

AMHC TEAM



[Cindy Arreola](#)

Mobile Health Unit Coordinator

Arreola joined the AMHC in June 2021. She earned a Bachelor of Arts degree in World Languages from the University of Arkansas at Little Rock. She later dedicated 3.5 years to working as a Bilingual Project Specialist/Research Assistant for UAMS on the Arkansas Children's campus. Her study's findings helped state legislators make well-informed policy decisions that address economic family hardships, including food, housing and energy insecurities that have an impact on young children's health. Through the Children's HealthWatch research project, she also gained experience connecting needy families to community resources and developed a draft of a statewide Community Resource Directory to target specific needs.



[Este Frazier, MPA](#)

Accountant

Frazier joined AMHC in March 2017. She has a Bachelor of Science in accounting and a master's degree in public administration. Previously, Frazier served 16 years as financial analyst, project manager and affirmative action officer at the University of Arkansas Criminal Justice Institute. She has also served as a bookkeeper for the Pine Bluff School District for three years.



[Onekia Freeman](#)

Human Resources Analyst/ Executive Assistant

Freeman joined the AMHC in July 2019. She has 17 years of state government experience, spending the past seven years at the Arkansas Department of Community Correction where she served as a career planning and placement specialist/work advisor. In this role, she assisted returning citizens with job placement, vocational training and educational assessments.



[Ronda Gilbert-Hines, M.A.](#)

Health Specialist I

Ronda Gilbert-Hines joined the Arkansas Minority Health Commission in July 2021 as Health Specialist I, coordinating the Southern Ain't Fried Sunday and Camp iCan programs. In the past 24 years, Hines has worked with the Arkansas Department of Human Services, previously serving as the program administrator of the Division of Aging, Adult and Behavioral Health Services. In this role, she worked to promote health, safety and independence for Arkansas' aging population.



[Gregory Nichols](#)

Mobile Health Unit Driver

Nichols joined the Arkansas Minority Health Commission in 2023. Gregory Nichols is a Little Rock native who is a proud graduate of Parkview High School. Greg has an Associate's degree in computer science and electronic repair. He is a 20-year military veteran who served in Desert Storm. As mobile health unit driver, he brings more than 30 years of experience in both transportation, maintenance, and motorcoach operations. Greg is also a certified operations manager, driver trainer, and safety & security trainer and manager.