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Introduction

This document was created by Baptist Health to assist patients and their family members locate and access resources within their community. The resources are primarily for the Central Arkansas area, but some of the information is statewide. We truly hope this manual helps you receive all the quality care you need and deserve.

*Note: If you discover an error within this document, kindly contact Community Outreach at 501-202-1540 with the page number and a description of the error. Please provide the correct information if you have it.*

## Abuse & Neglect

<table>
<thead>
<tr>
<th>Agency</th>
<th>Information</th>
<th>Phone Number</th>
</tr>
</thead>
</table>
| 1. Adult Protective Services        | An adult is age 18 or older  
24 hour toll-free referral line | 501-682-2441        |
| 2. Child Abuse & Neglect           | A child is under 18  
24 hour toll-free referral line | 1-800-482-5964      |
| 3. Women & Children First          | Pulaski Country Shelter Supportive Services – 24 hot line  
www.wcfarkansas.org  
TEFRA (Insurance for Disabled Children 19 and Under) | 501-376-3219  
1-800-332-4443  
501-682-1001 |
| 4. Office of Long Term Care        | To report abuse or neglect of nursing home patient | 1-800-582-4887      |
| 5. Sexual Violence Support Center/Family Service Agency | Pulaski County Hospitals Information support for victims of sexual assault | 501-372-4242  
www.safeplacelr.org |

*Note: Call these numbers for an Arkansas Coalition against Sexual Assault Service Provider in your area.*
Adult Day Care Centers

Conway
Unity Adult Care Center, Inc.
223 Locust
Conway, AR 72032
Phone: 501-327-2644

Little Rock
Chenal Adult Day Center
Home Away From Home
805 Kirby Road
Little Rock, AR 72211
Phone: 501-716-9180
Fax: 501-716-9183
E-mail: lssikes@yahoo.com

Deloney’s Adult Day Care
8003 Mabelvale Cut-off Road
Little Rock, AR 72103
Phone: 501-562-6613
E-mail: rvdeloney@netzero.com

Helping Hands Respite Center
Pulaski Heights United Methodist Church
4823 Woodlawn Avenue
Little Rock, AR 72205
Phone: 501-664-3600
Hours: Tuesday, 9:30am - 2:30pm
Cost: $15.00 per day
Website: www.phumc.com

North Little Rock
Complete Health with P.A.C.E.
700 Riverfront Drive
North Little Rock, AR 72119
Phone: 1-888-660-1452
Website: www.care-link.org

St. Luke’s Respite Care Center
4106 John F. Kennedy Boulevard
North Little Rock, AR 72116
Phone: 501-753-4281
Hours: Thursday, 9:00am - 3:00pm
Cost: $15.00 per day

WeCare Adult Daycare Center
603 Cotton Road
North Little Rock, AR 72117
Phone: 501-955-3853

Veterans Administration Adult Day Center
17 Fort Roots Drive, Building 2C
North Little Rock, AR 72114
Phone: 501-257-3340
Fax: 501-257-3329

Note: For Adult Day Health Care not listed above, or to contact the nearest provider in your area, call the Division of Aging and Adult Services at 501-682-2441. Visit www.state.ar.us/dhs/aging or the Area Agency on Aging/CareLink office in your region. See Area Agency on Aging (AAA) listing in this document (pages 10-11).
Alcohol and Drug Abuse Services

Helpful Numbers

<table>
<thead>
<tr>
<th>Organization</th>
<th>Phone</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcoholics Anonymous (AA)</td>
<td>501-664-7303</td>
</tr>
<tr>
<td>Al-Anon</td>
<td>501-372-5234</td>
</tr>
<tr>
<td>Cocain Anonymous</td>
<td>501-301-4827</td>
</tr>
<tr>
<td>Narcotics Anonymous</td>
<td>501-373-8683</td>
</tr>
<tr>
<td>Overeaters Anonymous</td>
<td>505-891-2664</td>
</tr>
</tbody>
</table>

Clark County

Qua Paw House (Out-Patient)
401 Crittenden
Arkadelphia, AR 71923
Phone: 501-767-4456

Pulaski County - Little Rock

Arkansas Cares (Residential Treatment)
2002 South Fillmore Street
Little Rock, AR 72204
Phone: 501-803-3388 or 1-800-756-3709
Website: www.methodistfamily.org

Baptist Health Medical Center-Little Rock
(In and Out-Patient)
9601 Baptist Health Drive
Little Rock, AR 72205
Phone: 501-202-2893
Website: www.baptist-health.com

Better Community Developers, Inc. (Residential)
3604 West 12th Street
Little Rock, AR 72204
Phone: 501-663-4774
Fax: 501-663-7228
Website: www.bcdinc.org

Catar Clinic (Out-Patient)
1401 South University Avenue
Little Rock, AR 72204
Phone: 501-664-7833
Website: www.catarclinic.com

Gyst House (In and Out-Patient)
8101 Frenchmans Lane
Little Rock, AR 72209
Phone: 501-568-1682

Hazel Street Recovery Center
(Long-Term Treatment for Adolescent Males)
1405 North Pierce, Suite 202
Little Rock, AR 72207
Phone: 501-436-0987
Website: www.hazelstreetrecoverycenter.com

Hoover Center
(Residential Treatment And Out-Patient/Drug and Alcohol)
3604 West 12th Street
Little Rock, AR 72204
Phone: 501-663-4774
Little Rock Community Mental Health Center, Inc.
1000 North University Avenue, Suite 200 in Evergreen Place
Little Rock, AR 72207
Phone: 501-686-9300
Fax: 501-686-9618
Website: www.lrcmhc.com

MADD of Central Arkansas
2300 Andover Court, Suite 500
Little Rock, AR 72227
Phone: 501-246-8810
Email: ar.state@madd.org
Website: www.madd.org

Pinnacle Pointe Behavioral HealthCare System
(In and Out-Patient)
11501 Financial Centre Parkway
Little Rock, AR 72211
Phone: 501-223-3322 Or 1-800-880-3322
Website: www.pinnaclepointehospital.com

Safe Harbor Church of Little Rock
4800 Springer Boulevard
Little Rock, AR 72206
Phone: 501-347-5399
Fax: 501-375-0143

Serenity Park (Residential/Aftercare)
2801 West Roosevelt
Little Rock, AR 72204
Phone: 402-817-2534 or 1-866-699-7627
Website: www.serenitypark.org

Sober Living, Inc. (Residential Rehab/Transitional Living)
4201 Barrow Road
Little Rock, AR 72204
Phone: 501-438-0392 or 1-888-590-4556

St. Vincent Behavioral Health (Alcohol Detox)
6101 St. Vincent Circle
Little Rock, AR 72205
Phone: 501-552-5777 or 1-800-272-7374
Website: www.stvincenthealth.com

Step Up Support Center (Out-Patient)
9010 Hilaro Springs Road
Little Rock, AR 72209
Phone: 501-565-1333
Fax: 501-565-1653

UAMS Substance Abuse Treatment Clinic
4301 West Markham, Slot 835
Little Rock, AR 72205
Phone: 501-526-8400 or 1-800-610-4673

Pulaski County – North Little Rock
The BridgeWay Hospital (In and Out-Patient)
21 Bridgeway Road
North Little Rock, AR 72113
Phone: 501-771-1500 or 1-800-245-0011
Website: www.thebridgeway.com

Family Services Agency, Inc.
Counseling & Education Program (Out-Patient)
628 West Broadway, Suite 300
North Little Rock, AR 72114
Phone: 501-372-4242
Website: www.helpingfamiliesfirst.org

Saline County
Counseling Clinic, Inc.
307 East Sevier Street
Benton, AR 72015
Phone: 501-776-4224
Fax: 501-776-0411
Website: www.counselingclinicinc.org

Recovery Centers of Arkansas, Inc. – North
(Residential Treatment/Drug and Alcohol)
1201 River Road
North Little Rock, AR 72114
Phone: 501-372-4611
Fax: 501-372-1801
Website: www.rcofa.org

Rivendell Behavioral Health Services (In and Out-Patient)
100 Rivendell Drive
Benton, AR 72019
Phone: 501-316-1255
1-800-264-5640
Website: www.rivendellofarkansas.com
To donate blood or plasma, call 1-800-GIVELIFE (1-800-448-3543).
For bone marrow donation, visit http://www.marrow.org.
To schedule a blood donation online, visit http://www.givelife.org.

If you are 17 years of age or older, weigh at least 110 pounds, are in good general health, and have not donated within the past 56 days, you are eligible to donate blood.

If you’re unsure about whether you are eligible to give blood at this time, call 1-800-GIVE-LIFE to find out if you can give the Gift of Life.
American Red Cross
Arkansas Blood Donation Centers

Call in advance to make an appointment.

**Baxter County**
*Mountain Home*
1041 Highland Circle, Suite 22
Mountain Home AR, 72653
Phone: 1-800-733-2767

**Craighead County**
*Jonesboro*
1904 Grant Street, Suite A
Jonesboro, AR 72401
Phone: 1-800-733-2767

**Jefferson County**
*Pine Bluff*
1602 West 42nd
Pine Bluff, AR 71603
Phone: 1-800-733-2767

**Pope County**
*Russellville*
1608 West Main Street
Russellville, AR 72801
Phone: 1-800-733-2767

**Pulaski County**
*Little Rock*
Lowry Blood Center
401 Sound Monroe
Next to Ray Winder Field
Little Rock, AR 72205
Phone: 501-614-4400 or 501-614-4545

*North Little Rock*
Vali-Hi Shopping Center
4548 John F Kennedy Boulevard
North Little Rock, AR 72118
Phone: 1-800-733-2767

**Washington County**
*Tontitown*
250 Industrial Circle East
Springdale, AR 72762
Phone: 1-800-733-2767

**White County**
*Searcy*
White County Medical Center – Doctor's Pavilion
1120 South Main Street
Searcy, AR 72143
Phone: 1-800-733-2767
Arkansas Area on Aging (AAA)

Region I
AAA of Northwest Arkansas
Counties Served: Baxter, Benton, Boone, Carroll, Madison, Marion, Newton, Searcy, and Washington

Northwest AR AAA
1510 Rock Springs Road, P.O. Box 1795
Harrison, AR 72601
Phone: 870-741-1144
Toll free: 1-800-432-9721
TDD: 870-741-1346
Website: www.aaanwar.org

Region II
AAA of White River
Counties Served: Cleburne, Fulton, Independence, Izard, Jackson, Sharp, Stone, Van Buren, White, and Woodruff

White River AR AAA
3998 Harrison Street, P.O. Box 2637
Batesville, AR 72503
Phone: 870-612-3000
Toll free and TDD: 1-800-382-3205
Website: www.wraaa.com

Region III
AAA of East Arkansas
Counties Served: Clay, Craighead, Crittenden, Cross, Greene, Lawrence, Lee, Mississippi, Phillips, Poinsett, Randolph, and St. Francis

East AR AAA
2005 E. Highland Drive, PO Box 5035
Jonesboro, AR 72403
Phone: 870-972-5980
Toll free: 1-800-467-3278
Website: www.e4aonline.com

Region IV
AAA of Southeast Arkansas
Counties Served: Arkansas, Ashley, Bradley, Chicot, Cleveland, Desha, Drew, Grant, Jefferson, and Lincoln

Southeast AR AAA
709 E. 8th, PO Box 8569
Pine Bluff, AR 71611
Phone: 870-543-6300
Toll free and TDD: 1-800-264-3260
Website: www.aaasea.org
Region V
AAA of Central Arkansas
Counties Served: Faulkner, Lonoke, Monroe, Prairie, Pulaski, and Saline

Central AR AAA
706 West 4th Street, P.O. Box 5988
North Little Rock, AR 72119
Phone: 501-372-5300
Fax: 501-688-7437
Toll free and TDD: 1-800-482-6359
Website: www.carelink.org

Region VI
AAA of West Central Arkansas
Counties Served: Clark, Conway, Garland, Hot Spring, Johnson, Montgomery, Perry, Pike, Pope, and Yell

West Central AR AAA
905 West Grand Avenue
Hot Springs, AR 71913
Phone and TDD: 501-321-2811
Toll free: 1-800-467-2170
Hot Springs Fax: 501-321-2650
Russelville Fax: 501-967-2401
Website: www.seniorspecialists.org

Region VII
AAA of Southwest Arkansas
Counties Served: Calhoun, Columbia, Dallas, Hempstead, Howard, Lafayette, Little River, Miller, Nevada, Ouachita, Sevier, and Union

Southwest AR AAA
600 Columbia County Rd 11 E, PO Box 1863
Magnolia, AR 71754-1863
Phone: 870-234-7410
Toll free and TDD: 1-800-272-2127
Website: www.agewithdignity.com

Region VIII
AAA of Western Arkansas
Counties Served: Crawford, Franklin, Logan, Polk, Scott and Sebastian

Western AR AAA
524 Garrison, P.O. Box 1724
Fort Smith, AR 72902
Phone: 479-783-4500
Toll free and TDD: 1-800-320-6667
Website: www.agingwest.org
Aging Services

A number of services are available to individuals through a variety of funding sources. These sources include funding under the Older Americans Act, state general revenue, dedicated state taxes, Medicaid, and individual and community donations.

The following services are available through the Area Agencies on Aging (AAA). Eligibility for these services is determined by those offices. In most cases, clients must be 60 or older (unless otherwise identified).

Priority consideration is given to applicants in greatest economic and social need. A co-payment is not required from individuals who receive these services; however, clients are encouraged to donate if they are able.

Eligibility and payment criteria may change as state and federal regulations are amended or renewed. For the most current information, consult the local AAA or call the Division of Aging and Adult Services.

Not every service is available in every region, and a service available within one region may be available in every location.

**Aging Services include the following:**

- Adult Day Care
- Adult Protective Services
- Chore/Home Maker Services
- Client Representation (assistance with application process)
- Congregate Meals
- Home Delivered Meals
- Information and Referral
- Long-Term Care Ombudsman Program
- Material Aid
- Personal Care Services
- Socialization
- Telephone Reassurance
- Transportation

Note: Call your local AAA to determine the actual services offered in your area. Each region is listed with their telephone numbers in this section, pages 10-11.
Note: For support groups or for the foundation/association nearest you, please call the appropriate office below:

**Alzheimer’s Arkansas**  
Central Arkansas Office  
Phone: 501-224-0021  
Website: www.alark.org

**American Amputee Foundation**  
Central Arkansas Office  
Phone: 501-835-9290  
Website: www.americanamputee.org

**American Association of Kidney Patients**  
Phone: 1-800-749-2257  
Website: www.aakp.org

**American Cancer Society**  
Phone: 501-603-5200 or 1-800-227-2345  
Website: www.cancer.org

**American Chronic Pain Association**  
Phone: 1-800-533-3231  
Website: www.theacpa.org

**American Diabetes Association**  
Central Arkansas Office: 501-221-7444  
Phone: 1-800-342-2383  
Professional Member: 1-800-232-3472 or 703-549-1500  
New Membership: 1-800-806-7801  
Website: www.diabetes.org

**American Heart Association**  
Central Arkansas Office  
Phone: 501-375-9148 or 1-800-242-8721  
Website: www.americanheart.org

**American Lung Association of Arkansas**  
Central Arkansas Office  
Phone: 501-975-0758  
Website: www.lung.org

**American Parkinson’s Disease Association (APDA)**  
AR Chapter  
National Office: 1-800-223-2732  
or 1-800-345-6621 ext. 3990  
Website: www.apdaparkinson.org

**Amotropic Lateral Sclerosis** *(Lou Gehrig’s Disease)*  
National: 1-800-782-4747  
Arkansas Chapter: 479-621-8700  
Website: www.alsa.org

**Arkansas Epilepsy Foundation**  
National Office: 1-800-332-1000  
Phone: 501-227-5061  
Website: www.epilepsyfoundation.org

**Arkansas Spinal Cord Commission**  
Phone: 1-800-459-1517  
Website: www.spinalcord.ar.gov

**Arthritis Foundation**  
National Office: 1-404-872-7100  
Phone: 501-664-7242  
Website: www.arthritis.org/arkansas/

**Crohn’s Disease and Colitis Foundation of American**  
Phone: 1-800-783-8008  
Website: www.chrohnscolitisfoundation.org

**Depression and Bipolar Support Alliance**  
Phone: 1-800-826-3632  
Crisis Line: 1-800-273-8255  
Website: www.dbsalliance.org

**American Liver Foundation**  
Phone: 1-800-223-0179  
Website: www.liverfoundation.org

**Lupus Foundation of America**  
Arkansas Chapter  
Phone: 501-525-9380 or 1-800-294-8878  
Website: www.lupus-arkansas.com

**Muscular Dystrophy Association**  
Arkansas Chapter: 501-227-7098  
National Office: 1-800-572-1717  
Website: www.mda.org

**Myasthenia Gravis Foundation of Arkansas**  
Central Arkansas Office: 501-753-5974  
National Office: 1-800-541-5454  
Website: www.myashtenia.org
American Speech-Language Hearing Association  
Members: 1-800-498-2071  
Non-Members: 1-800-638-8255  
Website: www.asha.org

National Kidney Foundation Central Arkansas Office  
Phone: 1-800-622-9010  
Patient Help Line: 1-855-653-2273  
Membership: 1-888-564-6653  
Website: www.kidney.org

National Consortium of Breast Centers, Inc.  
Phone: 1-574-267-8058  
Website: www.breastcare.org  
E-mail: ncbc@breastcare.org

National Multiple Sclerosis Society Arkansas Chapter  
Phone: 501-663-8104 or 1-800-FIGHT MS (1-800-344-4867)  
Website: www.nationalmssociety.org/chapters/arr

National Osteoporosis Foundation  
Phone: 1-800-231-4222  
E-mail: info@nof.org  
Website: www.nof.org

Susan G. Komen for the Cure Arkansas  
904 Autumn Road, Suite 500  
Little Rock, AR 72211  
Phone: 501-202-4399  
South West Regional Office: 903-791-9585  
Helpline: 1-877-GO KOMEN (1-877-465-6636)  
Website: www.komenarkansas.org

Tourette’s Syndrome Association  
Phone: 1-888-4-TOURET  
Website: www.tourette.org

YWCA Encore Plus  
Breast and Cervical Cancer Program  
Phone: 1-202-467-0801  
Website: www.ywca.org  
E-mail: Info@ywca.org
Cancer Resources

Baptist Health HealthLine
Phone: 501-227-8478 or 1-888-227-8478
Website: www.baptist-health.com

Baptist Health Medical Center – Little Rock
Women’s Resource Center
Phone: 501-202-7386
Website: www.baptist-health.com

American Cancer Society Patient Services
Statewide: 1-800-227-2345
Pulaski County: 501-664-3480
Website: www.cancer.org

AMC Cancer Information and Counseling Line
Phone: 1-800-525-3777

Arkansas Cancer Research
University of AR Medical System
Phone: 501-686-8300 or 1-800-942-8267
Website: www.cancer.wams.edu

Cancer Information Service
University of Iowa
Phone: 1-800-237-1225
Website: www.uihc.org/cancer-information-service

National Cancer Institute Cancer Information Service
Phone: 1-800-422-6237
Website: www.cancer.gov

New Outlook: The Women’s Cancer Recovery Center
St. Vincent Hospital
Phone: 501-552-3900 or 1-800-446-7341
Website: www.stvincenthealth.com/newoutlook

United Way First Call for Help
Phone: 501-376-4567
Central Arkansas Radiation Therapy Institute (CARTI)

Pulaski County
Administrative Contact Information
Central Arkansas Radiation Therapy Institute
P.O. Box 55050
Little Rock, AR 72215
Phone: 501-906-3000 or 1-855-552-2784
Website: www.CARTI.com

Facility Contact Information
CARTI/Baptist
9500 Kanis Road
Little Rock, AR 72205
Phone: 501-312-1733 or 1-800-322-9311
Fax: 501-312-1798
Website: www.CARTI.com

CARTI/NLR
3401 Springhill Drive, Suite 130
North Little Rock, AR 72117
Phone: 501-955-2227 or 1-800-342-2863
Fax: 501-955-2883
Website: www.CARTI.com

Faulkner County
CARTI/Conway
2605 College Avenue
Conway, AR 72034
Phone: 501-329-4741 or 1-800-390-5134
Fax: 501-513-9643

Baxter County
CARTI/Mountain Home
622 Hospital Drive
Mountain Home, AR 72653
Phone: 870-424-2200 or 1-800-955-2278
Fax: 870-424-2992
Website: www.CARTI.com

White County
CARTI/Searcy
405 Rodgers Drive
Searcy, AR 72143
Phone: 501-268-7870 or 1-800-242-3362
Fax: 501-268-5814
Website: www.CARTI.com

CARTI/St. Vincent
4 St. Vincent Circle
Little Rock, AR 72205
Phone: 501-664-8573 or 1-800-482-8561
Fax: 501-664-7459
Website: www.CARTI.com

CARTI/UAMS
4130 Shuffield Drive
Little Rock, AR 72205
Phone: 501-664-4568 or 1-800-371-7996
Fax: 501-603-9573
Website: www.CARTI.com
Child & Adolescent Resources

Center for Health Advancement:
A. Child and Adolescent Health, LR  501-280-4780
B. WIC, LR  501-280-3100
C. Immunizations, LR  501-225-7468
D. AIDS/STD, LR  501-661-2408
E. Center for Health Protection  501-661-2243

Statewide: 1-800-275-1131 or call your local county health department.
Website: www.healthyarkansas.com

Department of Human Services for:
A. Economic services
B. Medical service – if client already has Medicaid, access the Medicaid caseworker
C. Client assistance

Little Rock: 501-682-9200 or call your local county DHS office
Website: www.state.ar.us/dhs

Division of Children and Family Services (DCFS) for:
A. Residential Care
B. Foster Care
C. Adoptions (lists of agencies available with DCFS)
D. Family support

Little Rock: 501-682-8462 or call your local county DCFS office.
Website: www.humanservices.arkansas.gov/dcfs/

Help is available through:
A. Local Community Mental Health Centers
B. Family Service Agency: 501-372-4242
C. Private licensed mental health professionals
D. Myler Boys Recovery, Inc. / Adolescent Counseling Programs (ages 13-25)
   Central AR: 501-519-0199

Local County Juvenile Court for:
Family In Need of Services (FINS) petition
3001 West Roosevelt Road, #2
Little Rock, AR 72204
Phone: 501-340-6700
Website: www.pulaskicounty.net/pulaski-county-juvenile-circuit-court/
Community Action Programs (CAP) provide the following services:

- Commodities (certain foods such as cheese, honey, etc.)
- Home Energy Assistance Program (HEAP)
- Home Weatherization

Arkansas River Valley Area Council, Inc. (ARVAC)
612 North 5th Street
Dardanelle, AR 72834
Phone: 479-229-4861
Counties served: Conway, Franklin, Johnson, Logan, Perry, Polk, Pope, Scott, and Yell

Central Arkansas Development Council (CADC)
P.O. Box 580
321 Edison Avenue
Benton, AR 72018
Phone: 501-315-1121
Counties served: Clark, Hot Spring, Montgomery, Pike, and Saline
Website: www.cadconline.net/counties

Central Arkansas Development Council (CADC)
PO Box 580
321 Edison Avenue
Benton, AR 72018
Phone: 501-315-1121
Counties served: Lonoke and Pulaski
Website: www.cadconline.net/counties

Community Action Program for Central Arkansas, Inc. (CAPCA)
707 Robins St, #118
Conway, AR 72032
Phone: 501-329-3891
Counties served: Cleburne, Faulkner, and White
Website: www.capcainc.org

Note: If the county in which you live is not listed above, call your local AAA for a listing.
Community Clinics and Wellness Centers

Little Rock area clinics accepting uninsured and/or underinsured.

Arkansas Health Care Access Foundation, Inc.
P.O. Box 56248
Little Rock, AR 72215
Phone: 501-221-3033 or 1-800-950-8233

Note: This service does not take walk-in patients. Your local DHS office must first approve you before participating in this service. Please call your local DHS office for more information. See page 27 in this document for your local DHS telephone number.

Harmony Health Clinic
201 East Roosevelt Road
Little Rock, AR 72206
Phone: 501-875-4400
Clinic Hours: 9:00am - 3:00pm
Appointments only

Jefferson Comprehensive Care System, Inc.
4206 Frazier Pike
Little Rock, AR 72215
Phone: 501-490-2440
Clinic Hours: Monday, Thursday, and Friday, 8:00am - 6:30pm, Tuesday, 8:00am - 7:00pm, Wednesday, 8:00am - 12:00pm
Walk-ins Welcome

Open Hands Clinic
1225 Dr. Martin Luther King Drive
Little Rock, AR 72202
Phone: 501-244-2121
Clinic Hours: Monday - Friday, 8:00am - 5:00pm
Serving Little Rock's homeless

Shepherd's Hope Neighborhood Health
2404 Tyler Street
Little Rock, AR 72204
Phone: 501-244-2121
Clinic Hours: Weekly 5:30pm - 9:00pm on varying Thursday
Closed: Holidays and any 5th Tuesday or Thursday
Women's Nights for Gynecology: 2nd and 4th Tuesday of every month
Dental Clinic: Tuesday, 5:30pm - 8:30pm
Appointment only
Medical Services are free but a contribution of $5 is asked is required

St. Francis House Clinic
2701 South Elm Street
Little Rock, AR 72204
Clinic Hours: 8:30am - 4:00pm
Phone: 501-664-5036
Conway Area Wellness Centers

New Hope Baptist Church
1232 Watkins Street
Conway, AR 72034
Hours: 1st Tuesday 4:30pm - 6:30pm

Little Rock Area Wellness Centers

Dunbar Community Center
1001 West 16th Street
Little Rock, AR 72202
Hours: 3rd Friday of every month, 9:00am - 11:00am

East Little Rock Senior Center
2500 East 6th Street
Little Rock, AR 72202
Hours: 3rd Wednesday of every month, 9:30am - 11:30am

First Presbyterian Church – Stewpot
800 Scott Street
Little Rock, AR 72201
Hours: Friday, 12:00pm - 2:00pm

Jim Dailey Fitness and Aquatic Center
300 South Monroe Street
Little Rock, AR 72205
Hours: 1st Monday of every month, 9:00am - 11:00am

Liberty Hill Missionary Baptist Church
1215 South Schiller Street
Little Rock, AR 72204
Hours: 2nd Monday of every month, 3:00pm - 6:00pm

Mosaic Church of Central Arkansas
6420 Colonel Glenn Road
Little Rock, AR 72204
Hours: 1st Tuesday of every month, 2:00pm - 4:00pm

Saint Mark Baptist Church Education Center
5722 West 12th Street
Little Rock, AR 72204
Hours: 2nd Tuesday, 3:00pm - 6:00pm

Second Baptist Church - Downtown
2nd Place Building
721 Cumberland St.
Little Rock, AR 72202
Hours: 2nd Monday of every month, 9:00am - 11:00am

Southwest Community Center
6401 Baseline Road
Little Rock, AR 72209
Hours: 2nd Thursday of every month, 9:30am - 11:30am

St. John Missionary Baptist Church
2501 South Main Street
Little Rock, AR 72206
Hours: Wednesday 3:00pm - 6:00pm

Stephens Community Center
3720 West 18th Street
Little Rock, AR 72204
Hours: 4th Thursday of every month, 10:30am - 12:30pm

The Centre at University Park
6401 West 12th Street
Little Rock, AR 72204
Hours: 1st Tuesday in January and October 10:00am - 12:00pm

West Central Community Center
4521 John Barrow Road
Little Rock, AR 72204
Hours: 2nd Monday of every month, 9:30am - 11:30am
North Little Rock Area Wellness Centers

Bryant Senior Activity Center
6401 Boone Road #3 (Bishop Park)
Bryant, AR 72022
Hours: 2nd Wednesday of every month, 9:00am - 11:00am

Cabot Senior Citizen's Center
600 North Grant Street
Cabot, AR 72023
Hours: Monday, 9:00am - 11:00am

First Assembly of God
4501 Burrow Drive
North Little Rock, AR 72116
Hours: 3rd Thursday of every month, 10:00am - 12:00pm

Heaven's Loft Wellness Center
518 West 26th Street
North Little Rock, AR 72114
Hours: Wednesday, 10:00am - 2:00pm

Park Hill Baptist Church
201 East C Street
North Little Rock, AR 72116
Hours: 1st Thursday of every month, 9:00am - 11:00am

Patrick Henry Hays Senior Citizen Center
401 West Pershing
North Little Rock, AR 72114
Hours: Tuesday, 9:00am - 12:00pm

Sherwood Community Center
2301 Thornhill Drive
Sherwood, AR 72120
Hours: Wednesday, 9am - 11:00am

Ward Wellness Center
405 Hickory (City Hall)
Ward, AR 72176
Hours: Quarterly on Tuesday, 11:00am - 12:30pm

Consumer Credit Counseling Services (CCCS)

Consumer Credit Counseling Service is a private, nonprofit community service that provides money management assistance to individuals and families, assisting them in arranging mutually acceptable debt repayment plans with their creditors. CCCS counselors will help you plan a monthly budget that fits your needs and suggest methods to improve money, management and spending habits.

For more information on CCCS counseling or to schedule an appointment, call the office closest to your home or place of work.

North Little Rock Administrative Office
628 West Broadway, Suite 102
North Little Rock, AR 72114
P.O. Box 16615
Little Rock, AR 72231-6615
Phone: 501-753-0202
Fax: 501-812-4309
Counseling Services

Professional Counseling Associates
2nd and Depot, Lonoke, 501-676-3151
405 North 2nd, Cabot, 501-843-3503
109 North Hazen, Hazen, 870-255-3527
7800 Highway 107, Sherwood, 501-835-4174

Administration: 3601 Richards Road, North Little Rock, 501-221-1843
Website: www.pca-ar.org

Clark County
Arkadelphia Community Counseling Center
201 North 26th
Arkadelphia, AR 71923
Phone: 870-246-4123
Emergency: 1-800-264-2410
Fax: 870-246-4184
Website: www.communitycounselingservices.org

Dr. Bill Viser
OBU
Arkadelphia, AR
Phone: 870-245-5524
E-mail: viserw@obu.edu

Cleburne County
Health Resources of Arkansas
Heber Springs, AR
Phone: 501-362-7595

Private Counseling Center
Sandra Williams, LCSW
Children, Adolescents, Adults, Couples, or Families
2237 Highway 25B
Heber Springs, AR 72543

Family Counseling Center
Sherry Presley, MS, LPC, LMFT
510 West Main Street, #2
Heber Springs, AR 72543
Phone: 501-362-5525

Lonoke County
Family Counseling & Recovery Centers
Substance and Alcohol Recovery, Out-Patient
105 South 3rd Street
Cabot, AR 72023
Phone: 501-843-1595

Pulaski County - Jacksonville
Professional Counseling Associates
1109 Burman
Jacksonville, AR 72076
Phone: 501-982-7515
Website: www.pca-ar.org

Pulaski County - Little Rock
Arkansas Psychiatric Clinic PA
Adults, Children, Adolescents, and Seniors
28 Rahling Circle
Little Rock, AR 72223
Phone: 501-448-0170

Centers for Youth and Families
Youth and Families
6601 West 12th
Little Rock, AR 72204
Website: www.youthandfamilies.org
Daily Bread Counseling
Community Counseling, Brain Injury Specialty
15524 Chenal Parkway
Little Rock, AR 72211
Phone: 501-847-2229

Family Counseling and Recovery Centers
Substance and Alcohol Recovery, Out-Patient
7509 Cantrell Road
Little Rock, AR 72207

Len Lowman, LCSW, PA Counseling Services
Men's Groups, Sexual Addiction, Marital, Family, and Individuals
10810 Executive Center Drive, Suite 100
Little Rock, AR 72211
Phone: 501-605-2695

Methodist Family Health Counseling Clinic
Children and Families
1600 Aldersgate Road, Suite 100
Little Rock, AR 72205
Phone: 501-537-3991 or 501-803-3388

Napa Valley Counseling Services
12115 Hinson Road
Little Rock, AR 72212
Phone: 501-224-0318
Website: www.napavalleycounseling.com

Cobb Ruthie – Professional Counseling Services
9110 Geyer Springs Road
Little Rock, AR 72209
Phone: 501-568-4298

Psychological Care Center
Adult, Child, Marriage, and Substance Abuse
1301 Cumberland
Little Rock, AR 72202
Phone: 501-376-2205 or 1-866-211-4520

Richard Miller, LCSW, LMFT, D.Min
Individual, Couples, Youth, and Families
21620 Highway 10
Little Rock, AR 72223
Phone: 501-580-2308

UAMS Psychiatry Research Institute
4301 West Markham
Little Rock, AR 72205
Phone: 501-526-8100
Website: www.uams.edu

Youth Home, Inc.
Teens and Families
20400 Colonel Glenn Road
Phone: 501-954-7470
10 Corporate Hill Drive, #330
Phone: 501-954-7470

Pulaski County - Maumelle
Hass Psychiatric Services, PA
Christian Based Clinic
Adults and Children
2001 Club Manor Drive
Maumelle, AR 72113
Phone: 501-687-0488
Website: www.haspspsych.com

Pulaski County - North Little Rock
Christian Center for Psychological Services
Phone: 501-753-2465
Fax: 570-322-8430

Family Service Agency
Individual, Marital, Group, and Family
628 West Broadway, Suite 300
North Little Rock, AR 72114
Phone: 501-372-4242
Website: www.helpingfamiliesfirst.org

Lakewood Behavioral Health Associates
Individual, Marital, Group, and Family
4020 Richards Road, Suite F
North Little Rock, AR 72117
Phone: 501-753-1616
Website: www.lakewoodbehavioralhealth.com

Professional Counseling Associates
4354 Stockton
North Little Rock, AR 72117
Phone: 501-955-7600
Website: www.pca-ar.org
Saline County
Arkansas Counseling
109 West South Street
Benton, AR 72015
Phone: 501-776-1191

Community Counseling
Brain Injury Specialist
200 North Market Street
Benton, AR 72015
Phone: 501-847-2229
Website: www.dailybreadcounseling.com

Kenneth Joe Heard, LPC, CCMHC, NCC
Couples, Divorce Prevention and Recovery, Parent and Child
4717 Boone Road
Benton, AR 72022
Phone: 501-847-0008

Deaf & Hearing Impaired Services

Office for the Deaf and Hearing Impaired
District Manager: David McDonald
26 Corporate Hill Drive
Little Rock, AR 72205
Phone: 501-324-9521
Website: www.arsinfar.org

Vocational Rehabilitation Services
Phone: 501-296-1600 or 1-800-330-6032
Website: www.ace.arkansas.gov

Additional Resource
Hear Now
Program Director: Joanita Stetter, MS.Ed
6700 Washington Avenue
Eden Prairie, MN 55344
Phone: 1-800-648-HEAR (4327)
Fax: 1-952-828-6946
www.nonprofit@starkey.com
Dental Care

Dental Care Providers
St. Vincent East End Clinic
2500 East 6th Street
Little Rock, AR 72202
Phone: 501-552-4710

UAMS
Dental Hygiene School
4301 West Markham, Shoray Building
Little Rock, AR 72205
Phone: 501-686-5733
Call for appointment

River City Ministries
1021 East Washington Avenue
North Little Rock, AR 72114-5853
Phone: 501-376-6694
Dental Services offered (Must call Thursday morning at 10:00am to be placed on list)
Call for appointment

Dental Payment Assistance and Clinics
ARKids First A
500 President Clinton Avenue, Suite 400
Little Rock, AR 72201
Phone: 1-888-474-8275, Press Option 4, then Option 2 for ARKids
Services: Medical and Dental; Offers low income families benefits.

Community Health Clinic-College Station
4206 Frazier Pike
Little Rock, AR 72206
Phone: 501-490-2440
Services: Medical, Dental, Wellness, Others
Sliding scale fee based on Income

Harmony Health
201 East Roosevelt Road
Little Rock, AR 72206
Phone: 501-375-4400
Services: Health, RX Assistance, Dental, Eye
Call for appointment

Little Rock Walk-In Clinic
802 North University Avenue
Little Rock, AR 72205
Phone: 501-291-2322
Services: Health and Dental
FREE to children that have NO insurance.
ALL insurances accepted.
Hours: Monday - Friday, 12:00pm - 8:00pm
Ocean Dental
3024 South University Avenue
Little Rock, AR 72205
Phone: 501-565-0606
Services: Dental
Based on income; Children and Young Adults (AR Kids)
FREE to children that have NO insurance; Adults: $50.00
Hours: Monday - Friday, 8:00am - 5:00pm

UAMS Hygiene Clinic
4301 West Markham Street, #609
Little Rock, AR 72205
Phone: 501-686-5733 or 501-686-5734
Services: Dental
See Application for Cost/Qualifications
Call to make appointment

Westside Medical Clinic
200 Aldersgate Road
Little Rock, AR 72205
Phone: 501-664-0340 ext. 356
Services: Medical and Dental
FREE to medically uninsured
Others: Sliding scale fee for adult patients without full access to full health care in the basic family practice.
Call to make appointment

Note: For Dental Services in your area, consult your yellow pages or call your local Area Agency on Aging (AAA). See pages 10-11 in this document for your local AAA.
Department of Human Services

Website: www.arkansas.gov

DHS County Office Telephone List:

<table>
<thead>
<tr>
<th>County</th>
<th>Zip Code</th>
<th>Phone</th>
<th>City</th>
<th>Zip Code</th>
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<tr>
<td>Arkansas (DeWitt)</td>
<td>870-946-4519</td>
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<td>Arkansas (Stuttgart)</td>
<td>870-673-3597</td>
<td>501-332-2718</td>
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<td>Ashley</td>
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<td>Howard</td>
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<td>Baxter</td>
<td>870-425-6011</td>
<td>870-698-1876</td>
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<td>Calhoun</td>
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<td>479-754-2355</td>
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<td>Carroll</td>
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<td>Chicot</td>
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<td>870-886-2408</td>
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<td>Clark</td>
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<td>Clay</td>
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<td>Cleburne</td>
<td>501-362-3298</td>
<td>870-898-5155</td>
<td>Little River</td>
<td>501-847-6056</td>
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<td>Cleveland</td>
<td>870-325-6218</td>
<td>479-963-2783</td>
<td>Logan (Paris)</td>
<td>479-637-4141</td>
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<td>Columbia</td>
<td>870-234-4190</td>
<td>479-675-3091</td>
<td>Logan (Booneville)</td>
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<td>Conway</td>
<td>501-354-2418</td>
<td>501-676-5643</td>
<td>Lonoke</td>
<td>479-782-4555</td>
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<td>Craighead</td>
<td>870-972-1732</td>
<td>479-738-2161</td>
<td>Madison</td>
<td>870-642-2623</td>
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<td>Crawford</td>
<td>479-474-7595</td>
<td>870-449-4058</td>
<td>Marion</td>
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<td>Crittenden</td>
<td>870-732-5170</td>
<td>870-773-0563</td>
<td>Milier</td>
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<td>Cross</td>
<td>870-238-8553</td>
<td>870-763-7093</td>
<td>Mississippi (Blytheville)</td>
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<td>Dallas</td>
<td>870-352-5115</td>
<td>870-563-5234</td>
<td>Mississippi (Osceola)</td>
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<td>Desha</td>
<td>870-222-4414</td>
<td>870-747-3329</td>
<td>Monroe (Clarendon)</td>
<td>501-745-4192</td>
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<td>Drew</td>
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<td>Monroe (Brinkley)</td>
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<td>Faulkner</td>
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<td>870-867-3184</td>
<td>Montgomery</td>
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<td>Franklin</td>
<td>479-667-2379</td>
<td>870-887-6626</td>
<td>Nevada</td>
<td>501-268-8696</td>
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<td>Fulton</td>
<td>870-895-3309</td>
<td>870-446-2237</td>
<td>Newton</td>
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<td>Garland</td>
<td>501-321-2583</td>
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<td>Ouachita</td>
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<td>Grant</td>
<td>870-942-5151</td>
<td>501-889-5105</td>
<td>Perry</td>
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<td>Phillips</td>
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</table>

Department of Human Services – Division of Aging and Adult Services
P.O. Box 1437/Slot S530
Little Rock, AR 72203-1437
Phone: 501-682-2441
Fax: 501-682-8155

Note: For information regarding availability of services in any county, please contact the AAA county office or AAA information number listed for that county. For the AAA that serves your county, please refer to pages 10-11 in this document.

Note: Most 800 numbers listed under the regional AAAs are in-state Watts only; if you are calling from out-of-state please contact the AAA office number as the Watts numbers are often for in-state calls only.

Note: For access to the DHS Division of Aging and Adult Services Directory of Aging Programs go to www.state.ar.us/dhs/aging/agedrcty.html or call the above number to have one mailed to your home.
Supplemental Nutrition Assistance Program (SNAP) (formerly Food Stamp Program)
Call your county Department of Human Services office to apply for Food Stamp Assistance. Statewide office listings are on previous page (page 27), or www.state.ar.us/dhs.

Note: For a Soup Kitchen in your area, call your local Area Agency on Aging (AAA). See pages 10-11 in this document for your local AAA office.

Soup Kitchens – Little Rock Area

Stewpot
First Presbyterian Church
800 Scott Street
Little Rock, AR 72201
Phone: 501-372-1804
Hours: Monday - Friday, 12:00pm - 1:00pm

River City Ministry
1021 East Washington Avenue
North Little Rock, AR 72114-5853
Phone: 1-501-376-6694
Hours: Sunday, 9:00am, Closed on holidays

Stone Soup
Quapaw Quarter United Methodist Church
1601 South Louisiana Street
Little Rock, AR 72206
Phone: 501-375-1600
Hours: Sunday, 3:00pm
Food Hours: 1st and 3rd Tuesday of every month, 1:00pm - 3:00pm, Closed in August
Pet Food Hours: 3rd Tuesday of the month, 1:00pm - 3:00pm

Soup Kitchens – Heber Springs Area

Food Pantry
2016 Highway 25B
Heber Springs, AR 72543
Phone: 501-362-8486
Hours: Monday, Wednesday, and Friday, 1:00pm - 3:00pm

Food Pantry - Little Rock Area

CarePack Express Meals from CareLink
Eat Healthy-Stay Healthy, 5 Complimentary Meals
To Order:
Phone: 501-372-5300
Fax: 501-688-7443
E-mail: info@care-link.org
Available free of charge to any patient 60 years old and older upon hospital discharge. A complimentary pack of 5 meals will be delivered to homes in Little Rock, North Little Rock, and Maumelle.
Little Rock Food Pantries

Arkansas Food Bank
4301 West 65th Street
Little Rock, AR 72209
Phone: 501-565-8121

Arkansas Rice Depot
4301 West 65th Street
Little Rock, AR 72209
Phone: 501-565-8855

Saint Francis House
2701 South Elm Street
Little Rock, AR 72204
Phone: 501-664-5035
Hours: Monday - Friday, 8:30am - 5:00pm

Saint Andrew United Methodist Church
4600 Baseline Road
Little Rock, AR 72209
Phone: 501-862-1891
Driver's license or photo ID required
Hours: 1st, 3rd, and 5th Friday of every month,
10:00am - 11:30am

Quapaw United Methodist Church
1601 South Louisiana Street
Little Rock, AR 72209
Phone: 501-375-1600
Driver's license or photo ID required
Hours: 1st and 3rd Tuesday of every month,
1:00pm - 3:00pm

Promise Land Ministries
8923 Sunset Lane Road
Little Rock, AR 72209
Driver's license or photo ID required
Hours: Monday - Friday, 10:00am - 2:00pm

Otter Creek Assembly
9415 Stagecoach Road
Little Rock, AR 72209
Phone: 501-455-0946
Hours: Monday, 6:00pm - 7:00pm

New Hope Community Outreach
1851 Howard Street
Little Rock, AR 72202
Phone: 501-376-2164
Driver's license or photo ID required
Hours: 4:00pm - 8:00pm

Mosaic Church of Central Arkansas
6420 Colonel Glenn Road
Little Rock, AR 72204
Phone: 501-562-3336
Hours: Tuesday, 2:00pm - 6:00pm

Mount Calvary Missionary Baptist
1901 Simpson Road
Little Rock, AR 72206
Phone: 501-374-8157

Mount Carmel Pentecostal Church
4600 West 23rd Street
Little Rock, AR 72204
501-666-5832
Driver's license or photo ID required

Mount Zion Baptist Church
908 Cross Street
Little Rock, AR 72202
Phone: 501-374-5832
Hours: Wednesday, 11:00am - 12:00pm
Saturday, 11:00am - 1:00pm

MLK Heritage and Enrichment, Inc.
3012 Martin Luther King Drive
Little Rock, AR 72206
Phone: 501-244-0217
Hours: Tuesday, 10:00am - 2:00pm

Mercy Ministries
1900 Nichols Road
Little Rock, AR 72205
Phone: 501-225-8500
Hours: 1st and 4th Sunday of every month
10:00am - 1:00pm

Little Rock Church
10701 West Baseline Road
Little Rock, AR 72209
Phone: 501-455-0900
Hours: 2nd and 4th Monday of every month,
6:00pm - 7:30pm; call for an appointment

Little Rock Compassion Center
3618 West Roosevelt
Little Rock, AR 72204
Phone: 501-296-9114
Hours: Thursday, 1:00pm - 5:00pm
Love/Healing Waters
14036 Sardis Road
Little Rock, AR 72201
Phone: 501-416-5455
Driver's license or photo ID required
Hours: 8:00am - 4:30pm

Life Unlimited Christian Fellowship
7001 Colonel Glenn Road
Little Rock, AR 72214
Phone: 501-568-3600
Hours: Monday and Thursday, 9:00am - 3:00pm

Lifeline Baptist Church
7601 Baseline Road
Little Rock, AR 72209
Phone: 501-565-3469
Hours: Thursday, 9:30am - 10:30am

Lewis Street Church of Christ
2716 Lewis Street
Little Rock, AR 72204
Phone: 501-666-2074

Lakeshore Drive Baptist Church
21 Lakeshore Drive
Little Rock, AR 72204
Phone: 501-565-5536
Hours: 2nd and 4th Tuesday of every month
10:00am - 2:00pm

Ironton Baptist Church
14718 Ironton Cutoff
Little Rock, AR 72206
Phone: 501-888-2693

Jackson Memorial Church of God in Christ
5515 Brown Street
Little Rock, AR 72206
Phone: 501-897-1194
Birth certificate required
Hours: Friday, 6:30pm - 7:30pm
Saturday, 12:00pm - 2:00pm

Immanuel Baptist Church of Little Rock
501 North Shackleford Road
Little Rock, AR 72211
Driver's license or photo ID and proof of income required
Hours: Tuesday, 10:00am - 2:00pm

Immanuel Outreach Church
1123 Welch Street
Little Rock, AR 72202
Phone: 501-541-3605
Driver's license or photo ID and proof of income required
Hours: Saturday, 11:00am - 1:00pm

Immanuel Baptist Church
10500 West Markham Street
Little Rock, AR 72211
Phone: 501-376-3071
Proof of residency required
Hours: Tuesday 10:00am - 2:00pm

Holy Temple
1322 Pulaski Street
Little Rock, AR 72202
Phone: 501-375-5804
Hours: Tuesday and Thursday, 6:00pm - 8:30pm

His Love Food Pantry
9701 West Markham Street
Little Rock, AR 72205
501-376-3071
Driver's license or photo ID required
Hours: Tuesday 1:30pm - 4:00pm

Helping Hands Little Rock
1601 Marshall Street
Little Rock, AR 72216
Phone: 501-372-4388
Driver's license or photo ID and Social Security card required
Hours: Monday and Thursday, 9:00am - 1:00pm

Greater Grace Baptist Church
8819 Lew Drive
Little Rock, AR 72209
Phone: 501-565-3579
Driver's license or photo ID required

Greater Second Care Center
5615 Geyer Springs Road
Little Rock, AR 72209
Phone: 501-569-9054
Hours: Tuesday and Thursday, 10:00am - 12:00pm

Greater South Temple Cogic
2623 South Arch Street
Little Rock, AR 72206
Phone: 501-374-7101
Hours: 2nd and 4th Friday of every month, 4:00am - 6:30pm
Greater Trinity Church of God in Christ
2400 Wright Avenue
Little Rock, AR 72202
Phone: 501-375-4336
Hours: Wednesday, 6:00pm - 8:00pm
Sunday, 3:00pm - 4:00pm

Geyer Springs United Methodist Church
5500 Geyer Springs Road
Little Rock, AR 72209
Phone: 501-565-3175
Driver’s License or photo ID required
Hours: 1st and 3rd Thursday of every month
9:00am - 12:00pm

Gaines House
1702 South Gaines Street
Little Rock, AR 72206
Phone: 501-376-4015
Driver’s license or photo ID and proof of income required

First Baptist Church – Little Rock
901 Calhoun
Little Rock, AR 72203
Phone: 501-374-5882
Driver’s license of photo ID required
Hours: Wednesday, 6:30pm - 8:30pm

First Christian and Faith Lutheran
1500 North Mississippi Street
Little Rock, AR 72207
Phone: 501-225-5656
Driver’s license or photo ID and Social Security card required
Hours: Friday, 10:30am - 12:00pm

Evangelist Temple Church of God in Christ
5121 Baseline Road
Little Rock, AR 72209
Hours: Wednesday, 5:30am - 7:00pm
Saturday, 11:00am - 1:00pm

Crystal Hill Baptist Church
18823 Crystal Valley Road
Little Rock, AR 72210
Phone: 501-455-0669
Hours: Monday - Friday, 8:00am - 4:30pm

Christ Temple Outreach Center
1923 South Arch Street
Little Rock, AR 72206
Phone: 501-376-1664
Driver’s license or photo ID and proof of income required
Hours: Monday - Friday, 9:00am - 3:30pm
Tuesday - Thursday, 10:00am - 2:00pm

Capitol City Free Will Baptist Church
6724 West 32nd Street
Little Rock, AR 72204
Phone: 501-562-7158
Hours: 2nd Wednesday of every month

Bullock Temple
1513 South Park Street
Little Rock, AR 72202
Phone: 501-375-1581
Driver’s license or photo ID required

A Child’s Place Preschool
3920 Woodland Heights Road
Little Rock, AR 72212
Phone: 501-227-3600
Hours: Monday and Friday, 8:00am - 4:30pm

Airport Church of Christ
8501 Fourche Dam Pike
Little Rock, AR 72206
Phone: 501-490-9800
Hours: Wednesday and Thursday
10:00am - 2:00pm

Church at Rock Creek
1150 West 36th Street
Little Rock, AR 72211
Phone: 501-490-8684
Photo ID, proof of income, and verification of children living in home required
Hours: Monday - Friday, 1:00pm - 4:00pm
Cabot Food Pantries
Mountain Springs Baptist Church
15669 Highway 5
Cabot, AR 72023
Phone: 501-847-7132

Loaves and Fishes
899 West Myrtle Street
Cabot, AR 72023
Hours: Monday, 6:30pm - 8:00pm

FirstCare
406 West Pine Street
Cabot, AR 72023
Phone: 501-941-7893
Hours: Monday and Thursday, 10:00am - 2:00pm
Tuesday, 5:00pm - 7:00pm

Cabot Church of Christ
500 North 2nd Street
Cabot, AR 72023
Phone: 501-843-3541

Serves residents of Lonoke County
Photo ID with current address or utility bill with current address required
Must meet low-income requirements
Hours: 2nd and 4th Tuesday of every month
9:00am - 12:00pm

Cabot United Methodist Church
2003 South Pine Street
Cabot, AR 72023
Phone: 501-843-3541
Serves residents of Lonoke County
Hours: Tuesday and Thursday, 9:00am - 2:30pm

Briarwood Baptist Church – Cabot
1872 Willie Ray Drive
Cabot, AR 72023
Phone: 501-941-4551
Hours: 2nd and 4th Monday of every month
9:00am - 11:00am
3rd Wednesday of every month, 8:00pm

North Little Rock, Jacksonville, Sherwood, and Lonoke Food Pantries

North Little Rock
River City Ministries
1021 East Washington Avenue
North Little Rock, AR 72114
Phone: 501-376-6694

Park Hill Christian Church
4400 John F. Kennedy Boulevard
North Little Rock, AR 72116
Phone: 501-753-1109
Driver's license or photo ID and Social Security card required
Hours: Tuesday, 10:00am - 12:00pm

Perfecting New Full Gospel Baptist
1224 Franklin Street
North Little Rock, AR 72114
Phone: 501-372-9000
Driver's license or photo ID required

McCabe Chapel United Methodist
1523 North Pine Street
North Little Rock, AR 72114
Phone: 501-375-8078

Lynchview Baptist Church
800 Page Mill Road
North Little Rock, AR 72117
Phone: 501-945-7157
Driver's license or photo ID required
Hours: Monday, 5:30pm - 7:00pm

Levy United Methodist Church
701 West 47th Street
North Little Rock, AR 72118
Phone: 501-753-6041

Hope Ministry Alliance
14423 Smalling Road
North Little Rock, AR 72118
Phone: 501-851-1515
Driver's license or photo ID required
Hours: Monday and Friday, 10:00am - 12:00pm

Harvest Interde Ministry
1423 Moss Street
North Little Rock, AR 72117
Phone: 501-374-2955
First Pentecostal Church of Jesus Christ
1401 Calvary Road
North Little Rock, AR 72116
Phone: 501-758-3090
Hours: Friday, 1:00pm - 5:00pm

Gardner Memorial United Methodist Church –
The Benefit Bank
1723 Schaefer Street
North Little Rock, AR 72114
Phone: 501-374-9520
Driver’s license or photo ID, Social Security card, and referral letter on agency letterhead (such as DHS, United Way, or River City Ministry) stating you are in need of food and how many adults and children are living in the household required
Hours: Monday and Thursday, 1:00pm - 3:00pm

First Baptist Church – Raven Ministry
3015 Main Street
North Little Rock, AR 72114
Phone: 501-758-1525
Driver’s license or photo ID required
Hours: Monday - Friday, 10:00am –6:00pm

Divine Truth Ministry
510 East 49th Street
North Little Rock, AR 72117
Phone: 501-945-4250
Driver’s license or photo ID required
Hours: Monday - Friday, 8:00am - 5:00pm

Firm Foundation Ministries
2200 East Broadway Street
North Little Rock, AR 72117
Phone: 501-945-7412
Driver’s license or photo ID required
Hours: Monday - Friday, 9:00am - 2:00pm

Eastgate Fishing Center
1900 Pine Street
North Little Rock, AR 72114
Phone: 501-812-0776
Driver’s license or photo ID required
Hours: Monday - Friday, 9:00am - 2:00pm

Crystal Hill Assembly of God
6722 Mountain Pine Road
North Little Rock, AR 72118
Phone: 501-758-6541
Driver’s license or photo ID required
Hours: Monday, Wednesday, and Friday, 9:00am - 12:00pm

Calvary Baptist Church
5025 Lynch Drive
North Little Rock, AR 72117
Phone: 501-945-4174
Serves Rose City area
Hours: Monday - Friday, 9:00am - 2:00pm

Amboy Community Food Pantry
100 Auburn Drive
North Little Rock, AR 72118
Phone: 501-753-2777
Serves North Little Rock residents
Driver’s license or photo ID and proof of residency required
Hours: Monday - Friday, 8:00am - 4:30pm

Potluck – Food Rescue for Arkansas
621 West Broadway
North Little Rock, AR 72114
Phone: 501-371-0303
Serves state of Arkansas
Kids Pantry serves only Pulaski County
Hours: Monday - Friday, 8:00am - 4:30pm

Jacksonville
Fishnet Missions
213 Marshall Road
Jacksonville, AR 72076
Phone: 501—241-1211
Driver’s license or photo ID required
Hours: Tuesday and Thursday, 9:00am - 10:30am

First Church of the Nazarene – Jacksonville
1506 North Loop Road
Jacksonville, AR 72076
Phone: 501-982-5271
Driver’s license or photo ID required
Hours: Monday - Friday, 4:00pm - 8:00pm
Jacksonville Care Channel
201 North Elm Street
Jacksonville, AR 72076
Phone: 501-982-4647
Driver's license or photo ID required
Hours: Monday, Wednesday, and Friday, 10:00am - 1:30pm

Sherwood
New Zion Temple Cogic
8228 Hills Road
Sherwood, AR 72120
Phone: 501-834-8054
Driver's license or photo ID and proof of income required
Hours: Monday, Wednesday, and Friday, 7:00pm
Sunday, 10:00am

First Christian Church Food Pantry
2803 East Kiehl Avenue
Sherwood, AR 72120
Phone: 501-835-5505
Driver's license or photo ID required
Hours: 10:30am - 12:00pm

Central Baptist Church of North Little Rock Food Pantry
8103 Carnegie Drive
Sherwood, AR 72120
Phone: 501-771-1125
Hours: Wednesday, 3:30pm - 5:30pm

Fellowship Christian Church
903 Coulter Road
Sherwood, AR 72120
Phone: 501-833-2627
Driver's license or photo ID required
Hours: Wednesday, 6:15pm
Sunday, 12:30pm

Lonoke
Lonoke Count Care
316 Jacuzzi Lane
Lonoke, AR 72086
Phone: 501-676-8999
Hours: Monday and Thursday: 9:00am - 3:00pm
Friday, 9:00am - 12:00pm

Brownsville Baptist Church – Lonoke
Highway 31 North and Watson Lane
Lonoke, AR 72086
Phone: 501-676-2460
Angel Food Ministries of Pulaski County, Arkansas

This program provides lower priced groceries. Families can possibly save up to 50% on their food and groceries. All the food and groceries provided are high quality and can include fresh fruits, frozen food, meats, breads, vegetables, and more. There is no cost to sign up, and the program is run by the non-profits in Little Rock and Pulaski referenced below. Some of the locations may also have a food bank or other assistance offered.

**Hope Lutheran Church**
1904 McArthur Drive
Jacksonville, AR 72076
Phone: 501-982-1333

**Military Road Baptist Church**
2101 Old Military Road
Jacksonville, AR 72076
Phone: 501-985-8198

**Central Church of Christ**
23 West 6th Street
Little Rock, AR 72201
Phone: 501-374-2039

**Hebron Baptist Church**
18715 Kanis Road
Little Rock, AR 72223
Phone: 501-568-7711

**Cedar Heights Baptist Church**
14502 Cedar Heights Road
North Little Rock, AR 72118
Phone: 501-351-1180

**Toltec Baptist Church**
1139 Toltec Road
Scott, AR 72142
Phone: 501-961-2009

**Lighthouse Christian Fellowship**
5508 MacArthur Drive
North Little Rock, AR 72118
Phone: 501-772-1584
Government Client Assistance

Arkansas Department of Human Services (DHS)
Customer Service: 501-682-8233
Toll Free: 1-800-482-8988
TDD: 501-682-8820
Website: www.state.ar.us/dhs

DHS, Division of Aging and Adult Services
P.O. Box 14737/Slot 530
New Donaghey Building – 7th and Main
Little Rock, AR 72203-2441
Phone: 501-682-2441 or 501-682-2443
Website: www.state.ar.us/dhs/aging

Adult Protective Services Office
Phone: 1-800-482-8049
Note: For more information about abuse and neglect see page 4 in this document.

Note: Most area hospitals have a dedicated DHS employee on staff to assist with applications.
See a complete list of DHS County Offices on page 27 of this document.

Medicaid
Customer Service, Medicaid Service Info: 1-800-482-5431
Customer Service, Eligibility and Enrollment: 1-800-482-8988
Providers Information: 1-800-457-4454
Central Office: 501-682-8292
Eligibility Office: 501-682-8259
Website: www.accessarkansas.org/dhs/webpolicy/index.htm
Note: See a complete list of DHS County Offices on page 27 of this document.

Medicare
Social Security: 1-800-772-1213
National Medicare Hotline: 1-800-Medicare (663-4227)
Phone: 1-800-325-0778
Website: www.medicare.gov
Note: For more information about Medicare see page 49 in this document.

Social Security
Social Security Hotline: 1-800-772-1213
Phone: 1-800-288-7185
Little Rock Office – 700 West Capitol: 1-866-593-0933
Website: www.ssa.gov
Note: For more complete listings see page 61 in this document.

Veterans Administration
Benefits and Claims Assistance: 1-800-827-1000
Guardianship – Power of Attorney
Living Will – Last Will and Testament

Guardianship
Guardianship is a legal procedure whereby a Probate Court appoints a “guardian” to act on behalf of an “incapacitated person” or ward. An incapacitated person is one who is impaired by reason of a disability. Such a disability may be mental or physical illness, drug or alcohol dependence, or being a minor. The person is considered incapacitated when they lack the ability to make essential decisions concerning their health or safety, or to manage their property.

Any person may file a petition for the appointment of himself or some other qualified person of an incapacitated person. The petition must include, among other things, the name and address of the incapacitated person and of the person seeking the appointment, the nature of the incapacity, a description of the property owned by the incapacitated person and its value, the reason the appointment is sought, the type and scope of guardianship requested, and the interest of the petitioner in the appointment. An evaluation of the incapacitated person by a doctor or other qualified professional will be required by the Court prior to the determination of incapacity.

There are two basic types of guardianship:
• Guardianship of the person
• Guardianship of the estate

The court may appoint a guardian to serve in either or both capacities and may limit the powers and duties of the guardian, depending on the circumstances.

The guardian of the person is appointed by the Court to oversee the care and maintenance of the incapacitated person. This type of guardianship is particularly useful when a person is unable to make decisions concerning health care due to a disabling disease.

A guardian of the estate is appointed by the Court to protect and preserve an incapacitated person’s property, to invest it, and to use it for the benefit of the incapacitated person. In this guardianship, the guardian must make periodic accountings to the Court for all assets and how these assets are used. Likewise, the Court may require that the guardian give a bond to assure the affairs of the incapacitated person are properly administered.

Arkansas law also provides for the appointment of a “temporary” guardian in certain instances. Such a guardian may be appointed when there is imminent danger to the life or health of an incapacitated person or where his/her property is subject to loss, damage, or waste due to the person’s incapacity. A temporary guardianship is short duration, no more than 90 days.

Power of Attorney
A Durable Power of Attorney is a legal document that gives another person, the attorney-in-fact, the right to do certain things for the maker, or principal of the Power of Attorney. A Power of Attorney can be tailored to meet the needs of the individual. It can be written to encompass a broad array of areas, or it can be limited to cover certain acts. This is an important distinction between a General and a Durable Power of Attorney that should be kept in mind. A General Power of Attorney can only be used when the principal is competent. A Durable Power of Attorney is needed in order for the attorney-in-fact to act for an incapacitated person. It is important that the principal knows this distinction and that he/she chooses the one that best meets their current or future needs. Another important item to keep in mind is that the principal must be competent when they sign the Power of Attorney. They must understand the nature and extent of the power of attorney when they sign the document.
The Health Care Power of Attorney is a separate power of attorney that specifically addresses medical issues. A Durable Power of Attorney can be drafted to encompass medical issues; however, medical professionals may be hesitant to honor the attorney-in-fact’s instructions. They often feel more comfortable honoring those instructions when the attorney-in-fact presents a Health Care Power of Attorney. If the principal foresees needing another individual to make health care decisions for him/her, it would be beneficial to execute a separate Health Care Power of Attorney.

Living Will
A Living Will reflects an individual’s desire as to the termination of life-prolonging treatment or medical procedure when they have been diagnosed as terminally ill or permanently unconscious. This document is known as an “advance health care directive”. The Living Will is a legally enforceable method of ensuring his/her wishes are honored in certain situations. If a person becomes unable to understand or unable to communicate with his/her doctors, the Living Will becomes active. A person may also designate a person to make specific treatment decisions as they arise. It is always a good idea to make sure that your primary physician maintains a copy of this document in your medical records.

Last Will and Testament
Every one of legal age that has assets, such as a house or a savings account, should have a will. A well-drafted will ensures that a person’s wishes, regarding their personal and real property, will be carried out at the time of their death. This can help alleviate many worries for all parties involved. With or without a will, an estate will most likely be probated. However, if a person dies without a will, the Court process will be much more involved and time consuming. It is also recommended that married couples not have a joint will, but rather that each spouse have his or her own will. Joint wills tend to complicate matters and delay the process. Will should also be reviewed at least every two years to ensure that no major changes need to be made, such as death of a beneficiary. It is also important that the person tell at least one person where they keep their will so that they will be able to locate the original: a copy of a will is typically non-binding in a Court of Law.

Note: For more information about these terms, contact your attorney, or call the following:
Arkansas Legal Services Programs Statewide Helpline: 1-800-9-LAW AID (1-800-952-9243)
Website: arlegalservices.org or www.arkansasfindalawyer.com.
Home Care Services (Private Pay)

CareLink – Central Arkansas Area Agency on Aging
P.O. Box 5988
North Little Rock, AR 72119-5988
Phone: 501-372-5300 or 1-800-482-6359
2 hour minimum
Website: www.care-link.org

Elder Independence
Serving all Central Arkansas
5200 Highway 5 North, Suite 1
Bryant, AR 72022
Phone: 501-847-6102 or 1-888-201-2959
Website: www.elderindependence.com
E-mail: info@elderindependence.com

Home Care Professionals
Serving all Central Arkansas
P.O. Box 96
Sheridan, AR 72150
6 - 24 hours, 7 days a week
Phone: 1-800-780-4009

Home Helpers
Serving Faulkner, Garland, Pulaski, Saline, and White counties
8 Shackleford Plaza, Suite 101
Little Rock, AR 72211
Phone: 501-663-3900
Website: homehelpers.com
E-mail: s.sellers@homehelpers.cc

Arkansas Department of Health in-Home Services
3915 West 8th Street, 3rd Floor
Little Rock, AR 72204
Phone: 501-280-3386 or 1-800-527-5302

Home Instead Senior Care
3809 McCain Park Drive, Suite 100
North Little Rock, AR 72116
Phone: 501-758-7340 or 1-866-758-7340
Minimum 4 hours per day, maximum one day;
Minimum number of days requirement
Website: homeinstead.com

Home Instead Senior Care – Searcy Office
305 East Race Avenue
Searcy, AR 72143
Phone: 501-305-4472 or 1-866-758-7340
Website: homeinstead.com

Jacksonville Senior Center
100 Victory Circle
Jacksonville, AR 72076
Phone: 501-982-7531
No personal care

Julia In-Home Care
23 Timber Lane Trail
Conway, AR 72032
Phone: 501-327-5045

Quality Senior Care
8641 Steel Bridge Road
Benton, AR 72015
Phone: 1-866-531-0695 or 1-866-653-9337

St. Vincent Home Care
1 Executive Center Court, Suite 110
Little Rock, AR 72211
Phone: 501-664-2313 or 1-800-467-2313

Superior Senior Care
900 North University Avenue, Suite 5
Little Rock, AR 72207
Phone: 501-224-7117 or 1-800-338-5892
Website: www.superiorseniorcare.com

Visiting Angels of Central Arkansas
American’s Choice in Homecare
1429 Merrill Drive, Suite 4
Little Rock, AR 72211
Phone: 501-225-5100
Website: www.visitingangels.com
E-mail: mmartin@visitingangles.com

Note: For Home Care providers in your area, call your AAA. See pages 10-11 of this document for your local AAA.
Home Health Care

Please check with your Primary Care Physician for this service. In order to obtain Home Health Care service, a patient must be referred to the appropriate agency by their Primary Care Physician.

<table>
<thead>
<tr>
<th>Agency Name</th>
<th>Phone Number</th>
<th>Medicare Provider</th>
</tr>
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<tbody>
<tr>
<td>Amedisys – Batesville</td>
<td>870-793-1483</td>
<td>Yes</td>
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<td>Amedisys – Mountain View</td>
<td>870-269-2993</td>
<td>Yes</td>
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<td>Amedisys – Searcy</td>
<td>501-268-2292</td>
<td>Yes</td>
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<td>Amedisys – Van Buren</td>
<td>479-474-4892</td>
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<td>Arkansas Department of Health-Little Rock</td>
<td>1-800-482-5400</td>
<td>Yes</td>
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<td>Baptist Health Home Health Network</td>
<td>501-202-7480</td>
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<td><a href="http://www.baptist-health.com">www.baptist-health.com</a></td>
<td>501-245-1040</td>
<td>Yes</td>
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<td></td>
<td>1-800-304-9450</td>
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<td>Care IV Home Health</td>
<td>501-686-2400</td>
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<td>CareNetwork</td>
<td>501-223-3333</td>
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<td>1-800-467-1333</td>
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<td>CareLink</td>
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<td>1-800-482-6359</td>
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<td>Clark County Home Health Care</td>
<td>870-246-4078</td>
<td>Yes</td>
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<tr>
<td>After Hours</td>
<td>1-800-482-5400</td>
<td>Yes</td>
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<td>Conway Regional HomeCare Services</td>
<td>501-329-9377</td>
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<td>Elite Home Health Services</td>
<td>501-223-3333</td>
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<td></td>
<td>1-800-444-9756</td>
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<td>Intrepid USA</td>
<td>501-227-0689</td>
<td>Yes</td>
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<td>1-800-815-5684</td>
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<td>Nat. Park Medical Center Home Touch Health Care</td>
<td>1-800-248-6177</td>
<td>Yes</td>
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<td>Petit Jean Home Health</td>
<td>1-800-337-2599</td>
<td>Yes</td>
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<tr>
<td>North Metro Home Health Agency</td>
<td>1-501-982-6115</td>
<td>Yes</td>
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<td>Saline Memorial Hospital Home Health Agency</td>
<td>1-501-776-6600</td>
<td>Yes</td>
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<tr>
<td>St. Vincent Home Care</td>
<td>1-501-664-2313</td>
<td>No</td>
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<tr>
<td>Visiting Nurse Association of Arkansas</td>
<td>501-664-4933</td>
<td>Yes</td>
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<td>White County Medical Center Home Health</td>
<td>501-279-2777</td>
<td>Yes</td>
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<td></td>
<td>1-888-268-0414</td>
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<tr>
<td>Amedisys</td>
<td>870-269-2993</td>
<td>Yes</td>
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</tbody>
</table>
Hospice Providers

Note: Hospice services require an order from a physician.

Arkansas Hospice
Little Rock Phone: 501-748-3333 or 1-877-257-3400
Hot Springs Phone: 1-888-813-9992
Website: www.arkansashospice.com

Baptist Health – Hospice
Little Rock Phone: 501-202-7474 or 1-800-900-7474
Arkadelphia Phone: 870-245-1040 or 1-800-999-9801
Website: www.baptist-health.com

Clebourne County Hospice
Home Health Personal Care
Phone: 501-362-4602 or 1-800-482-5400

Hospice Home Care, Inc.
Conway Phone: 501-336-9172 or 1-800-479-8233
Hot Springs Phone: 501-321-4014 or 1-800-479-0599
Little Rock Phone: 501-558-4100 or 1-800-479-2503

In-Patient Center Hospice Home Care
2200 South Bowman Road
Little Rock, AR 72211
Phone: 501-221-3338 or 1-877-247-3400

Kaleidoscope Kids
202 South Fillmore Street
Little Rock, AR 72204
Phone: 501-661-0720

Life Touch – Magnolia
1707 Eastridge Drive B
Magnolia, AR 71753
Phone: 870-234-9112
Website: www.lifetouchhospice.org

Little Rock In-Patient Center
2 St. Vincent Circle, 7 West
Little Rock, AR 72205
Phone: 501-552-6274

Gentivia Health Care
1800 Financial Parkway
Little Rock, AR 72211
Phone: 501-407-9127
Website: www.gentivia.com
**Hospital, In-Patient**

**Clark County**
**Baptist Health Medical Center – Arkadelphia**  
Specialty: Acute Care  
3050 Twin Rivers Drive  
Arkadelphia, AR 71923  
Phone: 870-245-2622  
Website: www.baptist-health.com

**Clebourne County**
**Baptist Health Medical Center – Heber Springs**  
Specialty: Acute Care  
1800 Bypass Road  
Heber Springs, AR 72543  
Phone: 501-887-3000  
Website: www.baptist-health.com

**Hot Spring County**
**Hot Spring County Medical Center – Arkadelphia**  
Specialty: Acute Care  
1001 Schneider Drive  
Malvern, AR 72104  
Phone: 501-332-1000  
Website: www.hscmc.org

**Hot Spring County Psychiatry Health Center**  
Specialty: Adult Psychiatry  
1001 Schneider Drive  
Malvern, AR 72104  
Phone: 501-332-7360  
Website: www.hscmc.org

**Hot Spring County Rehabilitation Center**  
Specialty: Rehabilitation  
1001 Schneider Drive  
Malvern, AR 72104  
Phone: 501-332-7371  
Website: www.hscmc.org

**Pulaski County – Jacksonville**
**North Metro Medical Center**  
Specialty: Acute Care  
1400 Braden Street  
Jacksonville, AR 72076  
Phone: 501-985-7000  
Website: www.northmetromed.com

**Pulaski County – Little Rock**
**Arkansas Children’s Hospital**  
Specialty: Children  
1 Children’s Way  
Little Rock, AR 72202  
Phone: 501-364-1100  
Website: www.archildrens.org

**Arkansas Heart Hospital**  
Specialty: Heart  
1701 South Shackleford Road  
Little Rock, AR 72211  
Phone: 501-219-7000  
Website: www.arheart.com
Arkansas Hospice
Specialty: Hospice/End of Life Care
14 Parkstone Circle
North Little Rock, AR 72116
Phone: 501-748-3333
Website: www.arkansashospice.org

Arkansas State Hospital
Specialty: Acute Mental Health
305 South Palm Street
Little Rock, AR 72205
Phone: 501-686-9000
Website: www.arkansas.gov/dhhs/dmhs/ar_state_hospital.htm

Baptist Health Extended Care
Specialty: Extended Care
9601 Baptist Health Drive
Little Rock, AR 72202
Phone: 501-202-1070
Website: www.baptist-health.com

Baptist Health Geriatric Behavioral Health
Specialty: Geriatric Psychiatry
11321 Interstate 30
Little Rock, AR 72209
Phone: 501-202-7501
Website: www.baptist-health.com

Baptist Health Medical Center – Little Rock
Specialty: Acute Care
9601 Baptist Health Drive
Little Rock, AR 72205
Phone: 501-202-2000
Website: www.baptist-health.com

Baptist Health Rehabilitation Institute
Specialty: Rehabilitation
9601 Baptist Health Drive
Little Rock, AR 72205
Phone: 501-202-7000
Website: www.baptist-health.com

John L. McCellan Memorial Veteran’s Hospital
Specialty: Acute Care for Veterans
4300 West 7th Street
Little Rock, AR 72205
Phone: 501-257-1000
Website: www.littlerock.va.gov

Pinnacle Pointe Behavioral HealthCare System
Specialty: Children and Adolescents Behavioral Health
11501 Financial Centre Parkway
Little Rock, AR 72211
Phone: 501-223-3322 or 1-800-880-3322
Website: www.pinnaclepointehospital.com

CHI St. Vincent Behavioral Health
Specialty: Mental and Behavioral Health
2 St. Vincent Circle
Little Rock, AR 72205
Phone: 501-552-5777 or 1-800-552-5777
Website: www.stvincenthealth.com

CHI St. Vincent Infirmary Medical Center
Specialty: Acute Care
2 St. Vincent Circle
Little Rock, AR 72205
Phone: 1-800-552-3000
Website: www.stvincenthealth.com

University of Arkansas Medical Center
Specialty: Acute Care and Research
4301 West Markham Street
Little Rock, AR 72205
Phone: 501-686-7000
Website: www.uams.edu

Pulaski County – North Little Rock
Arkansas Surgical Hospital
Specialty: Neurological and Orthopedic
5201 Northshore Drive
Maumelle, AR 72113
Phone: 501-748-8000
Website: www.arksurgicalhospital.com
Baptist Health Medical Center – North Little Rock
Specialty: Acute Care
3333 Springhill Drive
North Little Rock, AR 72117
Phone: 501-202-3000
Website: www.baptist-health.com

Eugene J. Towbin Healthcare Center
Specialty: Mental and Behavioral Health for Veterans
2200 Fort Roots Drive
North Little Rock, AR 72114
Phone: 501-257-1000
Website: www.va.gov

Methodist Behavioral Hospital
Specialty: Mental and Behavioral Health for Children and Adolescents
1601 Murphy Drive
Maumelle, AR 72113
Phone: 501-803-3388 or 1-866-813-3388
Website: www.methodistfamily.org

The BridgeWay Hospital
Specialty: Mental Health and Drug and Alcohol Rehabilitation
21 Bridgeway Road
North Little Rock, AR 72113
Phone: 501-771-1500 or 1-800-245-0011
Website: www.thebridgeway.com

Pulaski County – Sherwood
CHI St. Vincent Medical Center
Specialty: Acute Care
2215 Wildwood Avenue
Sherwood, AR 72120
Phone: 501-552-7100
Website: www.stvincenthealth.com

CHI St. Vincent Infirmary Rehabilitation Hospital
Specialty: Rehabilitation
2215 Wildwood Avenue
Sherwood, AR 72120
Phone: 501-834-1800
Website: www.stvincenthealth.com

Saline County
Rivendell Behavioral Health Services of Arkansas
Specialty: Mental Health
100 Rivendell Drive
Benton, AR 72019
Phone: 501-316-1255 or 1-800-264-5640
Website: www.rivendellofarkansas.com

Saline Memorial Hospital Generations
Specialty: Geriatric Psychiatry
1 Medical Park Drive
Benton, AR 72115
Phone: 501-776-6600
Website: www.salinememorial.org

Saline Memorial Hospital
Specialty: Acute Care
1 Medical Park Drive
Benton, AR 72115
Phone: 501-776-6100
Website: www.salinememorial.org

Saline Memorial Rehabilitation
Specialty: Rehabilitation
1 Medical Park Drive
Benton, AR 72115
Phone: 501-776-6630
Website: www.salinememorial.org
Legal Resources

Arkansas Legal Services Programs
This is a service website sponsored by the Arkansas Legal Services Partnership in conjunction with the Arkansas Access to Justice Commission. This website offers information about: Family Law, Consumer Law, Housing Law and Public Benefits Law. You may also contact the legal services helpline for additional information: 1-800-952-9243.

Access to Justice Commission
303 West Capitol Avenue, Suite 200
Little Rock, AR 72202
Website: www.arkansaslegalservices.com

Elder Law Resources
Website: www.naela.org

Arkansas Bar Association
2224 Cottondale Lane
Little Rock, AR 72202
Phone: 501-375-4605 or 1-800-609-5668
Fax: 1-501-375-4901
Website: www.arkbar.com or www.arkansasfindalawyer.com

Legal Assistance
Statewide Helpline: 1-800-9-LAW AID (1-800-952-9243)
Website: www.arlegalservices.org
Note: For information about legal aid in your area, call the above number.

Center for Arkansas Legal Services (Legal Aid)
303 West Capitol Avenue, Suite 200
Little Rock, AR 72201-3593
Phone: 501-376-3423 or 1-800-950-5817
Website: www.arlegalservices.org
Note: Call the above number for your local Legal Aid Provider.

UALR School of Law – Legal Clinic
1201 McMath Avenue
Little Rock, AR 72202
Phone: 501-324-9441
Note: Law students supervised by attorneys will assist indigent clients with some divorce cases, delinquency, dependency and neglect.
Lifeline (Personal Emergency Response or PERS)

Personal Emergency Response Systems (Unless otherwise noted, the following providers serve only a portion of the state):

**Baptist Health Lifeline**  
Phone: 1-888-B-A-P-T-I-S-T (227-8478)  
Website: www.baptist-health.com  
Services Statewide

**Direct Link**  
Phone: 501-663-3843  
Serving Pulaski and Garland Counties

**ProMed Ambulance Service**  
Phone: 1-800-634-0436

**St. Vincent Lifeline**  
Phone: 1-800-LIFELINE (543-3546)

**St. Anthony's Hospital – Morrilton**  
Phone: 501-977-2352

**Conway Regional Medical Hospital**  
Phone: 501-473-1999

**Clebourne County Area on Aging**  
Phone: 501-362-8615

**Jefferson Regional Medical Center Lifeline – Pine Bluff**  
Phone: 870-541-7217

**CareLink – Voicecare**  
Phone: 1-800-482-6359 or 501-372-5300  
Personal Response Systems with Med-Time/Medication Reminder System
Medicaid Programs

The County Department of Human Services Offices will answer questions regarding Medicaid eligibility or Medicaid services. See page 27 for a complete list of DHS County office phone numbers.

Medical Equipment

Used Medical Equipment

ICAN
900 West 7th Street
Little Rock, AR 72201
Phone: 501-666-8868

Medical Equipment and Supplies – Local Provider

All Care Pharmacy – Arkadelphia
3002 Pine Street
Arkadelphia, AR 71923
Phone: 870-246-3044

Alliance Homecare Equipment
620 West South Street
Benton, AR 72015
Phone: 501-778-0448 or 1-800-344-6910

8612 Kanis Road
Little Rock, AR 72204
Phone: 501-221-2244 or 1-800-344-6910

3401 Springhill Road
North Little Rock, AR 72117
Phone: 501-945-3289 or 1-800-344-6910
Website: www.baptist-health.com

American Home Patient
309 Southridge Parkway
Heber Springs, AR 72543
Patient: 1-877-299-2021
Corporate: 1-800-890-7271

Apria Healthcare
10303 Colonel Glenn Road, #1B
Little Rock, AR 72204
Phone: 501-227-9020
Website: www.apria.com

Arkansas Home Medical
2201 Brookewood, #11
Little Rock, AR 72202
Phone: 501-227-4390 or 1-877-2298

Attention Medical – Heber Springs
329 West Searcy Street
Heber Springs, AR 72543
Phone: 501-362-2441 or 1-877-362-2400
Fax: 501-362-5485

Bird and Bear Medical Locations

AeroCare
2101 Ondra Drive
Searcy, AR 72143
Phone: 501-268-4500
Fax: 501-268-8902

Conway Office
1810 East Oak Street
Conway, AR 72032
Phone: 501-328-0202
Fax: 501-328-5027
Diamond Medical Equipment and Supply
300 South Rodney Parham Road
Little Rock, AR 72035
Phone: 501-225-3106
Fax: 501-687-0175

Health-Way Medical Supplies
4507 East 43rd Street
North Little Rock, AR 72117
Phone: 501-945-5747 or 1-800-926-0710

Holly’s Health Mart – Prescott
1430 West 1st Street North
Prescott, AR 71857
Phone: 870-887-2717
Website: www.healthmart.com

Isokenetics Specialty Equipment
Phone: 1-866-887-6011
Fax: 1-866-809-6502

Lincare, Inc.
10600 Colonel Glenn Road, Suite 300
Phone: 501-221-1123 or 1-800-242-5580
Website: www.lincare.com

Medic Pharmacy and Home Health Care
5001 West 12th Street
Little Rock, AR 72204
Phone: 501-664-6768 or 1-877-232-5877

Pediatric Specialist
1601 Westpark Drive
Little Rock, AR 72204
Phone: 501-663-3600

Modern Medical
999 Schneider Drive
Malvern, AR 72104
Phone: 501-337-9503

Southern Medical – Arkadelphia
521 South 7th Street
Arkadelphia, AR 71923
Phone: 870-246-5303

Twin Rivers Respiratory Care – Arkadelphia
2607 Caddo Street, #E
Arkadelphia, AR 71923
Phone: 870-230-1518

United Medical Company - Arkadelphia
521 South 7th Street
Arkadelphia, AR 71923
Phone: 870-246-7616

Orthopedic Appliances
Hanger Prosthetics and Orthotics
10014 West Markham
Little Rock, AR 72205
Phone: 501-225-4557 or 1-877-442-6437
Fax: 501-225-1771

Horton’s Orthotics Lab
5220 West 12th Street
Little Rock, AR 72204
Phone: 501-663-2908 or 1-800-331-2908
Website: www.hortonsoandp.com

New Hope Prosthetics and Orthotics, Inc.
923 Parkway
Conway, AR 72034
Phone: 501-327-4342 or 1-800-364-2749

Snell’s Prosthetics and Orthotics Laboratory
625 North University
Little Rock, AR 72205
Phone: 501-664-2624 or 1-800-364-5541
Website: www.snellpando.com
Medicare

**What is it?**
Medicare is a federal health insurance program.

**Eligibility**
1. Social Security beneficiaries who are 65 or older.
2. Social Security disability beneficiaries who have received benefits for 24 months.
3. Social Security beneficiaries and their dependents that need dialysis treatment or a kidney transplant.
4. Most persons who are 65 or older but not Social Security beneficiaries are eligible to pay for Medicare coverage or if they meet the guidelines, are eligible for Medicaid to pay their Medicare premiums through SSI, QMB, or ElderChoices. SMB only pays for Part B.

**How to Apply**
Contact your local Social Security Office: 1-800-772-1213
Medication Resources

For more information regarding the Medicare Prescription Drug Coverage Program contact your local Social Security Office: 1-800-772-1213.

Arkansas Department of Health – Information only, no medications provided

Health Information Line: 1-800-235-0002
Connect Care: 1-800-275-1131
Women & Children Program: 1-800-235-0002

P.A.L.S. (Prescription Assistance Line for Seniors)

Mission: To help seniors reduce their cost of prescription medications.

Program: The University of Arkansas at Little Rock, Health Sciences Department under the direction of Marshel Davis developed the P.A.L.S. program. P.A.L.S. is a free service for individuals who would like assistance with reducing their prescription expenses.

Enrolling: Individuals needing this service are encouraged to call the P.A.L.S. office at 501-569-3505. Be prepared to supply the appropriate patient information. This will allow P.A.L.S. to search all avenues to find the medications that you are required to take at the least cost to you. P.A.L.S. will process and follow through to confirm that you are receiving your medications free or at the reduced rate available.

TIPS

• Ask your physician for samples
• Ask your pharmacy if they deliver or locate one that delivers
• It is best to use one pharmacy for all your drug purchases to reduce the risk of possible negative drug interactions
Mental Health Resources

Greater Little Rock Community Health Resources

Arkansas State Hospital Admissions Office
305 South Palm Street
Little Rock, AR 72205
Phone: 501-686-9000

Centers for Youth and Families – Youth Emergency Shelter Services for 18 years old and under
6501 West 12th
Little Rock, AR 72205
Phone: 501-666-8686
Website: www.centersforyouthandfamilies.org

Clinical Child Study Center – Arkansas Children’s Hospital
1 Children’s Way
Little Rock, AR 72202
Phone: 501-364-1202

Family Service Agency of Central Arkansas
628 West Broadway
North Little Rock, AR 72114
Phone: 501-372-4242

Little Rock Community Mental Health Center
110 North University, Evergreen Place, Suite 200
Little Rock, AR 72207
Phone: 501-686-9300

Professional Counseling Associates – North Little Rock
3601 Richards Road
North Little Rock, AR 72117
Phone: 501-221-1843

Therapeutic Foster Care
Phone: 501-660-6817

UAMS Adult Psychiatric Clinic
Phone: 501-526-8200
Website: www.centersforyouthandfamilies.org

Note: For local providers, refer to the yellow pages or call one of the above numbers for a corresponding provider in your area. For Alcohol and Drug Abuse see pages 6-7 in this document. For Counseling Services see pages 20-23.
Nursing Homes

Clark County
Courtyard Gardens
2701 Twin Rivers Drive
Arkadelphia, AR 71923
Phone: 870-246-5566
Fax: 870-245-3005

Twin Rivers Health and Rehab
3021 Twin Rivers Drive
Arkadelphia, AR 71923
Phone: 870-246-6337
Fax: 870-246-6348

Cleburne County
Golden Living Center
1040 Weddingford Road
Heber Springs, AR 72543
Phone: 870-362-8137

Southridge Village Nursing and Rehab
401 Southridge Parkway
Heber Springs, AR 72543
Phone: 501-632-7023

Grant County
Sheridan Nursing and Rehab
113 South Briarwood
Sheridan, AR 72150
Phone: 870-842-2183

Hot Springs County
Arbor Oaks Healthcare and Rehab
105 Russellville Road
Malvern, AR 72104
Phone: 501-332-5251
Website: www.arboroakshc.com

Malvern Nursing Home
829 Cloud Road
Malvern, AR 72104
Website: www.encoreatmalvern.org

Lonoke County
Cabot Nursing and Rehab
200 Northport Drive
Cabot, AR 72023
Phone: 501-843-6181

Chambers Nursing Home
1001 East Park Street
Carlisle, AR 72024
Phone: 870-552-7150
Fax: 870-552-7601

England Manor Nursing Home
400 Stuttgart Highway
England, AR 72046
Phone: 501-842-2771
Fax: 870-842-2709

Golden Years Manor
1010 Barnes Street
Lonoke, AR 72086
Phone: 501-676-3103

Lonoke Nursing and Rehab
1501 Lincoln Street
Lonoke, AR 72086
Phone: 501-676-2600

Spring Creek Nursing and Rehab
804 North 2nd Street
Cabot, AR 72023
Phone: 501-843-3100
Nevada County
Hillcrest Care and Rehab
1421 West 2nd Street
Prescott, AR 71857
Phone: 870-887-3811
Fax: 870-887-6019

Prescott Manor Nursing and Rehab
700 Manor Drive
Prescott, AR 71857
Phone: 870-455-1086

Pike County
Glenwood Nursing and Rehab
615 Mountain View Road
Glenwood, AR 71943
Phone: 870-356-3953
Fax: 870-356-4314

Prairie County
Des Arc Nursing and Rehab Center
2216 Main Street
Des Arc, AR 72040
Phone: 870-256-4194
Fax: 870-256-3314

Springbook Health and Rehab
92 Maple Street
Hazen, AR 72064
Phone: 870-255-4323
Fax: 870-255-4190

Pulaski County - Jacksonville
Woodland Hills – Jacksonville
1320 West Barden
Jacksonville, AR 72076
Phone: 501-241-2191
Fax: 501-241-2197

Pulaski County - Little Rock
Abington Place Health and Rehab
1516 South Cumberland
Little Rock, AR 72202
Phone: 501-374-7565
Fax: 501-374-4316
www.cancinc.com/facilities.htm

Chenal Rehab and Healthcare Center
3115 Bowman Road
Little Rock, AR 72211
Phone: 501-228-4848

Sandalwood Healthcare
2600 John Barrow Road
Little Rock, AR 72204
Phone: 501-224-4173

Briarwood Nursing and Rehab Center
516 South Rodney Parham Road
Little Rock, AR 72205
Phone: 501-224-9000
Fax: 501-224-3941

Madison Health and Rehab, LLC
2821 West Dixon Road
Little Rock, AR 72206
Phone: 501-888-4200

Hickory Heights Health and Rehab, LLC
#3 Chenal Heights Drive
Little Rock, AR 72223
Phone: 501-830-2273

Nursing and Rehab at Good Shepherd
3001 Aldersgate Road
Little Rock, AR 72205
Phone: 501-217-9774
Fax: 501-217-9781

Parkway Health Center
Private pay only
14321 Chenal Parkway
Little Rock, AR 72211
Phone: 501-202-1645
Fax: 501-202-1693
Pleasant Valley Living Center
12111 Hinson Road
Little Rock, AR 72212
Phone: 501-225-8888
Fax: 501-225-0849

Presbyterian Village, Inc.
Private pay only
510 Brookside Drive
Little Rock, AR 72205
Phone: 501-225-1615
Fax: 501-225-0849

Valley Ranch Nursing and Rehab
6411 Valley Ranch Drive
Little Rock, AR 72223
Phone: 501-868-8857
Fax: 501-868-8103

Woodland Hills – Little Rock
8701 Riley Drive
Little Rock, AR 72205
Phone: 501-224-2700
Fax: 501-224-5009 or 501-907-0629

Pulaski County - Maumelle
Maumelle Health and Rehab
103 Alexandria Drive
Maumelle, AR 72113
Phone: 501-734-1400
Fax: 501-734-1411

Pulaski County - North Little Rock
Lakewood Nursing and Rehab
2323 McCain Boulevard
North Little Rock, AR 72116
Phone: 501-791-2323
Fax: 501-791-7160

Northridge Healthcare Center
2501 John Ashley Drive
North Little Rock, AR 72114
Phone: 501-758-3800
Fax: 501-753-3893

Robinson Nursing and Rehab
519 Donavan Briley Boulevard
North Little Rock, AR 72118
Phone: 501-753-9003
Fax: 501-753-9146

Sherwood Nursing and Rehab
245 Indian Bay Drive
Sherwood, AR 72120
Phone: 501-834-9960
Fax: 501-834-5644

Premier Health and Rehab Center
3600 Richards Road
North Little Rock, AR 72117
Phone: 501-955-2108
Fax: 501-753-9146

Saline County
Arkansas Health Care Center
6701 Highway 67
Benton, AR 72015
Phone: 501-860-0500
Fax: 501-860-0568

Southern Trace Rehabilitation Care Center
2515 Interstate 30
Bryant, AR 72022
Phone: 501-847-0777
Fax: 501-847-5276

Heartland Rehabilitation Care Center
19701 Interstate 30
Benton, AR 72015
Phone: 501-778-8200
Fax: 501-778-9650
White County
Beebe Retirement Center
709 McAfee Lane
Beebe, AR 72012
Phone: 501-882-3313
Fax: 501-882-5739

Byrd Haven Nursing Home
2500 East Moore Avenue
Searcy, AR 72143
Phone: 501-279-3041

Oakdale Nursing Home
101 Cynthia Street
Judsonia, AR 72081
Phone: 501-729-3823
Fax: 501-729-3621

Searcy Healthcare Center
1205 Skyline Drive
Searcy, AR 72143
Phone: 501-268-6188
Fax: 501-279-3842

For a Nursing Home in your area that is not listed above, consult your local telephone directory.

Ramps

- Arkansas Conversion Center: 501-316-2466
- Area High School Shop Departments
- Area Home Improvement Centers
- Community Development Agency: 501-340-5342 (North Little Rock only)
- Community Development Agency: 501-982-0026 (Jacksonville only)
- Mainstream Living: 501-280-0012 (Little Rock only)
- Spinal Cord Commission: 501-296-1788
- Telephone Yellow pages under Carpenters listing

Rehabilitation Hospitals

Pages 42-44 in this document.
Retirement Centers and Residential Care Facilities/RCF

Little Rock
Albert Pike Residential Hotel
701 Scott
Little Rock, AR 72201
Phone: 501-372-5211

Andover Place Retirement Residence
2601 Andover Court
Little Rock, AR 72207
Phone: 501-593-4023 or 1-800-322-0999

Buffington Towers Apartments
224 East 7th Street
Little Rock, AR 72202
Phone: 501-372-6434

Brookdale Chenal Heights
#1 Chenal Heights Drive
Little Rock, AR 72223
Phone: 816-337-4238

The Cloverdale Estates
7009 Baseline Road
Little Rock, AR 72209
Phone: 501-570-0814 or 1-800-466-7722 Ext. 295

The Cottages at Otter Creek
101 Quail Run Circle
Little Rock, AR 72210
Phone: 501-455-5549

Good Shepherd Ecumenical Retirement Center
2701 Aldersgate Road
Little Rock, AR 72205
Phone: 501-224-7200
1. Good Shepherd High-Rise – HUD
2. Rinehart Building
3. Shepherds Cove
4. *Roberts Building

*Greenbriar on Stagecoach
5201 Stagecoach
Little Rock, AR 72204
Phone: 501-400-0652

Hidden Creek Senior Apartments
10905 West Markham
Little Rock, AR 72211
Phone: 501-221-1024

Hogan Home
Veterans only
13316 Frazier Pike
Little Rock, AR 72206
Phone: 1-866-653-9337

*Magnolia Retirement Center
3601 West Roosevelt Road
Little Rock, AR 72206
Phone: 501-664-4048

Parkview Towers
1200 Commerce Street, #101
Little Rock, AR 72202
Phone: 501-372-3610

*Parkway Heights
14328 Chenal Parkway
Little Rock, AR 72211
Phone: 501-202-1669 or 501-202-1600

Parkway Village
14300 Chenal Parkway
Little Rock, AR 72211
Phone: 501-202-1600

*Brookdale Pleasant Hills Retirement
800 Napa Valley Drive
Little Rock, AR 72211
Phone: 816-337-4236

*Presbyterian Village Retirement Center
500 Brookside Drive
Little Rock, AR 72205
Phone: 501-225-1615
www.presbyvillage.com

*Southwest Residential Care
2821 Dixon Road
Little Rock, AR 72206
Phone: 501-888-4200

Woodland Heights
8700 Riley Drive
Little Rock, AR 72205
Phone: 727-258-2057
North Little Rock
Audubon Pointe
100 Audubon Drive
North Little Rock, AR 72113
Phone: 501-851-1821

Christopher Homes of Arkansas
22 Retirement Centers Around Arkansas
Contact: Saint John’s Center
Phone: 501-664-1881 or 1-866-486-2136

*Elmcroft of Maumelle
100 Bringler Drive
Maumelle, AR 72113
Phone: 501-850-0400

*Elmcroft of Sherwood
*9880 Brockington Road
Sherwood, AR 72120
Phone: 501-835-6000

Parkstone Place Retirement Center
1 Parkstone Place Retirement Center
North Little Rock, AR 72116
Phone: 501-771-1228

Benton
Benton Residential Care Center
2408 Military Road
Benton, AR 72015
Phone: 501-778-2838

Fox Ridge Estate
4216 Fox Ridge Estate
Bryant, AR 72089
Phone: 501-847-3400 or 501-653-0113

Sheridan
Crown Point Retirement Living
510 South Rose Street
Sheridan, AR 72150
Phone: 870-942-4623

Jacksonville
Jacksonville Towers, Inc.
200 S Hospital Drive
Jacksonville, AR 72076
Phone: 501-982-5949

Senior Residents – Jacksonville
818 East Martin Street
Jacksonville, AR 72076
Phone: 501-982-3928

RCF – Cleburne County
Pine Mountain Retirement Home
1089 Bivins Road
Quitman, AR 72131
Phone: 501-589-3529

*Retirement Centers of Arkansas, Inc.
8900 Highway 107
Sherwood, AR 72120
Phone: 501-835-5931

Sarah Daisy Garden Courts, Inc.
2600 Pershing Boulevard
North Little Rock, AR 72114
Phone: 501-758-5961

*Greenbriar, Inc.
1500 Graham Road
Jacksonville, AR 72076
Phone: 501-982-5545

Senior Residencies of Sherwood
201 Teague Lane
Sherwood, AR 72120
Phone: 501-835-3434

Stonehaven Assisted Living
101 Olympic Drive
Maumelle, AR 72113
Phone: 501-803-3335

Waverly Heights – Independent Living Center
3400 Alcoa Road
Benton, AR 72015
Phone: 501-315-7820

Note: For a complete list of RCFs in your area, call your local Area Agency on Aging. See pages 10-11 in this document.
Senior Centers
*indicates where congregate meals are provided

Greater Little Rock

*Camp Aldersgate
2000 Aldersgate Road
Little Rock, AR 72205
Phone: 501-224-1444
Thursdays 9:00am - 1:00pm
Annual fee: $20.00
Website: www.campaldersgate.net

*Patrick Henry Hayes Senior Citizens Center
All Arkansas residents welcome
401 West Pershing
North Little Rock, AR 72114
Phone: 501-975-4297
Monday - Friday, 8:00am - 4:30pm
Saturday, 9:00am - 1:00pm
Sunday, 2:00pm - 5:00pm
Website: www.northlr.org/departments/senior-citizens.asp

*Willow House Senior Center
2500 Willow Street
North Little Rock, AR 72114
Phone: 501-758-3670

Jack Evans Senior Citizens Center
Sherwood residents age 50+ no fee
2301 Thornhill Drive
Sherwood, AR 72120
Phone: 501-834-5770
Website: www.cisherwood.ar.us/living/seniorsprogram.htm

Clark County

CADC/Arkadelphia Senior Center
1305 North 10th Street
Arkadelphia, AR 71923
Phone: 870-246-9871

CADC/Gurdon Senior Center
410 East Main Street
Gurdon, AR 71743
Phone: 870-353-2095

Waychoff Senior Center
PO Box 831
320 Trailwood
Heber Springs, AR 72543
Phone: 501-362-2413

*Forever Young Activity Center
Shelters/Subsidized Housing

Shelters for Women Only
ABBA House
Women 18 and older;
Women with children can stay longer than 3 weeks
1002 South Oak
Little Rock, AR 72204
Phone: 501-663-9718

Barb’s House
Alcohol and Drug Rehab for pregnant and parenting women
276 Linden Street
Hot Springs, AR 71901
Phone: 501-624-6185

Cleburne County Margie’s Haven House
P.O. Box 954
Heber Springs, AR 72543
Phone: 501-362-6757

Dorcas House
Christian shelter for homeless or battered women and children; participation in full programs is required
823 South Park
Little Rock, AR 72202
Phone: 501-374-4022

Little Rock Compassion Center for Women
3618 West Roosevelt Road
Little Rock, AR 72204
Phone: 501-296-9114

Our House Shelter
Homeless shelter
302 East Roosevelt
Little Rock, AR 72206
Phone: 501-375-2416

Potter’s Clay
Women’s and Children’s Shelter
110 Crescent Ave
Hot Springs, AR 71901
Phone: 501-624-1366

Women and Children First
Battered Women and Children shelter
Phone: 501-376-3219

Shelters for Men Only
Little Rock Compassion Center for Men
3618 West Roosevelt
Little Rock, AR 72204
Phone: 501-296-9144

Substance Abuse Only
BCD Hoover Treatment Center
Hoover Multipurpose Center
3604 West 12th Street
Little Rock, AR 72201
Phone: 501-663-4774
Fax: 501-663-7228

Union Rescue Mission Transient Lodge and Substance Abuse
3001 Confederate Boulevard
Little Rock, AR 72204
Phone: 501-374-1108
Website: www.urmission.org
Temporary Shelter
Our House – Shelter 1
Long term housing up to 2 years for homeless men and women.
302 East Roosevelt Rd.
Little Rock, AR 72206
Phone: 501-374-7383
www.ourhouseshelter.org

Salvation Army
Shelter for men, women, and families.
Can provide assistance with finding a job.
Clients cannot stay during the day.
111 West Markham Street
Little Rock, AR 72201
Phone: 501-374-9296
www.salvationarmy.com

Youth Emergency Shelter
Children only; ages 8 to 17
6425 West 12th Street
Little Rock, AR 72204
Phone: 501-666-7233

Veterans Administration
Chronically mentally ill homeless program
1000 South Main Street
Little Rock, AR 72201
Phone: 501-257-4499
www.va.gov

Housing Authority
Pulaski County
Metropolitan Housing Alliance Leasing Office
100 South Arch
Little Rock, AR 72201
Administration: 501-340-4821
www.lrhousing.org

Clark County
Housing Authority - Arkadelphia
670 South 6th Street
Arkadelphia, AR 71923
Phone: 870-246-4632

Cleburne County
Housing Authority - Heber Springs
400 West Spring Street
Heber Springs, AR 72543
Phone: 501-362-6108

Note: For subsidized housing in your area, call your local housing authority office.
Social Security Benefits and Offices

Subscribe to the Social Security Electronic Newsletter (e-News) at www.socialsecurity.gov/enews.

Arkansas County Social Security Office
3511 Market Street
Pine Bluff, AR 71601
Phone: 866-563-9693

Hot Springs Social Security Office
112 Corporate Terrace
Hot Springs, AR 71913
Phone: 855-531-1685

Sherwood Social Security Office
3608 East Kiehl
Sherwood, AR 72120
Phone: 877-512-3854
www.ssa.gov

Searcy Social Security Office
701 Airport Loop
Searcy, AR 72143
Phone: 855-686-146

Little Rock Social Security Office
Federal Building
700 West Capitol, Room 1201
Little Rock, AR 72201
Phone: 866-593-0933

Note: For the social security office in your area, call 1-800-772-1213.

Spinal Cord Disability Referral

Call any Spinal Cord Commission Office

Little Rock Central Office
1501 North University, #470
Little Rock, AR 72207
Phone: 501-296-1788

Substance Abuse

See pages 6-7 of this document.

Support Groups

See pages 13-14 of this document.
<table>
<thead>
<tr>
<th>Baptist Health Therapy Center-Arkadelphia</th>
<th>Baptist Health Therapy Center-Lonoke</th>
</tr>
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<tbody>
<tr>
<td>312 Professional Park Drive, Suite A</td>
<td>1306 North Center Street</td>
</tr>
<tr>
<td>Arkadelphia, AR 71923</td>
<td>Lonoke, AR 72086</td>
</tr>
<tr>
<td>Phone: 870-245-3650</td>
<td>Phone: 501-676-9466</td>
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<table>
<thead>
<tr>
<th>Baptist Health Therapy Center-Beebe</th>
<th>Baptist Health Therapy Center-Maumelle</th>
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<tbody>
<tr>
<td>47 Highway 64 West</td>
<td>1701 Club Manor, Suite 3</td>
</tr>
<tr>
<td>Beebe, AR 72012</td>
<td>Maumelle, AR 72113</td>
</tr>
<tr>
<td>Phone: 501-268-2250</td>
<td>Phone: 501-851-8504</td>
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<thead>
<tr>
<th>Baptist Health Therapy Center-Benton</th>
<th>Baptist Health Therapy Center-North Rodney Parham</th>
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<tbody>
<tr>
<td>819 West Carpenter</td>
<td>4200 North Rodney Parham Road</td>
</tr>
<tr>
<td>Benton, AR 72015</td>
<td>Little Rock, AR 72212</td>
</tr>
<tr>
<td>Phone: 501-315-1803</td>
<td>Phone: 501-202-6767</td>
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<table>
<thead>
<tr>
<th>Baptist Health Therapy Center-Bowman Curve</th>
<th>Baptist Health Therapy Center-Otter Creek</th>
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<tbody>
<tr>
<td>200 North Bowman Road</td>
<td>11401 I-30</td>
</tr>
<tr>
<td>Little Rock, AR 72211</td>
<td>Little Rock, AR 72209</td>
</tr>
<tr>
<td>Phone: 501-228-0107</td>
<td>Phone: 501-202-6690</td>
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<thead>
<tr>
<th>Baptist Health Therapy Center-Bryant</th>
<th>Baptist Health Therapy Center-Saddle Creek</th>
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<tbody>
<tr>
<td>612 Office Park Drive, #5</td>
<td>6020 Ranch Drive, Suite 5</td>
</tr>
<tr>
<td>Bryant, AR 72022</td>
<td>Little Rock, AR 72223</td>
</tr>
<tr>
<td>Phone: 501-847-5978</td>
<td>Phone: 501-868-9694</td>
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<tr>
<th>Baptist Health Therapy Center-Cabot</th>
<th>Baptist Health Therapy Center-Sheridan</th>
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<tbody>
<tr>
<td>205 Westport Drive, Suite 2</td>
<td>1409 South Rock Street, Suite D</td>
</tr>
<tr>
<td>Cabot, AR 72023</td>
<td>Sheridan, AR 72150</td>
</tr>
<tr>
<td>Phone: 501-843-9893</td>
<td>Phone: 70-942-7911</td>
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<tr>
<th>Baptist Health Therapy Center-Conway</th>
<th>Baptist Health Therapy Center-Sherwood</th>
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<tbody>
<tr>
<td>815 Hogan Lane, Suite 5</td>
<td>Sherwood Oaks Shopping Center</td>
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<tr>
<td>Conway, AR 72034</td>
<td>2001 East Kiehl, #7</td>
</tr>
<tr>
<td>Phone: 501-329-1888</td>
<td>Sherwood, AR 72116</td>
</tr>
<tr>
<td></td>
<td>Phone: 501-835-7543</td>
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<tr>
<th>Baptist Health Therapy Center-Heber Springs</th>
<th>Baptist Health Therapy Center-Sherwood Family Medical Center</th>
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<tbody>
<tr>
<td>2102 Highway 25 North</td>
<td>1308 East Kiehl Avenue</td>
</tr>
<tr>
<td>Heber Springs, AR 72543</td>
<td>Sherwood, AR 72120</td>
</tr>
<tr>
<td>Phone: 501-206-2482</td>
<td>Phone: 501-835-0703</td>
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<thead>
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<th>Baptist Health Therapy Center-Heights</th>
<th>Baptist Health Therapy Center-Stuttgart</th>
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<tbody>
<tr>
<td>5618 R Street</td>
<td>2118 South Buerkle</td>
</tr>
<tr>
<td>Little Rock, AR 72207</td>
<td>Stuttgart, AR 72160</td>
</tr>
<tr>
<td>Phone: 501-661-1555</td>
<td>Phone: 870-673-8775</td>
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<table>
<thead>
<tr>
<th>Baptist Health Therapy Center-Jacksonville</th>
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<tbody>
<tr>
<td>117 TP White Drive</td>
<td></td>
</tr>
<tr>
<td>Jacksonville, AR 72076</td>
<td></td>
</tr>
<tr>
<td>Phone: 501-241-1193</td>
<td></td>
</tr>
</tbody>
</table>
Transportation Resources

Pulaski County

**Autumn Age Bus II: 501-758-9941**
- Service from Heritage House and Bowker complexes
- Must be over age 60 and use walker or wheelchair
- Must have MD letter stating transportation is needed
- No fee; has wheelchair lift; medical appoints and community shopping
- Call for scheduled times

**Baptist Health Rehabilitation Institute: 501-202-7000**
- Transportation for their patients only
- Wheelchair lift; no fee
Website: www.baptist-health.com

**Links (Central Arkansas Transit): 501-375-9607**
- Limited service in Pulaski County
- Service for aged and disabled; must apply for card and be certified in advance
- $2.50/one way; wheelchair lift available

**Jacksonville Senior Citizens Center: 501-982-7531**
- Services Jacksonville and North Pulaski/Sherwood
- Call for scheduled times; wheelchair lift available
- Serves of this center only available to members

**SCAT: 501-374-2833**
- Little Rock: Cumberland Towers, Paris Towers, and Jessie Powell
- $5 annual membership fee; medical appointments; wheelchair lift available; call for schedule

**LifeQuest of Arkansas (Caring Wheels): 501-225-6073**
- This is a volunteer service and is for medical appointments only
- Transport only from zip codes: 72113, 72202, 72205, 72207, 72227, 72211, 72212, and part of 72223 (Note: the western boundary for 72211 is from the HWY 10 and Chenal Parkway intersection south along the Parkway to Kanis).
- Wheelchairs cannot be accommodated as private cars are used
- Clients must apply for this service. Please call for application

**Sherwood Senior Citizen Center: 501-834-5770**
- Call to schedule 24-48 hours in advance
- Initial information card will be kept on file in the office
- Nominal fee to local area and Little Rock clinics/MD offices
- Van has wheelchair lift available
- Closed on legal holidays
St. Vincent North Rehab Hospital: 501-834-1800
• Transport for their inpatient or outpatients only; no fee; wheelchair lift available
• 15 mile radius from their office

Baptist Health Med Flight Van
• Clinic personnel must arrange ride
• Provides transportation for patients with clinic appointments at Cardiac Rehab, BHMC-LR, BHMC-NLR, BH Eye Center, and BH Outpatient Center
Website: www.baptist-health.com

Statewide Transportation
MEMS Non Emergency Transport:
Phone: 501-868-1033 or 501-301-1475
or 1-800-236-8316
Wheelchair lift; cash/check/credit card accepted

Note: For transportation in your area, call your local Area Agency on Aging. See pages 10-11 in this document for your local AAA office.
Utility Assistance

GAS
Center Point Energy/Arkla: 1-800-992-7552
- Alternate date payment plan for elderly and disabled
- Physician’s certificate of Medical Emergency - they will not turn gas off

ELECTRICITY
Entergy: 1-800-968-8243 or 501-954-5163
- Delayed termination of service
- Life Support Program for elderly, handicapped, and seriously ill persons
- Sales Tax exemption for customers whose annual income is $12,000 or less

WATER
Central Arkansas Water: 501-372-5161 or toll free 1-855-742-0309
- Help to Others Customer Assistance Fund - Financial Assistance and payment to income qualified individuals

TELEPHONE
Arkansas Lifeline (ATT): 1-877-677-0250
- Lifeline is a federal benefit
- To qualify, you must receive benefits from an approved program or your income must be at or below the guidelines
- This is not a Lifeline Personal Emergency Response System (PERS) but a bill payment assistance program

Link Up Lifeline: 1-800-482-8988
- The Lifeline and Link Up programs are government assistance programs supported by the Universal Service Fund to provide discounts to low-income households for landline and wireless telephone service and equipment.
- This is for persons receiving DHS administered assistance through the public service commission.

COMMUNITY RESOURCES OFFERING ASSISTANCE WITH UTILITIES

Arkadelphia Area
Low Income Home Energy Assistant Program (LIHEAP) provides seasonal assistance with Gas/Electricity/Butane/Propane
Phone: 501-682-1001

Little Rock Area
Community Action Programs will help with utilities two times per year. Contact the office serving your county.

Helping Hand
1601 Marshall Street
Little Rock, AR 72202
Phone: 501-372-4388
Hours: Monday - Thursday, 9:00am - 12:30pm

Watershed Human and Community Development
3701 Springer Boulevard
Little Rock, AR 72206
Phone: 501-378-0176
Visually Impaired Resources

Eye Care
Baptist Health Eye Center
Low Vision Clinic
9800 Baptist Health Drive
Little Rock, AR 72205
Phone: 501-202-7150 or 1-888-BAPTIST (227-8478)
Website: www.baptist-health.com

Arkansas Lions State Office
Local Lion’s Clubs will sometimes help with glasses/exams.
Call the state office to obtain the number of the Lion’s Club in your area.
Closed on Fridays.
Phone: 501-834-5111

Jones Eye Clinic
UAMS
4301 West Markham Street
Outpatient Circle
Little Rock, AR 72205
Phone: 501-686-5822
Will arrange payment plans.
Website: www.uams.edu

National Eye Care Project
Provides medical and surgical eye care to disadvantaged senior adults.
Does NOT pay for glasses.
Phone: 1-800-222-3937 or 1-877-577-6327

Note: Medicaid will pay for one (1) vision exam and one (1) pair of glasses every 24 months (2 years). Check with your ophthalmologist.

Eye Care Services For The Visually Impaired
Arkansas Department of Human Services- Division of Services for the Blind
700 Main Street, P.O. Box 3237
Little Rock, AR 72203
Phone: 501-682-5463 or 1-800-960-9270
TDD: 501-682-0093

The Division of Services for the Blind (DSB) is a state agency serving blind and severely visually impaired persons of all ages within the state of Arkansas. DSB operates under and Order of Selection giving service priority to the most severely disabled blind persons. Vocational Rehabilitation Counselors will evaluate patients in their homes and provide training or services if appropriate.
Website: www.humanservices.arkansas.gov
Note: For the DSB office closest to you, call 1-800-960-9270.

Library for the Blind and Physically Handicapped
1 Capitol Mall
Little Rock, AR 72201
Phone: 501-682-1155 or 1-866-660-0885
No charge; cassette machine and catalog of tapes provided.
Website: www.afb.org
Note: For a library closer to you, call the above number.

Arkansas Lighthouse for the Blind
6818 Murray Street
Little Rock, AR 72209
Phone: 501-562-2222
Website: http://ifbsolutions.org
Manufacturing plant that hires blind people.
Arkansas School for the Blind
2600 West Markham Street
Little Rock, AR 72205
Phone: 501-296-1810
Website: www.arkansasschoolfortheblind.org

Lions World Services for the Blind
2811 Fair Park Boulevard
Little Rock, AR 72204
Phone: 501-664-7100
Rehabilitation Center – trains individual for employment; personal adjustment program for newly blind.
Website: www.wsblind.org

LS&S
Phone: 1-800-468-4789
Fax: 1-877-498-1482
Toll-Free: 1-866-317-8533
Magazine/catalog specializing in products for visually and hearing impaired.
Baptist Health is the state’s most comprehensive healthcare system. With more than 175 access points — including major medical centers, family clinics and therapy and wellness centers — Baptist Health is committed to delivering all our best in healthcare to the people of Arkansas.

Locations:
Baptist Health Medical Centers -
Arkadelphia
Conway
Heber Springs
Hot Spring County
Little Rock
North Little Rock
Stuttgart

Baptist Health Extended Care Hospital-Little Rock
Baptist Health Rehabilitation Institute
Arkansas Health Group Clinics
Practice Plus Clinics