

## Pulaski County Health Profile Data

Indicator	Pulaski County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Heart disease mortality rates in Pulaski County are lower than state rates.	
	2002-2004	143	183		
	Trend	1999-2001	156		186
		1996-1998	179		207
		1993-1995	181		227
		1990-1992	195		234

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality rates are higher among blacks than whites in Pulaski County.
	White	134	178	
	Black	184	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates for Pulaski County have been declining gradually over the period and are currently slightly below the state rate.	
	2002-2004	205	209		
	Trend	1999-2001	212		210
		1996-1998	216		214
		1993-1995	229		222
		1990-1992	239		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates in Pulaski County are higher among blacks than whites.
	White	196	204	
	Black	248	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			County mortality rates are essentially comparable to state rates for each of the four cancers.
	Lung	63	69	
	Breast	25	25	
	Colorectal	20	21	
	Prostate	31	29	

*(Arkansas Center for Health Statistics)*

Indicator	Pulaski County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Lung	White	63	-	In Pulaski County mortality rates are higher among blacks for breast, colorectal and prostate cancers. County rates for lung cancer are equal to those found in the state overall.
		Black	63	-	
	Breast	White	22	-	
		Black	35	-	
	Colorectal	White	16	-	
		Black	33	-	
	Prostate	White	26	-	
		Black	53	-	

*(Arkansas Center for Health Statistics)*

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	Type			In Pulaski County the percentages of adults screened for breast, cervical and colorectal cancers are all slightly higher than the state rates.
	Breast	74	71	
	Cervical	83	80	
	Colorectal	56	53	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates in Pulaski County have been declining since the early 1990s and are currently comparable to rates found in the state overall.	
	2002-2004	69	70		
	Trend	1999-2001	80		77
		1996-1998	94		83
		1993-1995	97		82
		1990-1992	84		81

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Race			Stroke mortality rates are substantially higher among blacks than among whites in Pulaski County.
	White	64	67	
	Black	92	96	

*(Arkansas Center for Health Statistics)*

Indicator		Pulaski County	Arkansas	Comments		
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease in Pulaski County have been at or slightly higher than the state rate until the most recent period, when the county rate was lower than the state rate.		
		2002-2004	43		49	
	Trend		1999-2001		48	47
			1996-1998		44	42
			1993-1995		45	42
			1990-1992		41	37

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates have generally been at or below the state rate.		
		2002-2004	73		75	
	Trend		1999-2001		70	72
			1996-1998		70	75
			1993-1995		83	76
			1990-1992		71	76

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates associated with collisions are lower in Pulaski County than in the state overall. Mortality rates associated with homicides are higher in the county than in the state, but rates for falls, fire, and suicides are equivalent.	
		Collisions	17		25
		Falls	5		5
		Fire	2		2
		Homicide	15		8
		Suicide	13		13

(Arkansas Center for Health Statistics)

<b>Prevalence of Diabetes, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Pulaski County adults with diabetes is the same as the percentage found in the state overall.
		2005	8	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates have been variable but are currently slightly lower in Pulaski County than in the state.		
		2002-2004	25		28	
	Trend		1999-2001		27	25
			1996-1998		22	22
			1993-1995		22	21
			1990-1992		24	20

(Arkansas Center for Health Statistics)

Indicator	Pulaski County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Adult Immunizations, 2004</b> <i>(percent)</i>	<b>Type</b>			The percentage of Pulaski County adults receiving immunizations for influenza or pneumonia are both slightly lower than the state rates.
	Influenza	64	66	
	Pneumonia	60	66	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b> <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for influenza and pneumonia have generally been declining in Pulaski County during the period and are currently lower than the state rate.	
	2002-2004	20	27		
	Trend	1999-2001	46		31
		1996-1998	71		34
		1993-1995	57		23
		1990-1992	51		38

*(Arkansas Center for Health Statistics)*

<b>Prevalence of Arthritis, 2005</b> <i>(percent)</i>	<b>Year</b>			The percentage of Pulaski County adults with arthritis is at or slightly below the state rate.
	2005	29	31	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b> <i>(deaths per 1,000 live births)</i>	<b>Years</b>			Infant mortality rates in Pulaski County have consistently been slightly higher than the state rates.	
	2002-2004	9	8		
	Trend	1999-2001	10		8
		1996-1998	10		9
		1993-1995	10		9
		1990-1992	11		10

*(Arkansas Center for Health Statistics)*

<b>Low Birth Weight Births, 1990-2004</b> <i>(percent of live births)</i>	<b>Years</b>			The percentage of Pulaski County births resulting in a low birth weight infant is at or slightly above the state rate.	
	2002-2004	10	9		
	Trend	1999-2001	10		9
		1996-1998	10		9
		1993-1995	10		8
		1990-1992	9		8

*(Arkansas Center for Health Statistics)*

Indicator	Pulaski County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  (percent)	<b>Risk Factor</b>		
	Overweight & Obese (BMI ≥ 25)	62	65
	No Physical Activity	27	31
	Current Smoker	21	24

(Arkansas Center for Health Statistics)

<b>Adult Overweight &amp; Obesity (BMI ≥ 25), 1996-2004</b>  (percent)	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  (percent)	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

<b>Adult Current Smokers, 1996-2004</b>  (percent)	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke – has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  (percent)	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		Pulaski County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	25	25	
	18 - 44	41	38	
	45 - 64	23	23	
	65+	11	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	64	80	
	African American	32	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	2	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	16	25	
	H.S. Diploma/GED	27	34	
	Some College	29	25	
	College Graduate	28	17	

*(2000, U.S. Census Bureau)*

Indicator	Pulaski County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$38,120	\$32,182	
	1990	\$26,883	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	13	16	
	1990	14	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	14	19	
	No Personal Doctor	13	17	

*(Arkansas Center for Health Statistics)*