

**CHILD HEALTH ADVISORY COMMITTEE
MEETING MINUTES
March 10, 2011
Freeway Medical Building
Room 906**

Attendees: Elton Cleveland, Charlotte Davis, Carole Garner, Margaret Harris, Pam Jones, Michelle Justus, Barbara Kumpe, Brett Stone, Bob West

Absentees: Arkansas Academy of Pediatrics representative, Andrea Martin, Kathy McFetridge, Paula Smith, Jada Walker, Connie Whitfield

Substitutes: Laura McDowell (Laura Bednar), Ashley Wright (Elisabeth Burak), Joy Carrington (Michelle Smith), Tina Wiley (Patsy Smith and Tony Thurman)

Staff: Mary Wells, Joy Rockenbach, Brittany Johnson

Next meeting: April 14, 2011

Business

- Committee members were asked to review January minutes for any corrections. In the **Act 1220** section the data entry statement should be clarified to read that data entry of heights and weights for BMI calculation should start soon. In the **Act 1220 COPH Evaluation** section that it should state that the team is nearly finished with the 2010 Act 1220 report.
- In the **Coordinated School Health** section it should state that Prairie Grove and Mayflower schools are new CSH sites instead of new wellness center sites.
- Approval of January minutes was tabled until April due to lack of quorum.

2011 - 2012 Maximum Portion Size List

- Copies of the Maximum Portion Size List with modifications that were approved at the October 2010 meeting to include no trans fat were distributed. Clarification was requested to be sure the word “grams” would be inserted between “0” and “trans fat.” Barbara Kumpe presented suggested language to accompany the Maximum Portion Size List clarifying that the list refers to “industrially produced trans fat.” It was determined that this language could be added without an official committee vote. Sheila Brown asked if the “Portion Restrictions for French Fries/ Fried Potato Products” included sweet potato fries as well as “flash-fried” foods. The response was yes to both sweet potatoes and flash fried products. For clarity, the components of the Portion Restriction table noting maximum serving size and frequency limitations will be modified to read Deep Fat or Flash Fried Potato/Sweet Potato Products.

Legislative Update

- Barbara Kumpe informed everyone that funding for CHAC comes from tobacco settlement money, and that tobacco prevention cessation programs gets 31% of that money. She stated that Senate Bill 794 was filed which would transfer 15% of the

prevention funds to youth drug courts, which would result in a decrease for CHAC funds. She announced that the bill did not pass out of committee. It was suggested that CHAC committee members speak with their legislators about the value of the current use of the prevention funds and problems any loss may create. There is concern, too, that the bill's sponsor will try to attach it to another bill.

Joint Use Agreements

- Jerri Clark, CSH Grant Manager, gave a presentation on Joint Use Agreement Grant Recipients and their programs' focus. She stated that from the first two rounds of RPAs there are 28 grantees, and all grantees have different partners, facilities, and have used their money differently. She also announced that another application opportunity was released this morning. Information can be found on the Arkansas Department of Education and the Arkansas Coordinated School Health websites. There is enough money to fund 8 more projects. She stated that the applications this year were focusing more on partnering schools and community projects. All projects must be based on physical activity. Priority points will be given to projects with schools that have high levels of free and reduced price lunch participants, high BMI rates, areas that could benefit rural communities, existing joint use efforts, proposed sustainability and integration of the project into other school and community health initiatives. The applications will be due by April 11, 2011. She also informed members that webinars are being held online each Thursday in March at 2:00 for application technical assistance. An intern with ACHI is developing an evaluation tool to track how the money is used and its impact. A new call for proposals will be released in the summer when the new fiscal year begins.

Coordinated School Health

- Tamara Baker announced that there are now 41 schools participating in CSH. There will be a School Health Conference in Hot Springs on June 28-30, 2011 addressing bullying, physical education, health education, school nursing, and more. There will also be a Wellness Center RFA released in April to fund one more site by June. Copies of the 2009 Youth Risk Behavior Survey results were distributed.

Child Health Advisory Committee Member Presentations

Arkansas School Nutrition Association Presentation

- Charlotte Davis, Food Service Director of Searcy Public Schools, gave an overview of the association's mission and vision. The mission of the Arkansas School Nutrition Association (SNA) is to advance good nutrition for all children. The association's vision is to provide healthful meals and nutrition education to all children. The SNA works towards their mission and vision by providing members with education and training, setting standards through certification and credentialing, gathering and transmitting regulatory, legislative, industry, nutritional, and other types of information related to school nutrition, and representing the nutritional interests of all children. The SNA is probably the group most directly affected by CHAC recommendations that become regulations because they are responsible for implementing many of the regulation changes affecting food served to students on the

school campuses.

Arkansas Dietetic Association Presentation

- Carole Garner gave an overview of the mission and values of the association. The Arkansas Dietetic Association is an affiliate of the American Dietetic Association. Their mission is empowering members to be the nation's food and nutrition leaders. They provide reliable and evidence-based nutrition information to the public. She focused on six areas: Registered Dietitians, Practice Areas, Medical Nutrition Therapy, Dietetic Practice Groups, Specialty Credentials, and Support for the Profession. ADA also develops position papers such as nutrition education standards, food marketing on campuses, and weight management.

Organization and Program Updates

Staff

- Mary announced that Dr. Karen Young will be replaced by Dr. Laura Sanders.

Arkansas Department of Health

- Bob West announced that the fluoride bill was passed last week by the Arkansas Legislature. From a federal perspective he stated that Title V and Title X funding are being targeted for reduction.

Child Nutrition Unit

- Sheila Brown announced that today was the deadline for Fresh Fruit & Vegetable Program grant applications. She stated that they are expecting around \$2.3 million for next school year, and this will allow approximately 44,000 to 45,000 school children in Arkansas to participate in the Fresh Fruits & Vegetables Program. She also gave handouts pertaining to the USDA proposed rule for Nutrition Standards in the National School Lunch and School Breakfast Programs. She noted there are significant changes to the meal patterns, minimum/maximum calorie levels for meals, Offer vs. Serve option, and state monitoring. The handouts provided a link to the proposed rule and also showed comparisons of the current, the proposed, and the Institute of Medicine's recommended breakfast and lunch meal patterns. The deadline for comments on the proposed rules is April 13, 2011. She expects that the final rules will be released in the summer. The next RFA for the Fresh Fruit & Vegetable Program will be released spring 2012. The Child Nutrition Unit is applying for an USDA challenge grant.

Hometown Health Initiative

- Nancy Green reported that each one of the regions at ADH received funding for Infant Mortality Projects, and the Community Health Nurse Specialist (CHNS) and Community Health Promotion Specialists (CHPS) are working with each of the regions on these projects. She reported that Lisa England, a CHNS in the Southwest Region, developed training for school nurses to help reduce infant mortality. Nancy also reported that the vacant CHNS position had been filled by Cheria Lindsey of Valley Springs and the CHPS position had been filled by

Jennifer Lynch of Harrisburg.

Act 1220

- Joy Rockenbach reported that the BMI data collection was going fine. Joy and Michelle will begin site visits soon for quality checks. Michelle stated that there was an article in the *Journal of American Dietetic Association's* March issue on BMI possibly having a harmful effect on children, such as eating disorders. The article was written by a physician from Arkansas. Michelle found that there was information that was missing from the article. A response is being drafted.

The meeting adjourned at 2:00 p.m.