

***The Arkansas Department of Health  
enthusiastically supports  
Community Water Fluoridation  
to promote good health***

- **F**luoridation is a community health measure that *benefits people of all ages*.
- **F**luoridation is *safe*.
- **F**luoridation is effective. Studies show that water fluoridation results in up to *60% less decay in baby teeth and up to 35% less decay in adult teeth*.
- **F**luoridation *saves money*. According to the Centers for Disease Control and Prevention (CDC), *every \$1.00 spent on fluoridation prevents \$38 in dental treatment*.
- **F**luoridation *protects more than 300 million people in more than 40 countries worldwide, 170 million people in the United States alone, with more than 1.7 million people in Arkansas*.
- **F**luoride, according to the Institute of Medicine, is an essential nutrient for the development and maintenance of teeth.
- **F**luoride exists naturally in rocks, soil, ocean water and in every fresh water supply.
- **I**f a community's water supply is fluoride-deficient (less than 0.6 parts per million), fluoridation simply adjusts the fluoride's natural level, bringing it to the level recommended for decay prevention (0.7 parts per million).
- **O**ver 60 years of research and practical experience have demonstrated that there are *no harmful effects as a result of fluoridation*.
- **L**eading scientists and health professionals, professional organizations, and governments around the world endorse community water fluoridation.
- **D**epending on the size of the community, its labor costs and the kind of equipment that is used, *water fluoridation costs about 50¢-\$1 per person per year*.
- **E**nlightened community leaders understand that fluoridation is in the *best interest of the entire community -- adults and children and senior citizens*.

For more information on community water fluoridation, contact the Office of Oral Health at 501-661-2595 or visit our website at [www.aroralhealth.com](http://www.aroralhealth.com)