



CHILD HEALTH ADVISORY COMMITTEE

Minutes

April 18, 2019 9:06 a.m. – 11:27 a.m. · Freeway Medical Tower, Board Room 906

Meeting Called to order: Lucas called to 9:06 a.m.

Roll call: Melinda Kinnison, Mike Motley, Carole Garner, Cheria Lindsey, Debra Head, Lucas Harder

Zoom: Loretta Alexander, Matthew Nix, Michele Brown, Rob Lindley, Tamara Baker, Dan Breshears, Debra Stewart, Elaine Prewitt, Charles Hervey
Absent: Paula Rawls, Rosa Hatch, Dave Oberembt, Jerri Clark

Staff: Ashley Williams, Shannon Borchert

Guests: Ariel Schaufler

Review of March 2019 Minutes: Motion to accept Mike Motley; motion seconded by Tamara Baker.

Old Business:

Legislative Session:

<https://legiscan.com/AR> and <https://www.congress.gov/bill/116th-congress/house-bill>

- AR House Bill 1003: died on House at Sine Die Adjournment but was replaced by AR House Bill 1933 which is now Act 1029
- AR House Bill 1356: is now Act 428
- AR House Bill 1409: is now Act 641
- AR House Bill 1518: is now Act 504
- AR House Bill 1519: died on House at Sine Die Adjournment
- AR House Bill 1608: withdrawn by author
- AR House Bill 1615: is now Act 506
- AR Senate Bill 304: died on House at Sine Die Adjournment
- AR Senate Bill 347: Sine Die adjournment
- AR Senate Bill 349: Recommended for study in the Interim Committee on Education; mirror language was contained in AR Senate Bill 603 which is now Act 1082.
- US House Bill 832: referred to House Education and Labor Committee

Act 1220 & Coordinated School Health Reports

Act 1220

- On April 2, 2019 the 11 SWAG school's participants were provided a presentation on Resiliency and Wellness by Nicole Fairchild and Tina Pearce.
- The SWAG Conference is scheduled for April 24, 2019 at Heifer Village and has 50 registrants.
- The Sugar-Sweetened Beverage Reeducation team received 140 applications for the Rethink Your Drink: Choose Water! Grant. The team selected 30 applicants to receive bottle-filling water stations with an additional 10 applicants chosen pending funding allowed for installation costs.
- Indistar reports for 2018-2019 have been reviewed and submissions are being finalized. Emails are being sent to schools that have not yet submitted reports.
- Coordinators are preparing for trainings that address updates in the SHI and Indistar health and wellness report due dates.



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Coordinated School Health

- The final Coordinated School Health meeting of the 2018-2019 school year will be Wednesday, May 8, 2019 at Heifer Village in Little Rock, AR. This meetings focus will be on physical activity, benefits of written water policies, and benefits of partnerships with out-of-school time programs.
- The final meeting of the funded priority school districts will be Thursday, May 9, 2019.

Subcommittees break-out (9:30 a.m. – 11:00 a.m.)

Subcommittees for 2019 Report (Draft Recommendations):

Mental Health (Baker, Nix, Lindsey, Harder)

1. The Child Health Advisory Committee recommends schools provide resources and education for students and staff connecting chronic disease(s), including obesity, to adverse childhood experiences (ACEs).
2. The Child Health Advisory Committee recommends Arkansas Department of Education provide professional development on ACEs for school staff that includes, without limitation, how to teach students and identify individuals with signs and symptoms of ACEs.

Nutrition (Prewitt, Garner, Head, Stewart, Williams, Barker)

1. The Child Health Advisory Committee recommends school districts employ or contract with a Registered Dietitian/Licensed Dietitian (RD/LD) to provide medical nutrition therapy (MNT) and intensive behavioral therapy (IBT) for students and staff experiencing obesity and chronic conditions, such as diabetes, lipid problems and/or inborn errors of metabolism, i.e. PKU; consultation to food service personnel for students with food allergies and special dietary needs, i.e. tube feeding; consultation to school nurses and food service personnel for diabetes education; support for nutrition education programming in schools. Arkansas public schools should be deemed as a provider of services and be eligible to seek Medicaid and/or public school employee insurance reimbursement.
2. The Child Health Advisory Committee recommends Out of School Time (OST) programs on school campuses align with the nutrition standards set forth for public school students during the school day and that schools work to encourage their community OST organizations to adopt the same or similar standards as well as physical activity as a part of their daily program.
3. The Child Health Advisory Committee recommends public schools be deemed providers of the BMI screening portion of the Early and Periodic Screening, Diagnostic, and Treatment (EPSDT) and be eligible to seek Medicaid reimbursement.
4. Child Health Advisory Committee recommends the Child Nutrition Unit (CNU) report any Act 1220 of 2003 regulatory violation to the Arkansas Department of Education (ADE) Standards Unit to be included in the Standards Unit formal monitoring and evaluations report for school districts. The Nutrition subcommittee decided to table this recommendation for one year to allow for review of the initial 83 school districts and gather additional data to see if continuing problems are occurring after onsite and written deficiency notices and TA during SY 2019-20.

Parent Engagement (Motley, Breshears)

1. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education direct the Arkansas Department of Education to facilitate the development



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and fielding of a parent engagement survey to gather information from *schools and parents* as to how to best communicate and engage with parents regarding *child health.

2. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education (*direct the Arkansas Department of Education to provide standard guidance and resources) for schools and parent teacher organizations to facilitate parent engagement through social media and targeted in-person events. Logistical considerations include staffing, funding, and timing in context of school year calendar and other communications and events. Rationale: Since the passage of Act 1220 in 2003, new options for parent engagement have become available, including social media platforms. The use of social media by schools and districts is varied throughout the state but represents a cost-effective and timely method of engaging with parents. Separately, opportunities for in-person parent engagement regarding child health are limited, although in many communities' schools represent the most singular meeting place for parents. Because of this, School-based events geared toward child health education represent a viable option for parent engagement.
3. The Child Health Advisory Committee Parent Engagement Subcommittee recommends that the Board of Education Review current BMI parent letter language and consider updates to the language so that it is less of a warning and more of a proactive set of recommendations improve acceptance and efficacy. Explore options for including the contents of the letter in an annual child wellness report alongside other health indicators.

Physical Activity and Physical Education (Lindley, Hervey, Brown, Kinnison, Mundy)

1. The Child Health Advisory Committee recommends collecting information about best practices from each school to be included in My School Info. A list will be developed that administrators can check off their school's participation. For reporting purposes only; by Building level (Rational - information for families when comparing schools, teachers looking for the right environment to teach; would give the impression of how well supportive the administration is of PE and PA)

New Business

Nominations for Chair & Vice Chair

Member Updates

Melinda Kinnison: Arkansas PTA is considering submitting a grant application to National PTA on a transformative parent engagement policy.

- <https://www.pta.org/center-for-family-engagement>
- <https://www.pta.org/home/programs/stem/STEM-Families-Grant-Opportunities>

Carole Garner: Six states and two advocacy groups have filed suit against the Agriculture Department for allegedly violating Administrative Procedure Act. Arkansas is not currently included in the lawsuit.

Meeting adjourned by Lucas at 11:27 a.m.

Next Meeting: Thursday, May 16, 2019 from 9:00 a.m. – 12:00 p.m.
Freeway Medical Building, 5800 W. 10th, Boardroom 906, Little Rock, AR 72205