

**CHILD HEALTH ADVISORY COMMITTEE**  
**MEETING MINUTES**  
**March 11, 2010**  
**Freeway Medical Building**  
**Room 801**

**Attendees:** Elton Cleveland, Charlotte Davis, Carole Garner, Pam Jones, Michelle Justus, Barbara Kumpe, Christine Patterson, Brett Stone, W. Tony Thurman, Jada Walker, Bob West, Connie Whitfield, Karen Young

**Absentees:** Elisabeth Burak, Dee Cox, Margaret Harris, Tyrone Harris, Patsy Smith, Paula K. Smith

**Substitutes:** Don Johnson (Kathy McFetridge)

**Staff:** Joy Rockenbach, Mary Wells

**Next Meeting:** April 8, 2010

**Business**

- ❖ A motion to accept the January 14 CHAC minutes was made by Barbara Kumpe. The January CHAC minutes were unanimously approved.
- ❖ The annual Resolution for Stipend and Travel Reimbursement for CHAC members was read by Barbara Kumpe. Elton Cleveland moved to accept the resolution, and it was unanimously approved.

**Year 6 Evaluation of Act 1220 of 2003**

- ❖ Martha Phillips presented the UAMS Fay W. Boozman College of Public Health (COPH) Year 6 Evaluation of Act 1220 of 2003. A copy of the Executive Summary was given to members, and the presentation is on file.

**Maximum Portion Size List of Allowable Competitive Foods & Beverages**

- ❖ Members reviewed the current maximum portion size list of allowable competitive foods and beverages along with two new beverages, Switch, which is currently in some schools and the Minute Maid Enhanced Juice and Drink Line, which potentially could be made available in schools. Switch is a 100% juice beverage that has been carbonated. The enhanced juices have added plant sterols and nutrients such as antioxidants, Omega-3/DHA, choline, and vitamin B12. The discussion centered on whether or not to include these forms of beverages within the maximum portion size list of allowable competitive foods and beverages for the 2010 – 2011 school year. Some members questioned whether or not the enhanced juices and beverages and their advertising were misleading but otherwise not harmful to health. It was decided to table the vote on the list's contents until the April meeting. It was also decided that Charlotte Davis, Bob West, and Karen Young will gather and review information about enhanced juice products. They will report to the committee during the April meeting.

**Year 6 Statewide Report on Body Mass Index Assessment in Schools**

- ❖ Michelle Justus presented state level data on BMI assessments in Arkansas public schools from Year 1 through Year 6. The parent or guardian of each child receives a child health report. The content of the child health report and how it has evolved was discussed. Changes that have occurred in the report include adopting CDC's categories of overweight and obese and providing a Spanish language version. The presentation is on file.

**Coordinated School Health Report**

- ❖ Tamara Baker reported that 22 applications were received for the Arkansas Coordinated School Health Wellness Center Initiative. Awardees will be announced in mid-April. Child Wellness Intervention Project (CWIP) recognition was today, and 57 schools received funding. A statewide CSH conference for unfunded CSH sites will be June 15. The purpose of the conference will be to expand CSH into new sites. The CSH evaluation tool is complete, and the final state report will be due next spring. A work plan to facilitate regular communication between the State Board of Education and CSH has been established.

## Agency and Program Updates

### Health Department

- ❖ Bob West will update on the STAR Health initiative next month.

### Hometown Health

- ❖ Nancy Green reported on the regional childhood obesity reduction activities of the CHNS and CHPS. The statewide kickoff for the School Nurse Childhood Obesity Prevention Education (S.C.O.P.E.) training will be June 8. The CHPS will be presenting during ADH's April 1 Grand Rounds on the regional activities that were funded by fiscal year 2009 Act 1220 monies. The HHI report is on file.

### Child Nutrition

- ❖ Alicia Casteel reported that Child Nutrition Unit is coordinating adult role modeling community forums around the state. The forums are for parents, teachers, and healthcare professionals and will encourage adults to be healthy role models for Arkansas children. The dates, times, and locations of the forums were sent to members earlier in the week.

### Act 1220

- ❖ Joy Rockenbach reported that 56% schools are entering BMI assessments and that approximately 40% of those schools have completed entering their assessments.

### Action(s) Required:

- ❖ Charlotte Davis, Bob West, and Karen Young will review and discuss enhanced juices and other beverages.
- ❖ Carole Garner will contact Yale-Rudd Center.
- ❖ Mary Wells will send link to the COPH report and a list of the CWIP schools to CHAC members.

**The meeting adjourned at 1:45 p.m.**