



# THE PEDI TIMES

EMSC STATE PARTNERSHIP, ARKANSAS

Volume 2, Issue 1

December 2013. – January 2014



Arkansas Department of Health

## NEDARC Workshop

### Special points of interest:

- **NEDARC Workshop**
- **EMS Assessment**
- **Holiday Safety Tips**

Jack Hill, Program Manager attended a NEDARC (National EMSC Data Analysis Resource Center) workshop in San Antonio TX. The Grant requires that the Program Manager attend at least one workshop per year. This workshop involved the data collected during the Peds Readiness Assessment. The Peds Readiness Assessment was conducted earlier this year. The workshop focused on developing spreadsheets so that the data can be looked at in a more organized manner. Within the coming months the EMS-Children Program will produce a report on the information provided. The assessment is very valuable in determining our Pediatric Readiness in Arkansas. More on this project's report will be coming soon.

## Twelve Health and Safety Tips for the Holidays

- **Wash hands often** to keep yourself from spreading germs and getting sick. Wash your hands with soap and clean running water for at least 20 seconds.
- **Bundle up to stay dry and warm.** Wear appropriate outdoor clothing: layers of light, warm clothing; mittens; hats; scarves; and waterproof boots.
- **Manage stress.** Don't overcommit yourself and prevent holiday anxiety and pressure. Get enough sleep.
- **Don't drink and drive or let others drink and drive.** Whenever anyone drives drunk, they put everyone on the road in danger.
- **Be smoke-free.** Avoid smoking and secondhand smoke. There is **NO** safe amount of tobacco or secondhand smoke. Breathing even a little secondhand smoke can be dangerous.
- **Fasten seat belts** while driving or riding in a motor vehicle. Always buckle your child in the car using a child safety seat, booster seat, or seat belt according to his/her height, weight, and age. Use a seat belt on every trip, no matter how short the trip.
- **Get exams and screenings.** Ask what exams you need and when to get them. Update your personal and family history.
- **Get your vaccinations,** which help prevent diseases and save lives.
- **Practice fire safety.** Most residential fires occur during the winter months, so be careful to never leave fireplaces, space heaters, stoves, or candles unattended. Have an emergency plan and practice it regularly.
- **Prepare food safely.** Remember these simple steps: wash hands and surfaces often, avoid cross-contamination, cook foods to proper temperatures, and refrigerate promptly.
- **Eat healthy, and get moving.** Eat fruits and vegetables. Limit your portion sizes and foods high in fat, salt and sugar. Be active for at least 2½ hours a week and help kids and teens be active for at least 1 hour a day.



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**This publication was supported by a grant from the Emergency Medicals Services for Children (EMS-Children) Program, Maternal and Child Health Bureau, Health Resources and Services Administration.**

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## EMS AGENCY ASSESSMENT

### Pediatric Simulation Training

To set up a simulation event please contact Jack Hill. The events are planned in two phases. First, a planning meeting is held with the EMS Agency Management Staff and Medical Director. Second the Event is conducted at your service on a selected day. We are currently planning events for next year, so please call as soon as possible.

**“We make a living  
by what we get.  
We make a life by  
what we give”**

**- Winston Churchill**

**Next EMS-Children  
Advisory Committee  
Meeting will be held.**

**February 20, 2014  
10:00 am to 12:00  
pm**

**Freeway Medical  
Building, Room 801,  
Little Rock, AR**



The EMS-Children Program is currently conducting the EMS Assessment for all EMS agencies in the state. We are currently at 85 % completion and have just a little time left for services to complete the assessment. If you have any questions or want to know if your service has completed the assessment, please contact Jack Hill, EMS-Children, Program Manager. The following are the agencies which have completed the assessment as of today. Thank you to everyone who has completed the assessment. The information will help improve pediatric care through out our State:

Allied Ambulance Service, LLC  
Amity Volunteer Ambulance  
Ark Children's Hospital (Ground EMS)  
Ark Methodist Hospital EMS  
Arkansas Excellent Transport  
Arkansas Paramed Transfer  
Bald Knob Ambulance  
Baxter Regional EMS  
Bella Vista Amb. Svc., Inc.  
Bentonville Fire Department  
BHMC - Ambulance  
Blytheville C.B. Emer Squad  
Calhoun Co. Ambulance  
Chimes Vol Fire Dept  
City of Ozark Ambulance Service  
Columbia Co. Paramedic Svc.  
Crittenden EMS  
Crossett Fire Department Paramedic  
Des Arc Ambulance Service  
DeWitt Hospital EMS  
Dumas Emergency Medical Serv  
EASI  
El Dorado Fire Department/ALS  
Elite Medical Services  
Emerson Ambulance Service, Inc  
Eureka Springs Fire Department  
Fairfield Bay Volunteer Rescue  
Fast Ambulance Serv. and Trans LLC  
Faulkner Co Emergency Squad  
Fort Smith EMS  
Franklin County EMS  
Fulton County Hospital (Para)  
GEMS  
Grand Prairie EMS  
Gravette Fire Dept  
Greers Ferry Ambulance  
Guardian EMS  
Holiday Island Fire Department  
Howard County Ambulance - ALS  
Hughes Fire Dept/EMS Division  
Johnson County EMS  
Lafayette County Ambulance Service  
Lifeline EMS  
LifeNet Inc.  
Little River County Ambulance Service  
Logan County E. M. S.

Madison County EMS  
Marion Emergency Medical Services  
McGehee Fire and EMS  
Medic One  
Med-Tech EMS - Conway County  
Medtran EMS  
Mercy EMS  
Metropolitan EMS (MEMS)  
Monticello Ambulance Service  
NARMC  
NEBCO EMS  
Nevada Co. Amb. Serv. Inc.  
Newport Fire Dept Ambulance  
NorthStar EMS - Searcy  
Northwest Medical Transfer Svc.  
Ouachita County Ambulance  
Ozark EMS  
Pafford  
Pea Ridge Fire Department  
Piggott Comm. Hosp. EMS  
Pine Snag Lobo Fire Association  
Pope County Emergency Medical  
ProMed  
Quitman Rescue  
Riverside EMS, Inc.  
Rogers Fire Dept/EMS  
Russellville Fire Department - ALS  
Scotland Area Fire/EMS  
Siloam Springs ALS/Rescue  
Southeast Emer. Med. Serv., INC  
Southern Care, Inc.  
Southern Para Svcs.  
Southwest EMS  
Southwest EMS - Van Buren  
Springdale Fire Department  
St. Francis County EMS  
Total Life Care EMS, Inc  
Trumann EMS Inc.  
Tumbling Shoals EMS  
Tyronza Fire Department  
Vital Link  
Wash. Co. Reg. Amb. Auth, Central EMS  
West Memphis Fire Department  
Wilburn Rescue  
Woodruff Co. Amb. Svc  
Yell County Emergency Medical Service