

## Cross County Health Profile Data

Indicator	Cross County	Arkansas	Comments
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<b>Age-Adjusted Heart Disease Mortality, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Heart disease mortality in Cross County declined through the 1990s but rose in the most recent period (2002-04) to be higher than the state rate.	
	2002-2004	212	183		
	Trend	1999-2001	184		186
		1996-1998	212		207
		1993-1995	262		227
		1990-1992	299		234

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Heart Disease Mortality by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Heart disease mortality is comparable for blacks and whites in Cross County.
	White	213	178	
	Black	214	230	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Cancer mortality rates rose in Cross County in the early 1990s but have been declining since that time. County cancer mortality rates are currently comparable to or slightly below state rates.	
	2002-2004	206	209		
	Trend	1999-2001	240		210
		1996-1998	299		214
		1993-1995	233		222
		1990-1992	199		222

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Race</b>			Cancer mortality rates are somewhat higher among blacks than whites in Cross County.
	White	206	204	
	Black	214	255	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Type</b>			Mortality rates are higher in Cross County than in the state for lung and prostate cancer, lower for colorectal cancer, and comparable for breast cancer.
	Lung	80	69	
	Breast	26	25	
	Colorectal	13	21	
	Prostate	38	29	

*(Arkansas Center for Health Statistics)*

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<b>Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Lung	White	88	-	In Cross County mortality rates are higher among blacks for breast, colorectal and prostate cancer but are higher among whites for lung cancer.
		Black	45	-	
	Breast	White	26	-	
		Black	31	-	
	Colorectal	White	10	-	
		Black	30	-	
	Prostate	White	29	-	
		Black	86	-	

*(Arkansas Center for Health Statistics)*

<b>Cancer Screening, 2004</b>  <i>(percent)</i>	Type			The percentages of adults screened in Cross County for breast, cervical and colorectal cancer are all slightly lower than state rates.
	Breast	67	71	
	Cervical	79	80	
	Colorectal	51	53	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates are higher in Cross County than in the state overall.	
	2002-2004	93	70		
	Trend	1999-2001	95		77
		1996-1998	128		83
		1993-1995	97		82
		1990-1992	119		81

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Stroke Mortality Rate by Race, 2002-2004</b>  <i>(deaths per 100,000 population)</i>	Race			Stroke mortality is higher among blacks in Cross County than among whites.
	White	86	67	
	Black	132	96	

*(Arkansas Center for Health Statistics)*

Indicator		Cross County	Arkansas	Comments	
<b>Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004</b> <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for chronic obstructive pulmonary disease have been increasing in Cross County and are higher than in the state.	
	2002-2004	64	49		
	Trend	1999-2001	73		47
		1996-1998	49		42
		1993-1995	29		42
1990-1992		31	37		

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate for All External Injuries, 1990-2004</b> <i>(deaths per 100,000 population)</i>	<b>Years</b>			Injury mortality rates have typically been higher in Cross County than in the state overall.	
	2002-2004	86	75		
	Trend	1999-2001	66		72
		1996-1998	102		75
		1993-1995	97		76
1990-1992		96	76		

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004</b> <i>(deaths per 100,000 population)</i>	<b>Type</b>			In Cross County mortality rates are higher than in the state for collisions, homicide and suicide, but slightly lower than state rates for falls and fires.
	Collisions	33	25	
	Falls	3	5	
	Fire	1	2	
	Homicide	11	8	
Suicide	16	13		

(Arkansas Center for Health Statistics)

<b>Prevalence of Diabetes, 2005</b> <i>(percent)</i>	<b>Year</b>			The percentage of Cross County adults with diabetes is higher in Cross County than in the state overall.
	2005	11	8	

(Arkansas Center for Health Statistics)

<b>Age-Adjusted Diabetes Mortality Rate, 1990-2004</b> <i>(deaths per 100,000 population)</i>	<b>Years</b>			Diabetes mortality rates are lower in Cross County than in the state.	
	2002-2004	20	28		
	Trend	1999-2001	9		25
		1996-1998	16		22
		1993-1995	13		21
1990-1992		26	20		

(Arkansas Center for Health Statistics)

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<b>Adult Immunizations, 2004</b>  <i>(percent)</i>	<b>Type</b>			The percentages of Cross County adults receiving immunizations for influenza and/or pneumonia are well below state rates.
	Influenza	53	66	
	Pneumonia	45	66	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Mortality Rate for Influenza &amp; Pneumonia, 1990-2004</b>  <i>(deaths per 100,000 population)</i>	<b>Years</b>			Mortality rates for influenza & pneumonia have been variable but most recently have been higher than state rates.	
	2002-2004	38	27		
	Trend	1999-2001	40		31
		1996-1998	27		34
		1993-1995	44		23
		1990-1992	35		38

*(Arkansas Center for Health Statistics)*

<b>Prevalence of Arthritis, 2005</b>  <i>(percent)</i>	<b>Year</b>			The percentage of Cross County adults with arthritis is comparable to the percentage found in the state overall.
	2005	33	31	

*(Arkansas Center for Health Statistics)*

<b>Age-Adjusted Infant Mortality Rate, 1990-2004</b>  <i>(deaths per 1,000 live births)</i>	<b>Years</b>			Infant mortality rates in Cross County are substantially higher than state rates.	
	2002-2004	16	8		
	Trend	1999-2001	19		8
		1996-1998	8		9
		1993-1995	18		9
		1990-1992	12		10

*(Arkansas Center for Health Statistics)*

<b>Low Birth Weight Births, 1990-2004</b>  <i>(percent of live births)</i>	<b>Years</b>			The percentage of Cross County births resulting in a low birth weight infant is comparable to state rates.	
	2002-2004	10	9		
	Trend	1999-2001	9		9
		1996-1998	10		9
		1993-1995	10		8
		1990-1992	9		8

*(Arkansas Center for Health Statistics)*

Indicator	Cross County	Arkansas	Comments
<b>Behavioral Risk Factors, 2005</b>  (percent)	<b>Risk Factor</b>		
	Overweight & Obese (BMI $\geq$ 25)	68	65
	No Physical Activity	40	31
	Current Smoker	23	24

(Arkansas Center for Health Statistics)

<b>Adult Overweight &amp; Obesity (BMI <math>\geq</math> 25), 1996-2004</b>  (percent)	<b>Years</b>			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

<b>Adults Who Do Not Participate in Any Physical Activity, 1996-2004</b>  (percent)	<b>Years</b>			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

<b>Adult Current Smokers, 1996-2004</b>  (percent)	<b>Years</b>			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

<b>Adult Who Do Not Consume 5 or More Fruits &amp; Vegetables a Day, 1996-2005</b>  (percent)	<b>Years</b>			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
<b>Proportion of Arkansans with No Cholesterol Check (Ever), 2005</b>  <i>(percent)</i>	<b>Year</b>			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

*(Arkansas Center for Health Statistics)*

<b>Proportion of Arkansans Diagnosed with High Blood Pressure, 2005</b>  <i>(percent)</i>	<b>Year</b>			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

*(Arkansas Center for Health Statistics)*

Indicator		Cross County	Arkansas	Comments
<b>County Population by Age Group, 2000</b>  <i>(percent)</i>	<b>Age Group</b>			
	< 18	28	25	
	18 - 44	36	38	
	45 - 64	23	23	
	65+	14	14	

*(2000, U.S. Census Bureau)*

<b>County Population By Race/Ethnicity, 2000</b>  <i>(percent)</i>	<b>Race/Ethnicity</b>			
	White	75	80	
	African American	24	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	1	3	

*(2000, U.S. Census Bureau)*

<b>County Population by Educational Level, 2000</b>  <i>(percent)</i>	<b>Level</b>			
	Less than H.S.	32	25	
	H.S. Diploma/GED	38	34	
	Some College	20	25	
	College Graduate	10	17	

*(2000, U.S. Census Bureau)*

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<b>Median Household Income, 1990 &amp; 2000</b>  <i>(dollars)</i>	<b>Year</b>			
	2000	\$29,362	\$32,182	
	1990	\$19,049	\$21,147	

*(2000, U.S. Census Bureau)*

<b>County Population Below Poverty Level, 1990 &amp; 2000</b>  <i>(percent)</i>	<b>Year</b>			
	2000	20	16	
	1990	25	19	

*(2000, U.S. Census Bureau)*

<b>Access to Healthcare, 2004</b>  <i>(percent)</i>	<b>Indicator</b>			
	No Health Insurance	21	19	
	No Personal Doctor	22	17	

*(Arkansas Center for Health Statistics)*