

Center for Local Public Health - HHI

Activity Report

July - August 2009

To ease use of this report by ADH programs, I have color coded activities as follows:

Family Planning/Title X/ Act 1220

Lifestage Health

Minority/disparity

Diabetes

Cardiovascular

Tobacco

Seasonal Flu/H1N1 Flu

Area	Activity
<p>Hometown Health Improvement (Submitted by Andi Ridgway)</p>	<p>Center for Local Public Health / HHI</p> <ul style="list-style-type: none"> ● Center for Health Advancement <ul style="list-style-type: none"> ○ Attended Diabetes Advisory Council meeting ○ Assisting with planning Chronic Disease Forums for regional and state stakeholders; reviewed proposals for facilitator contract ● Regions <ul style="list-style-type: none"> ○ Presented HHI QM results at Regional Directors meeting and also to Senior Staff ○ Presented CAHS results in Greene County ● Tobacco Prevention and Control <ul style="list-style-type: none"> ○ Worked with TPCP and HHI RM to develop a work plan and budget format for spending their regional allotment. ● Presented HHI at Coordinated School Health conference to superintendents with school grants; Attended Coordinated School Health celebration luncheon for Stephanie. ● Coordinated 3 day satellite downlink of Weight of the Nation conference broadcast from Washington DC to ADH Auditorium and regions ● Year 2 Arkansas Assessment Initiative - survey of Marshallese results pending analysis ● Attended Arkansas Coalition for Obesity Prevention meeting; participated in workgroups for Built Environment, Worksite Wellness and Executive Committee; serving on steering committee for Growing Healthy Communities project; Attended Employer’s Health Coalition meeting in Hot Springs ● Participated in CDC PHS Block Grant visit – Stephanie presented

Area	Activity
	for HHI <ul style="list-style-type: none"> <li data-bbox="565 352 1490 428">• CDC funding for “Healthy Communities” - participated in CDC Integration workshop in Dallas with other Arkansas team members

Central Region	<p data-bbox="516 468 1490 1163">Grant County - Grant County, Central Region Office and University of North Carolina Chapel Hill School of Public Health have partnered together to focus on promoting awareness of Perinatal Periods of Risk- a way to assess various risks to mothers and babies-in Grant County. Grant County has a high rate of teenage pregnancies as well as a high ratio of infant morbidity. Through our partnering with Chapel Hill School of Public Health, Grant County is host to a candidate for Masters intern whose expertise is Maternal Child Health. She presented an outstanding power-point on Grant County statistics and held a captive audience. Zenobia Harris, DNP, MPH, BSN gave a report on the Dr. Old’s model of intensive home visiting program for new mothers and babies and also on the Birthing Project which is using volunteers to help new mothers and their babies. The coalition was very excited and discussed ways that Grant County might implement similar projects to reduce teenage pregnancy and better birth outcomes in Grant County. Sheridan School District is scheduled to have the Health unit employees on the school grounds for a Flu Clinic on October 22nd from 1-7 PM. Poyen and East End School Districts are scheduling their dates soon.</p> <p data-bbox="516 1163 1490 1318">Saline County – Ralph Bunche Community Development Corporation hosted the 2009 Juneteenth Celebration on June 20, 2009 at the Ralph Bunche Park. The celebration attracted about 300 people from Saline County and other surrounding counties.</p> <p data-bbox="516 1318 1490 1478">Support Staff - The Central Region staff is planning the 5th annual HHI Wellness Conference entitled Building Health Families: STEPS for a New Lifestyle scheduled for September 25 at Pulaski Technical College. Keynote speaker will be Dr. Karen Young.</p>
Southwest Region	<p data-bbox="516 1478 1490 1633">Calhoun: Lynn Bryant, R.N., and Paula Inzer, Health Services Specialist, both with the Calhoun County Health Unit, presented a program in June on Oral Health to 42 children at the ABC School and to 18 children at Head Start in Hampton.</p> <p data-bbox="516 1633 1490 1829">Clark: A prostate cancer screening clinic was held Friday, June 19, at the Clark County Health Unit (CCHU). It was organized by administrator John Miller, who worked with the Arkansas Prostate Cancer Foundation and Dr. McLane Simpson. A total of 31 men came through the clinic, receiving both PSAs and digital rectal exams.</p> <p data-bbox="516 1829 1490 1871">Columbia: Health Unit Administrator Melinda Harrell, RN, attended the</p>

Columbia County Local Emergency Planning Committee in June and presented an update on the Arkansas Department of Health (ADH) response to the Swine Flu pandemic. She presented the group of 20 with a copy of the ADH website home page and instructions for obtaining Swine Flu updates. She also informed the group of the upcoming School Flu and Mass Flu Clinic projects. A request was made for nurses to contact her at the health unit if they are interested in volunteering to help with either event. Columbia County's HEALTH Coalition sponsored a Family Care Fair on August 7th at the First United Methodist Church in Magnolia. The event drew almost 100 participants and provided a wealth of health education and screening booths from local agencies, including free Prostate Cancer screenings.

Dallas: The Dallas County Health Unit and Sparkman Public Library will soon benefit from some attractive new curb appeal thanks to a quick-thinking and observant County Agent with the Dallas County Cooperative Extension Office. As an ongoing project, Dallas County Cooperative Extension Agent, Julie Speight, and Master Gardener Mary Berman implemented their landscaping plan for a barren area alongside the health unit in Fordyce. As part of a 4-H gardening grant through the Cooperative Extension Service, they purchased fifteen holly plants and fifteen lilies, along with other assorted plants to incorporate into the design. In an effort to provide grant writing instruction and tips so that more community projects might benefit from grant funding, The Dallas County Hometown Health Coalition, DASH, hosted a day-long workshop on Grant Writing.

Hempstead: Health Unit Administrator Jeannine Wilson was interviewed in July by Jerry Westmore on KTSS, Channel 55, a local television station. Jeannine discussed CDC information on the prevention of heat-related illness, the signs and symptoms of heat exhaustion and heat stroke, and what to do if any of these symptoms should occur.

Howard: Howard County Farmers Market held its grand opening and ribbon cutting ceremony on Friday, June 26th. The ribbon cutting ceremony was attended by civic and community leaders and elected officials. Approximately 150 people attended the event and enjoyed refreshments. Hometown Health Coalition sponsored a community health fair on June 6th featuring 26 vendors. Screenings were offered for cholesterol, blood glucose, blood pressure and diabetes.

Lafayette: Health Unit Administrator Tonya Clark gave a Presentation on H1N1 to Members of the Quorum Court on June 1st. The Lafayette County Press was in attendance & published an article in the paper.

Miller: Gap Broadcasting in Miller County hosted the 14th Annual Wild About Wellness Children's Health Fair Saturday, July 25th at the Four States Fair Grounds in Texarkana. A whopping 2,500 youth and adults participated in the annual event. Free vision, hearing, BMI, posture,

dental, nose, throat, blood pressure, and flexibility screenings, health and safety tips, bicycle helmet fittings and distributions, and immunizations were also provided. Other efforts to instill wellness into the community include a presentation to In-Home Service Aides on “Eat Smart, Live Strong”, a nutrition and physical activity program for older adults.

Nevada: Janet McAdams, Hometown Health Regional Manager, gave a talk on health department services to 20 women at the United Methodist Church in Prescott on June 22nd. The talk included information on the signs and symptoms of heart attacks and strokes. Participants were informed of the importance of calling 911 if either is suspected. School personnel were educated on stroke awareness when Lori Arnette, RN, School Nurse for Prescott Elementary School, gave a PowerPoint presentation on “Stomp Out Stroke” to 30 staff members at the school wellness meeting.

Sevier: Sevier County Hometown Health Coalition partnered with De Queen Medical Center to expand and enhance the 10th Annual Children’s Health Fair. The fair, using the theme from Pixar Pictures recent movie “UP”, targets school age children who are in need of annual physicals and immunizations. The Sevier County Hometown Health Coalition organized a minority health fair in conjunction with the Arkansas Minority Health Commission. The fair was held on July 30th at the Cultural Awareness Center in DeQueen and served over 300 local residents. Attendees were provided with free health screenings including blood pressure, dental, cholesterol, sickle cell, vision, glucose, HIV/AIDS, and immunizations. Spanish interpreters were on hand and Papa Poblano’s catered the free lunch.

Union: Faircrest Community in Union County was awarded \$3,975 in June from an Arkansas Rural Community Development Grant to develop designated bike trails throughout the county. Faircrest Community was one of 28 rural communities selected for Fiscal Year 2009 funding through the Arkansas Rural Community Grant Program. The Fantastic Fourth Celebration event was the perfect place for TOUCH to implement a portion of their “Don’t Drink and Drive” media campaign. Jill Weinischke, SPF SIG Coordinator, participated in the event at the El Dorado football stadium on the 4th of July. The Fantastic Fourth Celebration is a community event that offers safe and fun activities for local families and hosts a band and fire work show at night. The SPF SIG for Union County focuses on reducing alcohol-related car crashes in their area. One activity in the grant’s strategic plan is a media campaign to raise awareness regarding the prevalence of alcohol-related car crashes and the effects of underage drinking.

Regional: The Hometown Health initiative of the Southwest Region partnered with the Educational Cooperatives in Southwest Arkansas to sponsor nationally known brain-based lecturer, Jean Blaydes Madigan on

	<p>June 22nd to June 25th. “Building a Better Brain through Movement”, was provided for four consecutive days in each co-op region. This program was partially funded by Act 1220 funds received from the Center for Health Advancement. Approximately 140 teachers, early childhood educators, counselors, nurses, and administrators attended the workshops.</p> <p>CHNS/CHPS Cheryl Byrd, RN, and Community Health Nurse Specialist at DeQueen/Mena Educational Cooperative, hosted a workshop on Teen Health on June 17th for coaches and health and PE teachers. She distributed several resources for statistics including the Arkansas Youth Risk Behavior Survey for 2007 and the Arkansas Prevention Needs Assessment Survey results for each county. Sheree McKinnon, RN, Communicable Disease Nurse Specialist, presented information about sexually transmitted diseases and HIV to the group. She also distributed a flow chart of when to report sexual abuse.</p> <p>Emily Lyons, RD, and Community Health Promotion Specialist from Dawson Cooperative presented the webcast “Call to Leadership: Elevating School Wellness to a Higher Level”. The webcast looked at childhood obesity in the schools and the urgency of creating healthier schools in America by overcoming barriers and improving school nutrition and physical activity. Emily also presented “Supersizing Our Youth: Childhood Obesity” at the Basic Health and Food Safety for School Foodservice Personnel workshop at the De Queen/Mena Education Cooperative on July 22nd.</p> <p>Rhonda McDonald, Community Health Nurse, spoke to summer school students at Bearden School on June 17th. Topics in her presentation included oral health, tobacco, first aid, and when to call 911. The audience was Kindergarten through 6th grade students.</p>
<p>Southeast Region</p>	<p>Arkansas: The Arkansas County Partners in Health hired a new AmeriCorps Vista worker to assist with coalition activities. This is a position that is funded through ADRDN. Danielle Dixon, Arkansas County LHU Administrator partnered with the Community Outreach Partners for Youth (COPY) in Stuttgart and participated in a Back to School Extravaganza. During this event immunization education and other health related information was provided to the 515 citizens that were present. Hopes are to make this an annual event after this event proved to be such a great success in the community.</p> <p>Ashley: Ashley County is in the process of implementing the Vial of LIFE. Tammy Cook, Administrator and HHI Chairperson held a meeting with police, paramedics, Office of Emergency Management, EMT and local mayors on August 24th to explain how the Vial of LIFE works. The Vial of LIFE is a program for which individuals can participate to have their medical information stored in a medicine vial or container for Emergency</p>

personnel to be able to find if a patient is unable to respond. The patient's homes are recognized by magnets or signs on the doors or refrigerators for participation. Empty vials were given to all present at the meeting. Magnets will be printed up that can go on refrigerators to notify emergency personal about vial in freezer. Radio stations in the area and newspapers have been notified to get the word out.

There is a now a part-time worker for the Prescription Assistance Program in Ashley County being funded by Arkansas Delta Rural Development Network (ADRDN).

A Blood Drive/mini health fair held on August 17th to target the Minority population on awareness of sickle cell disease. There were a total of 60 units of blood donated and over 20 community members participated in the Sickle cell tests. It was a wonderful occasion in bringing new partners working together in Ashley County to reach minority population with education on Sickle Cell disease. This was a collaborative effort of the Ashley County Hometown Health Coalition, LifeShare of Louisiana, Ashley County Medical Center and the Sickle Cell Foundation.

Monthly Healthy Cooking classes are being offered by the Ashley County Cooperative Extension Service. This is a free service offered to the public at the Courthouse Annex in Hamburg. Monthly SOS ads are being run in local newspapers and posters are being placed in businesses with the new Quitline number.

Chicot: The Chicot County HHI Coalition had a luncheon on Thursday, July 23rd. This event was to officially notarize the coalition in the community and to increase membership participation. Yolanda "Jill" Porter, Chicot County Local Health Unit Administrator, shared data at "Recover Dermott Town Hall Meeting" sponsored by Eastside Community Club of Dermott, Inc. and Dermott Chamber of Commerce. She shared data about Teen Pregnancy as this has been a concern in the local High School. She also shared that when compared to the state average, Chicot, Desha and Lincoln Counties have a higher percentage of babies born prematurely; these counties also have a higher percent of low birth weight babies. Some of the data shows that these communities also have a higher mortality rate from heart disease.

Cleveland: A Healthy Cooking class was held at the Rison Baptist Church. This was a collaborative effort with the Cooperative Extension Service of Cleveland County. A second Healthy Cooking class was held at the Senior Center in Rison. A total of 24 community members took part in this free service to the community. Cleveland County Hometown Health Improvement partnerships worked together to host an in-service for the Woodlawn and Kingsland cafeteria personnel to approximately 34 workers. Topics presented were Portion Control, Food Safety, Food Marketing and Eating Behaviors.

Desha: The Desha Hometown Health Improvement Project met in July

and elected new officers according to their Policies and Procedures. Community members were named both chair and vice-chair.

Drew: The Drew County BRFSS data results are in and their coalition is making preparations on how this data is going to be presented. [Drew County Cooperative Extension Service began Strong Women and Reshape Yourself programs in July.](#)

The Arkansas Department of Health's Tobacco Prevention and Cessation Program (TPCP) recently awarded \$74,955.78 to the University of Arkansas at Monticello and the Drew HEALTH (Helping Educate, Advocate and Lead Towards Health) Coalition to continue efforts to decrease and eliminate tobacco use in Drew, Ashley, Desha and Bradley Counties. With the new allotment of funds, UAM and Drew HEALTH have developed a work plan to most effectively spend the dollars. Funding is extending from Drew County to include Ashley, Desha and Bradley counties for the coming year to assist in the implementation of UAM's smoke-free campuses in Monticello, Crossett, McGehee and Warren. The partnership hopes to increase the knowledge of the dangers of tobacco use and second-hand smoke.

An AmeriCorps worker to aid with the Prescription Assistance Program was hired within the Coalition. This position is funded through the ADRDN.

Lee: The Lee County HHI Coalition partnered with The Diabetic Shoppe on July 14th for the community to receive diabetes services. Twenty Five community members received services during the event.

Senator Blanche Lincoln chose Lee County as one of the County's in the State to be part of the Innovative Readiness Training (IRT) program. Veronica Seller, LHU Administrator received word in July that Lee County had been chosen after the initial application had been submitted to Washington D.C. The project is to begin in 2011.

Lincoln: The Extension Women hosted a Senior Fair on August 5th. They had over 25 exhibitors and attendance from the community of at least 75 people. This was the day it absolutely just stormed but the buses kept rolling in with Senior citizens. This event was a resource fair to educate senior citizens on the services available to them. The LHU provided Breast Care information as well as WIC, [Tobacco Quit Now](#), income guidelines and much more.

["Healthy Cooking" with the Lincoln County Cooperative Extension Service and the South Central Center on Aging, in partnership with the Lincoln County Health Unit. The free class was held on August 19th at the Star City Civic Center. The focus was on Diabetes and cooking for health.](#)

Monroe: At the Judge Larry Morris Cancer Expo that was held in June sponsored by the Monroe County TEA/Hometown Health Improvement Coalition, the St. Bernard's Mammography Unit was on hand to register women who were in need of mammograms. The mobile unit came to

Mid-Delta Health Systems in Clarendon on July 8th, where 14 women received mammograms. All women had Medicare, private insurance or BreastCare, but Mid-Delta Health Center had funds available from a Komen grant to help with any charges not paid by the insurances. The Coalition was extremely grateful to St. Bernard's for providing such great care to the ladies of Monroe County. The Monroe County TEA/HHI Coalition took a coalition members idea and ran with it to provide free dental services to the public on August 7th. The Coalition partnered with White River Rural Health and Mid-Delta Health Systems, Inc. to provide a free dental clinic in Brinkley to approximately 40 community members. Cleanings, X-rays, and extractions were provided to the participants. This event was such a success and the evaluation data proved it to be needed service that the Coalition is planning to host the event again in the future. A Coalition partner provided free dental services on a separate day at their clinic to those individuals that were turned away on this date of service due to time constraints.

Phillips: Marilyn Kountz with the Census Bureau spoke at the July HHI meeting regarding grant opportunities available to organizations within the community. [Walter Darnell from Counseling Services of Eastern Arkansas partnered with the Phillips County Hometown Health Improvement Coalition to host a diversity conference titled "Cultural Diversity and Beyond" on August 6th. The speaker was Kenley Wade, MBA, a management consultant with over 35 years of experience in state level public service administration and the development of community based service systems in Illinois. Mr. Wade is a frequent speaker at national conferences and seminars. 53 people attended and enjoyed a thought provoking day with activities such as an exercise on values and a discussion on cultural competence.](#)

Prairie: [The Prairie County HHI Coalition partnered with the Cooperative Extension to put on the 2nd annual Food, Fun & Fitness Camp: Go, Glow & Grow! This was a successful event with over 20 children participating each day over the three day period. They received many educational experiences throughout the camp.](#)

St. Francis: ADRDN has funded a new AmeriCorps worker with the Tri-County Rural Health Network and will be assisting the Coalition in its future endeavors. The Back to School Fair was held on Saturday, August 15th Forrest City Jr. High Practice Field. Parents, guardians, and students were invited to attend the festivities. The School District accepted donations of school supplies and school related door prizes. The St. Francis County Hometown Health Network Youth Sub-Committee partnered in this event by donating school supplies for the local youth, 800-900 students attended the event.

[Forrest City School District has successfully applied for and received a Fresh Fruits and Vegetables grant from the US Department of Agriculture](#)

in the amount of \$137,480.00. The USDA program which provides reimbursement for fresh fruits and fresh vegetables served free to students during the school day outside the lunch and breakfast meals. The program is sponsored through the Arkansas Department of Education's Child Nutrition Unit. The goals of the program are to create a healthier school environment by providing healthier food choices, increase fruit and vegetable consumption, make a difference in diets to impact present and future health as well as expand the variety of fruits and vegetables children experience.

On August 29th, East Arkansas Enterprise Community hosted the 7th annual Cancer Expo. Community members had the opportunity to have free screenings that were provided by UAMS, including Prostate, clinical breast exams, glucose and more. Dr. Walt Davis attended with UAMS and preformed the breast exams. The St. Francis County Hometown Health Network Adult Committee provided educational material to the public that attended this event

STAR-Health: On July 29-30, 2009, the Community Health Workers of Desha, Lincoln and Chicot Counties participated in a two day Community Connection training facilitated by Shealese Washington, CHES, Public Health Educator for the SE Region.

Southeast Regional Administrator Meeting: August 20, 2009

Dr. Chad Rodgers of Little Rock Pediatric Clinic Medical Director of Reach out and Read Arkansas, attended the SE Regional Administration meeting on August 20th. Dr. Rodgers is an esteemed speaker on literacy and the direct link to health outcomes. He presented information showing that ½ of the US population may be at risk for:

- Medical misunderstandings
- Mistakes
- Excess hospitalizations
- Poor health outcomes.

Low literacy related to problem behaviors in children/adolescents:

- Increased teacher reported problem behavior
- Increased use of tobacco
- Increased use of alcohol
- Increased violence
- More likely to carry a gun
- More likely to require a medical treatment after physical fight

Dr. Rodgers shared a video about people who struggle every day with low health literacy and the feelings they have as they can't understand some of the doctors instructions and how to complete forms. The presentation lead to a discussion with the administrators of how to best share this information in the community. The above mentioned video can be purchased and shown to community members in an effort to raise

	<p>awareness of this issue.</p> <p>CHPS/CHNS: Arkansas River Education Service Cooperative (ARESC) received grant funding from the Pine Bluff Community Foundation for an employee wellness program. The program officially kicked off with the first <i>Lunch N Learn</i> being held June 29th. Monthly <i>Lunch N Learn</i> sessions will be held monthly for the remainder of the year to encourage and support the participants. Tai Chi classes started in July and will continue. Employee Fitness Packets were distributed to employees who signed up for the wellness program. In order to receive the packets ARESC employees needed to complete a worksite health promotion interest survey. Participants will also receive various incentive items throughout the six month program. Employees may have their height, weight, BMI, and body fat percentage measured pre and post program, as well as, performed periodically throughout the six month program at their request. These screenings are performed in a confidential manner and on a voluntary basis. Kim Hooks, RN, BSN, MPH, Community Health Nurse Specialist is serving as the <i>Health & Wellness the ARESC Way Program Planner</i> Daughters of Charity in Gould has received a grant from for Substance Abuse. This is a UAPB Prevention Grant for Lincoln, Drew and Desha counties.</p>
<p>Northeast Region</p>	<p>Clay County: The Annual Camp Fit-N-Fun was held for approximately forty 3rd – 6th graders that promoted proper nutrition and physical activity. Partner with U of A Coop. Extension presentation to 40 on the importance of drinking milk along with the recommended daily servings, milkshakes, and took pictures displaying a milk mustache.</p> <p>Cleburne County: The Cleburne County Coalition adopted a new mission statement that focuses on alcohol, tobacco and other drugs as well as health issues. A booth will be set up at the County Fair and at the Old Soldier’s Reunion. MAP (Methamphetamine Awareness & Prevention) grant coordinator is Mary Calhoun and she will be applying for the Justice Assistance Grant and the CHRP (Cops Hiring Recovery Program). Plans are being finalized for the Coalition and the LHU to host two merchant’s training for area tobacco merchants presented by the Arkansas Tobacco Control Board on Aug. 4th. Display in back waiting area regarding the benefits of water in your diet and front waiting area info on SOS and Act 13, Smoking with Child in the car.</p> <p>Craighead County: Cardiology Associates Foundation is planning the Red Dress Gala and collaborating with African American and Hispanic health professionals to develop a women’s cardiovascular disease program. Plans are being made for the Heart & Sole 5K. Kim McCray, PHE, assisted Jared Pulver, PHI, with a HIV Awareness Campaign for a group. Free HIV screenings and pamphlets were available. A pilot program for physical fitness and nutrition for people who haven’t been active in a while will</p>

begin soon, it's called Trim Gym. Planning has started on the following events: The Heart Truth; Corporate Olympics and Heart & Sole.

Crittenden County: Telemed Schedule: "A plan for Dental Education in AR" and "Pediatric Urology & Surgery" in June. Zumba (dance and exercise) classes are being held at the Neighborhood Center this summer. Delta AHEC "Healthy Kids" was held at the Neighborhood Center. East AR Family Health Center, new affiliate *Healthy Partners*, opened June 29th in Blytheville. Kim McCray, PHE, assisted Michelle Williams, PHI, with a HIV Awareness Campaign for approximately 30 participants. Free HIV screenings and pamphlets were available. The Coop Extension Services put up nutrition tri-fold board in the LHU geared toward all ages. AHEC has monthly diabetes education and cooking classes.

Three "Sun Safety" presentations were presented at a daycare. Zobey, a nutritional DVD, and smoking cessation posters were distributed at the daycare, too. Mini health fairs were held in W. Memphis and Lepanto in observance of National Health Center Week by the East AR Family Health Center. The Diabetes Support Group will host a talk on "Chronic Disease" in August. The Center on Aging is hosting a 6-week series on Chronic Disease. A Health Department Official will be the guest speaker next month to discuss the upcoming flu season.

Cross County: The Medicine Assistance Program has reported a saving this month of \$40,000. Cross County participants won first place in the Senior Challenge at Craighead Park. Ms. Ellen Wheeler, Coalition member, won the Harry Finley Award for volunteerism. Line dancing is being offered at the Senior Center. The Crowley's Ridge Development Council has provided \$51,000 in utility assistance in Cross County. The White River Rural Health Clinic has a new Advanced Practice Nurse at Parkin. SOS and other ADH materials were distributed at the Farm Fest with over 600 people in attendance. A presentation was made to a group of teenagers at the Wynne Housing Authority on Preventing Teen Pregnancy and STD. A presentation on tobacco prevention was held for a group of 9 – 12 year olds at the Wynne Housing Authority Summer Program. A proper nutrition and physical activity presentation was given to a 4-H group. A lobby display for National Safety Month, Vision Research Month and Fireworks Safety was displayed in the LHU lobby for the month of June. "Safe Sitter" Training was held for 12-18 year old boys or girls. The Positive Action program will start in Cross County Schools this fall in grades 4th-9th. The LHUA is working on Social Host Legislation for Cross County and Wynne, and presented information to community students on preventing smoking. The lobby of the LHU includes a display for National Safety Month, Vision Research Month and Fireworks Safety Month.

St. Bernard's' Mobile Mammography Unit was at the Parkin clinic in July. The Positive Action program will start in Cross County Schools this fall in

grades 4th-9th. Social Host Legislation was passed for Cherry Valley and Parkin. Wynne is still being reviewed. The lobby of the LHU includes a display for National Safety Month, Vision Research Month and Fireworks Safety Month.

Fulton County: The Annual Camp Fit-N-Fun was held June 22nd-26th with approximately 150 children in attendance. A SOS booth was set up at the main building of the camp where the children ate their lunch and snacks to provide education and presentation. The children learned the importance of staying physically active, drinking milk and water, washing hands, the roles of organs in the body, the dangers of tobacco and healthy nutrition. Participation in physical activities/ nutrition included: swimming, belly bumpers, walking and keeping up with your steps and healthy recipes. The event impacted approximately 130 k-6th graders, 15 high school students and 10 adult volunteers.

The Fulton County Healthy Arkansas Coalition hosted a drug task force presentation in partnership with First Baptist Church, the Fulton County Sheriff's Department and the local bank. The presentation was on the components of a meth lab and devices being used for making meth. Presenters included James Humphrey, 16th Judicial Drug Task Force and Al Roork, Salem Police Chief.

The Coalition is finalizing the grant application for the ADAP mini-grant. **Fulton County 5 Star Diabetic Network continues to hold meetings in two different locations each month, Salem Senior Citizens & Mammoth Spring Senior Citizen.** Activities were held at the LHU for Breast Feeding Week

Greene County: Blue and You Grant was obtained to educate about Medicare Part D and pay the director's salary. A search is underway to locate an individual to assist with Medicare Part D education of seniors.

Independence County: The Independence County Wellness Coalition ATOD sub-committee met with Judge Chaney Taylor and discussed the dynamics of the DWI Court – this is the first DWI Court in Arkansas. Plans are being finalized for the free prostate screenings to be held at WRMC in September. **Zobey materials** and sun safety materials were given to the Batesville HIPPIY program. AHEC is expecting to have a qualified grant writer employed by August 1st. The Independence County Wellness Coalition ATOD sub-committee will apply for the ADAP mini-grant. Plans are being finalized for the free prostate screenings to be held at WRMC in September.

Izard County: Resources were given to the Ozarka Fitness Director to use in her youth and senior adult classes. **Ozarka has partnered with the Coalition's Tobacco Coordinator and will survey all students in the required Career Pathways class on tobacco issues. Their web address is: <http://tobaccofreeic.com> and it will be updated soon. Packets on tobacco prevention and ACT 13 were distributed at the Ozarka Academy Daycare. Packets on the importance of not selling to minors were distributed to the**

local tobacco merchants as a follow-up to Operation Storefront. 422 radio spots and 15 newspaper articles were published during the month of June that stemmed from the tobacco essay contest. Three Billboards are planned to be placed around the county, they will be rotated after six months. Web address for the website is: www.izardhometownhealth.com

The 5 Star Network is still holding regular Diabetes Support Groups and have a new Coordinator, April Lancaster. The Tobacco Prevention Coordinator volunteered for the 5K walk/run and also distributed tobacco prevention literature to 65 participants at Pioneer Day. Zobeys DVDs were shared with local churches and daycares to use during their summer programs to promote the importance of nutrition and exercise.

Jackson County: Plans are underway on the Rubber Duck Race which is a March of Dime's fundraiser. Science, Technology, Engineering, & Math (STEM) Camp will be held at the County Extension office on July 15 & 16 with approximately 20 children (children from the mental health center with behavioral problems) participating. A gardening presentation with Janet Carson, an Extension Horticulturist Specialist, spoke at ASU with a great crowd in attendance. The coalition will partner with Health Resources to raise community awareness on mental health issues. White River Rural Health will begin free diabetes education classes in Aug. Planning is underway to have a Christian Community Clinic.

The Arkansas Department of Health Tobacco Control Prevention and Cessation Program has funded the Newport Special School District \$75,000 to continue efforts to decrease and eliminate tobacco use in the Newport Schools and in the community. Their plans for this funding year include assembling a "Youth Extinguishing Smoking" team; provide classroom instruction to students, faculty, and community members regarding the ill effects of tobacco; and provide a forum for personal testimonies. In addition to the plans, health screenings will be administered for students, faculty, and parents during parent teacher conferences to help increase overall community health.

The ATOD subcommittee will be applying for the ADAP mini-grant.

Lawrence County: The last of the Heart Smart presentations were completed at the Lawrence Memorial Hospital. This program provided heart healthy education through programs and speakers. General Public Health and Environmental Health materials were distributed around the county.

Mississippi County: Kim McCray, PHE, presented to the Mississippi County Coalition for Tobacco Free AR, a presentation on proper hand washing, flu prevention tips and information about the upcoming mass and school flu clinics.

Mississippi County Coalition for a Tobacco-Free Arkansas sponsored an event held at First Missionary Baptist Church in Blytheville. The day consisted of active play for children with fitness equipment borrowed

from the U of A Extension Office; group led exercise provided by Elroy Brown; a volleyball game coordinated by coalition members; tobacco prevention education by a youth board member; and health screenings including blood pressure and blood sugar. The event ended with a healthy lunch consisting of fruit, vegetables, and water.

Poinsett County: Policies and procedures of the coalition were reviewed. 92 participants from Poinsett County participated in the 4th Annual Senior Challenge. This event goes for approximately 90 days where participants record their amount of exercise and intake of fruits and vegetables. The Trumann clinic is now open on Monday, Wednesday and Friday. There will be 10 school campuses in the county that will be offered flu shots and the Mass Flu Clinics will still be held. Poinsett County Adult Health Sruvey Books, Poinsett County Services Guide Books, Emergency Preparedness Books, Actions to reduce Underage Substance abuse Guides, Poinsett County Health Units information Pamphlets were distributed at the County Library.

Randolph County: The Pocahontas Alzheimer's Walk & 3rd Annual Thunder & Chrome Benefit Ride at Riverfront Park will be on October 24th. Registration begins at 8:30am and the walk will begin at 9:30 am. There are no registration fees. A 25th anniversary commemorative T-shirts for \$25 will be available to the first 275 registered. All proceeds will fund programs and services for the 100,000+ Arkansans affected by Alzheimer's disease and other related dementias. The event will include food, fun, team prizes, and door prizes.

Sharp County: Tentative plans for the Men's Health Fair were discussed. The event will be in August or Sept. targeting men aged 35 – 50 and Dr. Khan will be the cardiologist. Each client will receive an EKG and blood work and be referred if indicated. The coalition will partner with Ash Flat Nursing and Rehab to share a booth and table at the Sharp County Fair. Plans are being made to assist with the Circle of Friends Fall Festival in Highland this fall. The new coordinator, April Lancaster will begin her efforts in adding an additional site for the 5 Star Network for Diabetes Education in Cave City now.

Zobey exercise and motor coordination dvds with nutrition component were given to 10 daycares along with sunsafety flyers, act 13 posters and quitlinecards. Quitline posters given out to County Judge for county workers, Legacy Hospice for office workers and Ash Flat Nsg. and Rehab for workers to encourage quitting smoking and using the quitline.

Tentative plans for the Men's Health Fair were discussed. The event will be in August or Sept. targeting men aged 35 – 50 and Dr. Khan will be the cardiologist. Each client will receive an EKG and blood work and be referred if indicated. Plans are being made to assist with the Circle of Friends Fall Festival in Highland this fall.

Stone County: 110 high school seniors participated in the Senior Health

Fair, with Rural Special and Timbo schools bringing their seniors. Germ Lesson to K-5th graders will be presented a week prior to the school flu campaign to help with awareness and participation. A satellite Champions Club will be piloted in the county, initiated by Dr. Rusty Wright, UALR and Dr. Nancy Young, Obesity Clinic at Children's Hospital. The purpose is to create a fun club for overweight children and adolescents (and siblings) to play games and learn about exercise and healthy habits. Families will learn about living healthier lifestyles. The Champions Club will be for K thru 12th grades.

A representative from the Stone Co. Drug and Alcohol Coalition presented "Hooked on Fishing, not on Drugs" designed for 5th-8th graders and is working on getting "Project Northland" implemented. Cindy Rice-Hanlin stated there are 19 in drug court and the numbers are growing. There will be a new position for a Tobacco Treatment Specialist, which will be agency training for agency personnel. The person applying has to be tobacco-free for six months. 5 Star Network diabetes education classes continue. "Call It Quits" posters were distributed throughout the county: Wal-mart (WIC info also); Drug Court (Family Planning brochures also); and Mt. View Hospital. The LHU held its Annual Immunization Day on July 24th. The event is a huge success and well known in the community as an annual event. Games, prizes and nutrition snacks were provided by the staff.

White County: A free car seat safety check clinic was held at the LHU in partnership with Safe Kids Coalition. Members of the HHI Coalition were featured on KTHV This Morning TV show with their donations to the THV Summer Cereal Drive. They partnered with Wal-mart Searcy and others in the county. Donations went to the Arkansas Foodbank. Searcy (White County) donated 2,761 boxes and \$4,288.39 which equals to 7,049 boxes. The total for the Community Drive was: 14,239 boxes and \$14,230.04.

"Pandemic Flu – What Business Can Do to Be Prepared" was the topic last week at Searcy when the White County Health Unit presented information to more than two dozen elected officials, including some of the county's Local Emergency Planning Committee.

The 13th annual *A Day of Caring* was held in Searcy at the Ganus Center on the Harding Campus on Saturday, July 18. This event is supported by many local businesses and agencies and tons of volunteers. More than 450 people came together to assist with this outreach. At this event, over 1600 people received assistance in many ways including: 89 medical exams; 129 eye exams; 87 prescriptions; 40 immunizations; 122 dental exams; 50 prostate screenings; 21 Pap exams; and over 100 haircuts. Give away items included: food bank bags, school supplies, Gideon Bibles, lunches, socks, and several more items. As in the previous years, the White County Health Unit participated. This event is sponsored by the White County Medical Center Marketing and Foundation Team and

solicits volunteers from all areas of assistance to participate. The White County HHI Coalition had a joint booth with the health unit and was stocked with brochures and information on all sorts of health department programs, including nutrition, women's health, men's health, the coalition activities, and many others. Over 1800 lunches were served to attendees and workers.

Woodruff County: Planning meeting scheduled to look at collaborative efforts in this county. A meeting was held with other agencies in the county and a stakeholder's list was compiled for future use in starting a coalition. SOS materials and other ADH materials will be distributed at the Woodruff County Fair in August.

CHPS/CHNS

Becky Lamb

- Facilitated the *Healthy Lungs* Workshop for the WDMESC; provided participants with pamphlets and curriculum
- Attended National School Nurse Conference June 24th -28th.
- Attended **Healthy Lungs** workshop, *Cultural Diversity Conference*, and *Instructor CPR* training.
- Shared information with schools re: **Flu Campaign Materials**, Up-coming trainings/workshops/conferences for school personnel, school based grants, and CPR-trainings.
- Currently setting up trainings for new school nurses for BMI, Hearing, Vision and Scoliosis.
- Provided training for 3 new school nurses this month.
- Presented at the School Health Conference; facilitated sessions at the conference; and set up and managed an AFHK booth.
- **Assisted with Food, Fitness, & Fun in des Arc on July 27th & 28th.**
- Attended the Environmental Asthma Triggers workshop and Legal Issues workshop.
- AFHK: Facilitated the Quarterly meeting & had a booth at the School Health Conference. 73 attendees stopped & registered at the booth. Display: goal of AFHK & photos of past winners of annual essay contest. Handouts w/info about AR Action for Healthy Kids and the national website.

Mark Oliver

- Attended and assisted with facilitating UAMS/WDMESC "Healthy Lungs" workshop
- Facilitated WDMESC *Physical Education* workshop
- Attended CHAC meeting and contributed to revisions to "Guiding Principals" document
- Completed TAPP trainer orientation workshop
- **Attended ADE Fitness gram workshop**

- Facilitated WDMESC *Wellness* workshop 06/18
- Assisted with ADH/Cooperative Extension day camp in Des Arc, providing nutrition & physical activity instruction and led physical activities for 30 school children.
- Assisted with Family Track Night at Cabot Public Schools, directing various track events.
- Attended and assisted with School Health Conference and listened to teleconference on physical activity.
- Presented 6 hrs PE/Health Education Workshop to 10 teachers at the Ed. Serv. Coop at Walnut Ridge.
- Facilitated WDMESC/ADE Planet Health Workshop at ASU-Beebe.
- Attended organizational meeting with Cabot Mayor and school officials to further plan activities for trail construction at Northern Lonoke County Regional Park

Marilyn Cone

- Participated in Camp “Fit ‘N’ Fun” at Salem.
- Contacts made in setting up school flu clinics in Baxter, Independence, Icard, Stone, and Cleburne Counties.
- Partnered with Wanda Koelling, to facilitate “New Meth” presentation for the Fulton County Community.
- Attended State CHNS/CHPS meeting via V/C. Presented on the Teen pregnancy/STD ppt. used in the schools. I added notes to the ppt. and emailed before presentation.
- Attended *Cyberbullying, Social Networking, and APNA* data workshop
- Attended and facilitated at the School Health Conference. Also, attended workshop titled “Strengthening Tobacco Prevention and Cessation within CSH.”
- Resource information on Tobacco Cessation Classes offered in Mt. Home and Quit-line information shared with School Counselors and HHI Administrators.
- Partnered with Alan Sherrill, Gifted and Talented Coordinator, to facilitate “Youth Suicide Prevention” Workshop at the Northcentral Co-op for teachers and counselors. This will impact/reach over 18,000 students, [which includes our minority populations](#).
- 4 CPR trainings for teachers at Salem HS; BLS/CPR Classes given for ADH nurses at the Independence Health Dept.; 2-Heart Saver/BLS Classes provided at the Northcentral Co-op for teachers and coaches.
- Began planning stages for Baxter County 7th grade teen summit is being planned for Oct.
- Resource info regarding fee CNE on Seizures for nurses shared with school nurses & HHI Administrators via e-mails.

Karen Davis

- Assisted with Camp Fit ‘N’ Fun

	<ul style="list-style-type: none"> • Attended the National Tobacco Conference in Phoenix, Arizona June 10th-12th and then presented information at the State CHNS/CHPS meeting • Attended Regional Batesville meeting with Dr. Dresler to discuss tobacco grants and activities in the area • Organized and facilitated <i>Playground Accident</i> Workshop at the Co-op • CPR classes for BLS and Heartsaver for healthcare professionals, community and school personnel at Green County Tech, Marmaduke school and the Co-op. • Presented <i>STD/Teen pregnancy</i> program to 12 Mash students from a UAMS Program. • Presented program on Nutrition and Physical Activity for a Diabetic Group in Clay County 9-12 attended. • Coordinated and Facilitated a workshop on Physical Activity at the Co-op for PE Teachers – 12 attended • Attended School Health Conference, Pat Cooper’s presentation, facilitated “From Farm to School”. • Gave presentation on the Flu Campaign to the Randolph County Rotary Club with approx. 50 attending. • Organized & facilitated a workshop on Challenge & Adventure Activities for PE Teachers, Coop. 12 coaches attended. • Conducted a CPR/First Aid Instructors class at the Coop and 14 new CPR instructors were certified. <p>Laura Cook</p> <ul style="list-style-type: none"> • Attended regional flu planning and state CHNS/CHPS state meetings • School contacts related to school flu planning • Attended and recorded minutes for “Poinsett Co. Partners in Health” Coalition • Creating CE on IHP’s for school nurses, which will include special care needs • Attended Clopton Clinic Foundation meeting • Presentations on Tobacco and Hand Washing at Harrisburg Summer School. • Scheduled date for Hearing and Vision Workshop for new school nurses. • Set up dates for CPR, AED and First Aid training for Early Childhood employees at the Co-op. • “Dear Parent” letters sent to EPC Supt and Blytheville school nurse. Developed “intent for child to received flu shot” addition to letter for Blytheville supervisor.
Northwest Region	<p>Baxter: Baxter Regional Medical Center's dietician talked to cancer survivors about nutrition after cancer. The Physicians Health & Fitness Center offers nutrition and fitness options and has been very successful in</p>

helping clients lose weight and improve their overall health. Baxter Regional Medical Center's Peitz House hosts a Healthy Steps exercise program for cancer survivors. The Van Matre Senior Center is offering a ballroom type dance class, the 1st 2 classes are free after that the charge is \$3.00/person.

There are numerous free/minimal cost activities available in the community including: Youthful Seniors Exercise program (held at the LC Sammons Youth Center on M-W-F from 9-10 am the instructor has taught the class for 12 years and he is 92 y/o), PEPPI Exercise for Seniors, Yoga, Tia Chi and Strong Women classes are held at the Van Matre Senior Center weekly, the Baxter County Library hosts a yoga class 2 times a week, there are multiple active Strong Women classes in the community. The Pietz House/BRMC and the Christian Clinic offer ongoing tobacco cessation programs.

Benton: Several NW Regional Environmental Health Specialists provided outreach on April 18th at the Environmental Fair in Rogers. Topics covered included septic systems, hand washing, bed bugs, marine sanitation, pools, food safety, and body art.

Boone: Held a Camp Fit and Fun. 28 students attended as well as 6 older youth who served as group leaders. The youth learned about heart health, fiber, organs in the body, portion control, healthy snacks, fruit and veggie facts, etc. They also participated in several physical activities such as martial arts, kick boxing, football, etc. Pre and post tests showed that their knowledge increased about healthy behaviors. Planning a Teen Summit that will address physical activity

Carroll: Working on city walking trail. Six new grants awarded in the community this month for a total of \$767,850. Grantors include State highway grant, AR Historic Preservation, Walmart, Local civic groups.

Conway: Community presentation on Immunization Luau and school/seasonal flu. Wonderview School awarded \$1 million grant for safe room. the University of Arkansas Community College at Morrilton (UACCM) became a tobacco-free campus as of May 2009. The use of cigarettes and all other tobacco products is strictly prohibited over the entire campus located in Morrilton.

Franklin: We ask each client if they are smokers and if they are interested in SOS. Promoted SOS radio interview 07/15/09 KDYN. Promoted Family Planning on KDYN 07/15/09

Logan: HELP, Senior Citizens Center, Fitness facilities in both Booneville and Paris. Living Longer in Logan Co. ongoing. The Logan County Fitness Challenge concluded their three months of physical activity with a celebration at the Logan County Senior Citizen Center in Booneville.

Madison: Continuing the "Work for Better Health" program. We are in the second phase of the program.

Komen Grant Breast Health Navigator Program - Since April 1, 2009 a total

of 31 women have been assisted with breast health navigation services. This assistance includes emotional support and financial assistance for patients going through breast cancer treatment and also mammograms and ultrasounds for the uninsured or under insured. "Breast Friends" Breast Cancer Support Group meets every second Tuesday of the month at 5pm at the Madison County Health Unit. All breast cancer survivors are welcome to attend whether diagnosed recently or years ago.

August is Medicine Abuse Awareness Month. MCCC's next meeting is scheduled for August 26th. This will be a special 1 ½ hour meeting. Presenter, Isabel Burk of The Health Network will discuss "Adderall to Viagra, Prescription Drug Abuse". Ongoing activities with SPF SIG Grant.

Marion: Renee Myers County Extension and MCHTH member is teaching free healthy cooking classes to community each month. A group of first time mothers and mothers-to-be, along with some beautiful babies, proud grandparents, community members, and Extension Homemakers attended the Marion County Community Baby Shower held at Yellville Missionary Baptist Church on May 29th.

Newton: NCTEG program coordinator received a \$32,167.00 Community Grant Award for Newton County.

Pope: Pandemic/mass dispensing exercise completed. Alcohol prevention meeting. The Russellville Police Department hosted its 9th Annual Child Safety Seat Check-Up Event on Saturday, April 4, 2009 at the Russellville Wal-Mart parking lot. The Russellville Police Department partnered with Arkansas Children's Hospital. Circle of Friends, Russellville Wal-Mart, A Whole Lotta Fun, and Pope County Drug Court to provide this event geared toward keeping our children safe. The event worked with expectant moms and children up to the age of nine. There were more than 70 people in attendance for Pope County's first annual Youth Celebration The event was held on April 30th, 2009 and was held to inform community members, school personnel, and others about the dangers of underage drinking.

Scott: County Courthouse is looking to implement a healthy employees workplace. County Judge is in the planning stages and making contacts with various entities to see what he can compile for County employees. SCHEC has on-going campaigns focusing on the prevention of underage drinking in Scott County.

Searcy: Blue Crew Kids and Silver Sneakers continues. County is doing the Adult Behavior Survey. Young Moms Healthy Families have 69 Moms and 54 babies. Medication Assistance program has 20 referrals and 16 new patients enrolled this month for a total of 105 patients enrolled. \$14,598.57 AWP medications received this month. 38 Rx's received this month. Health fairs screened 32 at Petit Jean Electric, 24 at OHF/HRA, 12 at Diabetes Classes.

Sebastian: Prostate Cancer Screenings: We have partnered with the

Arkansas Prostate Cancer Foundation & the River Valley Medical Reserve Corp to provide free prostate screenings for men in our community. The screenings will be September 21st from 5:30pm – 8:30pm here at the unit. We will be providing PSA (blood draw) & DRE (digital rectal exam). The Sebastian County Health Unit will unveil the new Breastfeeding room on August 7th, 2009 at 11:00 am. County Judge, David Hudson will be at the event to cut the ribbon. A media person from the Southwest Times Record will be at the local health to take pictures of the new BF room on Friday, July 31 to put with the news release sent to them titled “Breastfeeding: A Vital Emergency Response. Are You Ready?” All Breastfeeding mothers participating in the WIC program at the Sebastian County Health Unit and the WIC only clinic who attend the event will be recognized during the celebration on August 7th. We will treat our Breastfeeding moms to nutritious treats and have door prizes to give away on that day. Stephani Underwood, NW Region Breastfeeding Peer Counselor will be speaking and be available for questions during the luncheon. On July 20, view the new bulletin board focusing on the benefits of Breastfeeding in our front lobby. Invitation for the event will run on Channel 55, Cox Cable, until the event. Display for World Breastfeeding Week in the lobby of the Library using Breastfeeding books from the Library along with other Breastfeeding information from WIC.

Van Buren: [Diabetes Workshop with nutrition element monthly.](#) [Weekly PSA in local papers addressing Quitline through OMHN.](#) THUG (Teens Having United Goals) booth at Arkansas Safe Schools Conference July 6th - 8th. THUG meeting July 16th - 5 attended. Attended the 3rd anniversary of Act 8 and 13 at Juanita's in Little Rock. [Awarded grant check at Arkansas Tobacco Grantee Workshop in Pine Bluff on July 22nd - 23rd.](#) New telehealth stroke program with UAMS/AHEC through local hospital begun. [Ongoing Diabetes Program with OMHN.](#) MASH 2 week program completion on July 24th with 13 area high school students. [Diabetic Self Management classes have 13 currently enrolled.](#) [YMHF case manager working with all 3 schools for pregnancy prevention. Currently has 69 moms and 54 babies. Community Training for Young Moms was held on July 14th. There were 9 moms and dads that were trained in the Dare to be You Curriculum.](#) AFTER DARE Event will be the first of August. Recruitment has begun for Fall Session to be held here in Clinton (15 families will be selected). Maria Pistole, Program Coordinator, received her Certified Prevention Specialist certification.

Yell: [Yell County Diabetic Support Group.](#) [The city of Plainview, in Yell County, passed an ordinance on June 11, 2009, prohibiting smoking and the use of tobacco products in city buildings and offices, city parks, recreational facilities, and city owned vehicles. The ordinance actually prohibits tobacco use within 50 feet of the city parks and recreation facilities.](#)

Regional: The Northwest Region Hometown Health Improvement partnered with the Arkansas Department of Education to sponsor nationally known brain-based lecturer Jean Blaydes Madigan on June 2nd through June 5th. "Building a Better Brain Through Movement" was provided for four consecutive days in each co-op region. This program was funded by Act 1220 funds received from the Center for Health Advancement. Approximately 220 teachers, early childhood educators, counselors, nurses, and administrators attended the workshops.

Community Health Nurse Specialists:

Susan Butler

- Updated Newton Co. Tobacco on the upcoming mass flu clinics to be held in the local schools for children and staff
- Solicited support from the community for assistance on day of clinics.
- Provided all area schools with information re. upcoming Summer School Nurse Conference in Little Rock scheduled in July 15th & 16th and how to register online for CEU's on ATrain.
- Scheduled for OUR Coop. Board mtg. Sept. 4th to discuss Pandemic Flu Planning.
- Attended Russellville HHI SS mtg. 7/6/09
- Prostate Screening clinic scheduled for August 18, 09; Marion Co. contact person, Judy Martin.
- Continue to have frequent contact with Debbie Johnson re. upcoming flu clinics in Boone Co. Schools this fall.
- Provided TA provided to nurses with setting up accounts on A-Train.
- Visited with school nurses while at the School Health Conference

Community Health Promotion Specialists:

Sara Brisco

- Researched nutrition ideas for the presentation for the Camp Fit and Fun
- Provided a presentation called "Healthy Foods vs. Junk Food" for the Cooperative Extension Fit and Fun Camp for 25-30 students.
- Provided a session called "nutrition bingo" for the Cooperative Extension Fit and Fun Camp for 25-30 students
- NAPSACC childcare centers completed survey on the project for the previous months on how NAPSACC has benefited the childcare centers on Nutrition.
- Fit and Fun Camp included physical activity in the session of Healthy Foods vs. Junk Foods for 25-30 students
- Delivered stickers to Health Unit to promote physical activity to children being seen at clinics.
- NAPSACC childcare centers completed survey on the project for the

previous months on how NAPSACC has benefited the childcare centers on Physical Activity.

- Included tobacco prevention for the Fit Fun Camp. Bracelets stating stomp out smoking were provided for every child in the sessions provided. (25-30 students)
- Discussed the Tobacco Conference at the HHI meeting in Russellville where we continue to work in our work group on preparing for the conference.
- Discussed school flu and mass flu in NW CHPS/CHNS meeting as well as the HHI meeting.
- Discussed importance of working with schools on the school flu dates
- Attended the School Health Conference in Little Rock and assisted with room facilitation for Coordinated School Health
- Attended workshops on Brain Based learning, Physical Activity in schools, CSH in other states, and prescription drug use in schools.
- Attended HHI meeting in Russellville to discuss upcoming events
- Attended School Health Conference in Little Rock
- Attended Boone County Hometown Health Coalition meeting
- Attended Baxter County Hometown Health Coalition meeting
- Attended NW Administration meeting in Russellville
- Stress Management Presentation for Fayetteville School District
- Annual nurses meeting in Farmington

Christine Reifeiss

- Provided a workshop called "Get Healthy," including a session presented by myself on "What They Don't Tell You About Obesity" for staff.
- Presented on diabetes for Madison County Coalition in Huntsville (for general public)
- Presented to nurses on what in-services I can provide, including obesity
- Researching ideas for a Nutrition and Immune Function presentation in preparation for Swine Flu season.
- Working to bring a USTA in-service to Arch Ford (Tennis)
- Physical Activity session included at "Get Healthy!" wellness for staff workshop.
- Drafted/shared ideas for using the theme of "Growing Partners" throughout the tobacco chronic disease conference.
- Arranged/Generated the agenda for the NW region CHPS/CHNS meeting where the tobacco conference was discussed
- Included tobacco cessation as part of a presentation given on diabetes in Huntsville
- Researching ideas for a Nutrition and Immune Function presentation in preparation for Swine Flu season.

	<ul style="list-style-type: none">● Provided Act 1220 guidance to new CSH coordinator for Bigelow and Bigelow Principal.● Provided BMI and body fat percentage screening for attendees at Madison County Coalition.● Assisted school science teacher in locating My Pyramid resources● Attended and participated in River Valley Coalition in Russellville; shared Red Ribbon week ideas for grant.● Attended statewide School Health Conference July 15/16● Facilitated “Planet Health” at Co-op● Arranged, facilitated, provided “Get Healthy” workshop at Co-op● Presented for nurses on my availability (used sample presentations) at Co-op● Participated in the Statewide Diabetes Committee as plans for the coming year were developed.● Obesity presentations for Dardanella School Staff● Starting COPH class Biostatistics
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