

Concussion Protocol Compliance Checklist

To be completed by the league official

Informational Session:

- Distribution of "Concussion Fact Sheet" to:
 - Youth athletes
 - Parents or legal guardians
 - Coaches and volunteers
 - Nurses
- Distribution of "Concussion Protocol Review for Coaches and Volunteers"
 - Signatures obtained
- Distribution of "Concussion Protocol Review for Students and Parents"
 - Signatures obtained

Post-concussion Protocol:

A Post-concussion Plan in place that at a minimum includes:

- No same day return-to-play for any youth athlete exhibiting signs and symptoms consistent with
- Distribution of "Return to Play: Concussion Clearance Form" to be completed by a licensed health care professional trained in concussion management prior to return to play or practice for any athlete exhibiting signs and symptoms consistent with concussion
- Distribution of "Return to Learn: Concussion Clearance Form" to be completed by a nurse or other school official trained in concussion management prior to return to learning or school for any athlete exhibiting signs and symptoms consistent with concussion

Emergency Action Plan Recommendations:

- Have a venue-specific Emergency Action Plan in writing
- Include delineation of roles, methods of communication, available emergency equipment, and access to and plan for emergency transport in the Emergency Action Plan
- Provide all coaches, administrators, volunteers, etc. involved in interscholastic athletics a copy of the Emergency Action Plan
- Post the Emergency Action Plan at all venues in a visible location
- Annually review and rehearse the Emergency Action Plan, including all licensed athletic trainers, first responders, coaches, school nurses, athletic directors, and volunteers for all athletic programs

CONCUSSION PROTOCOL REVIEW FORMS FOR ALL SPORTS HAVE BEEN CHECKED AGAINST ROSTERS AND ARE CURRENTLY ON FILE WITH APPROPRIATE PERSONNEL.

- All fall activity
- All winter activity
- All spring activity
- All summer activity

Signature of League Official

Date