



AARP Driver Safety Program: Implementation Guide for the Trauma Regional Advisory Council Injury and Violence Prevention Grant

Program Description:

The AARP Driver Safety course is the nation’s first and largest refresher course for drivers age 50 and older. By hosting the AARP Driver Safety Course, community injury prevention partners can promote safe driving and help older drivers maintain their mobility and independence. In fact, 97% of those who take the course change at least one driving behavior.

Projected Costs:

Description	Cost
AARP Charge*	\$350
Hosting Course - Misc.	\$50
Refreshments	\$100
Total per course:	\$500

*The classroom course cost per student is \$15 for AARP members and \$20 for non-AARP members.

To locate an AARP Driver Safety Instructor in your area, please contact:

AARP Arkansas
Phone: 1-866-554-5379
Email: araarp@aarp.org

Curriculum:

The course is structured into six units that cover a variety of driving topics, including: 1. Why are we here? 2. What’s changing? 3. What practices make us safer? 4. What strategies apply? 5. What about the future? 6. What have we learned?

The course is designed to help students:

- Update driving skills, confidence, and knowledge of the rules - and hazards - of the road.
- Learn about normal, age-related physical changes and how to adjust their driving to compensate.
- Reduce their chances for traffic violations, accidents, and chances for injuries.
- Receive a certificate of completion that can be presented to their insurance agent for a possible reduction in auto insurance premiums.

Implementation:

The AARP Driver Safety Course is a four-hour event. In order to host a class, the following resources will be needed:

- A certified AARP Driver Safety instructor
- An easily accessible room in which to hold the course with A/V capabilities (TV with VCR/DVD player)
- Course materials, including guidebooks for each participant, supplied by AARP
- Light snacks and beverages
- Promotional materials, such as brochures, posters, sample newsletter articles, and more, to be displayed in visible areas, on the agency website, in newsletters, local media, or other form of communication to advertise the class

Evaluation:

At the end of the course, each student will receive a certificate of completion. In addition, a pre- and post-course survey will be completed by each student to measure changes in knowledge, skills, and driver confidence. All surveys will be collected and submitted to the SIPP Motor Vehicle Safety Analyst within five days of the completion of the class. Contact information will be provided during the Driver Safety Facilitator course.

For more information: Call the SIPP Motor Vehicle Safety Analyst at 501-364-3443