

## Garland County Health Profile Data

Indicator	Garland County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Heart disease mortality rates are lower in Garland County than in the state overall.	
	2002-2004	146	183		
	Trend	1999-2001	118		186
		1996-1998	175		207
		1993-1995	203		227
		1990-1992	199		234

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality is higher for blacks than whites in Garland County.
	White	143	178	
	Black	223	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates in Garland County were declining and generally below the state rates until the most recent period (2002-04) when they rose to a level slightly higher than the state rate.	
	2002-2004	213	209		
	Trend	1999-2001	176		210
		1996-1998	190		214
		1993-1995	211		222
		1990-1992	231		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates in Garland County are higher for blacks than for whites.
	White	213	204	
	Black	243	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Cancer mortality rates in Garland County are highest for lung cancer and these rates are higher than the state rate. Rates for other cancers (breast, colorectal, and prostate cancer) are lower in Garland County than state rates.
	Lung	79	69	
	Breast	18	25	
	Colorectal	19	21	
	Prostate	25	29	

*(Arkansas Center for Health Statistics)*

Indicator	Garland County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Lung	White	82	-	In Garland County mortality rates for lung cancer are higher for whites than for blacks. Rates for other cancers are higher among blacks than whites, particularly the mortality rates for prostate cancer.
		Black	45	-	
	Breast	White	18	-	
		Black	21	-	
	Colorectal	White	19	-	
		Black	32	-	
	Prostate	White	23	-	
		Black	100	-	

*(Arkansas Center for Health Statistics)*

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	Type			The percentages of Garland County adults who were screened for breast and colorectal cancer are slightly above the state rates. Proportions for cervical cancer screening are at or slightly below the state rate.
	Breast	75	71	
	Cervical	77	80	
	Colorectal	56	53	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates are lower in Garland County than in the state overall.		
		2002-2004	59		70	
	Trend		1999-2001		73	77
			1996-1998		77	83
			1993-1995		60	82
			1990-1992		62	81

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Race			Stroke mortality rates in Garland County are higher for blacks than whites.	
		White	57		67
		Black	100		96

*(Arkansas Center for Health Statistics)*

Indicator		Garland County	Arkansas	Comments		
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease have been increasing and are higher in Garland County than in the state overall.		
		2002-2004	56		49	
	Trend		1999-2001		57	47
			1996-1998		38	42
			1993-1995		45	42
			1990-1992		38	37

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates in Garland County have been variable but generally higher than the state.		
		2002-2004	93		75	
	Trend		1999-2001		84	72
			1996-1998		90	75
			1993-1995		71	76
			1990-1992		93	76

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates were at or slightly above the state rate for all the individual causes of injury.	
		Collisions	25		25
		Falls	6		5
		Fire	3		2
		Homicide	12		8
		Suicide	18		13

(Arkansas Center for Health Statistics)

<b>Prevalence of Diabetes, 2005</b>  <i>(percent)</i>	<b>Year</b>			The proportion of Garland County adults with diabetes is the same as in the state overall.
		2005	8	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates have been increasing in Garland County over the past 15 years but have been at or below the state rate.		
		2002-2004	27		28	
	Trend		1999-2001		18	25
			1996-1998		20	22
			1993-1995		18	21
			1990-1992		17	20

(Arkansas Center for Health Statistics)

Indicator	Garland County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Adult Immunizations, 2004</b> <i>(percent)</i>	<b>Type</b>			The proportion of Garland County adults who received an influenza vaccination is the same as the proportion found in the state overall. The proportion receiving a pneumonia vaccination is lower than the state rate.
	Influenza	65	66	
	Pneumonia	58	66	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b> <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for influenza & pneumonia in Garland County have been decreasing since the early 1900s. In the most recent period (2002-04) the county rates were slightly lower than the state rate.	
	2002-2004	24	27		
	Trend	1999-2001	27		31
		1996-1998	40		34
		1993-1995	59		23
1990-1992		37	38		

*(Arkansas Center for Health Statistics)*

<b>Prevalence of Arthritis, 2005</b> <i>(percent)</i>	<b>Year</b>			The percentage of adults in Garland County with diabetes is slightly higher than the state rate.
	2005	34	31	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b> <i>(deaths per 1,000 live births)</i>	<b>Years</b>			Infant mortality rates have been at or lower in Garland County than in the state overall, until the most recent period. In 2002-04 the county rates rose to a point at or slightly higher than the state rate.	
	2002-2004	9	8		
	Trend	1999-2001	7		8
		1996-1998	8		9
		1993-1995	7		9
1990-1992		7	10		

*(Arkansas Center for Health Statistics)*

<b>Low Birth Weight Births, 1990-2004</b> <i>(percent of live births)</i>	<b>Years</b>			The percentage of births in Garland County that resulted in a low birth weight infant has been approximately equal to the state rate since the early 1990s.	
	2002-2004	8	9		
	Trend	1999-2001	9		9
		1996-1998	11		9
		1993-1995	7		8
1990-1992		9	8		

*(Arkansas Center for Health Statistics)*

Indicator	Garland County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  <i>(percent)</i>	<b>Risk Factor</b>		
	Overweight & Obese (BMI $\geq$ 25)	65	65
	No Physical Activity	29	31
	Current Smoker	25	24

*(Arkansas Center for Health Statistics)*

<b>Adult Overweight &amp; Obesity (BMI <math>\geq</math> 25), 1996-2004</b>  <i>(percent)</i>	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

*(Arkansas Center for Health Statistics)*

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  <i>(percent)</i>	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

*(Arkansas Center for Health Statistics)*

<b>Adult Current Smokers, 1996-2004</b>  <i>(percent)</i>	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

*(Arkansas Center for Health Statistics)*

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  <i>(percent)</i>	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

*(Arkansas Center for Health Statistics)*

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		Garland County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	21	25	
	18 - 44	32	38	
	45 - 64	25	23	
	65+	21	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	89	80	
	African American	8	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	3	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	22	25	
	H.S. Diploma/GED	33	34	
	Some College	28	25	
	College Graduate	18	17	

*(2000, U.S. Census Bureau)*

Indicator	Garland County	Arkansas	Comments
-----------	----------------	----------	----------

<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$31,724	\$32,182	
	1990	\$20,260	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	15	16	
	1990	18	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	19	19	
	No Personal Doctor	16	17	

*(Arkansas Center for Health Statistics)*