

CHILD HEALTH ADVISORY COMMITTEE
MEETING MINUTES
March 8, 2012
Freeway Medical Building
Room 801

Attendees: Anna Strong, Barbara Kumpe, Bob West, Carole Garner, Charlotte Davis, Connie Whitfield, Jada Walker, Kathy McFetridge (via phone), Laura Sanders, Michelle Justus, Paula Smith, Tony Thurman

Absentees: Andrea Martin, Brett Stone, Elton Cleveland, Laura Bednar, Michelle Smith, Pam Jones, Rosemary Rodibaugh

Staff: Brittany Johnson

Next meeting: April 12, 2012

Business

- ❖ Paula Smith made a motion to accept the February minutes with changes. The minutes were unanimously approved.
- ❖ Charlotte Davis moved to accept the existing Portion Size list and was seconded. The Portion Size list was unanimously approved.

School Based Wellness Centers

- ❖ Tamara Baker and Elizabeth Kindall gave a brief presentation on the benefits of school based wellness centers. The overall goal is to improve academic and economic statuses by creating a healthy workforce and student force, and also to improve access to services. Physical and mental health services on campus reduce absenteeism and discipline referrals among students and staff that attend these schools. Schools applying for school-based wellness center grants must meet Coordinated School Health requirements. Success stories and other information may be found on the CSH website.

CSH Update

- ❖ Audra Walters reported that they have updated their guidelines to provide more accountability and stronger foundations for schools that may want to eventually apply for school-based wellness centers. As part of the new guidelines, they are now required to attend four Coordinator trainings. They must also submit agendas for their Wellness Committee meetings to ensure that they are meeting regularly. She also announced

that Malvern and Ozark have signed on and there will be a CSH Orientation held on May 22, 2012. Other schools have also shown interest in participating; Audra and Codie Malloy have been making site visits to the schools to ensure that they are at a certain level of readiness. The PANT position has been cut. The School Health Index Training was held on March 7th and was a success. Over 50 people attended to learn the purpose of the School Health Index. Audra also reported that the new combined team is now called the Partnership for School Health. This group consists of the Natural Wonders Group and the Core Team. CSH recently found out about an opportunity through CDC, where the American Academy of Pediatrics will be working with 3 or 4 Arkansas schools to provide them with technical training in capacity building for health services. Codie Malloy introduced herself, to the committee, as the new Program Director for Coordinated School Health and gave a brief overview of her background.

PE Regulation Changes

- ❖ Jada asked that everyone review the PE changes. Barbara Kumpe discussed changes that had been made that were good for the committee. Barbara suggested sending a letter to Dr. Kimbrell thanking him for the changes made in moving towards the direction that both ADE and CHAC have been trying to do together. Members were asked to review the regulations and they will discuss them at the April meeting.

Subcommittee Reports

❖ **Awards**

Barbara Kumpe provided a draft process for members to review. She asked that if anyone had any recommendations or ideas, now is the time to give input. These awards will be given to individual schools/districts that have collaboration, and are also implementing at least one of the 8 core components or a combination of them. These districts must also show that they have community support. The committee will send out the award information to the districts by the end of April. The deadline for submissions will be June 15th. The committee will have July and August to review entries, and will present awards to districts in mid-September. It was suggested that schools highlight one activity that can be elaborated on. Michelle Justus and Tamara Baker agreed to help work on the wording for this, in order to ensure that the districts are highlighting sustainable activities.

❖ **PR**

Carole and Rosemary have changed the photo on the front and made edits to the brochure. They hope to have the brochure ready for review at the April meeting.

Organization and Program Updates

Staff

- ❖ Brittany announced that the Children in Schools Section has been placed under the Child and Adolescent Health Section. The name has also been changed to the School Health Section.

Department of Health

- ❖ Dr. West reported that the Children in Schools Section was placed under the Family Health Branch because it no longer fit under the new Chronic Disease Prevention and Control Branch. The new School Health Section will be under the leadership of Dr. Patti Scott. She has a lot of experience in school health services. Mary Wells' former position is in the process of being posted. Also, Taste of the World will be held on April 13, 2012. Taste of the World is a diversity celebration, where a variety of dishes from various cultures are served. Dr. West will get Dr. Michelle Smith to send out more details.

Department of Education

- ❖ Dr. Laura Bednar was absent. There was no report.

Child Nutrition Unit

- ❖ Sheila Brown reported that last month Joyce Hardy and Danny Knight presented to the State Board on breakfast alternative programs. It was well received by the board. Also, the Child Nutrition staff has been going around to the education cooperatives to meet with superintendents to provide them with ideas of how to implement these programs in their schools. In the near future, the USDA will be releasing the RFP for the Farm to School Grant that state agencies can apply for. The criteria for the Healthier US Challenge will be changing effective July 1, 2012 due to the new meal pattern's release. Sheila suggested that the committee may want to go back and review the new meal pattern requirements at a later date. The USDA will be releasing a proposed rule by early summer with national standards for all food on school campuses. There is a 10 year implementation timeline for the new meal pattern. It will go out until school year 2022-2023. Immediately next year, fruits and vegetables will be required at each meal.

Hometown Health Initiative

- ❖ Andi Ridgeway reported that Nancy is out doing an Injury Prevention Training today and Kim Hooks is on extended medical leave. The HHI conference was held on last week where school-based health centers and emergency preparedness were the highlights. The Weight of the Nation Conference will be held in May.

- ❖ Christine Reifess reported for the CHNS/CHPS. She highlighted some of the projects going on. The University of Central Arkansas has partnered with a modern dance program, based out of Atlanta, to go into elementary schools to give interactive presentations on modern dance and eating disorder prevention. Also, the CHNS/CHPS worked with a program in Sheridan that impacted 1200 students, on bullying prevention. Sarah Briscoe had a baby boy named Graham.

Act 1220

- ❖ Michelle Justus will send the numbers for BMI entry to Brittany to send to the committee members.

Act 1220 COPH Evaluation

- ❖ Jada reported that there was no new information.

Public Comment

- ❖ Dr. Laura Sanders announced that the Little Rockers Marathon was held on last weekend. Eighteen hundred kids were involved. It was very moving.
- ❖ The Joint Use Agreement group will meet directly after the CHAC meeting.
- ❖ The Arkansas Dietetic Association will be having the Fun Run at the Verizon Arena on Saturday, March 10, 2012 at 10:00 A.M.

The meeting adjourned at 11:45 A.M.