



COLOR A TOBACCO-FREE WORLD

A LETTER TO PARENTS:

Stamp Out Smoking is an organization dedicated to educating Arkansans about the harms of tobacco through both prevention programs for youth and cessation programs for adults.

Students are engaged through competitions that reflect a healthier lifestyle while discouraging them from using tobacco products. This year marks the fifth anniversary of the SOS coloring contest. It is open to children in grades K-5. An essay contest is available for grades 3-9; a drama contest is for grades 9-12.

So, talk with your children about the dangers of smoking and help them color a tobacco-free world.



STAMP OUT SMOKING
ARKANSAS DEPARTMENT OF HEALTH

CAPTAIN CLEAN AIR:

His powerful lungs can blow away harmful secondhand smoke.

ANTONIO:

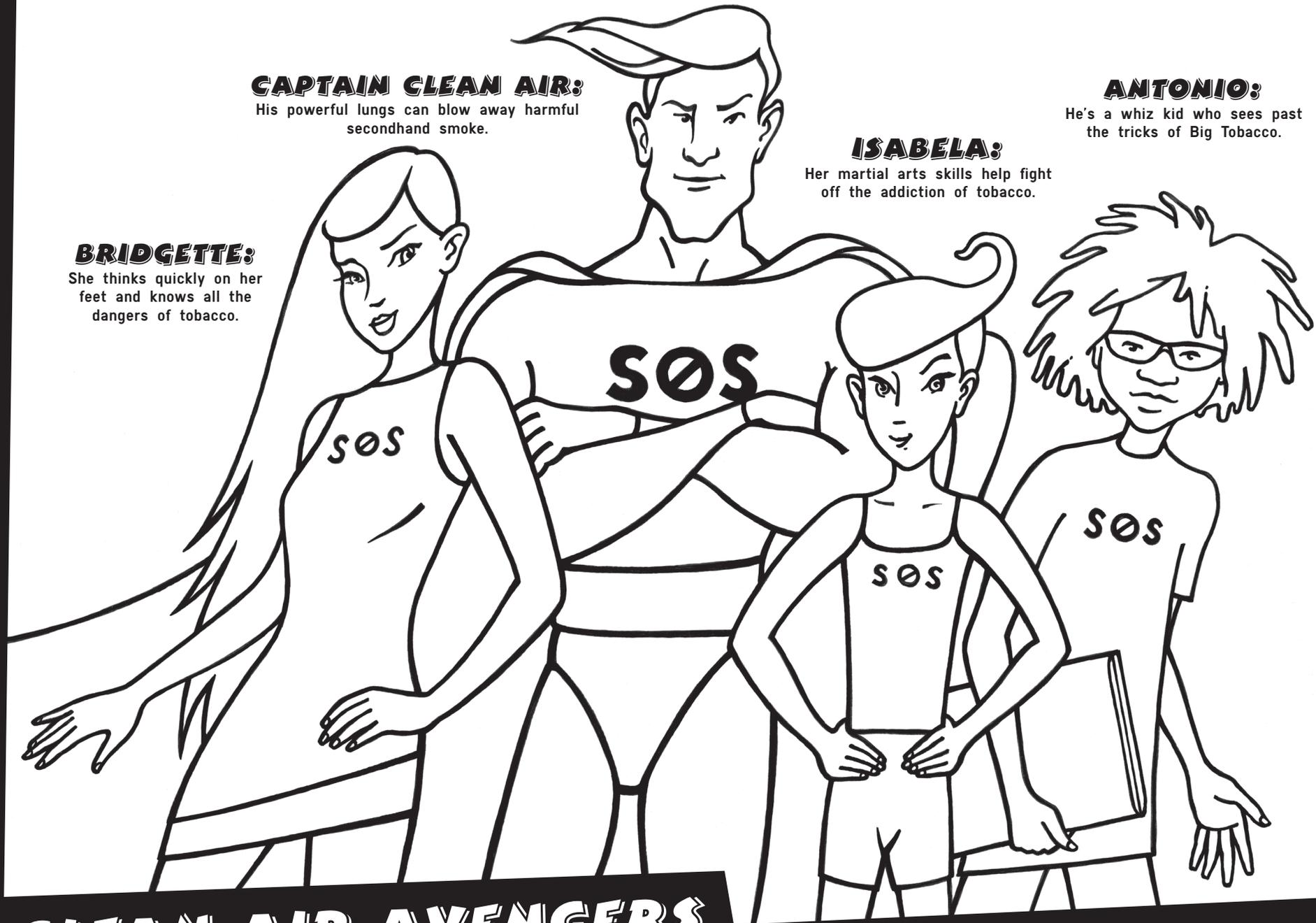
He's a whiz kid who sees past the tricks of Big Tobacco.

ISABELA:

Her martial arts skills help fight off the addiction of tobacco.

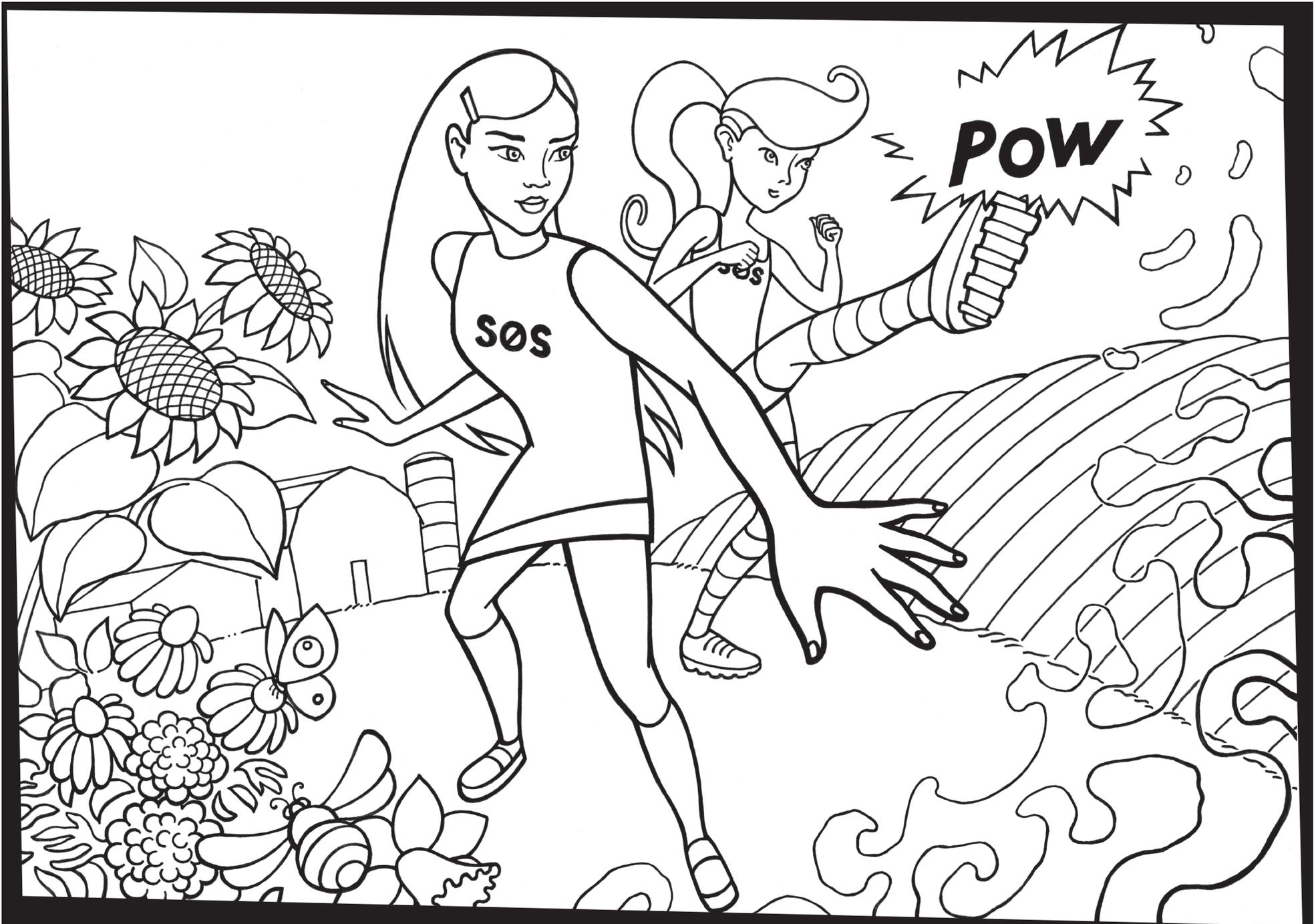
BRIDGETTE:

She thinks quickly on her feet and knows all the dangers of tobacco.



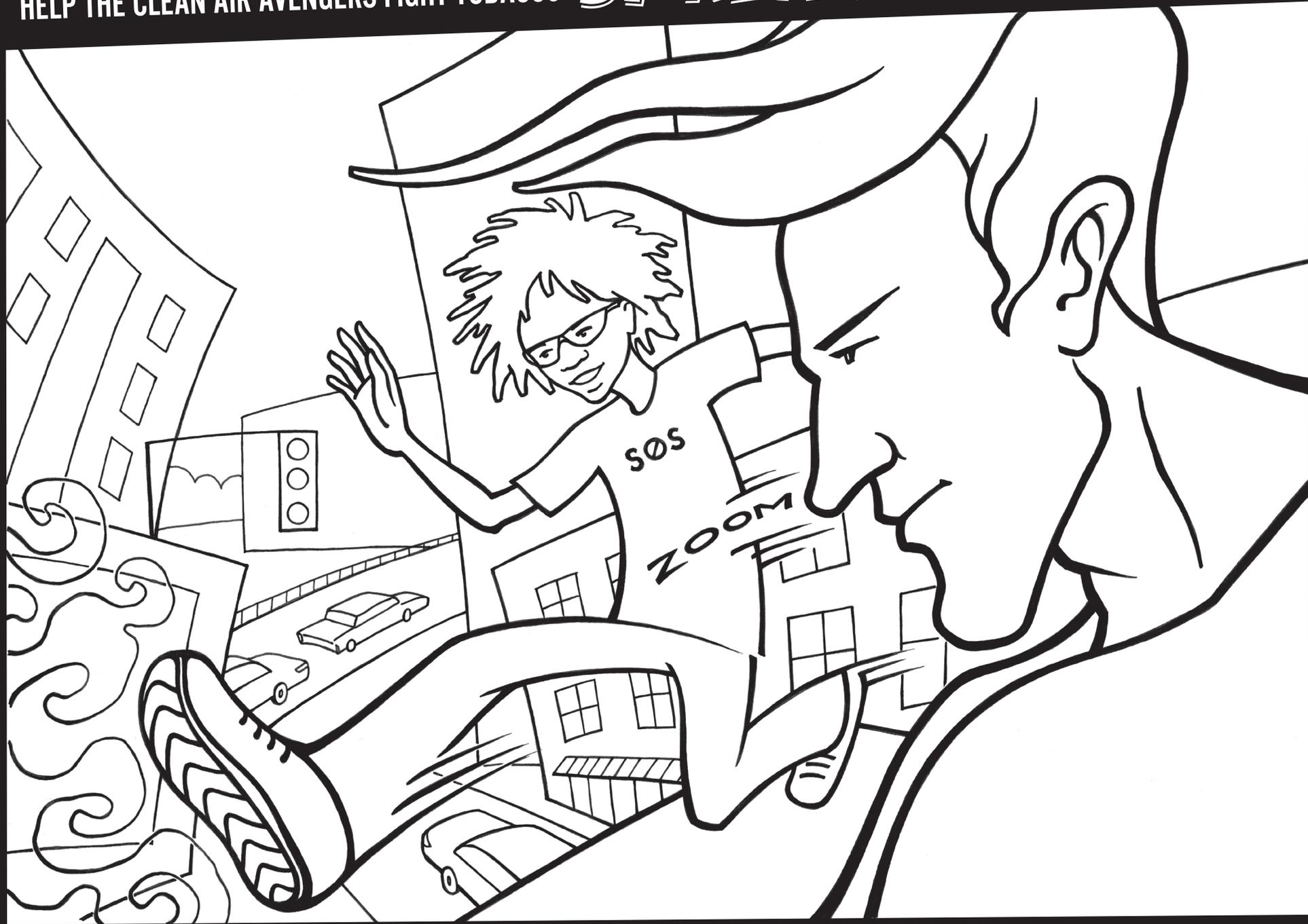
CLEAN AIR AVENGERS

PROTECTING THE RIGHTS OF INNOCENT LUNGS EVERYWHERE.

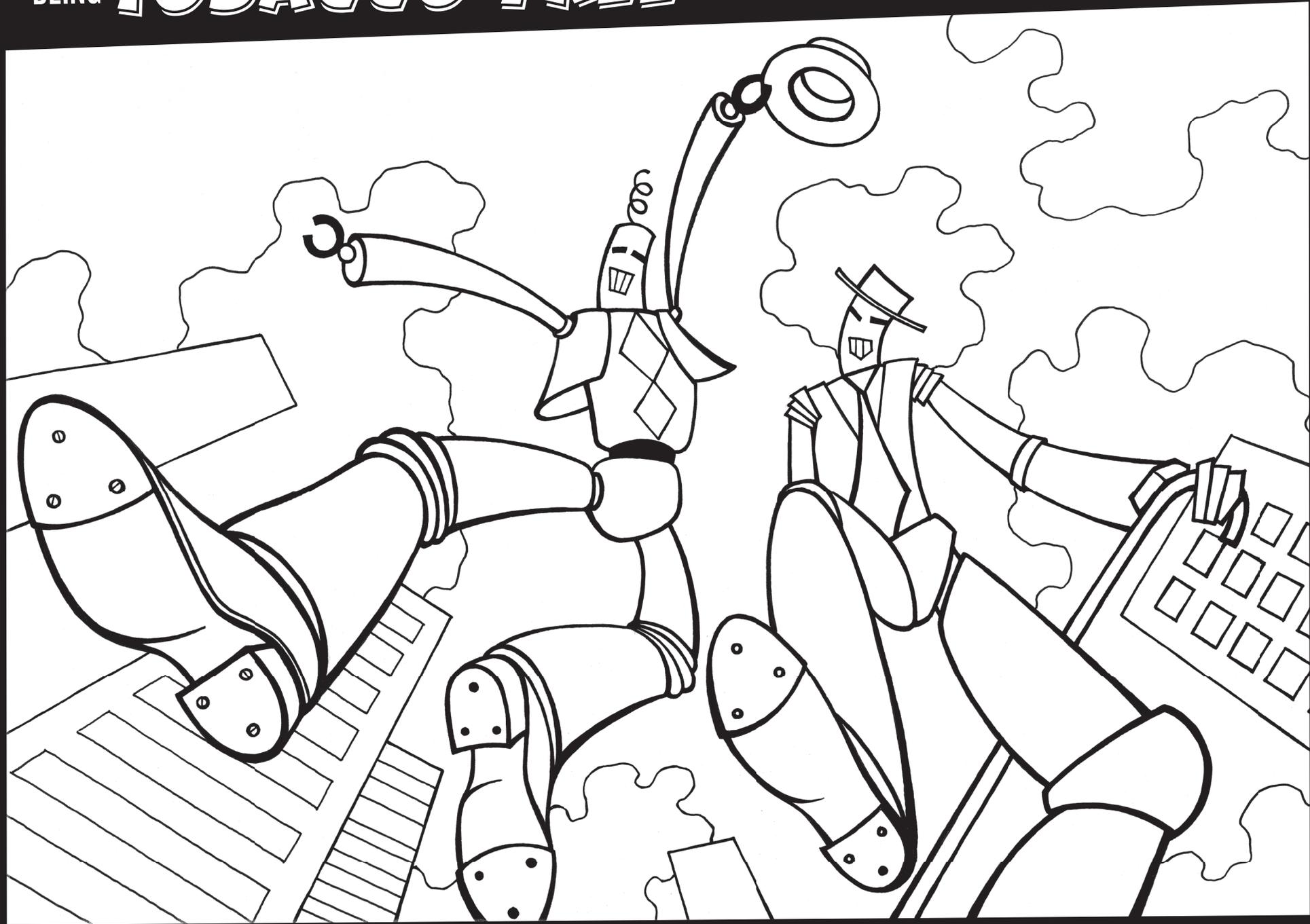


TOBACCO ADDICTION DOESN'T STAND A CHANCE AGAINST CLEAN AIR AVENGERS!

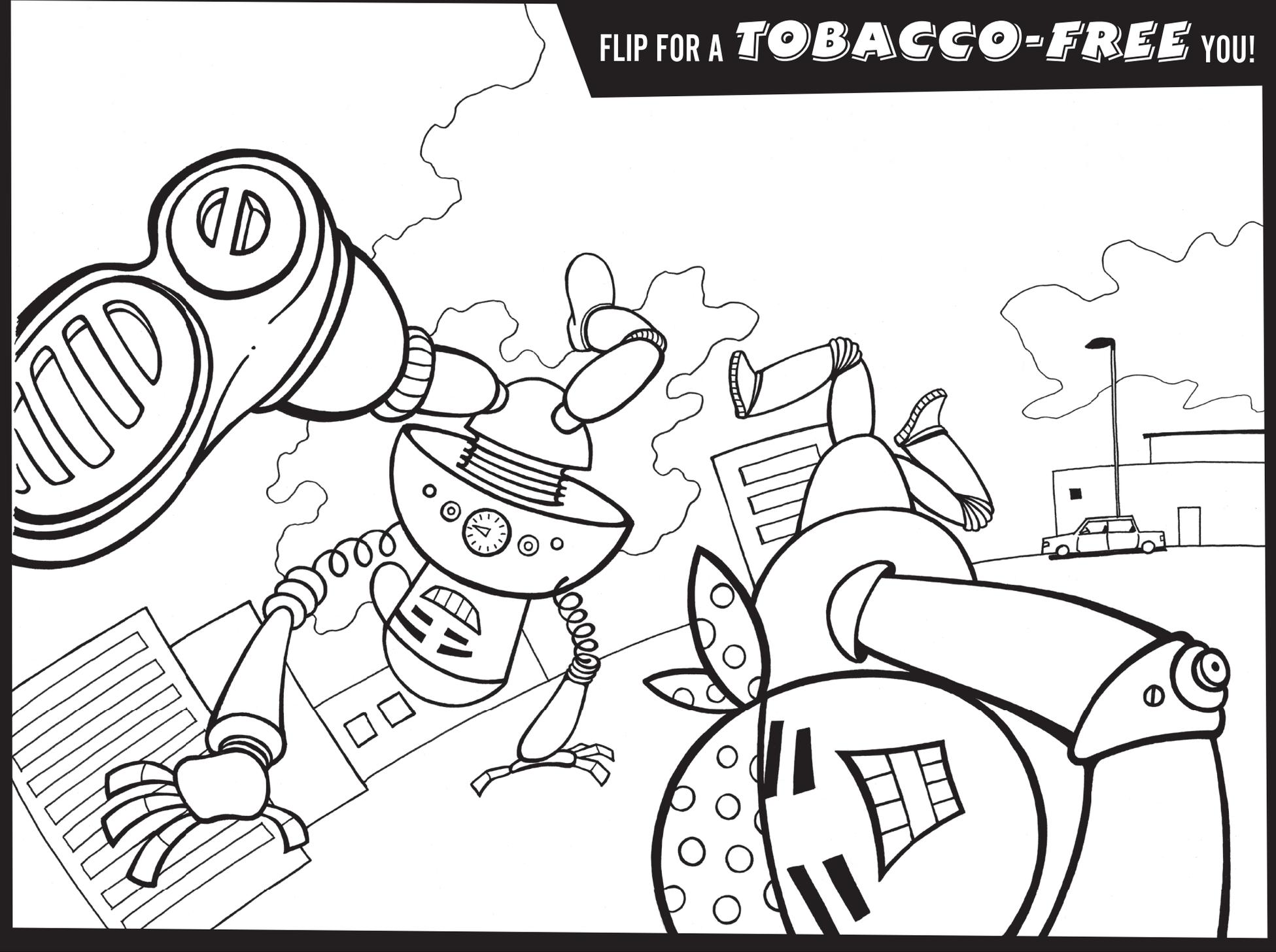
HELP THE CLEAN AIR AVENGERS FIGHT TOBACCO **BY NEVER STARTING!**

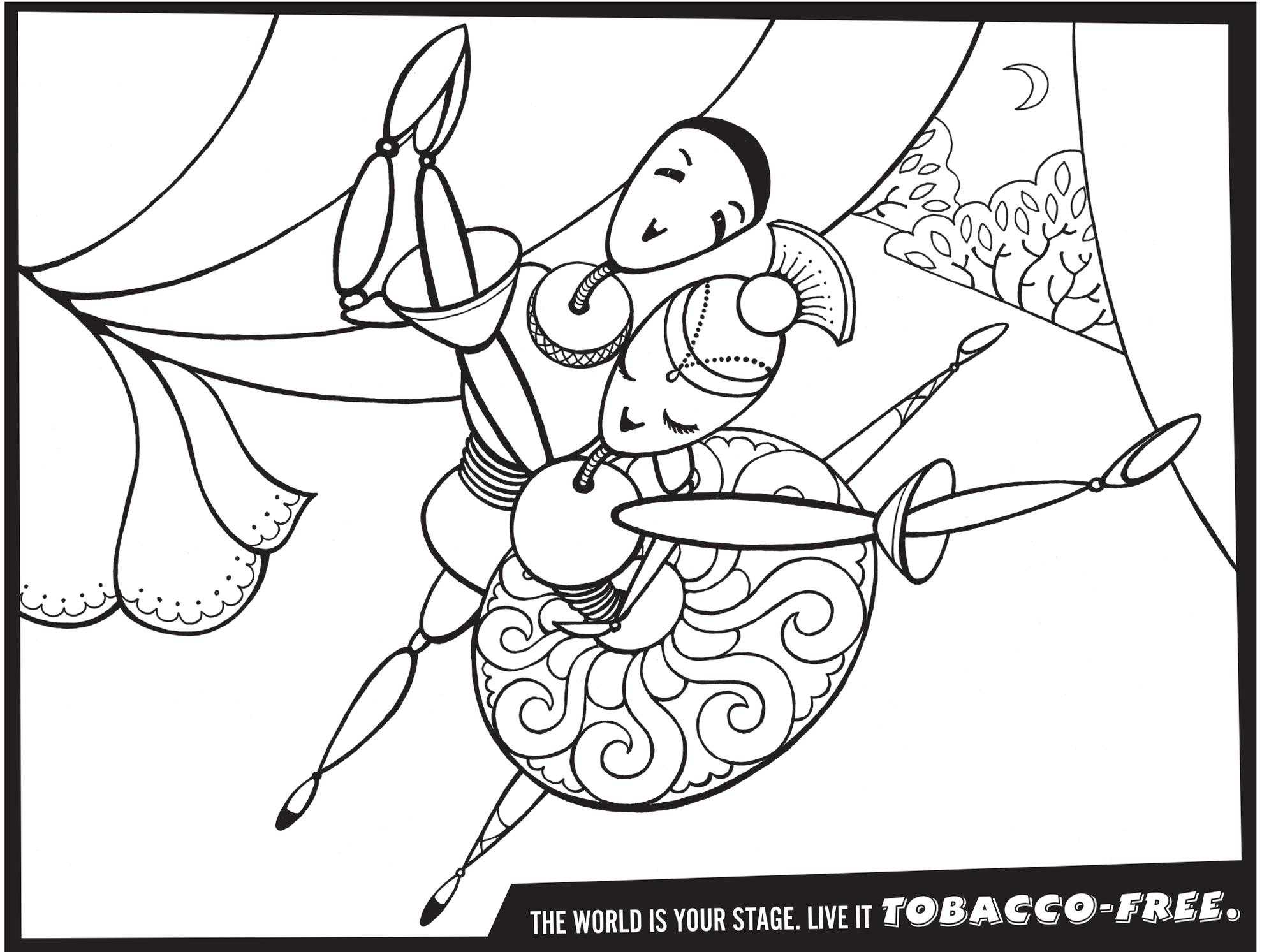


BEING **TOBACCO-FREE** IS WORTH DANCING ABOUT!



FLIP FOR A **TOBACCO-FREE** YOU!





THE WORLD IS YOUR STAGE. LIVE IT **TOBACCO-FREE.**



YOU CAN **SOAR HIGH** WITHOUT TOBACCO.

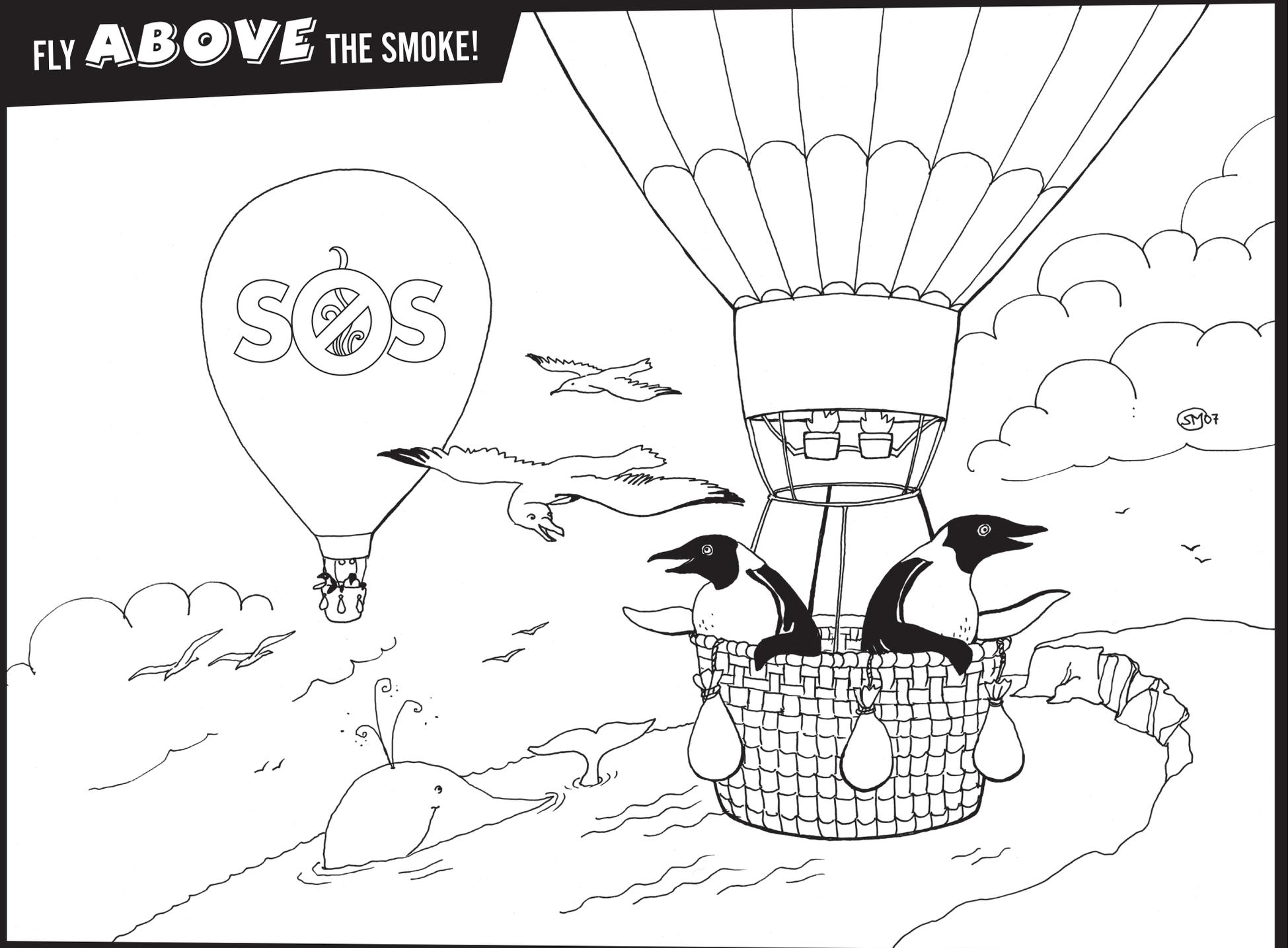


LIFE TASTES **BETTER** WITHOUT TOBACCO.

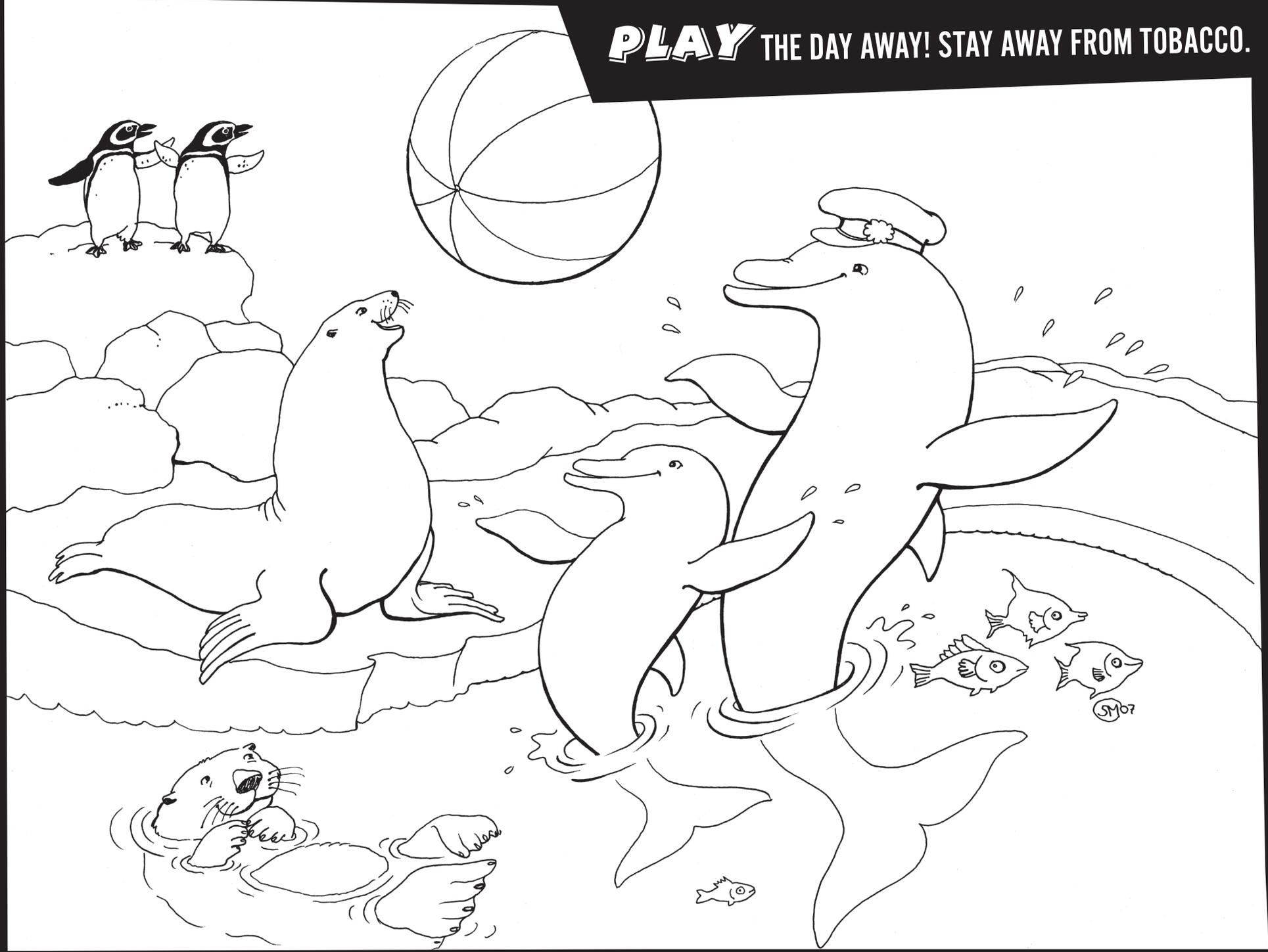
BE ACTIVE! HAVE FUN! BE **TOBACCO-FREE!**

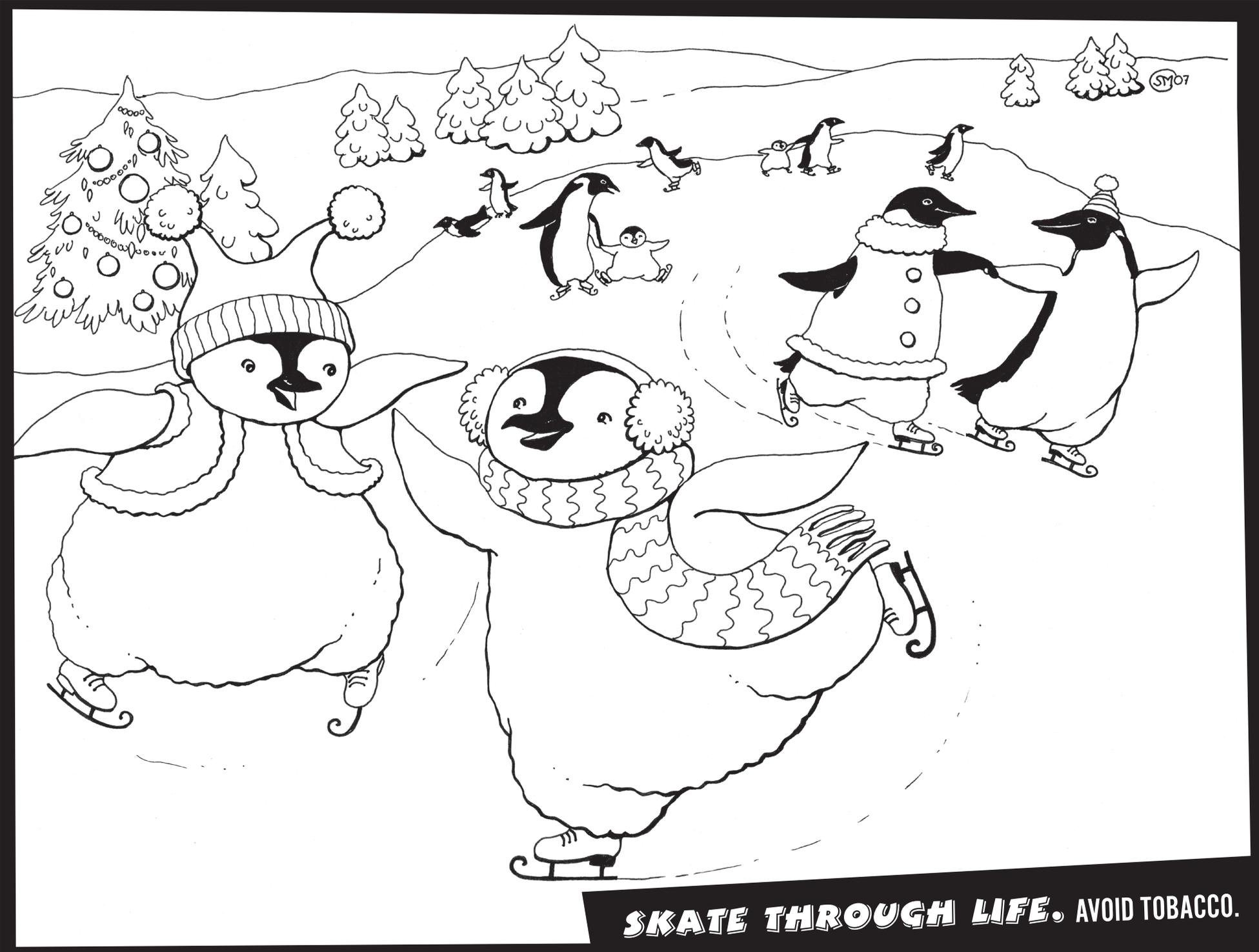


FLY **ABOVE** THE SMOKE!



PLAY THE DAY AWAY! STAY AWAY FROM TOBACCO.



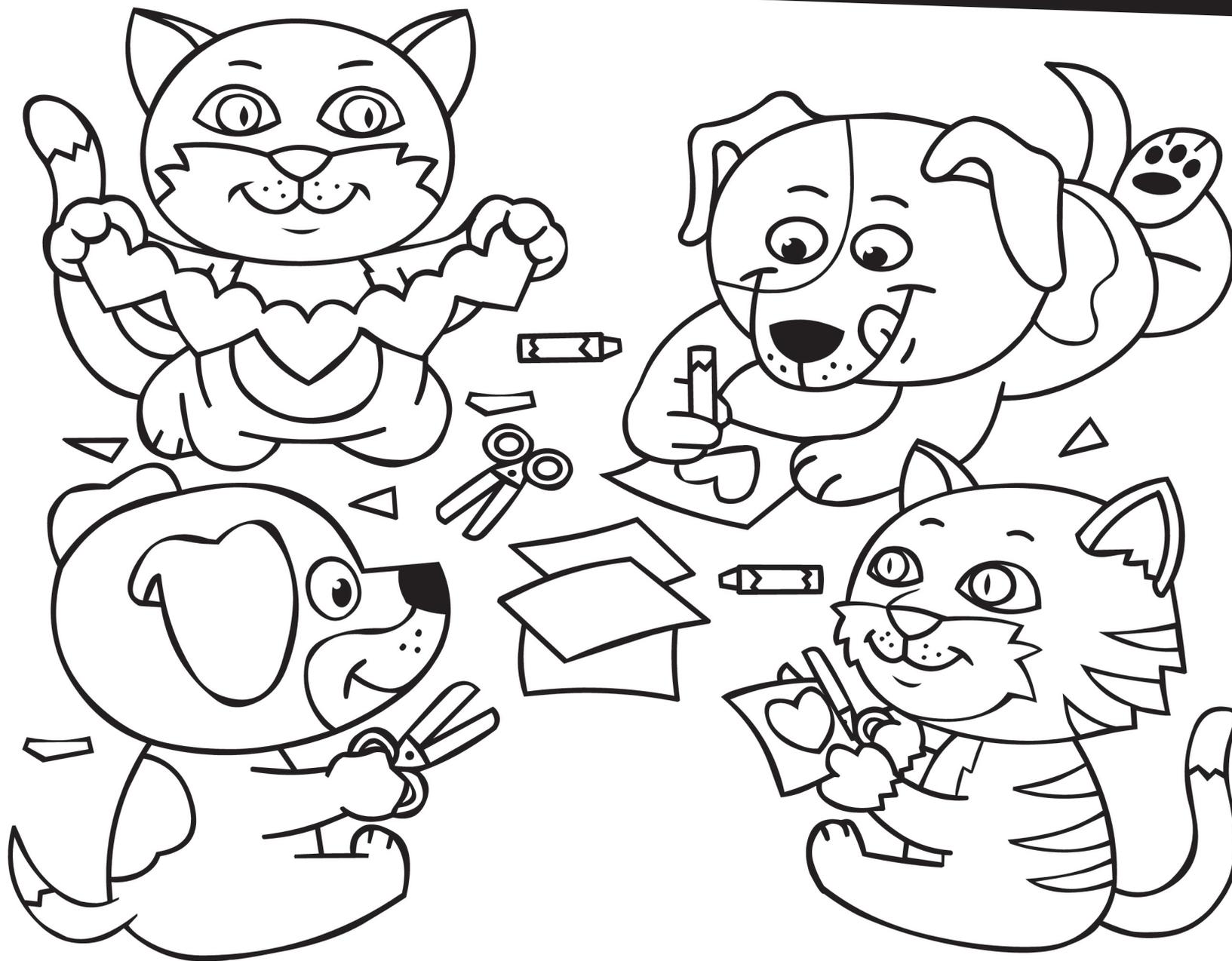


SKATE THROUGH LIFE. AVOID TOBACCO.

ENJOY THE LITTLE THINGS IN LIFE. **BE TOBACCO-FREE!**



FRIENDS ARE FOR FUN. DON'T EXPOSE THEM TO SECONDHAND SMOKE.





BUILD A HEALTHY, **TOBACCO-FREE** YOU!

Arkansas Tobacco Prevention and Cessation Program

4815 West Markham, Slot 3
Little Rock, AR 72205
(501) 661-2953

Arkansas Tobacco Quitline

1-800-QUIT-NOW

1-800-784-8669

Open seven days a week, 7 a.m. – 2 a.m.
Free medications, while supplies last.

Services are available in English, Spanish, Marshallese
and more than 160 other languages.



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