

# HHI At-a-glance

Nov-Dec 2009

## Southwest Region

The Blue & You Foundation for a Healthier Arkansas awarded grants to recipients from the Southwest Region which include:

- *FoodShare and Opportunity Network of Prescott* (\$11,250) – to provide 1,500 low-income seniors with food and personal hygiene products
- *Group Living of Arkadelphia* (\$4,107) – to provide health education and physical activities for 55 developmentally disabled adults in Clark County
- *Hospice of Texarkana* (\$11,505) – to support a bereavement coordinator to help children cope with loss due to the death, divorce or incarceration of a parent
- *Dallas County Alliance Supporting Health, Fordyce* (\$8,805) – to support wellness and fitness efforts that include a walking program and diabetes workshops.

## Southeast Region

**Prairie County** celebrated the 7<sup>th</sup> year of coalition activities and successes by hosting the Holiday Diabetes Lunch and Learn with 18 people in attendance. It was an opportunity to share the Prairie County Calendar which features pictures drawn by youth of “say no to tobacco and other drugs”. In conjunction with the lunch, a live holiday cooking demonstration was held featuring Keith Cleek, Phillips County Extension Agent, FCS, and Shea Hornsby, Prairie County Extension Agent, FCS. Eighteen diabetics, family members, and coalition members were present to learn how to modify time-honored holiday recipes making them a more healthy option.



## Hometown Health Improvement



## Northeast Region

The **Independence County** Coalition received a grant to combat childhood obesity. Independence County was selected as one of five Growing Healthy communities Project sites. This grant is from the Arkansas Coalition for Obesity Prevention Executive Team and the Growing Healthy Communities Advisory Team. Physical activity and nutrition will be addressed in all schools in Independence County with this grant.

**Lawrence** Memorial Hospital has been awarded a Blue & You Grant in the amount of \$42,270. This grant was designed to work with the Lawrence County School children on obesity, exercise and nutrition.

This period ADH/HHI Colleagues worked very hard to immunize as many individuals as possible for both H1N1 and Seasonal flu in accordance with the Governor’s initiative for the state. CHNS and CHPS have participated in planning and implementation of the flu clinics in Arkansas’ public schools. Flu immunizations have been a main activity for all the counties during this period.