Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) Survey

2017 Surveillance Report

A Survey to Improve the Health of Babies and Mothers in Arkansas



Arkansas Department of Health Survey Unit, Health Statistics Branch Center for Public Health Practice

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Introduction

The Arkansas Pregnancy Risk Assessment Monitoring System (PRAMS) survey is a joint research project between the Health Statistics Branch of the Arkansas Department of Health and the U.S. Centers for Disease Control and Prevention (CDC). The PRAMS survey was started by the CDC in 1987 to provide states with information needed to reduce the number and percentage of babies that are low birthweight and to prevent infant mortality. The program was later expanded to support the CDC's Safe Motherhood Initiative to help women have healthy pregnancies and deliver healthy babies. Arkansas has been conducting the survey since 1997.

The PRAMS survey collects information from new mothers about their experiences and behaviors before, during, and after their pregnancy that might affect the health of their baby or the health of the mother. Because the same data collection methods are used in all states conducting the survey, Arkansas data can be compared to data from other states.

Women who receive the survey are chosen from a sample of all Arkansas women who recently had a live birth in Arkansas and whose infant is 2 to 6 months at the time of sample selection. The sample is weighted so that the results of the survey are applicable to all eligible women. For 2017, the total number of women sampled was 1,770 and 844 women responded to the survey for a weighted response rate of 50.6%. The denominator for calculating prevalence rates includes all respondents except those with missing, do not know, and refused answers.

PRAMS can be used in a number of ways:

- To develop programs or interventions to improve infant health
- To identify groups of women at high risk for infant health problems
- To monitor changes in factors related to infant health
- To measure progress towards goals in improving the health of infants

This surveillance report provides results for questions included in the 2017 Arkansas PRAMS survey. Questions on the survey were grouped to capture information on experiences and behaviors before, during, and after pregnancy and other experiences. A more detailed analysis (e.g., race/ethnicity, age, education, etc.) for any of the questions is available upon request. A copy of the 2017 (Phase 8) survey with the questions referenced in the report is available at

http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/Questionnaires.asp x.

For more information about Arkansas PRAMS, please visit http://www.healthy.arkansas.gov/programsServices/healthStatistics/PRAMS/Pages/default.aspx. Information about CDC PRAMS is available at www.cdc.gov/prams.

Maternal Characteristics of Arkansas PRAMS Respondents, 2017

Characteristics	Responses (n)	Weighted Sample	Weighted Percent	Standard Error
Race/Ethnicity				
White, NH	479	23,038	69.5	2.5
Black, NH	254	5,476	16.5	1.9
Other, NH	11†	838	2.5	0.9
Hispanic	77	3,801	11.5	1.8
Total	821	33,154	100.0	
Age				
<20	87	3,195	9.3	1.5
20-24	247	9,891	28.9	2.4
25-34	416	17,515	51.1	2.7
35+	94	3,645	10.6	1.5
Total	844	34,246	100.0	
Education				
<12	146	4,388	12.9	1.8
12	303	11,293	33.2	2.5
>12	391	18,315	53.9	2.7
Total	840	33,995	100.0	
Marital Status				
Married	414	19,201	56.1	2.6
Unmarried	430	15,045	43.9	2.6
Total	844	34,246	100.0	
On Medicaid*				
On Medicaid	485	17,511	52.2	2.7
Not on Medicaid	336	16,040	47.8	2.7
Total	821	33,551	100.0	
Received WIC During Pregnancy				
No	257	14,383	42.7	2.7
Yes	568	19,299	57.3	2.7
Total	825	33,681	100.0	

^{*}Prenatal care paid for by Medicaid or ARKids First.

[†] Results with less than 30 responses may not be reliable and should be used with caution.

RESULTS FROM 2016 ARKANSAS PRAMS SURVEY

BEFORE PREGNANCY

<u>Table 1.</u> Body Mass Index (BMI) prior to pregnancy. Derived from survey questions 1-2 about height and weight just before getting pregnant.

Pre-Pregnancy BMI	Responses (n)	Weighted Percent	Standard Error	95% CI	
Underweight (< 18.5)	46	3.5	0.9	1.8	5.3
Normal (18.5-24.9)	293	42.3	2.7	36.9	47.6
Overweight (25.0-29.9)	204	27.9	2.5	23.0	32.7
Obese (30.0 +)	252	26.3	2.4	21.6	31.0
Total	795	100.0			

<u>Table 2</u>. Survey question 4. Pre-pregnancy health conditions. (All applicable "Yes" responses checked.)

Pre-Pregnancy Condition	Responses (n)	Weighted Percent	•		
Type 1 or 2 Diabetes					
No	791	95.6	1.0	93.6	97.7
Yes	42	4.4	1.0	2.3	6.4
Total	833	100.0			
High Blood					
Pressure/Hypertension					
No	736	90.4	1.5	87.4	93.3
Yes	101	9.6	1.5	6.7	12.6
Total	837	100.0			
Depression					
No	645	75.8	2.3	71.3	80.3
Yes	192	24.2	2.3	19.7	28.7
Total	837	100.0			

<u>Table 3.</u> Survey question 5. Multivitamin, prenatal vitamin or folic acid vitamin use during month before pregnancy.

How often vitamins taken	Responses (n)	Weighted Percent	Standard Error	95% CI		
Did not take any vitamins	519	60.1	2.6	54.9	65.3	
1-3 times-week	51	7.3	1.5	4.4	10.2	
4-6 times-week	34	4.3	1.2	2.0	6.6	
Every day of the week	235	28.3	2.4	23.6	33.0	
Total	839	100.0				

<u>Table 4</u>. Survey question 7. Any doctor, nurse, other health care worker visit, including dental or mental health in the twelve months before pregnancy. (All applicable "Yes" responses checked.)

Type of Pre-Pregnancy Healthcare Visit			Standard Error	95% CI		
Family doctor	251	43.5	3.4	36.9	50.2	
OB/GYN	261	57.1	3.4	50.4	63.8	
Illness/Chronic condition	110	22.4	2.9	16.8	28.1	
Injury	36	6.0	1.6	3.0	9.1	
Family planning	101	22.5	2.9	16.7	28.2	
Depression/Anxiety	81	19.0	2.7	13.7	24.3	
Dental care	253	51.5	3.4	44.8	58.3	
Other	83	13.2	2.3	8.7	17.7	

<u>Table 5</u>. Survey question 8. During health care worker visit before pregnancy, did doctor, nurse or other health care worker talk or ask about any of these.

Health care worker's actions	Responses (n)	Weighted Percent	Standard Error	95% CI	
Tell me about folic acid	152	31.1	3.2	24.7	37.4
Talk about healthy weight	187	34.5	3.3	28.1	41.0
Talk about controlling diabetes or high blood pressure	91	12.3	2.1	8.2	16.5
Talk about desire to have (or not) have children	183	38.7	3.4	32.0	45.4
Talk about birth control	222	48.0	3.5	41.2	54.8
Talk about improving pre-pregnancy health	149	27.3	3.1	21.2	33.4
Talk about sexually transmitted diseases	149	28.3	3.1	22.1	34.5
Ask about smoking	386	77.2	2.9	71.4	83.0
Ask about emotional or physical hurt	178	33.4	3.2	27.0	39.8
Ask about mental health	232	46.2	3.5	39.4	53.0
Ask about employment	273	56.8	3.5	50.1	63.6
Tested for HIV	181	29.3	3.1	23.1	35.4

<u>Table 6</u>. Survey question 10. Did doctor, nurse or other health care worker talk to you about preparing for a pregnancy.

Health care worker pre-pregnancy preparation	Responses (n)	Weighted Percent	Standard Error	95% CI	
Getting vaccines updated	92	50.7	5.9	39.0	62.4
Getting dental care	80	42.2	5.8	30.8	53.6
Getting counseling for genetic disease	57	31.5	5.4	20.9	42.2
Getting counseling for depression or anxiety	60	31.2	5.4	20.6	41.8
Medication safety	123	69.5	5.4	59.0	80.1
Smoking during pregnancy	128	66.1	5.6	55.1	77.1
Drinking alcohol during pregnancy	128	66.6	5.6	55.6	77.6
Using illegal drugs	120	62.5	5.7	51.3	73.7
Effects of secondhand smoke	118	63.7	5.6	52.6	74.8

<u>Table 7.</u> Survey question 11. Type of health insurance a month before getting pregnant with new baby. (All applicable "Yes" responses checked.)

Type of insurance month before pregnancy	Responses (n)	Weighted Standard Percent Error		95%	S CI
Insurance from job or job of husband or partner	265	39.8	2.6	34.6	44.9
Insurance from parents	72	8.1	1.5	5.2	11.0
Insurance from Health Care Exchange	91	8.6	1.5	5.8	11.5
Medicaid	310	32.1	2.5	27.2	36.9
ARKids First	54	3.8	1.0	1.9	5.7
TRICARE or other military health	24†	3.7	1.1	1.6	5.8
Other	57	4.7	1.1	2.6	6.9
None	103	12.5	1.8	9.0	16.0

<u>Table 8.</u> Survey question 12. Type of insurance used for prenatal care. (All applicable "Yes" responses checked.)

Type of insurance for prenatal care	Responses (n)	Weighted Percent	Standard Error	95%	% CI
Did not have any prenatal care Insurance from job or job of husband or partner	22† 237	2.0 37.3	0.8 2.6	0.5 32.1	3.5 42.5
Insurance from parents Insurance from Health Care Exchange	60 86	6.8 8.5	1.4 1.5	4.1 5.6	9.5 11.4
Medicaid ARKids First	468 45	50.3 4.4	2.7 1.0	44.9 2.3	55.6 6.4
TRICARE or other military health Other None	26† 54 13†	4.6 4.8 1.6	1.2 1.1 0.6	2.22.60.3	7.0 7.0 2.8

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 9.</u> Survey question 13. Type of insurance you have now. (All applicable "Yes" responses checked.)

Type of insurance now	Responses (n)			Standard 95% C Error	
Insurance from job or job of husband or partner	236	35.0	2.6	29.9	40.1
Insurance from parents	49	6.3	1.3	3.7	9.0
Insurance from Health Care	73	8.9	1.5	5.8	11.9
Exchange					
Medicaid	403	38.7	2.6	33.6	43.8
ARKids First	37	3.6	0.9	1.8	5.4
TRICARE or other military health	22†	3.8	1.1	1.6	5.9
Other	57	3.9	1.0	1.9	5.8
None	77	10.4	1.6	7.2	13.7

<u>Table 10</u>. Survey question 14. Feelings about becoming pregnant prior to pregnancy.

Pregnancy feelings	Responses (n)			95%	CI
Wanted later	221	23.5	2.3	19.0	28.0
Wanted sooner	89	11.7	1.7	8.4	15.1
Wanted then	276	36.8	2.6	31.6	41.9
Wanted never	93	8.9	1.5	6.0	11.7
Not sure how I felt	153	19.1	2.1	15.0	23.2
Total	832	100.0			

Table 11. Survey question 15. When you got pregnant, were you trying to get pregnant?

Trying to get pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	521	57.3	2.7	52.1	62.6
Yes	314	42.7	2.7	37.4	47.9
Total	835	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 12</u>. Survey question 16. Were you and your husband doing anything to keep from getting pregnant, for those who said they were not trying to get pregnant (i.e. "No" to question 15).

Trying to keep from getting pregnant	Responses (n)	Weighted Percent	Standard Error	95% CI
No	305	54.0	3.6	47.0 61.0
Yes	212	46.0	3.6	39.0 53.0
Total	517	100.0		

<u>Table 13</u>. Survey question 17. What were the reasons for not doing anything to keep from getting pregnant, for those who said they were <u>NOT</u> doing anything to keep from getting pregnant (i.e. "No" to question 16) and those who said they were <u>NOT</u> trying to get pregnant (i.e. "No" to question 15). (All applicable "Yes" responses checked.)

Reason for not doing anything	Responses (n)	Weighted Percent	Standard Error	95% C	1
Didn't mind getting pregnant	123	46.7	4.7	37.5	55.8
Thought couldn't at the time	120	32.8	4.2	24.4	41.1
Side effects from birth control	41	9.8	2.7	4.4	15.1
Problems getting birth control when needed	25†	8.4	2.6	3.2	13.6
Thought we were sterile	50	13.0	2.9	7.3	18.7
Husband or partner didn't want to use anything	68	22.3	3.9	14.7	29.9
Forgot to use birth control	31	8.2	2.5	3.3	13.1
Other reason	36	8.4	2.5	3.5	13.3

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 14. Survey question 18. What method of birth control were you using when you got pregnant.

Type of birth control	ol Responses Weighted (n) Percent		Standard Error		
Birth control pills	60	25.1	4.5	16.3	33.9
Condoms	114	51.5	5.2	41.2	61.8
Shots or injections	15†	3.6	1.8	0.0	7.1
Arm implants	3†	0.2	0.1	0.0	0.5
Patch or vaginal ring	5†	2.8	1.8	0.0	6.4
IUD	4†	0.4	0.2	0.0	0.8
Natural method	19†	12.2	3.7	5.0	19.4
Withdrawal	100	46.1	5.2	35.9	56.4
Other	10†	5.9	2.6	0.7	11.1

[†] Results with less than 30 responses may not be reliable and should be used with caution.

DURING PREGNANCY

Table 15. Derived from survey question 19. Prevalence of prenatal care in the first trimester.

Received prenatal care in 1st Trimester	Responses (n)	Weighted Percent	Standard Error	95% CI	
Yes	669	82.8	2.0	78.8	86.8
No	144	16.6	2.0	12.7	20.5
No PNC	11†	0.6	0.4	0.0	1.4
Total	824	100.0			

<u>Table 16</u>. Survey question 20. Discussion with doctor, nurse, or other health care worker during any prenatal visit.

Prenatal visit discussion	Responses (n)	Weighted Percent	Standard Error	95% CI	
Effects of smoking	583	66.4	2.6	61.3	71.5
Breastfeeding	692	81.7	2.1	77.5	85.9
Effects of alcohol	580	66.2	2.6	61.1	71.3
Effects of illegal drugs	550	61.7	2.7	56.5	66.9
Preterm labor signs	592	70.2	2.5	65.3	75.1
Depression	538	65.6	2.6	60.6	70.7
Physical abuse	372	41.4	2.7	36.2	46.7
Effects of second hand smoke	537	62.6	2.6	57.4	67.8

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 17.</u> Survey question 21. Did a doctor, nurse, or other health care worker ask any of these during a prenatal visit?

Prenatal visit talk	Responses (n)	Weighted Percent	Standard Error	95%	CI
Weight gain during pregnancy	452	53.4	2.7	48.0	58.7
Any prescription medication	762	92.5	1.4	89.6	95.3
Smoke cigarettes	766	93.7	1.3	91.1	96.3
Alcohol use	739	90.6	1.6	87.5	93.7
Emotional or physical abuse	445	51.0	2.7	45.6	56.3
Depressed	522	61.7	2.7	56.4	66.9
Illegal drug use	610	71.2	2.5	66.4	76.1
HIV Test	407	44.3	2.7	39.0	49.6
Breastfeeding plans	749	92.9	1.4	90.3	95.6
Plan to use birth control after birth	685	84.0	2.0	80.1	87.9

<u>Table 18.</u> Survey question 22. Did you have a test for HIV during your most recent pregnancy or delivery?

HIV test	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	208	39.5	3.1	33.4	45.6
Yes	416	60.5	3.1	54.4	66.6
Total	624	100.0			

<u>Table 19.</u> Survey question 23. For those whom did not have a HIV test done (questions 22), what was the reason why the testing for HIV was not done. (All applicable "Yes" responses checked.)

Reasons for no HIV testing	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not offered test	126	54.2	5.0	44.2	64.1
Did not want to	20†	10.1	3.1	4.0	16.2
HIV status known	56	29.2	4.6	20.2	38.2
Not at risk	65	33.8	4.8	24.4	43.3
Don't want others to think at risk	5†	1.2	0.8	0.0	2.8
Fear of results	5†	0.3	0.1	0.0	0.6
Other	45	21.7	4.0	13.7	29.7

<u>Table 20.</u> Survey question 24. Doctor, nurse or other health care worker offer you or tell you get a flu shot during 12 months before delivery.

Offered flu shot	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	177	15.5	1.9	11.8	19.2
Yes	655	84.5	1.9	80.8	88.2
Total	832	100.0			

Table 21. Survey question 25. During 12 months before delivery did you receive a flu shot.

Flu shot 12 months before delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	402	42.5	2.7	37.3	47.7
Yes, before pregnancy	112	10.4	1.6	7.3	13.5
Yes, during pregnancy	315	47.1	2.7	41.8	52.5
Total	829	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 22. Survey question 26. Tdap shot or vaccination before most recent pregnancy.

Tdap or vaccination during pregnancy	Responses (n)	Weighted Percent	Standard Error	95% (
No	316	36.4	2.7	31.0	41.8
Yes	414	63.6	2.7	58.2	69.0
Total	730	100.0			

<u>Table 23.</u> Survey question 27. Teeth cleaned by dentist or dental hygienist during recent pregnancy.

Dental cleaning	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	555	61.9	2.6	56.7	67.1
Yes Total	282 837	38.1 100.0	2.6	32.9	43.3

<u>Table 24.</u> Survey question 28. Questions related to dental care during most recent pregnancy.

Dental care during pregnancy	Responses (n)	Weighted Percent	Standard Error		
Important to care for teeth & gums	696	84.4	2.0	80.5	88.2
Dental care worker talked about dental care	339	43.5	2.7	38.2	48.8
Dental care insurance during pregnancy	532	67.6	2.6	62.6	72.6
Needed dental care for problem	218	24.2	2.3	19.7	28.8
Went to dentist about problem	135	15.8	2.0	12.0	19.7

<u>Table 25</u>. Survey question 29. During most recent pregnancy, home visitor gave home help prepare for new baby.

Told visit different doctor	Responses (n)	Weighted Percent			CI
No	748	94.3	1.2	92.0	96.6
Yes	80	5.7	1.2	3.4	8.0
Total	828	100.0			

<u>Table 26</u>. Survey question 30. For those who had a home visitor help prepare (question 29), who was the home visitor.

Type of home visitor	Responses Weighted Standard (n) Percent Error			95%	CI
Nivers and moves adds	25	20.2	0.4	44.5	40.0
Nurse or nurse aide	35	30.2	9.4	11.5	48.9
Teacher or health educator	13†	19.1	9.2	0.8	37.4
Doula or midwife	6†	21.7	9.4	3.0	40.3
Other	22†	29.0	10.0	9.1	48.9
Total	76	100.0			

Table 27. Survey question 31. Any health of these health conditions during most recent pregnancy.

Health conditions during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95%	CI
Gestational diabetes	69	8.0	1.5	5.1	10.9
High blood pressure	147	15.1	1.9	11.5	18.8
Depression	174	20.4	2.1	16.2	24.6
Gum disease or tooth decay	90	12.5	1.8	8.9	16.0

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 28</u>. Survey question 32. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker tell you to make an appointment with different doctor because of the gestational diabetes.

Told visit different doctor	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	45	64.4	9.2	46.1	82.7
Yes	23†	35.6	9.2	17.3	53.9
Total	68	100.0			

<u>Table 29</u>. Survey question 33. For those who had gestational diabetes during most recent pregnancy (question 31(a)), did doctor, nurse or other health care worker do any of these.

Gestational diabetes assistance	Responses (n)	Weighted Percent	Standard 95% Error		
Referral to nutritionist	41	50.2	9.7	30.9	69.5
Talk about exercise	52	58.8	9.6	39.7	77.9
Talk about weight	37	53.0	9.6	33.8	72.3
Suggest breastfeeding	36	53.9	9.6	34.7	73.0
Talk about type 2 diabetes	44	42.3	9.3	23.7	61.0

Table 30. Survey question 34. Smoked cigarettes in the past two years.

Smoked cigarettes in the past two years	Responses (n)	Weighted Percent	Standard 95% CI Error		
No	541	69.7	2.4	64.9	74.5
Yes	286	30.3	2.4	25.5	35.1
Total	827	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 31</u>. Survey question 35. For those who smoked cigarettes in the past 2 years (question 34), how many cigarettes were smoked on average in a day in the three months before pregnancy.

Cigarettes per day (3 months before pregnancy)	Responses (n)	Weighted Percent	Standard Error	95% (CI
41 cigarettes or more	4†	2.0	1.3	0.0	4.6
21 to 40 cigarettes	24†	8.8	2.7	3.5	14.1
11 to 20 cigarettes	77	29.2	4.4	20.6	37.8
6 to 10 cigarettes	83	31.5	4.5	22.7	40.4
1 to 5 cigarettes	61	14.2	3.2	7.9	20.6
Less than 1 cigarette	10†	3.4	1.6	0.3	6.4
None (0 cigarettes)	26†	10.8	3.1	4.8	16.9
Total	285	100.0			

<u>Table 32</u>. Survey question 36. How many cigarettes were smoked on average in a day in the last three months of pregnancy.

Cigarettes per day (last 3 months of pregnancy)	Responses (n)	Weighted Percent	Standard Error	95%	95% CI	
41 cigarettes or more	2†	0.9	0.8	0.0	2.6	
21 to 40 cigarettes	1†	0.1	0.1	0.0	0.2	
11 to 20 cigarettes	25†	6.7	2.3	2.1	11.4	
6 to 10 cigarettes	40	13.6	3.3	7.1	20.2	
1 to 5 cigarettes	69	21.5	3.9	13.9	29.1	
Less than 1 cigarette	18†	5.3	2.2	1.0	9.6	
None (0 cigarettes)	128	51.8	4.8	42.4	61.3	
Total	283	100.0				

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 33.</u> Derived from survey questions 35, 36 & 40. Prevalence of smoking before, during, and after pregnancy. (Smoking questions asked of women who had smoked any cigarettes in the past two years.)

Smoked 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	567	73.0	2.4	68.4	77.6
Yes	259	27.0	2.4	22.4	31.6
Total	826	100.0			
Smoked last 3 months of pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
	660	05.5	4.0	04.0	00.4
No	669	85.5	1.8	81.9	89.1
Yes	155	14.5	1.8	10.9	18.1
Total	824	100.0			
Smoke now (at time of survey)	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	608	78.4	2.2	74.2	82.7
Yes	216	21.6	2.2	17.3	25.8
Total	824	100.0			

Table 34. Survey question 37. Any quit activities during most recent pregnancy.

Quit smoke activities	Responses (n)	Weighted Percent	Standard Error	95%	CI
Set quit date	79	32.7	4.9	23.1	42.3
Use booklets/videos	24†	9.9	3.3	3.4	16.5
Call quitline or visit website	15†	4.7	2.1	0.6	8.8
Attend class	8†	2.9	1.6	0.0	6.1
Quit counselling	5†	0.5	0.3	0.0	1.1
Patch/gum/lozenge	20†	7.7	2.8	2.2	13.3
Use pill/Zyban	4†	1.9	1.6	0.0	5.0
Use pill/Chantix	3†	0.3	0.2	0.0	0.6
Quit by self	202	88.3	3.0	82.4	94.3
Switch to e-cigs	46	15.7	3.7	8.4	23.0
Other	27†	18.9	4.9	9.1	28.6

Table 35. Survey question 38. Quit smoke around time of most recent pregnancy.

Quit period around time of recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95%	CI
No	28†	7.9	2.7	2.6	13.2
No, but I cut back	91	38.8	5.0	28.9	48.7
Yes, before pregnant	15†	8.0	2.8	2.4	13.6
Yes, when pregnant	85	31.5	4.8	22.1	41.0
Yes, later in pregnancy	32	13.8	3.6	6.6	20.9
Total	251	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 36. Survey question 39. Whether any of these make it difficult to quit smoking.

Reasons why quitting is difficult	Responses Weighted (n) Percent		Standard Error	95% CI	
Cost of meds or products	81	32.2	4.8	22.7	41.7
Cost of classes	57	18.5	3.9	10.8	26.2
Weight gain	79	30.5	4.7	21.2	39.8
Loss of way to handle stress	164	73.3	4.5	64.5	82.1
Others smoking	155	68.3	4.7	59.0	77.7
Cigarette cravings	182	79.9	3.9	72.2	87.7
Lack of support	81	31.3	4.8	21.9	40.7
Depression	93	38.9	5.0	28.9	48.8
Anxiety	126	57.2	5.1	47.1	67.2

Table 37. Survey question 40. Current average number of cigarettes smoked per day.

Cigarettes per day	Responses (n)			95%	CI
41 cigarettes or more	2†	0.2	0.1	0.0	0.4
21 to 40 cigarettes	8†	1.6	1.1	0.0	3.7
11 to 20 cigarettes	56	20.6	3.9	13.0	28.3
6 to 10 cigarettes	81	24.7	4.0	16.7	32.6
1 to 5 cigarettes	60	18.4	3.7	11.1	25.8
Less than 1 cigarette	9†	5.6	2.4	0.9	10.4
None (0 cigarettes)	67	28.8	4.4	20.2	37.5
Total	283	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 38</u>. Derived from survey questions 35-36 & 40. Women who quit smoking during the last 3 months of pregnancy and resumed after delivery.

Smoking status/last 3 months of pregnancy	Responses (n)			95%	S CI
Quit in last three months	103	46.0	5.1	36.0	56.0
Did not quit in last three months	154	54.0	5.1	44.0	64.0
Total	257	100.0			

Table 39. Derived from survey questions 35-36 & 40. Delivery status after women who quit.

Smoking status after delivery for women who quit	Responses (n)	Weighted Percent	Standard Error	95%	S CI
Smoking resumed after delivery Smoking not resumed after delivery	64 39	56.3 43.7	7.6 7.6	41.2 28.5	71.5 58.8
Total	103	100.0			

<u>Table 40</u>. Survey question 41. Number of cigarette smokers in home, including self, during most recent pregnancy.

Number of smokers in home during most recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95%	S CI
0	535	67.2	2.5	62.2	72.2
1	188	23.0	2.3	18.5	27.6
2	65	7.3	1.4	4.6	10.1
3	18†	1.6	0.6	0.4	2.8
4	7†	0.7	0.5	0.0	1.6
5	3†	0.1	0.0	0.0	0.1
6	1†	0.0	0.0	0.0	0.1
7	1†	0.0	0.0	0.0	0.0
Total	818	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 41</u>. Survey question 42. Describe the rules about smoking inside your home during your most recent pregnancy.

Home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere Allowed some places or times	750 58	93.1 3.9	1.3 1.0	90.6 2.0	95.7 5.8
Permitted anywhere Total	24† 832	3.0 100.0	0.9	1.2	4.7

<u>Table 42</u>. Survey question 43. Number of cigarette smokers in your home, not including yourself.

Number of smokers in home	Responses (n)	Weighted Percent	Standard Error	95% CI	
0	564	68.6	2.5	63.6	73.5
1	193	24.1	2.3	19.6	28.7
2	52	4.9	1.2	2.6	7.2
3	11†	1.5	0.6	0.2	2.7
4	6†	0.5	0.3	0.0	1.1
5	2†	0.0	0.0	0.0	0.1
6	1†	0.4	0.4	0.0	1.2
Total	829	100.0			

Table 43. Survey question 44. Rules regarding smoking inside the home now.

Current home smoking rules	Responses (n)	Weighted Percent	Standard Error	95% CI	
Not allowed anywhere Allowed some places or times	759 52	94.6 3.7	1.2 1.0	92.3 1.8	96.9 5.5
Permitted anywhere Total	18† 829	1.7 100.0	0.7	0.4	3.1

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 44. Survey question 45. Any of these products used in the last two years.

Type used in past 2 years	Responses (n)	Weighted Percent	Standard Error	95% CI	
E-cigarettes	108	15.1	1.9	11.3	18.9
Hookah	38	6.2	1.4	3.5	9.0
Chewing tobacco, snuff, snus, dip	16†	1.0	0.5	0.1	1.9
Cigars, cigarillos, filtered cigars	62	5.9	1.2	3.5	8.4

<u>Table 45</u>. Survey question 46. In three months before pregnancy, how often were e-cigarettes or other electronic nicotine products used.

How often e-cigarettes used	Responses (n)	Weighted Standard Percent Error		95% CI	
More than once a day	17 [†]	8.8	3.6	1.7	16.0
Once a day	5†	2.3	1.7	0.0	5.6
2-6 days a week	11†	9.9	4.4	1.2	18.6
1 day a week or less	22†	18.3	5.2	7.9	28.6
Did not use	54	60.7	6.8	47.3	74.1
Total	109	100.0			

<u>Table 46</u>. Survey question 47. How often e-cigarettes or other electronic nicotine products used in last three months of pregnancy.

E-cigarettes use in last 3 months	Responses (n)	Weighted Percent	Standard Error	95%	CI
More than once a day	6†	2.8	2.1	0.0	7.0
Once a day	5†	2.4	2.1	0.0	6.6
2-6 days a week	6†	1.1	0.4	0.2	2.0
1 day a week or less	6†	6.8	3.6	0.0	14.0
Did not use	86	86.8	4.6	77.8	95.9
Total	109	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 47. Survey question 48. Any alcoholic drinks in the past two years.

Alcohol in past 2 years	Responses (n)	Weighted Percent			95% CI		
No	346	38.1	2.6	33.0	43.3		
Yes	479	61.9	2.6	56.7	67.0		
Total	825	100.0					

<u>Table 48</u>. Survey question 49. How many alcoholic drinks in average week in the three months before pregnancy.

Alcohol 3 months before pregnancy	Responses (n)	Weighted Percent	Standard Error	95%	6 CI
14 drinks of more a week	8†	1.9	0.9	0.2	3.6
8 to 13 drinks a week	8†	1.3	0.8	0.0	2.8
4-7 drinks a week	31	8.9	2.0	5.0	12.8
1-3 drinks a week	111	20.3	2.8	14.8	25.8
Less than 1 drink a week	203	46.6	3.5	39.8	53.5
I did not drink then	113	21.0	2.8	15.4	26.6
Total	474	100.0			

<u>Table 49</u>. Survey question 50. Did any of these happen - push, hit, slap, kick, choke or physically hurt - in the 12 months before pregnancy by any of these people.

Abuse by any others 12 months before pregnancy	Responses (n)	Weighted Standard Percent Error		95%	CI
Husband or partner	30	4.0	1.0	2.0	6.1
Ex-husband or ex-partner	34	3.6	1.0	1.7	5.6
Other	18†	1.8	0.7	0.4	3.2

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 50</u>. Survey question 51. Did any of these happen - push, hit, slap, kick, choke or physically hurt - during most recent pregnancy.

Abuse by any others during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Husband or partner	23†	3.0	0.9	1.2	4.8
Ex-husband or ex-partner	18†	2.2	0.8	0.7	3.8
Other	16†	1.6	0.7	0.3	2.8

Table 51. Survey question 52. Did any of these happen during most recent pregnancy.

Type of abuse during recent pregnancy	Responses (n)	Weighted Percent	Standard Error	95% CI	
Threatened or felt unsafe	37	3.5	1.0	1.6	5.4
Anger or threats	23†	2.2	0.8	0.7	3.7
Was controlled	53	6.1	1.3	3.6	8.7
Forced sex	13†	0.6	0.3	0.0	1.2

[†] Results with less than 30 responses may not be reliable and should be used with caution.

AFTER PREGNANCY

Table 52. Survey question 54. Length of hospital stay after delivery of baby.

Length of stay	Responses (n)	Weighted Percent	Standard Error	95% C	l
< 1 DAY	28†	3.5	1.0	1.6	5.4
1-2 DAYS	410	64.4	2.5	59.5	69.3
3-5 DAYS	216	21.9	2.2	17.6	26.2
6-14 DAYS	54	4.7	1.1	2.5	6.8
More than 14 days	104	4.1	0.7	2.9	5.4
Not born in hospital	4†	1.2	0.7	0.0	2.5
Still in hospital	9†	0.2	0.1	0.1	0.4
Total	825	100.0			

Table 53. Survey question 55. Is your infant alive now.

Infant alive	Responses (n)	Weighted Percent	Standard Error	95% C	:1
No	12†	0.6	0.3	0.0	1.3
Yes	791	99.4	0.3	98.7	100.0
Total	803	100.0			

<u>Table 54</u>. Survey question 56. For those mothers whose babies are living (question 52) and stay with them.

Infant with mom	Responses (n)	Weighted Percent	Standard Error	95% CI
No Yes	13† 778	0.6 99.4	0.3 0.3	0.0 1.3 98.7 100.0
Total	791	100.0	0.5	33.7 100.0

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 55</u>. Survey question 57. Received information on breastfeeding before or after birth of baby.

Source of information	Responses (n)	Weighted Percent	Standard Error	95% (CI
Doctor	615	77.5	2.3	72.9	82.0
Nurse/midwife/doula	504	67.9	2.6	62.9	73.0
Lactation specialist	497	69.0	2.6	64.0	74.1
Baby's doctor	524	65.9	2.6	60.7	71.1
Breastfeeding support group	155	19.2	2.2	14.8	23.5
Breastfeeding hotline	94	14.3	2.0	10.4	18.1
Family/friends	480	63.1	2.7	57.8	68.4

Table 56. Survey question 58. Breastfeeding for any length of time.

Ever breastfeed	Responses (n)	Weighted Percent	Standard Error	95%	CI
No	195	20.2	2.2	15.9	24.5
Yes	601	79.8	2.2	75.5	84.1
Total	796	100.0			

<u>Table 57</u>. Survey question 59. For those who did not breastfeed (question 58), reasons for not breastfeeding.

Reason for not breastfeeding	Responses (n)	Weighted Percent	Standard Error	95%	CI
Mom too sick or on medication	34	17.3	4.3	8.7	25.8
Other children to care for	41	20.2	4.8	10.7	29.7
Too many household duties	20†	6.4	2.7	1.0	11.8
Do not like breastfeeding	61	20.2	4.5	11.2	29.1
Tried but it was too hard	34	14.1	3.9	6.4	21.8
Did not want to	103	43.6	5.8	32.2	55.0
Went back to work	33	14.6	4.0	6.6	22.5
Went back to school	16†	10.3	3.6	3.2	17.4

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 58. Survey question 60. Currently breastfeeding or feeding pumped milk to baby.

Currently breast feeding	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	388	56.6	3.1	50.6	62.6
Yes	215	43.4	3.1	37.4	49.4
Total	603	100.0			

Table 59. Survey question 62. Things that happened at hospital where baby was born.

Hospital's actions	Responses (n)	Weighted Percent	Standard Error	95%	CI
Hospital gave breastfeeding information	562	96.3	1.1	94.1	98.6
Baby in room with mom	468	89.3	1.7	86.0	92.6
Breastfed in hospital	485	88.7	1.9	85.1	92.4
Staff helped with breastfeeding	462	79.4	2.5	74.5	84.4
Breastfed in 1st hour	353	75.1	2.6	70.1	80.2
Skin-to-skin contact in 1st hour	415	82.9	2.2	78.6	87.2
Only breast milk at hospital	300	61.7	3.0	55.8	67.6
Breastfeed on demand	437	82.7	2.2	78.3	87.1
Hospital provided pump	280	35.8	2.9	30.1	41.5
Hospital gave gift pack with formula	376	55.1	3.1	49.0	61.2
Hospital gave phone number for breastfeeding help	456	79.3	2.5	74.4	84.2
Hospital gave baby pacifier	416	58.0	3.1	51.9	64.1

Table 60. Survey question 63. The one position that baby is most often laid to sleep.

Sleep position	Responses (n)	Weighted Percent	Standard Error	95% (CI
Side	109	12.0	1.7	8.5	15.4
Back	570	75.0	2.3	70.4	79.6
Stomach	90	11.3	1.7	7.9	14.7
Other	20†	1.8	0.7	0.4	3.1
Total	789	100.0			

Table 61. Survey question 64. How often baby slept alone in own crib or bed in the last 2 weeks.

Baby sleeps alone	Responses (n)	Weighted Percent	Standard Error	95% (CI
Always	392	53.5	2.7	48.1	58.9
Often almost always	145	16.3	2.0	12.4	20.2
Sometimes	100	12.2	1.8	8.7	15.7
Rarely	50	5.7	1.2	3.2	8.1
Never	99	12.4	1.8	8.8	15.9
Total	786	100.0			

<u>Table 62</u>. Survey question 65. When baby slept alone (question 64), whether mother shared the room.

Baby in room with mom	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	99	17.3	2.3	12.9	21.8
Yes	588	82.7	2.3	78.2	87.1
Total	687	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 63. Survey question 66. How baby usually slept in the past two weeks.

Sleeping style	Responses (n)	Weighted Percent	Standard Error	95% CI	
Crib/bassinet, pack & play	660	83.1	2.1	79.0	87.1
Twin or larger mattress	255	35.8	2.1	30.6	41.0
Couch/sofa/armchair	104	11.8	1.7	8.4	15.2
Infant car seat or swing	386	51.5	2.8	46.1	57.0
Sleeping sack or wearable blanket	193	29.5	2.6	24.4	34.5
With blanket	439	53.3	2.8	47.9	58.8
Toys/cushions/pillows	102	12.4	1.8	8.9	16.0
Crib bumper pads	189	22.7	2.3	18.1	27.2

<u>Table 64</u>. Survey question 67. Doctor, nurse or other health care worker speak of these.

Talk on baby sleep	Responses (n)	Weighted Percent	Standard Error	95% CI	
Place on back to sleep Place in crib/bassinet/pack & play	722 671	91.9 82.6	1.5 2.1	88.9 78.5	94.9 86.8
Place crib on mom's bed Items that can or can not go in baby's bed	397 692	46.9 86.6	2.7 1.9	41.5 82.9	52.3 90.3

Table 65. Survey question 68. Home visitor after delivery.

Home visitor after delivery	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	729	94.1	1.2	91.8	96.5
Yes	83	5.9	1.2	3.5	8.2
Total	812	100.0			

<u>Table 66</u>. Survey question 69. For those who had a home visitor (question 68), did home visitor talk about these.

Home visitor discussion	Responses (n)	Weighted Percent	Standard Error	95%	CI
Breastfeeding	69	75.4	8.9	57.6	93.1
Waiting before getting pregnant again	57	49.4	10.5	28.5	70.3
Family planning	59	53.7	10.5	32.9	74.5
Postpartum depression	69	72.1	9.6	53.1	91.2
Community resources	53	45.1	10.2	24.9	65.3
Healthy weight	48	36.9	9.4	18.1	55.6
Quit smoking	39	24.9	8.0	9.0	40.7
How to get health care	65	65.6	10.2	45.2	86.0

<u>Table 67</u>. Survey question 70. Using any birth control.

Postpartum birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
No	164	16.4	2.0	12.6	20.3
Yes	660	83.6	2.0	79.7	87.4
Total	824	100.0			

<u>Table 68</u>. Survey question 71. Those who are not using birth control (question 70), what are the reasons for not doing so.

Reasons for no birth control	Responses (n)	Weighted Percent	Standard Error	95% CI	
	(/		2		
Want pregnancy	24†	10.1	3.8	2.5	17.7
Pregnant now	9†	2.9	1.9	0.0	6.7
Tubes tied or blocked	17†	10.6	3.9	2.9	18.2
Did not want to use	63	39.1	6.2	26.7	51.4
Side effects of birth control	67	41.9	6.3	29.5	54.4
Not sexually active	36	26.4	5.7	15.1	37.7
Husband or partner does not want to	21†	9.3	3.4	2.5	16.0
Payment problems	12†	5.9	2.9	0.1	11.6

Table 69. Survey question 72. Type of birth control being used.

Birth control type	Responses (n)	Weighted Percent	Standard Error	95%	CI
Tubes tied	132	19.0	2.3	14.4	23.5
Vasectomy	11†	2.0	0.8	0.3	3.7
Birth control pills	167	26.5	2.7	21.3	31.8
Condoms	207	28.3	2.7	23.1	33.5
Shots or injections	85	9.2	1.7	5.9	12.5
Implants	37	6.1	1.5	3.2	8.9
Contraceptive patch or ring	20†	2.1	0.8	0.5	3.6
IUD	73	14.8	2.2	10.6	19.1
Natural method	21†	4.2	1.2	1.8	6.7
Withdrawal	146	17.9	2.2	13.5	22.2
No sex	75	8.0	1.5	5.0	11.0

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 70. Survey question 73. Had postpartum check since delivery.

Postpartum check	Responses (n)	Weighted Percent	Standard Error	95%	CI
No	123	14.2	1.9	10.5	18.0
Yes	697	85.8	1.9	82.0	89.5
Total	820	100.0			

<u>Table 71</u>. Survey question 74. For those who have had a postpartum check (questions 72), were any of these done.

Postpartum check content	Responses (n)	Weighted Percent	Standard Error	95%	CI
Take folic acid	384	52.4	2.9	46.6	58.2
Healthy eating & exercise	424	57.2	2.9	51.5	62.9
Wait before another	352	40.4	2.8	34.8	46.0
pregnancy					
Birth control methods	606	86.6	2.0	82.7	90.4
Prescription for birth control	360	48.8	2.9	43.0	54.6
Received IUD or implant	116	17.4	2.3	13.0	21.9
Smoking habits	402	49.7	2.9	43.9	55.4
Any abuse	289	33.8	2.7	28.5	39.2
Depression	493	70.6	2.7	65.3	75.9
Test for diabetes	180	19.1	2.2	14.7	23.4

Table 72. Survey question 75. Testing for diabetes since birth of baby.

Diabetes test	Responses (n)	Weighted Standard Percent Error		95% CI	
No	667	86.7	1.8	83.2 90.1	
Yes	151	13.3	1.8	9.9 16.8	
Total	818	100.0			

<u>Table 73</u>. Survey question 76. For those who were tested for diabetes (question 75), doctor, nurse or other health care worker informed mother that she had diabetes.

Told diabetes	Responses (n)		Weighted Standard Percent Error	
No	143	91.8	3.8	84.3 99.3
Yes	9†	8.2	3.8	0.7 15.7
Total	152	100.0		

<u>Table 74</u>. Survey question 77. For those who were tested for diabetes (question 75), but haven't been informed by a doctor, nurse or health care worker that they have diabetes (question 76), did a doctor, nurse of other health care worker tell mother that she had prediabetes, borderline diabetes or high blood sugar.

Pre-diabetes	Responses (n)		Weighted Standard Percent Error	
No	133	85.1	5.3	74.7 95.6
Yes	10†	14.9	5.3	4.4 25.3
Total	143	100.0		

[†] Results with less than 30 responses may not be reliable and should be used with caution.

<u>Table 75</u>. Survey question 78. How often felt hopeless, depressed or down.

Depression	Responses (n)	Weighted Percent	Standard Error	95% (
Always	26†	2.0	0.7	0.7	3.4
Often almost always	81	9.3	1.5	6.3	12.3
Sometimes	222	25.0	2.3	20.4	29.5
Rarely	219	30.0	2.5	25.1	34.9
Never	277	33.7	2.6	28.6	38.8
Total	825	100.0			

<u>Table 76</u>. Survey question 79. How often have you had little interest or little pleasure in doing things that were usually enjoyed.

Little pleasure doing things	Responses (n)	Weighted Percent	Standard Error	95% (
Always	54	4.8	1.2	2.6	7.1
Often almost always	98	12.5	1.8	9.0	16.0
Sometimes	215	22.4	2.2	18.1	26.8
Rarely	185	25.8	2.4	21.1	30.4
Never	272	34.4	2.6	29.3	39.5
Total	824	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

OTHER EXPERIENCES

<u>Table 77</u>. Survey question 80. Services received during most recent pregnancy.

Services received	Responses (n)	Weighted Percent	Standard Error	95%	CI
Food stamps	311	27.6	2.4	22.9	32.3
WIC	568	57.3	2.7	52.0	62.6
Counseling	62	6.7	1.3	4.1	9.2
Help to quit smoking	35	3.6	1.0	1.7	5.6
Help to reduce violence	27†	3.9	1.1	1.8	6.0

Table 78. Survey question 81. During 12 months before baby's birth, what was yearly income.

Income	Responses (n)	Weighted Percent	Standard Error	95% (CI
¢ 0. TO ¢4.6.000	202	20.0	2.4	24.4	22.7
\$ 0 TO \$16,000	302	28.9	2.4	24.1	33.7
\$16,001 TO \$20,000	89	10.6	1.7	7.3	13.9
\$20,001 TO \$24,000	70	7.3	1.4	4.6	10.1
\$24,001 TO \$28,000	38	6.3	1.4	3.5	9.0
\$28,001 TO \$32,000	43	7.0	1.4	4.2	9.8
\$32,001 TO \$40,000	38	4.7	1.2	2.3	7.2
\$40,001 TO \$48,000	33	4.7	1.1	2.4	6.9
\$48,001 TO \$57,000	28†	4.7	1.1	2.4	6.9
\$57,001 TO \$60,000	15†	2.5	0.9	0.7	4.4
\$60,001 TO \$73,000	40	6.2	1.4	3.5	8.8
\$73,001 TO \$85,000	24†	4.4	1.1	2.1	6.6
\$85,001 OR MORE	76	12.8	1.8	9.2	16.4
Total	796	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.

Table 78. Survey question 82. During 12 months before delivery, count income dependents.

Number of income dependents	Responses (n)	Weighted Percent	Standard Error	95% (
1	94	9.8	1.5	6.8	12.8
2	244	28.5	2.4	23.7	33.3
3	214	31.2	2.6	26.2	36.3
4	136	16.7	2.0	12.7	20.7
5	79	8.8	1.5	5.8	11.8
6	18†	1.9	0.7	0.5	3.3
7	1†	1.2	0.6	0.0	2.4
8	9†	1.2	0.6	0.0	2.4
9	2†	0.6	0.4	0.0	1.5
11	1†	0.0	0.0	0.0	0.1
Total	808	100.0			

[†] Results with less than 30 responses may not be reliable and should be used with caution.