

Northwest Region  
Hometown Health Improvement  
January 2011 Report

**Baxter County**

**LHU Administrator:**

Support group formed for women with miscarriages at Schliemann Center for Women's Health and Education. Hometown Health meeting held at Library.

**Benton County**

**LHU Administrator: Loy Bailey**

Gaps in Services Committee – appreciation event sponsored by Marshallese community.

**Boone County**

**LHU Administrator: Debbie Johnson**

Substance abuse HHI sub-committee met to plan activities for the coming year. Received the 3<sup>rd</sup> year of our Coordinated School Health grant. Have been communicating with the new Harrison Wellness Clinic RN-Anita Rissler. She is new and is just now getting the clinic set up. Asking questions about doing immunizations on site at the school. I am going to tour her facility next week.

The Harrison FCCLA has taken on the project of promoting healthy food choices. They made an educational board on the dangers of too much caffeine, provided the ball teams with bottled water and are preparing hand outs for the Harrison Jr. High health fair.

Our AmeriCorps Vistas conducted a “Just 4 Kids Food Drive” to collect healthy foods for the Harrison Back Pack program. They collected over 350 non-perishable items and over 250 lbs. of food.

Our Healthy Kids/Healthy Ozarks committee is continuing to work on our first Community Garden. They are developing a sign & logo to place at the location where everyone can see it as they drive by. We are already looking to different neighborhoods where we can have another garden.

The Trails sub-committee has been re-energized. A group from the City of Harrison (Mayor, City Councilmen, Chamber of Commerce, Trails committee and I) has been asked to take a Road Trip to Columbia, MO to see how they have transformed their city streets and sidewalks to accommodate walkers and bikers. Boone County Extension Service is starting a “Strong Women & Men” program 2 days per week, A Fit in 2010 videos if you want to work out at home and starting Walk Across Arkansas on March 6<sup>th</sup>. Planning the first Harrison 100K challenge for this spring. We are currently in the process of building a Skateboard Park downtown thru monies received thru a grant written by a Coalition member.

We lost our tobacco grant which is devastating to the Coalition. We are frantically looking for something to replace it. As a Coalition, we are also trying to think how we can maintain the momentum that has been created by TFBC.



We continue to assist financially with breast health problems with our Komen grant. We have a monthly support meeting each month, Breast Friends. We had a meeting with a few key stakeholders in the county about hosting a Safety Baby Shower.

Meeting held with OEM, Huntsville Sheriff's Department, health department, and coalition members to discuss funding opportunities for AEDs for the county.

We partnered with Huntsville School and applied for a JUA grant that we received. The monies will be used to expand the practice field at the school. The school is partnering with the soccer association to allow them more access to the practice fields.

Our tobacco grantee, Brenda Patterson, was not refunded. She attended the Chamber Banquet and gave the tobacco prevention business of the year award to Ozark Foods. She also worked with Huntsville High Agri class who helped make a new metal bench for the rodeo. The Rodeo Board was offered \$1,000 from a tobacco company if they would allow them to set up a booth outside the fairground gate and give away free spit tobacco samples. The board turned down the money. In an effort to recognize and reward our rodeo board for this decision, MCHC purchased the metal the Agri class made a new bench for the fair grounds. They had an old wooden bench that was broken down. We replaced it with the new metal bench.

We are working with Butterball to organize the annual Butterball Health Fair. We will have this during Minority Health Month.

2011 Madison County Health Resource Guide and Calendar printed and distributed.

## **Marion County**

## **LHU Administrator: Judy Martin**

Monday, Wednesday and Friday Strong Women-Strong Men Bull Shoals and Flippin Senior Center. Free diabetes education class sponsored by 5 Star Network, Senior Center, Flippin. CERT classes Y-S High School, planning May multi-state earthquake exercise.

Partnering with PRC to plan drug and alcohol prevention event.

H Andersen face to face with women 40 and over at LHU each Tuesday of month and anytime lady comes into unit. Valerie Shipman giving breast feeding back packs 3 times a week at LHU. Partnering with PCF and planning prostate screening event 8/30/2011.

Partnering with TFMC to provide dangers of tobacco use during pregnancy and second hand tobacco dangers to infants to all pregnant women and new Moms in clinic, daily. Each Mom receives backpack with goodies and educational material from TFMC. Back to Sleep education, early prenatal care education. Planning Teen Summit, YES TEAM, 6 Teens representing all 3 schools in county. Appointed board members for Marion County Community Services board. Month of January: face to face presentation on HIV and STDs with brochures to high risk at LHU. Abstinence info along with FP clinic info provided to school nurses.

Planning “Right Bite” cooking classes in spring, Body Walk with 447 students attending from all county schools completed in January. Walk-Run clinic beginning in March.

Marion County Community Services meeting with business leaders last month to promote community center needs.

**Newton County**

**LHU Administrator: Kathy Taylor**

Staff Meeting with new county judge. Met with him afterwards to explain health department programs. Met with Keith Slape, County Sheriff, to discuss possible move of his office to accommodate I.H.S. Attended HHI meeting on 01/13/11.

**Pope County**

**LHU Administrator: Pam Sellers**

Alcohol, tobacco prevention and cessation, and drug prevention activities provided by coalition. LEPC meeting and Health & Medical Sub-Committee Meeting. “Know Stroke” presentation/article published in local newspaper. For Coalition, process minutes from monthly meeting. I’m responsible for distributing coalition correspondence.

**Scott County**

**LHU Administrator: Darla Mortimore**

No report.

**Searcy County**

**LHU Administrator: Elizabeth Seftar**

Regina Horton/Libby Seftar spoke at St. Joe Head start to teacher and parents regarding immunizations and ADH services. Met with DHS Admin. Reviewed all ADH services. Went through PR notebook. Pamphlets given.

DHS: 5 star committee diabetic education class 1/27/11 in Searcy County, OMHN-Diabetes Self Management classes, Diabetes sick day care community classes.

Met with Charmaine Mitzlaff, OES officer. Planning reinstating quarterly LEPC meetings. Consult with ADEQ in Little Rock regarding proper disposal of fluorescent lights bulbs.

OMHN referrals given for Young Mom Healthy Families program. Twelve Searcy County clients enrolled in OMHN medication assistance program.

Breastfeeding, heart disease/stroke, diabetes, immunization, family planning, STD, teen pregnancy, tobacco prevention and cessation information presented and given to St. Joe Headstart program.

Searcy County Prevention coalition. Updated Searcy County Health Plan with Renee Kyles. Met with Kerri Tindall from VBC Tea Coalition. Planning upcoming community supper/media campaign.

Met with Searcy Co. school district regarding Delta Garden Study grant. Had completed request for application in November. ACH met with science teachers, middle and High

School principals and Superintendent to discuss grant. Notified that Searcy County Middle Schools were awarded the grant. Will consist of 1 acre garden, greenhouse, all necessary tools, lesson plans, full time garden program specialist for 12 months, support from research team, food core volunteer.

**Sebastian County**

**LHU Administrator: Jo Wester**

Your Cares Our Concern-HHI Seminar “The Impact of Cancer on Sebastian County Residents” Speaker Dr. Ford Barnes, Oncologist, Peach Tree Hospice.

Family Planning and Immunization bulletin boards in LHU.

Booth set up at Lions Women’s Basketball game asking youth and adults to pledge against drugs and alcohol consumption.

**Van Buren County**

**LHU Administrator: Donna Branscum**

Foster Families updated on ADH services. Diabetes classes continue with OMHN. January had 6 referrals. Updating MDP with new County Judge. Quitline billboard posted.

Meeting with YMHF and MIP regarding restarting Maternity program. YMHF program currently has 68 moms and 64 babies. Starting a new THRIVE program for 15-18 y/o prenatal clients. (Through Children’s Trust Fund). HIV training for YMHF on Jan. 18.

Medication Assistance Program: enrolled 4 new patients for a total of 112 currently enrolled. \$27,897.35 received YTD.

THUGS met in January at all 3 schools. Working on projects. January 26<sup>th</sup>-Clinton Youth Entrepreneurship Summit.

**Washington County**

**LHU Administrator: Glenda Parker**

No report.

**Yell County**

**LHU Administrator: JM Graves**

Regional Administrator Meeting. Tri County Regional Water District Meeting.

**Community Health Promotions Specialist**

**Sarah Brisco**

Sarah provided tobacco signs to the Flippin School District. She visited Butterfield Elementary School in Fayetteville where she met with school staff regarding placing materials in the parent center. She met with OOI Headstart regarding completion of the NAPSACC evaluation posttest. She provided a teen pregnancy video to Deer/Mt.Judea School District. She provided assistance to school nurses in the absence of a CHNS in the co-op.

Christine Reifeiss  
No report at this time.

### **Community Health Nurse Specialist**

#### **Miranda Curbow**

Miranda provided a presentation on tobacco marketing and Act 13 to Hartford Public School staff. She visited the following schools: Mansfield, Paris, and Ozark Schools where she provided technical assistance to school nurses on A-Train, influenza and training opportunities. She assisted in the planning of the HHI Sustainability Conference where she serves as chair of the agenda committee. She serves as chair of the Sebastian County Cancer committee and assisted in organizing the January meeting. She assisted with the ATU Ozark mass flu clinic.

#### **Nancy Marsh**

Nancy provided vision, hearing and scoliosis trainings for school nurses. She facilitated the Madison County Coalition and presented on the Safety Baby Shower. She provided technical assistance on grants to partners in Madison County. She visited the following schools: Springdale Central Junior High, Fayetteville Leverette Elementary, Prairie Grove and two Fayetteville High Schools. She provided technical assistance to school nurses on current school health issues, use of A-train, and BMI. She visited the Fayetteville Coordinated School Health Wellness Center. Nancy provided technical assistance for the O.U.R. Education Resources Cooperative in the absence of the CHNS. She facilitated a NW AR nurse coordinator's meeting.

#### **Mary Glasscock**

Mary provided a Tobacco Education Booth at the Family Health Fair Night at Ruth Doyle Elementary School in Conway. Participants were educated on the chemicals in a cigarette, the faxback referral form and quitline numbers. She provided an Obesity Education and Prevention training for Russellville school nurses. She attended the Cleburne Co HHI meeting and plans to invite school nurses from the Cleburne Co schools to coalition meetings. She provided technical assistance on various health issues. She administered influenza injections at the Arch Ford Education Cooperative. She visited the following schools: Russellville, Guy, Quitman, West Side, Heber Springs, Dover and Hector.