

## Little River County Health Profile Data

Indicator	Little River County	Arkansas	Comments
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<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Heart disease mortality rates in Little River County have consistently been higher than state rates but have declined somewhat over the period.	
	2002-2004	207	183		
	Trend	1999-2001	210		186
		1996-1998	237		207
		1993-1995	235		227
		1990-1992	190		234

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality rates are higher among blacks than whites in Little River County.
	White	192	178	
	Black	271	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates in Little River County have been variable.	
	2002-2004	190	209		
	Trend	1999-2001	241		210
		1996-1998	204		214
		1993-1995	258		222
		1990-1992	208		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates are higher among blacks than whites in Little River County.
	White	178	204	
	Black	259	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates for prostate cancer are much higher in Little River County than in the state, but are lower for lung cancer and breast cancer.
	Lung	60	69	
	Breast	13	25	
	Colorectal	21	21	
	Prostate	50	29	

*(Arkansas Center for Health Statistics)*

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<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Lung	White	57	-	Mortality rates for lung, colorectal, and prostate cancers are much higher for blacks than whites in Little River County. There were no breast cancer deaths among blacks in the county during the period.
		Black	84	-	
	Breast	White	17	-	
		Black	0	-	
	Colorectal	White	16	-	
		Black	46	-	
	Prostate	White	35	-	
		Black	134	-	

*(Arkansas Center for Health Statistics)*

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	<b>Type</b>			The percentage of women in Little River County screened for breast and cervical cancer are comparable to state rates, but the percentage of county adults screened for colorectal cancer is lower than state rates.
	Breast	73	71	
	Cervical	79	80	
	Colorectal	35	53	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Stroke mortality rates in Little River County have typically been lower than state rates, although they have risen in recent years to be currently comparable to state rates.	
	2002-2004	68	70		
	Trend	1999-2001	88		77
		1996-1998	62		83
		1993-1995	66		82
		1990-1992	59		81

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Stroke mortality rates are higher among blacks than whites in Little River County.
	White	66	67	
	Black	88	96	

*(Arkansas Center for Health Statistics)*

Indicator		Little River County	Arkansas	Comments	
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease have been variable in Little River County.	
	2002-2004	19	49		
	Trend	1999-2001	45		47
		1996-1998	39		42
		1993-1995	19		42
		1990-1992	26		37

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates have also been variable in Little River County.	
	2002-2004	63	75		
	Trend	1999-2001	107		72
		1996-1998	90		75
		1993-1995	49		76
		1990-1992	78		76

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates for collisions and suicide are higher in Little River County than in the state overall, but county rates for falls and homicides are at or slightly below state rates.
	Collisions	29	25	
	Falls	2	5	
	Fire	2	2	
	Homicide	6	8	
	Suicide	22	13	

(Arkansas Center for Health Statistics)

<b>Prevalence of Diabetes, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Little River County adults with diabetes is the same as the percentage found in the state overall.
	2005	8	8	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates have been increasing in Little River County but remain slightly lower than the state rates.	
	2002-2004	26	28		
	Trend	1999-2001	21		25
		1996-1998	9		22
		1993-1995	19		21
		1990-1992	20		20

(Arkansas Center for Health Statistics)

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<b>Adult Immunizations, 2004</b>  <i>(percent)</i>	<b>Type</b>			The percentages of adults in Little River County immunized for influenza and pneumonia are slightly higher than state rates.
	Influenza	73	66	
	Pneumonia	69	66	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for influenza & pneumonia declined in the early- to mid-1990s but have risen since that time. In the most recent period county rates were comparable to or slightly higher than state rates.	
	2002-2004	29	27		
	Trend	1999-2001	23		31
		1996-1998	21		34
		1993-1995	24		23
		1990-1992	32		38

*(Arkansas Center for Health Statistics)*

<b>Prevalence of Arthritis, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Little River adults with arthritis is slightly higher than the percentage in the state overall.
	2005	34	31	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b>  <i>(deaths per 1,000 live births)</i>	<b>Years</b>			Infant mortality rates have been variable in Little River County.	
	2002-2004	7	8		
	Trend	1999-2001	11		8
		1996-1998	5		9
		1993-1995	12		9
		1990-1992	13		10

*(Arkansas Center for Health Statistics)*

<b>Low Birth Weight Births, 1990-2004</b>  <i>(percent of live births)</i>	<b>Years</b>			The percentage of Little River births resulting in a low birth weight infant has been variable but in recent periods has been higher than the state rate.	
	2002-2004	13	9		
	Trend	1999-2001	13		9
		1996-1998	9		9
		1993-1995	11		8
		1990-1992	8		8

*(Arkansas Center for Health Statistics)*

Indicator	Little River County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  (percent)	<b>Risk Factor</b>		
	Overweight & Obese (BMI $\geq$ 25)	68	65
	No Physical Activity	37	31
	Current Smoker	27	24

(Arkansas Center for Health Statistics)

<b>Adult Overweight &amp; Obesity (BMI <math>\geq</math> 25), 1996-2004</b>  (percent)	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  (percent)	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

<b>Adult Current Smokers, 1996-2004</b>  (percent)	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  (percent)	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		Little River County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	25	25	
	18 - 44	34	38	
	45 - 64	26	23	
	65+	15	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	75	80	
	African American	21	16	
	Native American	2	1	
	Asian American	1	1	
	Hispanic	2	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	27	25	
	H.S. Diploma/GED	38	34	
	Some College	25	25	
	College Graduate	10	17	

*(2000, U.S. Census Bureau)*

Indicator	Little River County	Arkansas	Comments
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<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$29,417	\$32,182	
	1990	\$21,791	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	15	16	
	1990	19	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	23	19	
	No Personal Doctor	20	17	

*(Arkansas Center for Health Statistics)*