

## White County Health Profile Data

Indicator	White County	Arkansas	Comments	
<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			
	2002-2004	213	183	
	Trend	1999-2001	173	186
		1996-1998	194	207
		1993-1995	210	227
		1990-1992	221	234
			Heart disease mortality rates in White County have been lower than state rates and declining until the most recent period, when they rose to be higher than state rates.	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality rates are higher among blacks than whites in White County.
	White	212	178	
	Black	233	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates in White County are comparable to state rates.	
	2002-2004	205	209		
	Trend	1999-2001	208		210
		1996-1998	239		214
		1993-1995	244		222
		1990-1992	245		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates are higher among blacks than whites in White County.
	White	204	204	
	Black	257	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			In White County mortality rates for breast cancer are lower than state rates, and county rates for prostate cancer are higher than state rates.
	Lung	68	69	
	Breast	20	25	
	Colorectal	22	21	
	Prostate	33	29	

*(Arkansas Center for Health Statistics)*

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<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Type	Race			Mortality rates for lung cancer and breast cancer are higher among blacks than whites in White County; there were no deaths from colorectal or prostate cancer among blacks in White County during the period.	
	Lung	White	67	-		
		Black	131	-		
	Breast	White	20	-		
		Black	33	-		
	Colorectal	White	23	-		
		Black	0	-		
	Prostate	White	33	-		
Black		0	-			

*(Arkansas Center for Health Statistics)*

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	Type			The percentage of adults screened in White County for colorectal cancer is lower than the percentage statewide.
	Breast	72	71	
	Cervical	77	80	
	Colorectal	46	53	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates are much higher in White County than in the state overall.	
	2002-2004	101	70		
	Trend	1999-2001	118		77
		1996-1998	122		83
		1993-1995	109		82
		1990-1992	93		81

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Race			Stroke mortality rates are higher among blacks than whites in White County.
	White	99	67	
	Black	181	96	

*(Arkansas Center for Health Statistics)*

Indicator		White County	Arkansas	Comments		
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease are currently comparable to state rates.		
		2002-2004	51		49	
	Trend		1999-2001		62	47
			1996-1998		53	42
			1993-1995		43	42
			1990-1992		38	37

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates have been essentially comparable to state rates.		
		2002-2004	67		75	
	Trend		1999-2001		69	72
			1996-1998		78	75
			1993-1995		74	76
			1990-1992		70	76

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates for collisions in White County are slightly higher than state rates.	
		Collisions	29		25
		Falls	4		5
		Fire	1		2
		Homicide	6		8
		Suicide	13		13

(Arkansas Center for Health Statistics)

<b>Prevalence of Diabetes, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of adults with diabetes in White County is the same as the percentage statewide.
		2005	8	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates have been rising in White County but remain comparable to state rates.		
		2002-2004	27		28	
	Trend		1999-2001		22	25
			1996-1998		22	22
			1993-1995		15	21
			1990-1992		17	20

(Arkansas Center for Health Statistics)

Indicator		White County	Arkansas	Comments
<b>Adult Immunizations, 2004</b>  (percent)	<b>Type</b>			The percentage of adults in White County receiving a flu shot is slightly higher than the statewide percentage, but the percentage of adults in the county receiving a pneumonia vaccination is lower than the statewide percentage.
	Influenza	70	66	
	Pneumonia	57	66	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b>  (deaths per 100,000 population)	<b>Years</b>			Mortality rates for influenza & pneumonia have been variable in White County but remain lower than state rates.	
	2002-2004	24	27		
	Trend	1999-2001	21		31
		1996-1998	25		34
		1993-1995	20		23
		1990-1992	33		38

(Arkansas Center for Health Statistics)

<b>Prevalence of Arthritis, 2005</b>  (percent)	<b>Year</b>			The percentage of White County adults with arthritis is slightly lower than the percentage statewide.
	2005	28	31	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b>  (deaths per 1,000 live births)	<b>Years</b>			Infant mortality rates have been declining in White County and are currently lower than state rates.	
	2002-2004	6	8		
	Trend	1999-2001	9		8
		1996-1998	10		9
		1993-1995	11		9
		1990-1992	6		10

(Arkansas Center for Health Statistics)

<b>Low Birth Weight Births, 1990-2004</b>  (percent of live births)	<b>Years</b>			The percentage of White County births resulting in a low birth weight infant is equal to statewide percentages.	
	2002-2004	9	9		
	Trend	1999-2001	9		9
		1996-1998	7		9
		1993-1995	7		8
		1990-1992	7		8

(Arkansas Center for Health Statistics)

Indicator	White County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  (percent)	<b>Risk Factor</b>		
	Overweight & Obese (BMI $\geq$ 25)	62	65
	No Physical Activity	30	31
	Current Smoker	22	24

(Arkansas Center for Health Statistics)

<b>Adult Overweight &amp; Obesity (BMI <math>\geq</math> 25), 1996-2004</b>  (percent)	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  (percent)	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

<b>Adult Current Smokers, 1996-2004</b>  (percent)	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  (percent)	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		White County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	24	25	
	18 - 44	40	38	
	45 - 64	22	23	
	65+	14	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	94	80	
	African American	4	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	1	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	27	25	
	H.S. Diploma/GED	36	34	
	Some College	22	25	
	College Graduate	16	17	

*(2000, U.S. Census Bureau)*

Indicator	White County	Arkansas	Comments
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<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$32,203	\$32,182	
	1990	\$19,722	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	14	16	
	1990	19	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	19	19	
	No Personal Doctor	16	17	

*(Arkansas Center for Health Statistics)*