There are two types of masks you can use to protect yourself and others from getting and spreading COVID-19. When choosing a mask, choose one that fits snugly and completely covers the mouth and nose. Both types of masks are effective when used correctly.

**DISPOSABLE MASKS**

These masks are widely available and include surgical, KN95, and N95 masks. Disposable masks are meant to be single-use and are to be thrown away after the mask has become wet or dirty from sweat, saliva, make-up, or other liquids and substances. **Disposable masks cannot be washed or reused.**

**REUSABLE MASK**

These masks are also widely available and include masks made of woven fabrics. Reusable masks are meant to be multi-use and are to be washed after the mask has become wet or dirty from sweat, saliva, make-up, or other liquids and substances. **Reusable cloth masks can be washed and reused.**