services of Arkansas
St Elizabeth Health Center
407 South Gould Avenue
Gould, AR 71643
Shannon Weatherly RN;
Shannon.weatherly@dcsark.org
Kathryn Musholt, kmusholt@dcsark.org
President/CEO, 870-263-4317
Call Monday-Thursday, 7:30-5:30 or Friday before 11:00 AM.
Lonoke County
ARcare
614 N Grant St
Cabot, AR 72023
501-941-3522
Must be current patient.
Dietician will set up one-month education program.

ARcare
821 E Park St
Carlisle, AR 72024
870-552-7303
Must be current patient.
Dietician will set up one-month education program.

Monroe County
ARcare Brinkley Medical Clinic
615 N Main St
Brinkley 72021
870-734-1153
Must be current patient.
Dietician will set up one-month education program.

Phillips County
UAMS Regional Diabetes Program-South Central
UAMS Regional DP-East
1393 HWY 242 South
Helena-West Helena, AR 72342
Josephine Jackson; DONED; DM Coordinator; JJackson2@uams.edu
870-572-2727 Ext 114
Monthly support group

Pope County
Arkansas State University

Reynolds Center for Health Sciences
2501 Danner Avenue
Jonesboro, AR 72401
870-972-2815
Free program for ASU faculty, families, and students

Saint Mary’s
809 W Main
Russellville, AR 72801
479-968-3733
Referral from PCP required.
2-session, one-month diabetes education program

Pulaski County
Arkansas Children’s Hospital
16101 Cantrell Road, Suite 114
Little Rock, AR 72223
Heather Cantrell APRN, BCAM, CDE
hcantrell@uams.edu
Jennifer Sellers CDE
501-364-4000
Newly diagnosed or follow-up diabetes patients.

Arkansas Family Care Network
5125 Northshore Drive
N. Little Rock, AR 72118-5315
501-228-7200 ext 169
Clinic patients only.
Monthly support group, 2nd Monday of each month.

Baptist Health Medical Center
9601 Baptist Health Drive
Little Rock, AR 72205
Ann Redwine
501-202-1877
Referral from physician required. Will bill insurance (Medicaid covers gestational diabetes education only)

**CHI Saint Vincent Infirmary Medical System**
701 North University, Suite 201
Little Rock, AR 72205
501-562-5870
Referral from physician required. Individual instruction, group classes, nutrition therapy, and gestational education available.

**Little Rock Diagnostic Clinic**
10001 Lile Drive
Little Rock, AR 72205
501-221-5801
Call and leave a message.

**UAMS Obstetrical Center for the management of Hyperglycemia in pregnancy**
3915 W 8th St; 2nd Floor
Little Rock, AR 72204-2028
Brooke Keathley; Women’s health APRN; akeathley@uams.edu

501-280-3162
Services for pregnant women only.

**Sebastian County**
**Mercy Hospital Fort Smith**
7301 Rogers Avenue
Fort Smith, AR 72903
479-314-6722
Referral from PCP required. Leave message and they will call to schedule appointment.

**Sparks Regional Medical Center**
1001 Towson Ave
Fort Smith, AR 72902
479-441-4076
Referral from PCP required.

**Sharp County**
**WRMC Medical Complex**
197 Hospital Drive
Cherokee Village, AR 72529
Sandy Marshall-Jones; sjones1@wrmc.com
870-257-6010
Call for information about available classes.

**Washington County**
**Medical Arts Inc.-Medical Arts Pharmacy**
2515 E Huntsville Road
Fayetteville, AR 72701-7329

833-283-WELL
www.bewellarkansas.org
479-443-3411
Diabetes education provided.
No cost and no referral required.

Northwest Health System
609 West Maple Ave
Springdale, AR 72764
479-757-3667 (Erica Powell)
Diabetes Education and Support Group
2nd Tuesday of every month for 1-2 PM in
Jones Clinic, Suite 612

Washington Regional Medical System
3 E. Appleby Road
Fayetteville, AR 72703
479-404-1163
Referral from PCP Required.
Comprehensive Diabetes Education
and Self-Management Program
Diabetes Support Group

White County
ARcare Searcy Medical Clinic
406 Rodgers DR
Searcy, AR 72143
501-279-7979
Restricted to patients only.

Unity Health: Medical Center
3214 E Race Avenue
Searcy, AR 72143
Julie Smith
501-380-3455
Call for more information.

Woodruff County
ARcare