CHILD HEALTH ADVISORY COMMITTEE
Freeway Medical Building, Board Room, 906
October 19, 2017

Meeting called to order 9:00 a.m.: Jerri Clark, Chair

Attendees: Dr. Alan Mease, Carole Garner, Dave Oberemt, Cheria Lindsey, Jerri Clark, Tamara Baker, Trina Kuklaw

ZOOM: Dr. Lisa Washburn, Dr. Brett Stone, Donna Adkins, Michele Brown

Absent: Rob Lindley, Shakia Jackson, Paula Rawls, Micheal Knox, Matthew Nix, Dr. Martha Phillips, Marquita Little, Dolores Sutterfield, Lucas Harder

Staff in attendance: Anna Haver, Shannon Borchert

Approval of September Minutes:
Corrections: Add Dr. Mease to attendees and update “Dr. Mease: Academy of Pediatrics”
Garner moved to approve with corrections, Baker second: moved to approve.

Old Business
Subcommittees to work on recommendations
- Dave would like to step back from Physical Ed and focus on Decision Maker group
- Dr. Stone will serve on physical education/nutrition subcommittee
- Michele Brown will lead the Phys Ed group
- Brittany Rogers will replace Audra Walters on the Physical Ed subcommittee
- Anna will work with access to health foods/activity

Subcommittees convened to plan and gave updates for next steps. Summary of next steps by subcommittee title:
- Lack of awareness of environmental factors among decision and policymakers:
  - Reframing the obesity paradigm for decision makers to make the link to the Whole Child.
- Lack of access to healthy food & physical activity:
  - Looking at recommendations regarding using withholding recess and forced physical activity as punishment
  - Allowing adequate time to eat
  - Availability of additional electives connected to physical activity
  - JUA/partnership best practices and various other programs available (SPARK, Go Noodle)
Promote need for fresh fruit and vegetable funding for schools
Go back to original components of physical education/recess in regards to required time

Leadership taking ownership of issues and working to improve:
- Reviewed current recommendations and how to ensure there is support for those based on the positive outcomes.
- ESSA’s 5th indicator will be of importance; as will breakfast programs and possible partners.
- Focus on promoting the benefits of wellness committees and federal program committees merging to focus on the whole child.
- Eventual micro-certification for administrators on whole-child that merges health & wellness mandates and educational mandates.

Quality physical education and nutrition education:
- Will review national recommendations and pull similarities to work from those to propose as well as review previous CHAC recommendations.
  - Looking at possible action steps to make recommendations more feasible.
- No current standalone nutrition standards for Nutrition Education; will be reaching out for recommendations from higher education.

By-Laws subcommittee has a working draft to present at next month’s meeting.

Legislative Updates
Cheria Lindsey: 2016/2017 Vision Report given. Discussion afterward was centered on the need for resources to get the needed eye care for students.

Member Updates and Announcements
- Shannon will email the updated CHAC contact sheet.
- Dr. Alan Mease: new data on ACE’s in Arkansas (will be scanned and sent via email to members) WILL ADD DR. MEASE TO JANUARY AGENDA.
- Trina Kuklaw: Bully Awareness Month: teach our students to use their voices against bullying and learn why the student is bullying rather than just punishing the bully. Trina will send information to Anna/Shannon to be shared with group.
- Anna: Sugar Sweetened Beverage committee will be offering grants to schools for bottle filling stations upon receiving grant funding from Delta Dental.

Guests in attendance: Lynette Slaughter, Irma Cardenas

Meeting ended at 11:20 a.m.

NEXT MEETING DATE!
**Next Meeting: Thursday, November 16, 2017 9:00 am Freeway Medical 9th floor Room 906**