

Benton County Health Profile Data

Indicator	Benton County	Arkansas	Comments
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Age-Adjusted Heart Disease Mortality, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Heart disease mortality rates in Benton County have been higher than the state rates since the early 1990s.	
	2002-2004	198	183		
	Trend	1999-2001	216		186
		1996-1998	215		207
		1993-1995	242		227
		1990-1992	215		234

(Arkansas Center for Health Statistics)

Age-Adjusted Heart Disease Mortality by Race, 2002-2004 <i>(deaths per 100,000 population)</i>	Race			Heart disease mortality rates are higher than state rates for white citizens in Benton County but more than twice as high as the state rate for black citizens.
	White	198	178	
	Black	477	230	

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rate for All Cancer, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Cancer mortality rates in Benton County have consistently been lower than the state rates.	
	2002-2004	172	209		
	Trend	1999-2001	167		210
		1996-1998	186		214
		1993-1995	186		222
		1990-1992	192		222

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rate for All Cancer by Race, 2002-2004 <i>(deaths per 100,000 population)</i>	Race			Cancer mortality rates are higher in Benton County for blacks than for whites.
	White	172	204	
	Black	299	255	

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rates for Cancer by Type, 2002-2004 <i>(deaths per 100,000 population)</i>	Type			Lung cancer and prostate county mortality rates are lower in Benton County than in the state overall. The breast cancer mortality rate is equal to the state rate, and the rate of colorectal cancer mortality is slightly lower than the state rate.
	Lung	52	69	
	Breast	25	25	
	Colorectal	18	21	
	Prostate	16	29	

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Age-Adjusted Mortality Rates for Cancer by Type and Race, 2002-2004 <i>(deaths per 100,000 population)</i>	Type	Race				
	Lung	White	52	-		
		Black	0	-		
	Breast	White	26	-		
		Black	0	-		
	Colorectal	White	18	-		
		Black	0	-		
	Prostate	White	17	-		
Black		0	-			

(Arkansas Center for Health Statistics)

Cancer Screening, 2004 <i>(percent)</i>	Type			Benton County adults report receiving cancer screening at levels that are equal to or slightly above the state rate.
	Breast	72	71	
	Cervical	83	80	
	Colorectal	53	53	

(Arkansas Center for Health Statistics)

Age-Adjusted Stroke Mortality Rate, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Stroke mortality rates in Benton County have been and are substantially below the state rates.	
	2002-2004	46	70		
	Trend	1999-2001	54		77
		1996-1998	62		83
		1993-1995	57		82
		1990-1992	66		81

(Arkansas Center for Health Statistics)

Age-Adjusted Stroke Mortality Rate by Race, 2002-2004 <i>(deaths per 100,000 population)</i>	Race			There were no stroke deaths for blacks in Benton County in the 2002-04 period. The stroke mortality rate among whites was lower in Benton County than in the state overall.
	White	46	67	
	Black	0	96	

(Arkansas Center for Health Statistics)

Indicator		Benton County	Arkansas	Comments		
Age-Adjusted Chronic Obstructive Pulmonary Disease Mortality Rate, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Mortality rates for chronic obstructive pulmonary disease have been and are substantially lower than the state rate.		
		2002-2004	31		49	
	Trend		1999-2001		32	47
			1996-1998		35	42
			1993-1995		33	42
			1990-1992		31	37

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rate for All External Injuries, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Injury mortality rates in Benton County have been and are substantially lower than the state rate.		
		2002-2004	51		75	
	Trend		1999-2001		61	72
			1996-1998		48	75
			1993-1995		56	76
			1990-1992		53	76

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rate by Cause of External Injury, 1995-2004 <i>(deaths per 100,000 population)</i>	Type			Mortality rates associated with collisions and homicide in Benton County are lower than the state rates. Mortality rates associated with other causes of injury in the county were essentially the same as state rates.	
		Collisions	18		25
		Falls	4		5
		Fire	1		2
		Homicide	4		8
		Suicide	12		13

(Arkansas Center for Health Statistics)

Prevalence of Diabetes, 2005 <i>(percent)</i>	Year			The percentage of Benton County adults with diabetes is slightly below the percentage in the state overall.
		2005	6	

(Arkansas Center for Health Statistics)

Age-Adjusted Diabetes Mortality Rate, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Diabetes mortality rates have been and are substantially lower in Benton County than in the state overall. While state rates have been increasing, the rates in Benton County have been decreasing since the early 1990s.		
		2002-2004	13		28	
	Trend		1999-2001		12	25
			1996-1998		16	22
			1993-1995		19	21
			1990-1992		13	20

(Arkansas Center for Health Statistics)

Indicator	Benton County	Arkansas	Comments
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Adult Immunizations, 2004 <i>(percent)</i>	Type			The percentage of Benton County adults who report receiving a flu shot is at or slightly higher than the state rate, but the percentage receiving a pneumonia vaccination is lower than the state rate.
	Influenza	69	66	
	Pneumonia	55	66	

(Arkansas Center for Health Statistics)

Age-Adjusted Mortality Rate for Influenza & Pneumonia, 1990-2004 <i>(deaths per 100,000 population)</i>	Years			Mortality rates for influenza & pneumonia decreased dramatically in Benton County in the late 1990s and have been lower than the state rate since 1999.	
	2002-2004	19	27		
	Trend	1999-2001	22		31
		1996-1998	68		34
		1993-1995	47		23
1990-1992		45	38		

(Arkansas Center for Health Statistics)

Prevalence of Arthritis, 2005 <i>(percent)</i>	Year			The percentage of Benton County adults reporting arthritis is somewhat lower than the state rate.
	2005	27	31	

(Arkansas Center for Health Statistics)

Age-Adjusted Infant Mortality Rate, 1990-2004 <i>(deaths per 1,000 live births)</i>	Years			The infant mortality rate in Benton County has consistently been at or below the state rate.	
	2002-2004	7	8		
	Trend	1999-2001	5		8
		1996-1998	8		9
		1993-1995	9		9
1990-1992		9	10		

(Arkansas Center for Health Statistics)

Low Birth Weight Births, 1990-2004 <i>(percent of live births)</i>	Years			The percentage of births in Benton County that resulted in a low birth weight infant has been stable and slightly lower than the state rate throughout the period.	
	2002-2004	7	9		
	Trend	1999-2001	7		9
		1996-1998	7		9
		1993-1995	6		8
1990-1992		7	8		

(Arkansas Center for Health Statistics)

Indicator	Benton County	Arkansas	Comments
Behavioral Risk Factors, 2005 (percent)	Risk Factor		
	Overweight & Obese (BMI \geq 25)	59	65
	No Physical Activity	23	31
	Current Smoker	21	24

(Arkansas Center for Health Statistics)

Adult Overweight & Obesity (BMI \geq 25), 1996-2004 (percent)	Years			In 2004, more than 60 percent of Arkansas adults were overweight or obese. This percentage continues to rise.	
	2004	-	63		
	Trend	2002	-		61
		2000	-		60
		1998	-		55
		1996	-		55

(Arkansas Center for Health Statistics)

Adults Who Do Not Participate in Any Physical Activity, 1996-2004 (percent)	Years			Although there has been some improvement in recent years, in 2004, more than a quarter of Arkansas adults did not participate in any physical activity.	
	2004	-	27		
	Trend	2002	-		27
		2000	-		28
		1998	-		36
		1996	-		37

(Arkansas Center for Health Statistics)

Adult Current Smokers, 1996-2004 (percent)	Years			The proportion of adults who smoke - a major risk factor for chronic diseases, such as cancer, heart disease and stroke - has remained fairly constant in recent years. In Arkansas, approximately one of every four adults reported being a current smoker in 2004.	
	2004	-	26		
	Trend	2002	-		26
		2000	-		25
		1998	-		26
		1996	-		26

(Arkansas Center for Health Statistics)

Adult Who Do Not Consume 5 or More Fruits & Vegetables a Day, 1996-2005 (percent)	Years			Between 1996 and 2005, in Arkansas there was an increasing trend of inadequate consumption of fruits and vegetables. In 2005, 79 percent of Arkansans reported that they did not eat the recommended five or more daily servings of fruits and vegetables.	
	2005	-	79		
	Trend	2002	-		80
		2000	-		79
		1998	-		73
		1996	-		69

(Arkansas Center for Health Statistics)

Indicator		Arkansas	U.S.	Comments
Proportion of Arkansans with No Cholesterol Check (Ever), 2005 <i>(percent)</i>	Year			In Arkansas, like in the U. S. overall, approximately one fourth of the adult population in 2003 had not ever had their blood cholesterol level checked contrary to general recommendations.
	2005	28	23	

(Arkansas Center for Health Statistics)

Proportion of Arkansans Diagnosed with High Blood Pressure, 2005 <i>(percent)</i>	Year			The overall prevalence of high blood pressure in Arkansas was 29 percent in 2005. This is higher than the national rate of 26 percent for the same year.
	2005	29	26	

(Arkansas Center for Health Statistics)

Indicator		Benton County	Arkansas	Comments
County Population by Age Group, 2000 <i>(percent)</i>	Age Group			
	< 18	27	25	
	18 - 44	38	38	
	45 - 64	21	23	
	65+	14	14	

(2000, U.S. Census Bureau)

County Population By Race/Ethnicity, 2000 <i>(percent)</i>	Race/Ethnicity			
	White	91	80	
	African American	1	16	
	Native American	1	1	
	Asian American	1	1	
	Hispanic	9	3	

(2000, U.S. Census Bureau)

County Population by Educational Level, 2000 <i>(percent)</i>	Level			
	Less than H.S.	20	25	
	H.S. Diploma/GED	33	34	
	Some College	27	25	
	College Graduate	20	17	

(2000, U.S. Census Bureau)

Indicator	Benton County	Arkansas	Comments
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Median Household Income, 1990 & 2000 <i>(dollars)</i>	Year			
	2000	\$40,281	\$32,182	
	1990	\$26,021	\$21,147	

(2000, U.S. Census Bureau)

County Population Below Poverty Level, 1990 & 2000 <i>(percent)</i>	Year			
	2000	10	16	
	1990	10	19	

(2000, U.S. Census Bureau)

Access to Healthcare, 2004 <i>(percent)</i>	Indicator			
	No Health Insurance	18	19	
	No Personal Doctor	22	17	

(Arkansas Center for Health Statistics)