



**UAMS**  
UNIVERSITY OF ARKANSAS  
FOR MEDICAL SCIENCES



In Cooperation With:

# Statewide Injury Prevention Program

# INTENTIONAL INJURY PREVENTION RESOURCE GUIDE

October 2011

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# **INTENTIONAL INJURY PREVENTION**

## **Child Maltreatment**

### *Break the Abuse Cycle*

Website: <http://www.breaktheabusecycle.com>

Sponsor: Stop Abuse Campaign

Purpose: The mission of this website and discussion forum is to give survivors of abuse a place where they are able to break their silence, share their stories, and find help, understanding, resources, and compassion.

Cost: Free

### *Periods of Purple Crying*

Website: <http://www.dontshake.org>

Sponsor: National Center on Shaken Baby Syndrome

Purpose: The National Center on Shaken Baby Syndrome has an evidence-based toolkit that is provided to parents of newborns to educate them on normal infant crying and the dangers of shaking an infant. The toolkit provides easy training for nurses, health department personnel, or maternity ward staff.

Cost: Free

### *Preventing Child Maltreatment*

Website: [http://www.who.int/violence\\_injury\\_prevention/violence/child/en/index.html](http://www.who.int/violence_injury_prevention/violence/child/en/index.html)

Sponsor: World Health Organization

Purpose: This guide has been developed for taking action and generating evidence to assist countries to design and deliver programs for the prevention of child maltreatment by parents and caregivers. The guide provides technical advice for professionals on how to measure the extent of child maltreatment and its consequences, how to design, implement, and evaluate prevention programs, and on important considerations for detecting and responding to child maltreatment.

Cost: Free

### *Simone's Home*

Website: <http://simoneshome.com>

Sponsor: Simone's Home, Inc.

Purpose: *Simone's Home* is a resource center for girls ages 12-18 to help them become self-sufficient after leaving foster care. Life skill classes, career preparation programs, and mentoring are all offered.

Cost: Free

### *Zero to Three*

Website: <http://www.zerotothree.org>

Sponsor: National Center for Infants, Toddlers, and Families

Purpose: A national, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers. Their mission is to promote the health and development of infants and toddlers.

Cost: Free

## **Interpersonal Violence**

### *Family Violence Prevention Fund*

Website: <http://fvpfstore.stores.yahoo.net>

Sponsor: Family Violence Prevention Fund

Purpose: This Family Violence Prevention Fund site offers violence prevention handouts, media, and other merchandise at free or reduced prices.

Cost: Varies, depending on materials ordered

### *In Their Own Words: Domestic Abuse in Later Life*

Website: <http://www.ovc.gov>

Sponsor: Office for Victims of Crime

Purpose: Training and DVD package available from Office of Victims of Crime which presents stories of abuse in later life by survivors themselves and covers segments in emergency housing, support groups, and effective advocacy.

Cost: Free, fee for shipping

### *National Sexual Violence Resource Center*

Website: <http://www.nsvrc.org>

Sponsor: National Sexual Violence Resource Center

Purpose: The National Sexual Violence Resource Center serves as the nation's principle information and resource center regarding all aspects of sexual violence.

Cost: Free

### *Violence against Women National Online Resource Center*

Website: <http://vawnet.org>

Sponsor: National Resource Center on Domestic Violence

Purpose: This resource library is home to thousands of materials on violence against women and related issues, including domestic violence, sexual violence, funding, research and international issues.

Cost: Free

## **Suicide**

### *After a Suicide*

Website: [http://www.sprc.org/library\\_resources/items/after-suicide-toolkit-schools](http://www.sprc.org/library_resources/items/after-suicide-toolkit-schools)

Sponsor: Suicide Prevention Resource Center

Purpose: This toolkit for middle and high schools was developed by the American Foundation for Suicide Prevention and the Suicide Prevention Resource Center. It was created in consultation with national experts, resulting a highly practical resource for schools facing real-time crises. The toolkit includes general guidelines for action, templates, and sample materials, and covers topics such as crisis response, helping students cope, working with the community, social medial, and bringing in outside help.

Cost: Free

### *National Alliance on Mental Health (NAMI) Arkansas*

Website: <http://www.namiarkansas.org>

Sponsor: National Alliance on Mental Illness

Purpose: NAMI Arkansas is a non-profit, grassroots organization dedicated to improving the lives of persons with severe mental illness, their families, and their communities.

Cost: Free

### *Promoting Emotional Health and Preventing Suicide: A free toolkit for Senior Living Communities*

Website: <http://store.samhsa.gov/product/SMA10-4515>

Sponsor: Substance Abuse and Mental Health Services Administration

Purpose: This toolkit contains resources to help equip senior living staff with resources to promote mental health and prevent suicide and encourage active participation among residents. The toolkit includes guidelines for integrating suicide prevention into ongoing programs, hands-on tools and training manuals.

Cost: Free

### *Rural Primary Care Toolkit*

Website: [http://www.sprc.org/library\\_resources/items/suicide-prevention-toolkit-rural-primary-care](http://www.sprc.org/library_resources/items/suicide-prevention-toolkit-rural-primary-care)

Sponsor: Suicide Prevention Resource Center

Purpose: This web-based toolkit contains information and tools to implement state of the art suicide prevention practices and overcome the significant hurdles this life-saving work faces in primary care practices. Although the toolkit was designed with the rural practice in mind, most are suitable for use in non-rural settings

Cost: Free

### *TeenScreen*

Website: <http://www.teenscreen.org>

Sponsor: National Center for Mental Health Checkups at Columbia University

Purpose: *TeenScreen* National Center offers free tools and materials to health care, educational and community-based professionals to screen for depression and mental illness in adolescents. The screen can help determine if youth ages 11-18 exhibit risk factors for suicide.

Cost: Free

### *The Trevor Project*

Website: <http://www.thetrevorproject.org/organization>

Sponsor: The Trevor Project

Purpose: The goal of the Trevor Project is to end suicide among lesbian, gay, bisexual, transgender and questioning youth by providing life-saving and life-affirming resources. The Trevor Project is a nationwide, 24 hour crisis intervention lifeline. They offer a digital community and advocacy/educational programs that create a safe, supportive and positive environment for everyone.

Cost: Free

### Additional Resources:

*National Suicide Prevention Lifeline*

Website: <http://www.suicidepreventionlifeline.org>

## **Youth Violence**

### *Bullying Prevention*

Website: [http://www.hazelden.org/web/public/bullying\\_prevention.page](http://www.hazelden.org/web/public/bullying_prevention.page)

Sponsor: Hazelden

Purpose: This is a school-wide dissemination program which is evidence based and proven to reduce bullying. This is an expansive program that would be best taken on by an entire school for implementation. A manual is available which provides a step by step guide for implementation.

Cost: Varies, depending on materials ordered

### *Children's Safety Network (CSN)*

Website: <http://www.childrenssafetynetwork.org/injurytopic>

Sponsor: U.S. Department of Health and Human Services

Purpose: The Children's Safety Network is a national resource center for the prevention of childhood injuries and violence. They offer expertise on a wide range of injury topics including intimate partner violence.

Cost: Free

### *Cyber Bullying*

Website:

[http://www.hazelden.org/OA\\_HTML/ibeCCtpltmDspRte.jsp?item=12188&sitex=10020:2372:US](http://www.hazelden.org/OA_HTML/ibeCCtpltmDspRte.jsp?item=12188&sitex=10020:2372:US)

Sponsor: Hazelden

Purpose: The cyber bullying curriculum is a newly developed program for grades 6-12 designed to help your students protect themselves and their friends. It includes awareness education, skills and resources on how to treat others using cyber technologies and education for students on how to use cyber technologies in positive ways.

Cost: \$109.00

### *Dating Matters: Understanding Teen Dating Violence Prevention*

Website: <http://www.vetoviolenace.org/datingmatters>

Sponsor: Veto Violence

Purpose: *Dating Matters: Understanding Teen Dating Violence Prevention* is an online course which targets educators, youth leaders, school personnel, and others working to improve the health status of teens.

Cost: Free

### *Safe Dates*

Website: [http://www.violencepreventionworks.org/public/safe\\_dates.page](http://www.violencepreventionworks.org/public/safe_dates.page)

Sponsor: Hazelden

Purpose: Safe Dates is a research-based and the only evidence-based curriculum for dating violence. Currently used by Arkansas Commission on Child Abuse, Rape, and Domestic Violence at various sites throughout Arkansas. This program can be used in conjunction with *Ending Violence*, a program designed for students, parents, or school faculty.

Cost: \$225.00

### *Stop Bullying Now: Take a Stand, Lend a Hand*

Website: <http://www.stopbullyingnow.hrsa.gov>

Sponsor: Department of Health and Human Services

Purpose: This toolkit and site provides resources for planning activities to reduce or eliminate bullying in your community.

Cost: Free

### *Striving to Reduce Youth Violence Everywhere (STRYVE)*

Website: <http://www.safeyouth.gov/Pages/Home.aspx>

Sponsor: Centers for Disease Control and Prevention

Purpose: STRYVE is a national initiative led by the Centers for Disease Control and Prevention to prevent youth violence before it starts. STRYVE'S vision is a safe and healthy youth who can achieve their full potential as connected and contributing members of thriving, violence-free families, schools, and communities.

Cost: Free

*Youth ALIVE!*

Website: <http://www.nnhvip.org>

Sponsor: National Network of Hospital-based Violence Intervention Programs

Purpose: *Youth ALIVE!* is a non-profit, public health agency which advocates for sensible policies that reduce gun, gang, family and dating violence. *Youth ALIVE!* develops, test and promotes best practices, like hospital-based violence interventional programs that are successful in breaking the cycle of violence.

Cost: Free