

# Diabetes Prevention Programs

## Benton County

### Arkansas Coalition of Marshallese

614 Emma Avenue; Suite 113  
Springdale, AR 72764  
479-365-6625

*Free weekly classes in Marshallese.*

### Mercy Hospital Northwest AR \*\*

2710 Rife Medical Lane  
Rogers, AR 72758  
479-338-4135 (Contact: Ashton Caton,  
Program Manager)

[Ashton.Caton@Mercy.net](mailto:Ashton.Caton@Mercy.net)

\*\* CDC National Diabetes Prevention  
Recognized Program  
*One-on-one counseling with a dietician  
Medicare covered/Able to bill  
Medicare*

## Drew County

### Drew Memorial Hospital

778 Scogin Drive  
Monticello, AR 71655  
870-460-3509 (Contact: Kristen Smith)  
[ksmith@drewmemorial.org](mailto:ksmith@drewmemorial.org)

*Diabetes Management Classes –  
Monthly set of 3 classes (can be taken in  
any order)  
Referral required. Usually supported by  
health insurance.*

## Faulkner County

### Conway Regional Medical Center

2302 College Ave. Building 2  
Conway, AR 72034  
501-932-3236 (Contact: Rhonda Tosh)  
[diabetes@conwayregional.org](mailto:diabetes@conwayregional.org)

*Serves all counties.  
Diabetes Self-Management classes,  
every other Tuesday/Thursday  
Referral required. Mandated to be  
covered by health insurance.  
Will be able to bill Medicare soon.*

## Garland County

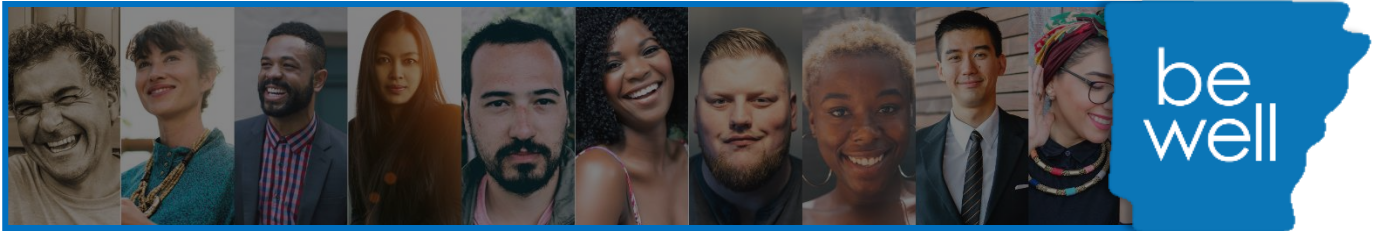
### Hot Springs Family YMCA

130 Werner Street  
Hot Springs, AR 71913  
501-623-8803  
*Prediabetes year-long program (weekly,  
biweekly, monthly)  
Classes start every six months and  
member must join within first 4 weeks of  
class.  
\$429/year or \$35-\$75 per month to join  
YMCA. Some health insurances support  
cost.*

## Ouachita County

### Arkansas Department of Health

Ouachita County Health Unit  
740 California Ave. SW  
Camden, AR 71701  
870-836-5033



## Pulaski County

### **Arkansas Department of Health**

4815 West Markham  
Little Rock, AR 72205  
501-280-4303 (Contact: Rachel Johnson)  
*Diabetes management classes provided throughout the state, based upon available staffing.*

### **Baptist Health Medical Center**

Community Outreach  
9601 Baptist Health Drive  
Little Rock, AR 72205-7299  
501-202-1540 (Contact: Wendy Byrd)  
*Prediabetes and Diabetes Management classes free offered, locations vary.*

### **University of AR Division of Agriculture Cooperative Extension Service**

2301 South University  
Little Rock, AR 72204  
501-671-2000 (Contact: Debbie Head)  
*Periodic classes are offered, depending on interest.*

## Sebastian County

### **Diabetes Resource Program Employer's Health Coalition**

101 North 10th Street; Suite B  
Fort Smith, AR 72901  
479-431-6762; EXT 4145 (Contact: Eiko Really)  
*Program is for members only.*

## Washington County

### **Arkansas Coalition of Marshallese**

614 Emma Avenue; Suite 113  
Springdale, AR 72764  
479-365-5625  
*Free classes for Marshallese.*

## Woodruff County

### **ARcare**

623 N. 9th Street  
Suite 500  
Augusta, AR 72006  
870-731-0277 (Contact: Amanda Austin)  
*Diabetes classes held in McCrory and Seary.  
Yearly program on varied scheduled.  
Healthcare Provider note needed confirming that patient is pre-diabetic.*