CHILD HEALTH ADVISORY COMMITTEE—Minutes

January 18, 2018
9:10 a.m. – 11:30 p.m.

Attendance: Cheria Lindsey, Tamara Baker, Lisa Washburn, Paula Rawls, Rob Lindley, Marquita Little, Trina KuKlaw, Donna Adkins, Carole Garner, Alan Mease, Jerri Clark
Zoom: Lucas Harder, Brett Stone, Dolores Sutterfield, Michele Brown, Shakia Jackson
Absent: Matthew Nix, Dave Oberembt,
Staff: Anna Haver, Shannon Borchert

Meeting called to order
Jerri Clark, Chair: 9:10 am

Approval of November, 2017 Minutes
Motion to approve the minutes made by Paula Rawls; motion second by Brett Stone; motion approved unanimously.

Presentation
Early Life Origins of Childhood Obesity
Dr. Alan Mease
Dr. Mease presented research showing the connection between maternal nutrition, toxic stress (infant and maternal), and gut biome on the obesity epidemic. It was demonstrated that the obesity epidemic is a complex issue that begins before conception.

Old Business
By-Laws Revisions:
Motion to approve updated By-Laws: Trina KuKlaw; motion second Lisa Washburn; motion approved unanimously.

Subcommittee Recommendations:
Physical Education/Nutrition Education: the members present have decided to recommend that a scientifically sound and evidence based curriculum be used for both physical education and nutrition education. In the event that a district is unable to purchase or procure a curriculum for either, the teacher/district can develop a curriculum to be approved by the
principal(s) overseeing the students involved. Further, professional development recommendations should also address required hours in both areas. The recommendation that educators teaching either receive a minimum of 3 hours of professional development in each area was decided upon.

Decision Makers: Shifting towards additional preventative initiatives that are community wide that will impact families.

Access to health food and access to physical activity: 11 recommendations with rational developed; fiscal impact not developed at this time.

Leaders taking ownership: Further discussed micro-credentialing, physical activity in already mandated school events, with additional recommendations regarding expanding the wellness committee to focus more on whole child-this would also address the number of committees currently meeting within schools. Additional recommendations addressed incorporating physical activity into professional development. Discussion led to request for clarification on CHAC protocol for recommendations.

New Business
Travel Reimbursement for members as funding is available: motion made by Paula Rawls, second by Trina KuKlaw, passed unanimously.

Maximum Portion Size List: Carole Garner moves to maintain maximum portion size list; Michele Brown second; passed unanimously.

Meeting adjourned at 11:30

Legislative Updates: NA
Member Updates and Announcements: NA

Nonmembers: Kim Hooks, Brittany Rogers, Lisa Mundy, Detrich Smith, Ariel Schaufler, Dr. Nugent, Lynette Slaughter, Irma Cardenes

NEXT MEETING DATE!
**Next Meeting: Thursday, February 15, 2018, 9:00 am Freeway Medical 9th floor Room 906