

## Pope County Health Profile Data

Indicator	Pope County	Arkansas	Comments
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<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Heart disease mortality has been variable in Pope County but in the most recent period were comparable to state rates.	
	2002-2004	181	183		
	Trend	1999-2001	165		186
		1996-1998	218		207
		1993-1995	218		227
		1990-1992	220		234

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality rates are higher among whites than blacks in Pope County.
	White	182	178	
	Black	161	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates in Pope County have generally been lower than state rates.	
	2002-2004	199	209		
	Trend	1999-2001	224		210
		1996-1998	209		214
		1993-1995	216		222
		1990-1992	204		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates are higher among blacks than whites in Pope County.
	White	198	204	
	Black	290	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Pope County mortality rates are lower than state rates for colorectal and prostate cancer.
	Lung	66	69	
	Breast	28	25	
	Colorectal	15	21	
	Prostate	15	29	

*(Arkansas Center for Health Statistics)*

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<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Lung	White	64	-	In Pope County mortality rates are higher among blacks than whites for lung, breast, and colorectal cancer. There were no prostate cancer deaths among blacks in the county during the period.
		Black	196	-	
	Breast	White	27	-	
		Black	54	-	
	Colorectal	White	15	-	
		Black	39	-	
	Prostate	White	15	-	
		Black	0	-	

(Arkansas Center for Health Statistics)

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	Type			Percentages of Pope County adults screened for breast, cervical, and colorectal cancer are lower than statewide percentages.
	Breast	66	71	
	Cervical	74	80	
	Colorectal	51	53	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates in Pope County have been variable but in the most recent period (2002-04) were higher than state rates.	
	2002-2004	78	70		
	Trend	1999-2001	69		77
		1996-1998	87		83
		1993-1995	72		82
		1990-1992	64		81

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Race			Stroke mortality rates are much higher among blacks than whites in Pope County.
	White	78	67	
	Black	123	96	

(Arkansas Center for Health Statistics)

Indicator		Pope County	Arkansas	Comments		
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease have been increasing in Pope County since the early 1990s and have generally been higher than state rates.		
		2002-2004	60		49	
	Trend		1999-2001		52	47
			1996-1998		43	42
			1993-1995		45	42
			1990-1992		31	37

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates in Pope County have been variable but in the two most recent periods (1999-2004) have been lower than state rates.		
		2002-2004	67		75	
	Trend		1999-2001		60	72
			1996-1998		75	75
			1993-1995		49	76
			1990-1992		68	76

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Pope County mortality rates for common causes of injury death are comparable to state rates.	
		Collisions	24		25
		Falls	5		5
		Fire	3		2
		Homicide	4		8
		Suicide	10		13

*(Arkansas Center for Health Statistics)*

<b>Prevalence of Diabetes, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Pope County adults with diabetes is the same as the statewide percentage.
		2005	8	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates have been declining in Pope County since the mid-1990s and are currently well below state rates.		
		2002-2004	17		28	
	Trend		1999-2001		22	25
			1996-1998		23	22
			1993-1995		22	21
			1990-1992		21	20

*(Arkansas Center for Health Statistics)*

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<b>Adult Immunizations, 2004</b>  <i>(percent)</i>	<b>Type</b>			The percentages of Pope County adults receiving immunizations for influenza or pneumonia are both below statewide percentages. <i>(Arkansas Center for Health Statistics)</i>
	Influenza	61	66	
	Pneumonia	58	66	

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for influenza & pneumonia have been variable in Pope County. <i>(Arkansas Center for Health Statistics)</i>	
	2002-2004	34	27		
	Trend	1999-2001	21		31
		1996-1998	36		34
		1993-1995	38		23
		1990-1992	34		38

<b>Prevalence of Arthritis, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Pope County adults with arthritis is slightly higher than the statewide percentage. <i>(Arkansas Center for Health Statistics)</i>
	2005	33	31	

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b>  <i>(deaths per 1,000 live births)</i>	<b>Years</b>			Infant mortality rates in Pope County have consistently been lower than state rates. <i>(Arkansas Center for Health Statistics)</i>	
	2002-2004	6	8		
	Trend	1999-2001	5		8
		1996-1998	7		9
		1993-1995	7		9
		1990-1992	6		10

<b>Low Birth Weight Births, 1990-2004</b>  <i>(percent of live births)</i>	<b>Years</b>			The percentage of Pope County births resulting in a low birth weight infant has consistently been lower than statewide percentages. <i>(Arkansas Center for Health Statistics)</i>	
	2002-2004	7	9		
	Trend	1999-2001	7		9
		1996-1998	6		9
		1993-1995	7		8
		1990-1992	6		8

Indicator		Pope County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  (percent)	<b>Risk Factor</b>			Percentages of Pope County adults who are overweight, physically inactive, or current smokers are comparable to statewide percentages.
	Overweight & Obese (BMI $\geq$ 25)	67	65	
	No Physical Activity	30	31	
	Current Smoker	25	24	

(Arkansas Center for Health Statistics)

<b>Adult Overweight &amp; Obesity (BMI <math>\geq</math> 25), 1996-2004</b>  (percent)	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  (percent)	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

<b>Adult Current Smokers, 1996-2004</b>  (percent)	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  (percent)	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		Pope County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	25	25	
	18 - 44	40	38	
	45 - 64	22	23	
	65+	13	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	94	80	
	African American	3	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	2	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	23	25	
	H.S. Diploma/GED	34	34	
	Some College	25	25	
	College Graduate	19	17	

*(2000, U.S. Census Bureau)*

Indicator	Pope County	Arkansas	Comments
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<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$32,069	\$32,182	
	1990	\$22,326	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	15	16	
	1990	15	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	22	19	
	No Personal Doctor	18	17	

*(Arkansas Center for Health Statistics)*