

CHILD HEALTH ADVISORY COMMITTEE
MEETING MINUTES
August 12, 2010
Freeway Medical Building
Room 801

Attendees: Elton Cleveland, Charlotte Davis, Carole Garner, Margaret Harris, Michelle Justus, Patsy Smith, Brett Stone, Jada Walker, Bob West, Karen Young

Absentees: ADE position vacant, Pam Jones, Barbara Kumpe, Kathy McFetridge, Andrea Martin, Paula K. Smith, W. Tony Thurman, Connie Whitfield

Substitutes: Joyce Hardy (Elisabeth Burak), Rashonda Foote (Jennifer Dillaha)

Staff: Joy Rockenbach and Mary Wells

Next Meeting: September 9, 2010

Business

- ❖ Due to lack of quorum, the June and July minutes were tabled for approval until the September meeting.

School Related Experiences of ACH Fitness Clinic Children and Their Families

- ❖ Karen Young invited three of her patients and their families from Arkansas Children's Hospital's Fitness Clinic to share their school-based experiences. The Fitness Clinic provides comprehensive evaluation and treatment of overweight pediatric patients 2 to 21 years old with body mass index \geq 95th percentile. The children experienced various medical conditions that included, but were not limited to, insulin resistance, sleep apnea, hypertension, and depression. Two of the children referenced being bullied at school as well as experiencing poor quality physical education classes. All of the children noted problems within the cafeteria as to trays not being bused, food scattered on tables and chairs and conflicting menu items listed vs. served. All panel members agreed that improving the nutrition and physical activity components of the school environment would be helpful for them.

Joint Use Agreement

- ❖ Mary Wells presented on the Arkansas joint use agreement (JUA) funding opportunity. The development of the application has been a partnership between Arkansas Department of Education (ADE), Arkansas Center for Health Improvement (ACHI), and Arkansas Department of Health (ADH). Approximately \$400,000 is available to fund joint use agreements between schools and community partners. The funding comes from the tobacco excise tax and is provided by ADE. Ten sites were funded from the first round of applications. A second round of joint use agreement applications are available and are due September 13th. More information can be found at www.arkansascsch.org and clicking on "Funding Opportunities". Members were asked to promote JUA in their communities.

Coordinated School Health (CSH) Report – Tamara Baker

- ❖ New members of the CSH Core Team include Angela Duran, DHS, Medicaid Policy Consultant and Marquita Little, DHS, Senior Policy Analyst.
- ❖ New Coordinated School Health schools include: Cross County School District, Arkansas School for the Deaf, Clinton School District, Cedar Ridge School District, Pangburn, Hamburg/Noble Elementary, Rison High School, and Fouke Elementary.
- ❖ For the second year, the Arkansas Tobacco Settlement Commission, in collaboration with the Arkansas Department of Education Office of Coordinated School Health, Arkansas Children's Hospital and the Arkansas Center for Health Improvement, is offering a grant to address childhood obesity in the state. The Arkansas Child Wellness Intervention Project Grant (CWIP) will provide eligible schools with the SPARK physical education curriculum and equipment, Fitnessgram software, HealthTeacher.com curriculum and all teacher trainings. There will be a grant application training session on September 28, 12:00 p.m. – 4:00 p.m. that is not mandatory but interested applicants are strongly encouraged to attend. Completed applications are due October 2^{9th}.

Coordinated School Health (CSH) Report, con't

- ❖ CSH Wellness Center Initiative schools are hiring staff and renovating space. The School-Based Mental Health manual is currently under review, and the ADH Wellness Center Advisor will be hired soon. Planning is underway for asthma management trainings, and these will be held in the fall.

Agency and Program Updates

Department of Health

- ❖ Bob West reported that planning is under way for community and school-based flu clinics.

Arkansas Department of Education

- ❖ Joy Rockenbach reported that Assistant Commissioner Laura Bednar will begin representing ADE beginning at the September meeting. A meeting with Dr. Bednar will also be set up to discuss the CHAC recommendations that were sent to ADE earlier this year.

Hometown Health

- ❖ Cheryl Lindly reported that the Northeast Region Community Health Promotion Specialist (CHPS) position is vacant. Lisa England, the Community Health Nurse Specialist (CHNS) for the Southeast Arkansas Education Service Cooperative in Monticello, is coordinating with 20 school health AmeriCorps volunteers who have received CSH training, and these workers are helping to administer CSH in the schools. One AmeriCorps worker is assisting with implementation of Fitnessgram in a CWIP school from that education cooperative area. The CHPS and CHNS in the Southwest Region have been providing professional development hours to foodservice staff. The final School Nurse Childhood Obesity Prevention Education (SCOPE) training is August 12.

Act 1220

- ❖ Joy Rockenbach reported that she has been made aware that some schools are not providing BMI reports to parents although this is required by law. Joy will meet with CHPS and CHNS representatives as well as a large school district to find solutions. Suggestions provided by members included promoting the reports during September as a part of Childhood Obesity Awareness, sending a Commissioner's Memo, posting to a secure online site, and adding the sending of the reports to a cycle report. Michelle Justus reported that ACHI has applied for the Harvard Innovations Award on behalf of all state partners who implement the BMI project.

Action Items

- ❖ Mary Wells will send the joint use agreement application and the list of currently funded schools to committee members.

The meeting adjourned at 2:00 p.m.