

# ARKANSAS STATE BOARD OF NURSING

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Little Rock, AR 72204  
501.686.2700



## Arkansas Department of Health

Division of Healthcare Related  
Boards & Commissions

Licensed nurse \_\_\_\_\_ License number \_\_\_\_\_

Prescriber's name \_\_\_\_\_ Phone \_\_\_\_\_

### ABSTINENCE WAIVER

I am aware that the above-named individual is under an **abstinence-based** monitoring contract (which includes random, observed drug screening) through the Arkansas State Board of Nursing (Board).

I am treating the above-named individual for condition(s) which require controlled substances or abuse-potential substances and have a formal treatment plan in place.

Diagnosis/Diagnoses\* \_\_\_\_\_

\_\_\_\_\_

Medication(s) \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_  
Prescriber signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Licensee signature

\_\_\_\_\_  
Date

\*Diagnoses of Anxiety Disorder, ADD/ADHD, Depression, and other mental health conditions should be made by a mental health provider and based on the classification(s) identified in the *Diagnostic and Statistical Manual of Mental Health Disorders (DSM-5)*.