

**CHILD HEALTH ADVISORY COMMITTEE**  
**MEETING MINUTES**  
**July 8, 2010**  
**Freeway Medical Building**  
**Room 801**

- Attendees:** Elton Cleveland, Dee Cox, Carole Garner, Pam Jones, Michelle Justus, Barbara Kumpe, Paula K. Smith, Brett Stone, Bob West, Karen Young
- Absentees:** Elisabeth Burak, Charlotte Davis, Tyrone Harris, Kathy McFetridge, Patsy Smith, W. Tony Thurman, Jada Walker, Connie Whitfield
- Substitutes:** Jessica Vincent (Margaret Harris), Rashonda Foote (Christine Patterson)
- Staff:** Joy Rockenbach and Mary Wells
- Next Meeting:** August 12, 2010

**Business**

- ❖ Due to lack of quorum, the June minutes were tabled for approval until the August meeting.

**Coordinated School Health Report**

- ❖ Thirty-nine schools participated in a Coordinated School Health (CSH) school informational meeting, June 15. Technical assistance will be given to schools by the Office of Coordinated School Health upon agreeing to assurances provided at the meeting.
- ❖ A presentation on CSH in Arkansas will be provided during the August meeting of the Arkansas Association of Educational Administrators.
- ❖ SPARK and Fitnessgram trainings for the Child Wellness Intervention Project (CWIP) schools are set up for the week of July 12-17 at Arkansas School for the Deaf. Fifty-six (56) schools received the CWIP grants.
- ❖ The CWIP grant applications for 2010 – 2011 will be released August 1.
- ❖ Nine schools have been awarded Wellness Center grants, and they will attend a technical assistance meeting later in the month. A list of the schools and their districts was distributed.
- ❖ Youth Risk Behavior Survey (YRBS) and Profiles results from 2009 are available on the Arkansas CSH website <http://www.arkansascsch.org/>

**Future Programs Brainstorming**

- ❖ Karen Young suggested having children and their parents who attend the ACH Fitness Clinic share their experiences and perspectives on the school environment, including physical activity, nutrition, and bullying. She also suggested a presentation on how mental health services are provided in the schools.
- ❖ Tony Thurman emailed a suggestion to have a presentation on time requirements within a school day.
- ❖ Laurie McDowell suggested a panel representing schools who have gotten creative with their schedules to incorporate physical activity. She also suggested a presentation on YRBS and School Health Profile results.
- ❖ Dee Cox suggested a presentation on joint use agreement.

**Agency and Program Updates**

**Staff Update**

- ❖ Mary Wells reported that Barbara Kumpe, Jada Walker, and Karen Young will be re-appointed to CHAC. Two new members will be joining the committee representing the Arkansas Department of Health Office of Minority Health and Health Disparities and the Arkansas Association for Supervision and Curriculum Development.

**Arkansas Department of Education**

- ❖ Dee Cox reported that ADE Commissioner Tom Kimbrell has approved the CSH Guiding Principles and has requested Assistant Commissioner Laura Bednar to review. There were 19 applicants for the first round of joint use agreement (JUA) application funding and 10 were approved. A second round of JUA funding will be opened later in July. The Board of Education receives updates on CSH at their monthly meetings. Paula Smith reported that the

Helping to Administer to the Needs of the Student with Diabetes in School (H.A.N.D.S.) training in June provided 6 hours of continuing education for the school nurses. The 2011 School Nurse Conference will be held June 28 – 30, 2011 in Hot Springs.

#### **Child Nutrition Unit**

- ❖ Sheila Brown distributed a list of Fresh Fruit and Vegetable Program current grant recipients for the 2010 – 2011 school year. This is a doubling of schools from last year. She requested that this list not be distributed as is it subject to change due the chance some schools will leave the program and new schools will replace them.

#### **Hometown Health**

- ❖ Christine Reifeiss reported that Community Health Nurse Specialists (CHNS) and Community Health Promotion Specialists (CHPS) are presenting and coordinating health-related summer workshops for school personnel. Mary Glasscock has begun the statewide SCOPE trainings. An adaptive P.E. workshop will be given by Blair Dean for Pulaski County public schools.

#### **Act 1220**

- ❖ Joy Rockenbach reported that the BMI database is closed for the 2009 – 2010 school year, and that 98% of schools submitted their heights and weights. There will be no change in the 2010 – 2011 school year in measuring students' heights and weights and entering them into the database. Joy has met with CHNS and CHPS to begin preparing for the BMI training that new school nurses are required to complete.

#### **Action Items**

- ❖ Brett Stone suggested adding a higher education representative to the CHAC Key Resource Group.
- ❖ Little Rock is applying to the Safe Routes to School National Partnership to host their 2011 national conference. Support letters are requested by July 13 and should be sent to Julie Hendrix. Julie will provide Mary Wells with an optional template for members to use for their support letter.

**The meeting adjourned at 12:00 p.m.**